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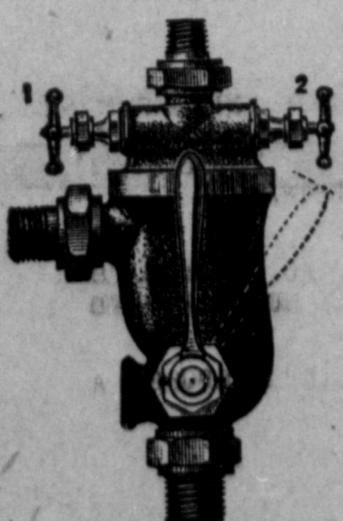
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AN OLD-FASHIONED FEEDER

"He made his way steadily through boiled beef, roast mutton and baked ham; after which he fed well on a capon. Nor did he forget to drink with it all. He had his head in the glass five times as long as any of them, and drank no less at once than a quart of Rhine wine."

So says Roger Ascham of Charles V. of Germany, at one of the famous dinners given by the Knights of the Golden Fleece. History mentions that His Majesty retired from public life sodden with gout. We can easily believe it.

Eaters and drinkers like him are rare nowadays. We can't gorge and swell as our ancestors did. Yet rheumatism and gout are much more common with us than they were with them. Why?

Perhaps Mr. George Hodson will help us to answer. He says:—

"In October of 1889 I took a severe cold. After this I was attacked with rheumatic gout, which affected my feet and ankles. I was laid up for a month, during which time I suffered severely. The parts were puffed up, red and painful; the joints being stiff."

"Every now and again I had these attacks, for years. During this time I lost a deal of work. Besides the acute pain my general health gave way and I suffered from shortness of breath."

"After eating I had much pain at the chest and stomach, my food giving me no strength. From time to time I consulted a doctor and applied ointments to the painful parts, but I only got ease for the time."

"I took medicines of all kinds that I heard of, but got no real benefit until my mother-in-law, who lives at Oxford, told me of the benefit she had derived from Mother Seigel's Curative Syrup, and recommended me to try it."

"After taking this medicine for a short time I found immense relief; the attacks became less frequent, and I was comparatively free from them. I felt much better and stronger of myself. I have since kept Mother Seigel's Curative Syrup in the house, and taking an occasional dose I keep in fair good health. I have recommended the medicine to many persons in this town, and if you wish to publish this statement you have my permission to do so. Yours truly, (Signed) George Hodson, 111, St. Edmund's Road, Northampton, October 22nd, 1895."

Rheumatism, gout, and what is called rheumatic gout, are variations of what is for all practical purposes the same thing—an inflammation of the joints, muscles, or both, arising from the deposit in them of uric acid, which is itself one of the products of an overworked, or a congenitally weak, digestive system. This acid, being virtually insoluble in water, and a sharp, poisonous crystal, is both a mechanical irritant and a blood poison.

In time it attacks the heart and kidneys, &c., where it—combined with the alkalies of the body—produces lesions which cause chronic organic disturbance or, worse still, fatal destruction of tissue. All this, I beg to remind you, comes of long-continued stomach indigestion, with its result and accompaniment, a sluggish and inefficient liver. For the human body is not a congeries of distinct organs, but one *integrated organism*. When, therefore, the stomach goes wrong they all go wrong. So every twinge and pang of the rheumatic-gout family can be traced straight back to the broken or ruined digestion.

Mother Seigel's Syrup cures indigestion, dyspepsia, and torpid liver; and that is why it cures gout, rheumatism, and rheumatic gout. It goes down to the root of the trouble.

We have more of this disease than our ancestors had, because they, being strong and vigorous, escaped many of the effects of their own excesses. But they made us the heirs of the feeble stomachs and the inactive livers; and the modern Englishman is punished for the dietetic sins of his fathers. That was probably the case with Mr. Hodson; and there are thousands of other sufferers who will be glad to hear what he says in praise of Mother Seigel's Syrup as a remedy for their common ailment.

Not Forgotten.

The liberal minded American paper manufacturers who were first to relieve the necessities of Friedrich Gottlob Keller, inventor of ground wood pulp, have reason to feel pleased with their work. They not only make the first response to the appeal to assist him, but they gave an impetus to the fund for his aid, to which the pulp and paper makers of England, Scandinavia, Germany and Belgium afterwards subscribed. The money thus got together not only paid off the mortgage on his property and prevented foreclosure proceedings, but liquidated his other debts and enabled him to pass his last years in comfort and free from care as to financial matters.

At his death last December it was found that there was money enough remaining, after the payment of all necessary expenses, to erect to him a modest monument, which now marks his grave in Krippen, Saxony.

The trustees of the fund have expressed their thanks to and appreciation of the American paper manufacturers who were so prompt to recognize the claims of one whose thought the genius laid the foundation for such a revolution in paper making and enabled many a man to accumulate a fortune.—Paper Trade Journal.

VERY PAINFUL!

A lady one day saw a roughly dressed man at work on the trees in a Portland garden, and stopped to ask, "What are you doing to those tree-trunks?" "Girdling them, madam, with printer's ink and cotton," was the reply. "It will keep off canker-worms." "How much does it cost?" inquired she. "About twenty-five cents apiece." "Well, I wish you would come and girdle ours. What is your name?" "Hill," the labourer replied; but to her repeated request that he would undertake her own trees, he returned an evasive answer. That night she told the story to her husband, and he burst into a roar of laughter. "What is the matter?" she cried. "Why," said he, "that labourer was Rev. Dr. Hill, late President of Harvard, one of the leading mathematicians living, and the recently appointed pastor of the First Parish Church."

Knew English, But Not That.

A Frenchman was boasting that he had thoroughly mastered the English language when he was asked to write from dictation the following choice specimen of our choice eccentric vernacular:

"As Hugh Hughes was hewing a yule log from a yew tree a man dressed in garments of a dark hue came up to Hugh and said: 'Have you seen my ewes?' To which he replied: 'If you wait until I hew this yew I will go with you to look for your ewes.'"

After an attempt the Frenchman admitted his mistake. He used to imagine he was used to English speaking, but he would be more careful how he used the language in future.

How to Make Papier Mache.

School teachers sometimes use papier maché as a substitute for clay for molding and others use it for a variety of purposes. Albert E. Maltby tells how to make it as follows. He says: Take some common newspapers and tear them into irregular bits about one inch square. Put these pieces into a common wooden pail until it is about two-thirds full. Pour over the paper enough boiling-hot water to cover it, and let it stand four or five hours. Drain off the excess of water until the wet mass of paper lies as a pasty body at the bottom of the pail. Now take a rough stick—the rougher the better—and thrust it down into the mass again and again, grinding and beating the paper until it becomes a pulpy mass. Two rough sticks will be better than one. In ten minutes a boy can prepare enough pulp for three or four maps, if the paper has been soaking during the night. Do not attempt to use glazed paper. Many fail to make the pulp because they pour water over the pieces of paper, and then, without draining off the greater quantity of water, stir the bits round and round in the water. The sticks must be "jobbed" down into the moderately dry mass. A friend of mine makes the mass into balls and grates these upon a common tin grater. She has succeeded in making splendid papier maché in that way. While scratch book paper or fibre chamois scraps may be used where a better class of pulp is to be made.

THE WIDE, WIDE WORLD.

A dispatch from Halifax, N. S., says an act passed the Legislature incorporating the Acadia Pulp and Paper Mills Co. The capital stock of the company is \$560,000, with power to increase the same as the wants of the company require to \$5,000,000. The business of the company in effect is to take over all of the pulp mill industries in Nova Scotia. George E. Pomery of Toledo, Ohio, is one of the incorporators.

The new addition to the plant of the Glen Manufacturing Company, Berlin Falls, N. H., is rapidly nearing completion and will be ready to begin the making of pulp in about six weeks. When the new mill and the other new buildings begin operations the company will produce 120 tons of paper daily. The Burgess Sulphite Fibre Co., of the same place, whose plant turns 150 tons of dry pulp per day is also making large additions.

The largest paper machine in the world is being constructed for the Rumford Falls Paper Co., Rumford Falls, Maine. It will be 170 inches in width and make a sheet of paper 13 ft. 9 in. in width.

Enormous purchases for pulp mills will make this year's lumber cut in Maine larger than ever. The Kennebec Journal says that two Maine mills will buy 15,000,000 feet of spruce to grind up; but notwithstanding this the Burgess Sulphite Fibre Company of Berlin, N. H., is looking about for pulp wood in the province of Quebec.

Truth is a Nutshell.

Impure blood is the natural result of close confinement in house, school room or shop.

Blood is purified by Hood's Sarsaparilla, and all the disagreeable results of impure blood disappear with the use of this medicine.

If you wish to feel well, keep your blood pure with Hood's Sarsaparilla.

Hood's Pills are the best family cathartic and liver medicine. Gentle, reliable, sure.

Dr. CHASE CURES FATHER AND CHILD

Both afflicted with Eczema of a very troublesome type and cured in a remarkably short while by Dr. Chase's Ointment.

"I was troubled for ten years with eczema on one leg; the itching was something terrible; would scratch until the blood came. How I came to know the value of DR. CHASE'S OINTMENT, I have a little girl two years; when she was one year old the same disease began to show upon her face. It wasn't long before her face became literally covered with it. In order to keep her from scratching it we had to bandage her hands up. I tried several doctors, but got no relief. Seeing DR. CHASE'S OINTMENT I highly advertised I made up my mind to purchase a box, which I did from one of our leading druggists. The first application I noticed a change. It was then I began to think about myself. With four or five applications, to my surprise, I am completely cured, no sign of the disease, and my little girl's face to-day is clear of all the scabs. I am only too glad to inform any person what a blessing DR. CHASE'S OINTMENT has proved itself.

"HIRAM FREY,
"Wheel Maker,
"Norwood, Ont."

THAT CARRIAGE BUILDER

Who uses only Fowler & Rankine's Springs need not be in dread lest his customers come back in a very short time with the charge, "those springs have all settled down as though they had been used twenty-five years," or "that wagon is all down on one side." All our springs are made of the best steel, oil tempered and WARRANTED.

Always ask for Fowler & Rankine's Springs and Axles. Sold by all dealers.

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COUGHS and COLDS

in a surprisingly short time. It's a scientific certainty, tried and true, soothing and healing in its effects.

W. C. McCOMBER & SON,
Beauséjour, Que.,
report in a letter that Pyny-Pectoral cured Mrs. C. Garsneau of chronic cold in chest and bronchitis tubes, and also cured W. G. McComber of a long-standing cold.

Ms. J. H. Hurry, Chemist,
528 Yonge St. Toronto, writes:
"As a general cough and lung remedy Pyny-Pectoral is the most invaluable preparation. It has given the utmost satisfaction to all who have tried it, many having spoken to me of the benefits derived from its use in their families. It is suitable for old or young, being pleasant to the taste. Its sale with me has been wonderful, and I can always recommend it as a safe and reliable cough medicine."

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Here is one of the many testimonials.

TROUT BROOK, KENT CO., N. B.
June 30th, 1896.

THE DUNN MEDICINE CO.,
Harcourt, N. B.

I purchased a bottle of your Beach's White Liniment and found it to be all you claimed it to be. It is the best liniment I ever used. One thing it did for me for which I am very thankful, that was the removal of a very bad corn on my toe that had troubled me for years.

JAMES STARRAK.