

WOMAN and HER WORK.

Christmas will be here so soon, girls, that there is no use in my talking to you about Christmas presents this week, because you would not have time to follow any further suggestions I might offer you, and by the time you read PROGRESS next,

dried, and you will be amply repaid for your trouble if you will take some good soap, such as white castile or Sea Foam, wash your linens carefully in warm water, and after letting them get half dry wrap them up in a clean cloth for an hour, and



VISITING AND MORNING COWNS.

The gown on the left is of gray cloth with plaits and a draped upper skirt. There are three white cloth gold-embroidered breeches on the waist, a girdle of the same and three upstanding cuffs. The gown on the right is pale pink cashmere, trimmed with ribbon and a brocade silk collar and falls to the elbow sleeves.

I hope you will have all your pretty things finished and put away in the lower drawer of your bureau with the key safely turned against intrusion; and that you will be resting after your labor with that delightful feeling of inward tranquility which the consciousness of work well performed never fails to bring. Don't I wish I had my work all done or even half of it, and could sit down and let a pleasant glow of self satisfaction steal gently over my troubled senses, instead of that tired feeling which clutches me in its relentless grasp whenever I stop for a moment to think of all I have to do! It is not so much the things I ought not to have done which worry me; but those I have left undone rise up and haunt me all the time.

Just one word about your fancy work, girls. No matter how carefully you may have worked, it is almost impossible to keep a piece of fancy work of any size quite clean; your fine linen doilies and centre pieces, your pretty duck and

then iron on the wrong side, using a very thick and soft ironing cloth to make the work stand out. Never trust such delicate work to a servant or washewoman, however careful; do it yourselves, and I think you will be pleased with the result.

I have been preaching a little Christmas sermon to my garden of girls for so long that I am sure they would miss something now it I were to neglect it, so I want to remind them again this year that there are so many in the world to whom Christmas means little more than another holiday in the year, just one more day on which they cannot work, and therefore get no pay! We who earn our own living often answer laughingly, when some friend tells us that we need a rest. "If I do not work, I shall not eat, so it is only a choice between working to death and starving to death." But do we realize that there are many to whom that answer applies in sober earnest; who instead of looking forward to the great festival of the year, merely

well that there are numbers of girls who have the best possible will to help those who are in need, but who have so little to spend that they are obliged to do without many things they really want, but still we none of us quite so poor that we cannot help a little if we only know how and give some thought to the subject.

For instance there are very few of us who have not a regular collection of Christmas cards and booklets, the treasure trove of many years, admired rapturously when first received, and then put carefully away until the next Christmas, when they were taken out again, compared with the present season's crop, used for decorations during the holiday season and then put away again and forgotten except at house-cleaning time. Why, there are bushels of Christmas annuals, booklets and cards cumbering the shelves of closets, and filling up trunks and bureau drawers, and they are preserved merely because they are pretty and it seems a shame to destroy them; or perhaps because of a feeling that it should be discourteous to those who sent them not to treasure the little messengers of kindness they sent us long ago.

When the Christmas souvenirs come to us from dear friends, it is quite right to keep them. I have some myself that nothing could buy; but there are such numbers sent as a mere matter of friendly remembrance by acquaintances, that it seems a pity not to make some use of them when they would be such a boon to many poor children, who never owned a pretty book in their lives. Sort out your old time treasures, girls! Take the lovely copy of "Hark, The Herald Angels Sing!" which some acquaintance sent you four or five years ago, scratch out your name written on the fly leaf, never mind if the erasure shows plainly, there is nothing to be ashamed of in giving away something which is your own—and either paste a slip of paper over it, or write the name of some poor girl or little child in its place; be sure that it will give more pleasure to its



WET WEATHER SUITS.

These pictures represent different ways of making up waterproofed material. There is a snug or blouse waist and a three piece skirt hanging in full plaits in the back. There is a wide pointed girdle of the same and a short military cape with a hood. This may be lined or not, as preferred.

second possessor than it can possibly have given you when it was new and fresh. Then take the "Graphic," with which you were so pleased last year, and if you have kept the supplement pictures, iron them out, roll them up with the paper and give a day's pleasure to some poor boy or girl who will not stop to ask whether it is this year's "Graphic" or not! And treat the old Christmas cards in the same way, don't let them waste their beauty without doing the good they are capable of! Erase your name write another over the spot where it once was, and you can make a family of poor children happy in the belief that each one has a whole present for himself with his name written on it.

Do you think it sounds rather mean to use one's Christmas souvenirs again like warmed over meat? I cannot agree with you if you do, it is a common practice in large cities to send them to hospitals, and I am sure that I would far prefer knowing that the booklet I spent a dollar on for my friend, had given a double amount of pleasure by being used twice than think it was lying forgotten in her cupboard. We have the pretty things first, and extract all the enjoyment we can from them, therefore when they have become an old story to us why should we not try to pass the pleasure on to some who have less of it in their lives than we?

It was not a very long sermon this time, nor a very "preachy sermon" as the very small boy said, but I hope you will think it over, girls, and try even in the smallest

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unless to make the most humble apology. If you feel that you can trust yourself to do so with calm dignity, and without losing your temper, I should tell him quietly that you await his explanation and unless he can give a good reason for his conduct, you regret your not being able to receive him as a friend any longer. But if you would prefer not to discuss the subject with him, you can show your displeasure by avoiding him as much as possible. Be engaged whenever he asks you for a dance at a party, or to see you home of an evening, and whenever he calls be polite to him for a few minutes, and then leave the room on some excuse or other, and do not return till he has gone—that is of course if there are other members of the family left to entertain him. A good snub is often the making of a forward, spoiled young man, and he showed such extraordinary ill breeding that he needs a lesson in manners.

ELAINE—I regret that I cannot return your stamp, as I never answer letters privately, but I hope the little information I can give you on the subject will be of use. Your letter was dated the 10th, but I only received it on the 15th, so the delay in answering is not my fault.

The best publications I know of are "Kunkel's Monthly Magazine," "Wood-

man's Magazine," and "Bierly's Serial." I cannot give you the correct address of any of them, but I think the first two if not all, are published in Boston. Any bookseller will be able to tell you. Why not try Ditson, of Boston, or Suckling of Toronto? I am afraid this is very meagre information, but as I have none of the periodicals at hand, I cannot be very positive as to the locality in which they are published. ASTRA.

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WIDOW'S COSTUME AND WALKING CROWN.

The side plaited gown on the right is of old rose cloth, with blouse and garniture of myrtle velvet bound with gray fur. The widow's costume is of endora cloth and English crape, set in the sides in deep plaits. The veil reaches the bottom of the dress.

butcher's much because and glove cases are sure to be slightly off color if you have used white instead of tinted linens, and even if they look clean, you have no idea what an improvement washing will be to them. Kensington work, when done, on any washing fabric and in washing silks, is a different thing after it has been laun-

dried it as a day on which they must lose their wages, and get nothing in return! Try and think of such people, girls! Give more simple presents to your friends who can afford to buy luxuries for themselves, and spend as much as you can afford on those who know so little of luxury that it is not even a name to them. I know very