

SELF-CONQUEST.

A Few Words on a Celeb: ated Command of Christ.

thou hast and give to the poor," is often misinterpreted. He was not here teaching the importance of benevolence, but the duty of self-conquest. That young man regrets at his departure; and said they had an all-absorbing love of wealth. Money always enjoyed hearing him read as long was his god, and Christ is not willing to occupy the throne conjointly with any other deity. This was a case for what doctors call heroic treatment. If a physician meet a case of unimportant sickness, he prescribes a mild curative, but sometimes he comes to a room where the case is almost desperate; ordinary medicine would not touch it. It is "kill or cure," and he treats accordingly. This young man that Christ was medicating was such a case. There did not seem much prospect, and he gives him this powerful dose, "Sell all that thou hast and give to the poor !"

It does not follow that we must all do the same, any more than because belladonna or arsenic is administered in one case of illness we should therefore all go to taking belladonna or arsenic. Because one man in the hospital must have his arm amputated, all the patients need not expect amputation. The silliest thing that business men could do would be to give all their property away and turn their tamilies into the street. The most christian thing for you to do is to invest your money in the best way possible, and out of your business, industriously carried on, to contribute the largest possible percentage to the kingdom of God. Still, we must admire the manner in which the Great Physician took the diagnosis of this man's case and grappled it. We all need heroic spiritual treatment. We do not get well of sin because we do not realize what a dire disease

Fitmeh was a middle-aged woman who had been thirty years, fifteen with her husband and fitteen after his death. One of the men had lately come, and one, Salah, That remark of Christ, "Sell all that | bad just left them for the leper hospital in J rusalem. He had become quite blind and very helpless, so at last he conscented to give up bis free open-air life. He was a Protestant, and could read, the others

NAGGING MEN AND WOMEN.

as he had his eyesight."

were all Moslems. They were full of

Dr. Edson's Warning to Them in the "North American Review."

A nervous man or women who is anxious, discontented, gloomy, dissatisfied, worried from any cause, cannot enjoy good health. This mental turmoil produces as one of its primary effects on the body an inability to digest food properly. The blood within should supply the force necessary for the function of digestion is continually drawn away from the stomach by the excitement in the brain, and the woman who nags suffers.

A nagging man or woman is generally thin. Their habit of mind has partially starved their bodies.

I have seen two cases of what Shakespeare calls "these cursed shrews" who died really as the result of the violence of their own tempers. It is more common, however, to find that this habit of dissatisfaction with all the acts of others produces in time some form of insanity.

As over two-thirds of their grievances are imaginary-that is, over two-thirds of the grievances for which they scold have no existence except as inventions in their own disordered brains-the inability of insanity to distinguish between the real and the unreal has begun to show itself. We need not waste much pity on them. widely entertained that it was undignified The sooner they kill themselves, the to laugh. We knew that the eyes of the sooner their insanity so far develops as to make it p'ssible to place them in an asylum, the better it is for everyone. More than this, they do a fearful amount of harm. When a man comes home from his office he must have rest. This is not a thing he may dispense with; he must have it. When he takes his food he must be let alone, so that the blood will find its way to the stomach and there enable him to properly digest that lood, so that he may acquire a tresh store of force for use on the morrow. The man comes home and the nagging wife begins. If the man be physically strong, fair-minded and just, his mind will revolt in time from the injustice of his wife's accusations. It is the peculiarity of the nagger to enormously exaggerate everything, even if she does not invent her grievances. Forgetfulness on the part of a husband is annoying, as it is in anyone, but it is not a crime. A continual stream of scolding, lasting three or four hours, over the failure to post a letter will cause any man to consider the effect disproportionste to the cause. If the husband be healthy, it he be not cursed with a highly nervous organization, what happens? The first thing is, that any love he may have ever had for his wife dies, drowned in the flood of words; he speedily begins to look on her as a nuisance; from this to dislike, and then a positive hatred, is not a long journey.

but so far as the expression of this feeling is concerned they are dumb. Under the torture of nagging, more than often emphasized by slapping or whipping, they must suffer in silence.

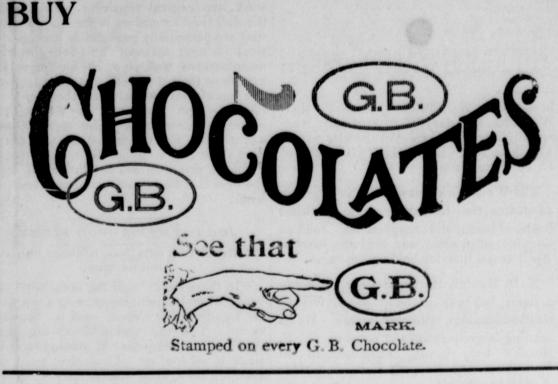
PROGRESS, SATURDAY, FEBRUARY 16, 1895.

Not only is the child's physical health ruined, its mind is injured more than I can easily explain. The constant exaggeration inseparable from nagging prevents the growth in the mind of the child of mental perspective. Its mind grows one-sided. The effect of nagging on the child's moral qualities is extremely bad. The constant, unceasing injustice warps the better nature. The dumb anger induced through so many years stimulates the growth of passion in the mind of the child; in time it becomes absolutely unable to do justice to others, simply because its sense of justice, naturally strong in all children, is destroyed. In order to shield itself from the intolerable torture, the child naturally resorts to lies.

What remedy is there? I say regretfully there is none whatever, except public opinion. Those who suffer, if they be adults, shrink from facing their misery, and if they are children they know of no appeal. There is, however, a duty which should be regarded as sacred. If there are children, and if the wife or husband ve a nagger, then the other should do something to protect the little ones. He or she who refuses is as guilty towards them as is their torturer.

Laughter as a Moral Tonic.

Foreigners traveling in this country have more than once commented apon the singular gravity of Americans as a race, observes Golden Days. The Puritans were inclined to frown upon laughter as frivolous, and therefore wicked. Life was a very grave affair to them, and an almost constant struggle for existence, and they had no time to make merry. The first two centuries of our national life were busy years. It is no wonder our forefathers rarely enjoyed a hearty laugh. Perhaps all these wars, troubles, and privations may have fixed gravity in our national hearts. Then it may be that the idea was



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PROBATE COURT.

City and County of Saint John, Province of New Brunswick.

To the Sheriff of the City and County of Saint, John, or any Constable of the said City and County Greeting ;-Whereas, William R. Russell, of the City of

Saint John, in the City and County of Saint John aloresaid. Clothier, of the age of fifty-six years, the executor named in the last Will and Testament of John Logan, late of the said City of Saint John, Carpenter, deceased, and a legatee under said last Will and Testament, hath by his petitions dated the eighteenth of June, A. D. 1894, and the thirty-first day of December, A. D. 1894, and presented to this Court, and now filed with the Registrar of this Court, prayed that the said last Will and Testament may be proved in solemn form; and an order of this Court having been made that such prayer be complied with, YOU ARE THEREFORE REQUIR-ED to cite the following next of kin of the said John Logan, deceased, namely :-

William Duncan, aged 68 years, Car Inspec-tor, resident in the City of Saint John and Province of New Brunswick. Mary Ann Duncan, aged 61 years, Spinster, now resident in the said City of Saint John. Charles H. Duncan, aged 35 years, Clerk, resident in the City of New York, in the State of New York, one of the United States of America. Hunt-er Duncan, aged 33 years, Medical Doctor, res-ident in the said City of New York. Walford Duncan, aged 28 years, Clerg, man. resident in said City of New York. Susan Duncan, aged 30 years, Spinster, resident in the said City of New York Robert Hunter, aged 54 years, Laborer resident in the said City of Saint John. Sophia McManus. ag d 52 years, wife of Charles McManus, resident in the said City of Saint John. Mary Hunter, aged 65 years, Spinster, resident in the Parish of Simonds, in the City and County of Saint John, in said Province of New Branswick. Lillie Maud Arnett, infant, aged 14 years, Spinster, resident in the Parish of Simonds, aforesaid laura Louise Arnett, infant, aged 11 years, Spinster, resident in the said Parish of Simonds. Frederick John Arnett, infant, Simonds. Frederick John Arnett, infant, aged 3 years, resident in said Parish of Si-monds. Leonard Hunter Moore, aged 27 years, Moulder, resident in the said City of Saint John. John D. Moore, aged 24 years, Laborer. resident in the said City of Saint John. Robert Moore, aged 21 years, Machinist, resident in the said City of Saint John. Eliza-beth McConnell, aged 56 years, Widow, House-keeper, resident at Charlestown, in the State of Massachusetts, one of the United States of Massachusetts, one of the United States of America. Jane Lahey, aged 49 years, wife of George Lahey, resident in the Parish of Lancaster, in the said City and County of Saint John. Dora Boyd Grant, aged 34 years, wife of Frank Grant, resident at Machias, in the State of Maine, one of the United States of America. George Henry Hunter Eaton, aged 31 years Hostler, resident at Calais, in the said State of Maine. Eva Maud Eaton, aged 17 years, Housekeeper, resident at Calais, aforesaid. Ann Osborn, aged 73 years, widow of Samuel O-born, resident in said City of St. John. Sarah Howath, aged 70 years, widow, resident in the City of Providence, in the State of Rhode Island, one of the United States America. Margaret Roxborough, aged 68 years, widow of Jaspar Roxborough, resident in the City of Boston, in the said State of Mas sachusetts. El zabeth Lynch, aged 60 years, widow of James Lynch, resident in the said City of Boston. William Burke, aged 38 years, Farmer, resident at Souris, in the Province of Prince Edward Island. Ma ilda McKenz-ie, aged 36 years, wife of Archibald McKenz-ie, Farmer, resident at San Diego, in the State of California, one of the United States of America. James Burke, aged 34 years, a Mem-ber of the Mounted Police, in the Northwest Territories, in the Dominion of Canada. Mary Burke, aged 32 years, Spinster, resident at Bay Fortune, in said Province of Prince Edward Island. Martha Davison, aged 30 years, wife of John Davison, Farmer, of Bay Fortune, atoresaid. Frederick Burke, aged 27 years, Life Insurance Agent, resident in said City of New York. Elizabeth Burke, aged 25 armer, resident at Souris, in Province City of New York. Elizabeth Burke, aged 25 years, Spinster, resident at Bay Fortune, aforesaid. Alf ed Burke, aged 23 years, Farm aforesaid. Alfeed Burke, aged 23 years, Farm-er, resident at Bay Fortune, aforesaid. Mary Jane Giggy, aged 55 years, wife of Wil-liam Giggy, resident at Long Reach, in the Province of New Brunswick. Ship Carpenter. James Rodgers, aged 54 years, Carpenter. resident at Cambridgeport, in the State of Massachusetts, aforesaid. Margaret Spearin, aged 52 years, wife of Freeman Spearin, Milman, resident at Campbellton, in said Province of New Brunswick. Sarah Ann Sal-Province of New Brunswick. Sarah Ann Sal-linger, aged 50 years, wife of John Sallinger, Province of New Brunswick. Safan Ann Sal-linger, aged 50 years, wife of John Sallinger, Car Builder, resident in the City of Boston, atoresaid. Isabelle Halse, aged 47 years, wife of John J. Halse, Clergyman, resident in the City of St. John, atoresaid. Alexander Rod-gers, aged 45 years, farmer. resident at Erbbs' Landing, Bellisle, in the said province of New Brunswick. David Kodgers, aged 48 years, farmer, resi ent at Crandall's Landing, Bellisle, atoresaid. Clara Halse, aged 41 years, wife of Alexander Halse, brass moulder, resi-dent at Reading, in the State of Massachusetts, aforesaid. Hannah LeCain, aged 39 years, wi'e of Geo. LeCain, baker, resident at East Lexington, in the State of Massachusetts, aforesaid. George Howard, aged 40 years, painter, residsent at Stoneham, in the State of Massachupetts, aforesaid. Edwin G. Hun-ter, aged 36 years, fireman, resident of I'e-toit, in the State of Misconsin, one of the United States of America. Augusta R. Wheaton aged 34 years, wife of L. D. Wheat on, of Kingston, in the county of Kings, in said Province of New Brunswick. John T. Hunter, sged 32 years, baber, resident at St. said Province of New Brunswick. John T. Hunter, aged 32 years, baiber, resident at St. Martins, in the city and county of Saint John, aforesaid. Georgie A. Wheaton, aged 29 years, wife of Gordon Wheaton, of Kingston, afore-said. James H. Hunter, aged 23 years, marin-er of said province of New Brunswick. Aman-da Hunter, aged 20 years Spinster resident da Hunter, aged 20 years, Spinster, resident of Kingston, aforesaid. John W. Hunter, aged 36 years, carpenter, resident at Somerville, in the State of Massachusetts, aforesaid. Her-man G. Hunter, aged 29 years, Master Mar-iner, resident at the City of Saint John, afore-coid Ernest Hunter aged 29 years, car man G. Hunter, aged 29 years, Master Mar-iner. resident at the City of Saint John, afore-said. Ernest Hunter, aged 25 years, car-penter, resident at Somerville, aforesaid. Maggie M. Hunter, aged 38 years, spinster, seamstrees, resident at Somerville, aforesaid. Louisa Hunter. aged 27 years, Spinster, Dressmaker, resident at Somerville, afore-said. Annie F. Worden, aged 31 years, wife of George A. Worden, Farmer, resident at Kings-ton, Kings County, in said Province of New Brunswick, and the following devisees and legatees of the said John Logan, deceased: -Mary Jane Dalzell, aged 3; years, Spinster, resident at the City of St. John, aforesaid, devisee and legatee and the said William R. Russell, aged 56 years, Clothier, resident at the City of Saint John, aforesaid legatee, and all other next of kin of the said John Logan, de-ceased, if any and all persons interested and all others whom it may concern, to appear before me at a Court of Probate to be held in the Equity and Probate Court Room in Pugsley's Buildings in the City of Saint John, within and for the said City and County of Saint John, on the court of Saint John, within and for the said City and County of Pugsley's Buildings in the City of Saint John, within and for the said City and County of Saint John, on Monday, the Thirteenth day of May next at the hour of two o'clock, in the afternoon, to attend and take such other part with regard to the proving of said last Will and Testa-ment in solemn form as they may see fit with full power to oppose said last Will and Testa-ment being so proved or otherwise as they and every of them may deem right. The said petitioner having made it appear to this Court that he has given the names, ages, oc-cupations and places of residence of all of the said next of kin, heirs, devisees and legatees, so far as the same is in his power so to do. so far as the same is in his power so to do. Given under my hand and the Seal of the said Probate Court, this third day of January, A. D., 1895. ARTHUK I. TRUEMAN, Judge of Probates

it is, and that we cannot cure it with a spiritual panacea, a gentle antidote, a few grains of spiritual morphine, a mild moral corrective or a few drops of peppermint on white sugar.

We want our pride killed, and we read an essay on that sweet grace of humility, and we go on as proud as ever. The pleasant lozenge does not do the work. Rather let us set ourselves to do that for Christ which is most oppugnant to our natural feelings. You do not take part in prayer-meeting because you cannot pray like Edward Payson, or exhort like John Summerfield. It you want to crush your pride, get up anyhow, though your knees knock together, and your tongue catches fast, and you see some godless hearer in prayer-meeting laughing as though she would burst.

Deal with your avarice in the same heroic style. Having heard the charitable cause presented, at the first right impulse thrust your hand in your pocket where the money is, and pull it out though it half kills you. Pull till it comes. Put it on the plate with an emphasis, and turn your face away before you are tempted to take it back again. All your sweet contemplation about benevolence will not touch your case. Heroic treatment or nothing ! In the same way destroy the vindictiveness of your nature. Treatises on christian brotherhood are not what you need. Select the man most disagreeable to you, and the one who has said the hardest things about you. Go up and shake hands with him, and ask him how his family is, and how his soul prospers. All your enmities will fly like a flock of partridge at the bang at a rifle.

AMONG THE RAMLEH LEPERS.

Their State is Worse Than That of Those of Tracadie.

One of the deaconesses of Midway Park, who is now in the Holy Land, writes that she recently held a service among the lepers of Ramleh. It is a pathetic description she gives of the poor creatures. She says : "Abou Ibrahim went to look for the lepers in their different haunts and collected them together under some trees outside the town. A stone in the centre of the circle was A stone in the centre of the circle was spread with a red pocket-handkerchief for me to sit upon. I have been told there were ten of them,, but I only counted nine. 'Who is missing?' I asked. 'Only poor Fatmeh,' they replied, 'her place for beg-ging is rather far away, and she cannot walk much, for she has hurt her leg.' "Cannot some one help her?" I said; "I want you all together." There was a little hesitation. At last a man got up. "It is rather difficult, lady," he said, "and the day is hot, but for your sake I will try.' per. Off he went, and after some time returned, heated, panting, breathless, carrying the old woman on his back, she looking as overcome as himself, with the exertion of holding on ! It I had known how 'difficult' who cripples all the moral innocence it was going to be for both, I fear I should not have insisted on Fatmeh's presence. However, she had come, and the circle was complete. There were ten of them, aud they were lepers.' What heart could look the execration of all men and women? on them unmoved ? Who could resist the longing desire to see the Great Physician himself in their midst and healing them? "All forms of disease were exhibited among them. The blurred features, the science, in the grasp of a nagging mother, mutilated hands and feet, the hoarse rasp- is the most pitiable I know of, the little ing voice, the hidden wounds. Some, like one is so helpless, the torture is so fiendish. Hussian, who carried Fatmeh, bore no outward tokens; others were paintully distigured. One poor woman laughed mourn- and one is bound to teel only joy over the fully as she told me her name was 'Shelli- | deliverance, for, if it lives, it only reaches biah-beautiful.' Her face was attacked by the disease, and, it she had ever merit-ed her name. all traces of comeliness had long ago disappeared. One of the number Children have a far keener sense of was a little boy apparently about fourteen. justice than the majority of people believe,

He may not actually beat her, because the restraining influences of his training have not lost their hold on him. Perhaps it would be better for her if he did, for physical fear of a whipping might be sufficent to make her control herselt. While he may not lift his finger to her, he will invariably become brutal.

The nervous condition the woman has created in herself by her nagging, itself renders her powerless. Such a family is a hell on earth.

I knew of a case once where the nagging of a wife drove her nervous husband to an asylum, where he died, the victim of melancholia, brought on by ceaseless nervous irritation, produced by his wife's tongue, yet, to the day of his death, he worshipped that woman.

It sometimes happens that a woman is the nagger owing to causes which she cannot control. There are diseases which affect women that have a most disastrous effect on the nerves, and therefore on the tem-

What shall be said of a nagger who distorts and twists and misshapes the mind of a child? What shall be said of the woman and mental powers of the little ones committed to her care? Is not this damnable, devilish? Does not such a woman deserve It seems to me that the spectacle of one of these nervous children, timid, affectionate, with a strongly developed conmanhood or womanhood with shattered nerves and a ruined constitution. Children have a far keener sense of

world were upon us, and it would never do to act like children. Philosophers and cynics sneer at laughter. Many people are afraid to laugh because they think it common; so they repress their merriment with a smile. They do wrong. Nature evidently intended us to laugh, or children would not know how.

Work as an Aid to Virtue.

There can be no enjoyment of vocation to one whose whole life is vocation. People who do not work do not know what rest is. Those who have no regular employment find their leisure a burden, and their life is full of ennui and restlessness. A daily task is a sure preventive of such a result. It is, in great part, the divine ordinance of six days' work which makes the day of rest so great a blessing to man. Then, too, the daily task is a great aid to virtuous living. Idleness and vice have very close affinities. The vicious and criminal classes are not recruited, in any great measure, from the ranks of the regu-larly employed. They are made up of the lazy and shiftless, whose work is at most an occasional odd job. If the physical and mental powers are steadily employed in the performance of some daily task, there is little of time and energy left for the pursuit of the indulgences to which idleness is so favorable.

The Chinese Emperor and the Bible.

On receiving the testament recently pre-sented to her on her birthday the dowager Empress of China began to read it. The Emperor wished to see the book, and, growing impatient, sent a servant named Li to buy at the American Bible repository one Old Testament and one New Testament, writing the titles down with his own hand. The servant soon returned with the copy of the New Testament, complaining that a number of pages the corners of which had turned down were misprinted. A more correct copy was substituted, and since then, according to the Pekin correspondent of the London Times, the Chinese royal family has been busy reading the Scriptures.

Pilgrims in Peril.

The risk of a pilgrimage to Mecca may well make the most earnest Mussulman hesitate to undertake that pious duty. Of the 66,000 pilgrims who have sailed from various Orientsl ports for this sacred spot during the last six years, 22,000 have never returned. A few, it is thought, may possibly find their way back by other routes. Many, it is feared, have been murdered by gangs of scoundrels, who are believed to travel regularly by the Jedda steamers, marking down pilgrims who are possessed of valuables, and attacking them when a favorable opportunity occurs. It is said, however, that by far the greater number fall by the wayside on the long tramp from Jedda to Mecca or Medina.

Messages of Help for the Week.

"Their voice was heard, and their prayer came up to his holy uwelling place, even unto heaven."-2nd Chronicles 30:27.

"Trust in the Lord with all thine heart. and lean not unto thine own understanding. In sll thy ways acknowledge him, and he shall direct thy path."- Prov.3:5, 6.

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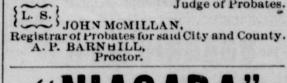
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Evidence on this point might be pre-Many of the remedies now administered | are simply appetizers. They are a stimu- sented by the volume. The subjects of lant for the time being. They give tem-porary strength possibly, but are not system-builders. The constitution that system-builders. The constitution that own signature, and dated May 10, that has become run down through trouble, he has been troubled with indigestion of overwork, disease, or from whatever a most aggravated character. Terrible cause, cannot become itself again except weakness, as well as agonizing suffering where the system of building-up is begun | followed. South American Nervine was brought under his notice, and he decided at the foundation. Here it is that marvelous results come on giving it a trial. The result in his from the use of South American Nervine own words is this : " I found very great Tonic. Starting from the established relief from the first couple of bottles; my scientific fact that the life and health-fulness of every part and organ of the body has its origin in the nerve centers, which are located in the base of the brain, this great discovery, South Ameri-can Nervine, acts at once upon the nerve centers. It does not serve simply as a soothing draught, or a temporary stim-ulus to the injured and diseased organs. Merits of this remarkable, scientific It gives the needed strength at the nerve remedy. It has cured many of the most centers, and this don , the whole system desperate cases of indigestion and nervous is toned and built up. is toned and built up



"In these days came John the Baptist, preaching and saying, repent ye: or the kingdom of heaven is at hand."-Matt. 3:1, 2.

"Then cometh Jesus . . . and, lo, a voice from heaven, saying, This is my beloved Son, in whom I am well pleased," -Matt. 3: 13-17.

"His disciples came unto him, and awoke him, saying, Lord, save us: We perish. And he saith unto them, only are ye so fearful, O ye of little faith? Then he arose, and rebuked the winds and the sea; and there was a great calm."-Matt. 8:26.

"Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flish is weak,"-Matt. 26:"41. "And I, if I be lifted up from the earth, will draw all men unto me,"-John 12: 32.

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