## PROGRESS, SATURDAY, SEPTEMBER 21, 1895.

## POPE LEO'S DAILY LIFE.

### SIMPLE ROUTINE IN THE HOME OF THE VENERABLE PONTIFF.

How He Begins and Ends the Day-His Care as to Details of Work-The Reception of Visitors-When Special Audiences Are Given-Indoor | cereations.

Every morning at six o'clock the chief valet enters the Pope's bedroom to receive orders says Tit-Bi's. It is a narrow room, the walls are hung with yellow, and it is divided into two apartments by a curtain, behind which is the bed and a prayingdesk. His Holiness gets up and dresses while the altar in the little private chapel is being prepared for the service; when ready, the Pope says his mass in the presence of his attendants only. Now and then Leo XIII. forsakes the private chapel for the oratory, another modest little chapel. Six large wax candles illuminate the splendid picture of the Nativity, painted by Romanelli.

On these occasions a few of the faithful members of the aristocracy or foreigners of importance receive permission to attend the service, which is very short, lasting only about half an hour. There are no presentations to the Pope, no talking; but it is almost the only opportunity of really approaching the Holy Father, and the favor 1s much sought after.

Pope pronounces the latin words of the mass very distinctly, but in a manner indicative of laboured breathing. He ascends and descends the steps of the altar with some difficulty, and has to be assisted by two attendants, but as the service proceeds, his body becomes erect and his ce animated.

Immediately after the early morning service, the Pope takes his first meal, consisting of cate au lait and bread. As he breaktasts he opens letters and telegrams, receives his private secretaries; and then he sets to work.

In drawing up his circular-letters to his flock, or political documents of great | import, he proceeds with great care and re-

blessing to the guard and attendants as he goes through the other rooms to the sedan chain. He takes his seat, the chair is surrounded by about a dozen soldiers and tootmen, and the little cortege moves onwards. He gets out of the

chair for a walk for a few minutes, and chats tamiliarly with the head gardener as he inspects some rare flowers. Dinner is served in solitude, and is as

frugal as the morning meal. It generally consists of a plate of soup, a cut of meat bread some fruit, and a glass of light wine, The Pope's only indoor recreation is a game of chess. He is a remarkably good chess-player; in fact, it is only on rare occasions that he is defeated at the game. There is one priest in Rome who is usually the Pope's advesary. This priest-Father Giella-has played chess with His Holiness for thirty two years past.

After the game of chess, work recommences and continues until sunset. A few important private visitors come now, and the evening is Jevoted to them until 9.50, the hour of evening prayer.

Then, and not till then, the newspapers of the day are discussed. They are read to His fioliness by his favorite secretary; but what his opinions are on the questions of the day no one can tell. for the private secretary is on that subject as silent as the tomb

Supper follows, and all retire to rest except the Holy Father, who works on; and in this way came to effect as no other the inhabitants of Rome can often see late | single object ever did the development and at night a light in a certain window in the Vatican, telling them that Leo XIII. is still at work for the good of the Church committe 1 to his care.

### DREAMS ARE FLEETING.

Their Duration is Very Much Less Than is Generally Supposed.

Perhaps the most extraordinary phenomenon associated with the dreaming state is the tremenduous amount of realism which is frequently presented to the mind of the sleeper in an incredibly short time. Tell a man who has just awakened from a vivid and horrible dream that the sights, situations, feelings and presentments, which have resulted in a hurrledly beating heart and a profuse perspiration, all occurred in the space of a tew moments, and he will probably doubt your word Nevertheless, it is possible to have a dream in which the scenes and experiences carried the mind

## ARROWS ARE ANCIENT. THEY HATP A LINEAGE WHICH CAN BE CLEARLY TRACED.

Their Record Gue. "sek Further than That of the Bow with Which They Are Used-A Study of the Developement of

Arrow Making by the Human Race. One of the most an ient of the things man has made is the arrow. There is no weapon the lineage of which can be traced a to simpler beginning. We have been apt to lose sight of this by associating as inseparable, alike in origin and use, the bow with the arrow. But I can show that the arrow had been perfected in well nigh all its parts long before the simplest bow had been thought of or fashioned. If this be true, then the arrow in its embryonic form was older then either the stone axe or the shaped knite of flint. It was the chief reliance and resource of primitive man in the two main activities of life-war and the chase, it speedily became his first-and ever remained, by representations, at least, his highest instrumentality for divining the fate or fortune its use so often decided, and history of mankind the wide world over.

I shall also think of it as it related to primitive men in primitive state of mind and life. I would divine how the men of old felt about their arrows, and what, theretore, they did to them. They were simple like little children, with a vast deal of personal feelings, emphasized in the case at hand to buge proportions by the tremendons part those arrows bore in their lives. And so the arrow was for ages looked upon as a wand of enchantment to those who made and used and lived by and loved it; was to them a symbol. Theretore it played as large a part in his theoretical and mythical as in his practical life; and must be theoretically and imaginatively no less than practically and experimentally studied.

When I was a barefoot boy, less than 10 rears of age, my father's hired man, while me across the furrows a little blue flint arrow point, saying : "The Indians made that; it was one of their arrow heads." As he turned again to his plough I took it up fearfully, wonderingly, in my hands. Nothing had ever aroused my interest so much. That little arrow point decided the purpose and calling of my whole life. When I had gathered in course of time a collection of some hundreds of relics from all over central and western New York I began a series of experiments to learn how these arrows had been made. There was a farmer in our neighborhood who when young had gone to California, and had been pinned in the shoulder by an Indian arrow. He may not have killed the Indian, but at any rate, he had his whole sheat of arrows-quite as perfect a set as I ever saw. They were all pointed with obsidian tips, like mine in shape and finish, but smaller. In recognition of my passion he gave me two of them. I thought chosen. The first care in fashioning one me. Their march, I thought, continued the points were glass, and forthwith added all the thick pieces of bottle glass and window plate I could gather to my store of new materials for practice. With this I worked now and then throughout a whole season, but the products of my hammerings were but crule compared with those of wrapped in buckskip or fibre, not more to When nearly 14 years of age I discovered in the woods south of Medina, N.Y. an ancient Indian fort. I built a but there, and used to go there and live days at a time, digging for relics while the sun shone, and on rainy days, or at night, by the light of the camp fire, studying by experiment how the more curious of them had been made and used. One evening I unearthed a beautiful harpoon of bone. I had a tooth brush. I chopped the handle off and ground it down on a piece of sandstone to the sharp of the harpoon blade, but could not grind the clean-cut barbes in its edge. I took my store of flint scales and chips and ingly back and forth, until smoothed and set to work on it, using the flint flakes in my fingers, or clamping them between have cut it, but left the work rough. Now, in trying to smooth, I made a discovery. No sooner had I began to rub the bone transversely to the edge of the flint than the bone began to cut the flint away-not jaggedly, as my hammer-stone would have surface flakes where ever the edge was cut in the bone at a certain angle. I never finished that harpoon. I turned it about

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flection. After having read anything he may have previously written upon the subject under consideration, he begins ; to scribble notes on large sheets of paper; these notes are very short indeed (for he writes with difficulty, his hands being supported by an ingenious contrivance), and serve as a rough draft, to be amplified later on.

When his notes are finished he takes several small pieces of paper, and sets to work to build his letter upon this foundation, writing phrase after phrase, idea after idea; on the small slips, which he carefully numbers and places in a drawer, the key of which he carries about with him.

When he considers the time opportune for drawing up the document, he usually calls in one of the secretaries in whom he has the greatest confidence, and dictates to him what is written on the little slips.

The secretary writes this out in a finished style, and presents it to Leo XIII. for revision; it is rewritten by the secretary and again submitted; and so on, until) the version is then commenced, and as the Pope prides himself on being able to write that language well, what is done is more then a mere translation.

At a quarter-past ten the audiences begin, the Pope going into a special room, which is hung with red damask, bearing the Pontifical arms. This material is to be found in all the rooms of the Vatican, and must be of the time of Gregory XVI. There are no pictures, scarcely any furniture, except a chair for the Pontiff, and a table covered with papers.

The ante-chambers present an animated appearance, the different uniforms of the various attendants, soldiers and noblemen on guard, forming a remarkable picturesque group. The ceremonial of introduction is much the same for a cardinal as for an a bassador.

The cardinal, hat in hand, and followed by a footman carrying his papers wrapped in red cloth, enters the Constantine Hall, where the armed attendants stand guard : at the door another attendant makes a bow. takes the papers from the footman, and walks in ront of the cardinal to a third ante-chamber, where he gives way to a lackey, who accompanies his eminence to the Throne Room.

Here he is taken in hand by another ser

very instant when he began to slumber. M HIGHEST GRADE. might form a wavering trail for the light- nooses to further the flight. From the case of a general audience, at which all remove. I made arrow after arrow thus in The dream, the struggle he bad thought ning to traverse from point to point to soreness that came of much or constant quill when the teathers whistled, speeding use of such appliances the loops became THE QUESTION visitors to Roman catholic and non cathso prolonged, had but been a single mo- the joy of my new discovery, until my olics, endeavor to be present, His Holi-WILL IT WEAR ment's duration. hands were blistered and lacerated. I did the sure flight of the arrow. Three pinion | rings for the fingers, more rigid and joined ness enters the rcom in which his visiters feathers, all from the right or all from the together, and these in turn palms of rawnot know at the time that archæologists NEED NEVERBEASKED are assembled, kneeling in a sort of semi-Words Without Rhymes, circle, and walks slowly around, giving each his hand to kiss and each a greeting left wing of eagle or hawk, were chosen hide for the throwing hands, or of wood The number of English words which have the world over were ignorant, as I had IF YOUR GOODS BEAR THE and split from tip to base by pressing the hollowed straightly and fitted with holes at been, of just how flint implements had ROGERS BR no rhyme in the language is very large. quill parts along its inner groove or m'd- the sides for the thumb and great finger. in Italian. Five or six thousand at least are without been made, and I did not learn until my rib. The featherings were all chosen from | and with a groove underneath extending When the last visitor has gone, preparations are made for a walk in the beautiful rhymes, and consequently can be employed noble, lamented friend, Prof. Bourd, called corresponding sides of the mid-rib that to the rear end, at which was a notch or a they might be uniform. They were now hole for the forefinger when stretched garden of the Vatican. The guards form in at the end of the verse only by transposing me to the Smithsonian Institution, in 1875, AS THIS IN IT SELF laid flat on the shaftment, the bases of the along the groove and thrust up through GUARANTEES THE QUALITY. line, and the sedan chair, surrounded by the accent, coupling them with an imperfect | that I was the first man, to have practically quills toward the top, first the right wing, the hole. But these spear palms and tootmen in red, appears at the outer door. The Pope's hat, red cloak, and cane are BESURE THE PREFIX consonance, or constructing an artificial discovered how to make implements of then the left wing, so called; finally, the clutchers, while giving secure grasp and tail; the latter transversely to the nock to great power in the holding or hurling of IS STAMPED ON EVERY ARTICLE. glass, and flint flaked from side to side, inplaced ready on a seat. A bell tinkles. Monsignor della Volpe rhyme out of two words. Among other serve as a cock teather heavy weapons, did not greatly increase distinguishable from those made by primwords to which there are no rhymes may After all the shatts had thus been featherthe distance of their flight. There still rebustles about; there is silence for a mom-THESE GOODS HAVE be mentioned, month, silver, liquid, spirit, | itive people. ed, the whole bunch was taken in hand, the butts struck against the ground or a stone, mains the superiority of the long armed ent, then the door opens and the Pope appears. He looks pleasantly around and STOOD THE TEST I have told this history as it occurred for chimney, warmth, gulf, sylph, music, thrower FOR HALFACENTURY. a three-told reason; first, to instance the then reversed and righted, and with a puff The e ement next higher in the developremarks upon the weather or some ordin- breadth, width, depth, honor. iron, echo? manner in which I discovered flint flaking of the breath thrown down, ends forward ment of the dart finger is to be found ve SOLD BY FIRST CLASS DEALERS. ary subject, as he passes out, giving his | Ex.

over a period of years, and yet the dream, from start to finish, may only occupy a few ploughing one day, picked up and threw to moments.

Count Lavalette gives a remarkable illustration of this. "One night," he says, "while I was asleep, the clock of the Palais de Justice struck twelve, and awoke me. I heard the gate open to relieve the sentry. but I tell asleep almost immediately." Then he dreamed that he was standing in the street, and shortly became conscious of a low, rumbling sound. Presently a troop of cavalry was seen approaching him, but both horses and riders were as it they had been flayed. Their bodies wera dripping with blood. Women with mournful faces appeared at the windows of the neighbouring houses to watch this dismal procession, and the air was filled with groans, and pregnant with the odour of blood.

"I remained in the street," says the Count, "petrified with horror, and deprived of sufficient strength to seek safety in flight. This horrible troop continued passing in rapid gallop, and casting frightful looks at for five hours. At length the iron gate of the prison shutting with great force awoke me. I instantly made my repeater strike. It was only just past midnight, so that the horrible phantasmagoria had lasted no more than ten minutes -that is to say, the time necessary for relieving the sentry and the field. shutting the gate."

A still more remarkable instance is given in "The Philosophy of Mystery." A gentleman dreamed that he had enlisted as a soldier, then gone through various hardships, deserted, was pursued. captured, and brought back. Then followed a vivid experience of his trial by court-martial. he was condemned to be shot, and eventually led out for execution. At that moment a noise in an adjoining room awoke him. What was his surprise to find that that self-same noise had been both the cause of his dream and of his awakening. He had encountered the experiences of months in a single moment.

The case is reported of a gentleman who contracted a severe illness through sleeping in a damp bed. Afterwards, when in a recumbent position, he was invariably seized with a sense of suffocation, and would be the victim of a dream, wherein a split sticks, saw fashion. The flint cut the skeleton gripped him by the throat, and at- bone away as well as a knife of steel would tempted to strangle him. So repeatedly did this dream assail him, that the thought of sleep rendered him miserable; and, so fearful was the impression it made upon him, that sleep distressed rather than retreshed him.

"Guests who blow out the gas are reduty it was to sit by the gentleman's side, places on its circumference, with the tusk Then why not tie the hawk wing or eagle where the Pope receives, to await his turn cliped it, but in long continuously narrow uested to leave their wills with the clerk.' and rouse him as soon as ever he fell of a tuma, or wildcat of fiery eye-if for plume to the body of the missile? Forthto be ushered into the presence of the head asleep. One night the dream visited him war; with elk, beaver, or other gentler with you may be sure they tied wing of the Boman catholic church. before being awakened, and a long and kind of tooth if for the peaceful chase. feathers to their shafts, two at first, midterrible struggle ensued between the Leo XIII. has a strong dislike to tittle-The point of this tooth was pressed into way, but lower down after a while, and dreamer and the skeleton. When awakenthis shaft at the tip, inserted through one with a third feather-the tail for the tattle and gossip, and his accredited repreed the gentleman reproached his watcher and used it as an arrow flaker, by tying it of the stretching holes and then the shaft smaller shafts, to keep them straight and sentatives take care not to tell tales of what for allowing him to sleep so long. Judge to a little rod of wood with my shoe string, was shoved through to the end of the headwise. they see or hear on these occasions at the of his amazement, however, when he was and pressing it at the proper angle to shaftment or feathering point-twistingly, Presently they began to fit the shafts Vitican. assured that he had been roused at the points on the flint which I had worked to for at least every alternate groove-that it with straps or their fingers with slinging These are special audiences. In the

by chancing ignorantly to follow precisely According as the arrows fell they were decidedly exemplified in the throwing slat the course primitive man must necessarily have followed, and, secondly, to convey to you the lesson this boyish experience taught me; that I could learn more by strenuously experiencing with savage things and arts, than others, or I could have learned by actually and merely seeing and questioning savages themselves about such things and arts; and, thirdly, there is another reason of later development this experience has taught me, that Palcolthic man of the French caves, at least-that man who is said to have known no other art of working stone than by rudely breaking it into shape by blows of other stones - could not have existed in such primary status of art for more than a few seasons at most.

In finally, forming arrow points from these trimmed "blanks" (stones already partly shaped), the smallest of them were was to remove protuberant points from its edge and sides, and to thin it down by means of a pitching tool of buckhorn. It was now further shaped, sharpene., notched, or barbed, or serrated-according to intended use. When a number of the points had been finished they were warmed by the fire and rather ceremoniously enkeep them safe than to cure them of this

rough handling and win them to favor and strength. Then twigs were cut with due sacrifice to the wood sprites, were brought head or upper ends foremost, passed over the store of points to make them "acqua nted," and laid down with their tips ends to the east or south, if for the peaceful hunt. to the west or north if for war. They were peeled upwardly, or from butt to tip that their way of working be not balked ; scraped and shaved to uniformity, also from the butt upward, and placed alongside a hot fire or buried in moist, hot sand. to soften or "ripen" them, and afterward clamped between one nether-grooved piece of sandstone or sanded wood and one small flat piece, held over it firmly in the left hand, was shoved and pulled twistrounded and further straightened. Finally each was both seasoned and polished, then straightened to a nicety by passing it under heavy pressure over a smooth, grooved piece of very hot soapstone, or eise, better still, by heating and stretching it, turning it at the same time through a wood furnished with a single medium hole or several bevelled perforations.

When fully stretched it was grooved curved bone prongs, yet their flights of neatly printed card, bearing this legend : Finalty he engaged a watcher, whose want and conducted to a room next to that along three or sometimes four or more them were none the better for all of that.

carefully sorted into groups, with the more or atlati. The little apparatus is made notc.ed, trimmed, and tutted differently from those of others, to denote their class- Among a people armed with effective fines, as being, one set of the north, another of the west, and the others respectively of the south and east. The top and mid most shalt was reserved as a personal arrow for special treatm nt, and the doubtful shafts were left nnfinished. At last in correspondence to the kind of shatts as indicated by the cock feathers, the points were selected. the keenest and deadlist for the north and west, the broadest and shortest for the simply a stringless bow, used backward, south and east, The tips of the shalts were | while in the still more elaborated form o hocked and rasped, each with the base of the Mayas the string also appears. the point designed for it, and these were this little "carrier of the cane" or "wa then seized on free-handedly, with sinew. staff' be but enlarged and restored, as I All the increasingly solemn operations were | have experimentally restored it, and used concluded by the orderly ribanding of the | with a notch and strap-trimmed spear dart, of magic, or the green or blue of life and the string and held by its strap until victory. The arrows were finally laid out released with a fling, the rebound of the their parent, the fire arrow, all save its to me that the steps are tew and short from consort, the personal one, heads downward, this already strung, but reversed, to the feathers upword, that the lightning run not | bow of archery. out or the feathers speak before their time but sleep till awakened for war council.

From breaking of shells, stones, and bones, as I have characterized, and the do all sorts of cutting, scraping, and scratching with the sharp fragments. For long, however, he probably used these tragments unmounted, grasping them, perchance, with wads of seaweed or grass; as I have grasped a stone, with a fold or twoof buckskin, in making with it all the shaftpolishers and other like tools I have needed to use in my recent experiments, But by lodging such blades in wood, or often wedging sharp things into the end of his spear-form digging stick, he must have learned in time that the stick, so long as thus armed, dug better and cut his contestants better.

Some time early, man found that the slimhandled knife, getting loose in the shaft of his spear, pulled out with the fish he had struck, but if tied with a long enough string, held its prev quite as well as the whole spear when held by a string in his hand. Then he had bu' to transfer his retrieving line-which always had hindered the fling-from hand hold to mid of the shaft, and from there to the hilt or the head, to have formed a perfect harpoon. veritable drawplate of bone horn or hard But although they made their harpoons hook-beaked with barbs, or had made them so already, and claw-headed with re-

highly developed tribes, like the Zuni, the from a very slender and flexible sapling of cock or tail teathers of each group were light and springy, but hard wood, such as the Cliff Dwellers' bows were mase of. gers I do not wonder that their use survived that of the bow, even away from the appropriate hibitat of the spear throwerthe water-ship.

Now the crozier-shaped or bent form of the spear flinger was, as my experiments have in licated, a veritable conbination of the bow and the spear thrower. In it the spring of the bow already appears; it is shaftments with the colors of death and like those of the Dresden Codex, and it blood-black and red-or with the yellow then the missile be pressed back against to the west and east, and breath-endowad string, as well as the spring of the flinging with lives of the'r own, then placed with staff, adds treble velocity to it and it seems

When talking on this subject with my lamented friend, the artist, Thomas Hovenden, who went to his noble and heroic death a few years ago, he did not at first believe me, and handing me a charcoal much cutting of his fingers thereby, primal stick, bade me draw the form of thrower I men must have learned speedily enough to then in theory thought was the connecting link between bow and finger. I drew onea long, slender twig with a fork at the end and a string attach d to the crotch, both for catching the spear and for bending the stick back to give it spring when loosed. He looked astounded for a moment. then delighted. "Do you know," said he, "that as a boy I played with such a slinging stick as that, catching birds on the Irish bogs?" And in the morning he made me one. It was my hypothetical connecting link .- F. H. Cushing.

#### Recognized the Species.

When the man with the ginger-hued whiskers and real celluloid collar emerged from the dining-room of the hotel and wended his way to the office, peacefully picking his teeth with a Barlow knite, the word had already preceded him that he had been eating bananas, skin and all.

"Ah! how did you like your dinner, sir ?" inquired the clerk, urbanely.

"Pretty fair," responded the guest cheerly. "Them there long, slim yeller vegetables sorter hit the spot. The outsides wasn't much good, but the pith was firstrate.

Without comment, the clerk handed him

