

TOLD OF AN ARMY SURGEON.

Too Smart For a Prospector but a Cowboy got the Drop on Him.

We were sitting about a camp fire while the troops were camped in Jackson's Hole after the Indian scare of not long ago—a number of the officers of the Ninth Cavalry and the writer—and one of the officers was telling about his experiences in the Apache country, though this story has nothing to do with the Apaches.

"Did you ever know Dr. Cockey of Cockeyville?" he asked of the others, and at that half a dozen of the group, laughed heartily. They had known the Doctor, who had served as a contract surgeon with several pre-ent.

"Well, did you ever see as good a horse trader as he was? No? Neither did I. One day an officer we all know very well came into camp in a fine animal that he wanted to sell. It was worth easily \$100 cash, but it had to go at what it would bring, because the owner had been ordered to Washington. The Doctor heard of it and looked the animal over. He said he didn't want it, but he liked to look at horses of all kinds. It seemed like a pretty fair horse, he said, the main fault being an incipient spavin, which ordinary observers would not easily detect. If it wasn't for that, &c., &c.—you know how candidly he can talk when slandering the other man's horse. The upshot of it was that he said if no better offer was made he would give \$60 for the animal, but he would like to take it out for a ride first, to see if there was anything else ailed it.

"The sale of horses was pretty slow about then, and the owner let the Doctor take it for a ride. Then the Doctor rode away on the trail, where his usual luck followed him. He met a prospector with two burros and the usual outfit bound for the mountains, and stopped to talk. The Doctor was a most affable fellow, you will remember, and as he talked he kept the horse showing to the best advantage. Pretty soon he saw the prospector eyeing the horse, and that was just what was wanted. A minute later the prospector said:

"That's a fine horse you're riding, sir."

"Cockey agreed that it was in a very un-concerned manner, and went on talking about prospecting until the man once more complimented the horse and said it was just the animal for the Apache country. Still the Doctor was unconcerned and talked of other matters, but kept the horse on parade all the same. Finally the man could stand it no longer. He wanted the horse and he said:

"Of course a horse like yours is entirely out of reach of a man like me. I'd give everything I've got for him, but I know very well that wouldn't touch him. Still I'd like to know just what he is worth in this country."

"The Doctor was calmer and more unconcerned than ever. It was the best horse in New Mexico, of course, but it wasn't an expensive horse by any means."

"How much money have you got?" he asked.

"Only \$36 and this outfit," was the reply.

"Just unpack that burro," said the Doctor. There's a friend of mine has been after a burro."

"The burro was a first-class beast, but he was not exactly what the Doctor wanted, of course, and he asked the man for a look at the six-shooter in his belt. The man was beyond criticism, and this Doctor said:

"I'll tell you what I'll do with you. I like your looks, and you are likely to need a first-class horse before you are done with your work. I'll let you have the horse for the burro and \$90 if you'll throw in that revolver, but you must let me ride the horse back to camp first."

"The poor devil was overwhelmed with gratitude, and the trade was completed. Then the Doctor walked around to the offices, said he guessed he could get rid of the beast—any way, he'd take it to be accommodated—and paid over the \$90. I don't know just what he did with the burro, but he probably got a herd of cattle for it in time."

"That was just like Cockey," said another. "He has told me of a lot of such deals. He was really proud of every trade of that kind. Why, he had his shingle up for practice every place we camped, and he always made the patients pay cash in advance, too."

"That's what he did," said another—"every time but once. One day a cowboy came riding into camp with his horse in a team. One of the boys at the headquarters ranch had accidentally shot himself in such a way that prompt surgery would probably save his life."

"Will you come now?" asked the cowboy.

"Certainly," said Cockey; "but I must have \$25 in advance for such a job."

"Oh, that's all right," said the cowboy, and he was away again without waiting an instant.

"So Cockey, although he was chagrined because he had not got the cash first, called out an ambulance and drove over to the ranch. The cowboy messenger was in front of the house as the ambulance horses stopped and he said:

"Glad you're here, doctor. You're in good time and you'll pull him through all right. Come in."

"Yes, I know," said Cockey; "but I must have that \$25 in hand now or I don't get out of this ambulance."

"The cowboy bowed, and then reaching to a hoister at his belt pulled a big shooter and leveled it at Cockey."

"Come in, doctor, come in. We're glad to see you," he said, and Cockey, after a look into the eye that was quivering over the pistol barrel, got out and without any fee in advance performed the operation successfully."

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For hemorrhoids and piles apply twice a day compound gall and opium ointment.

For red and inflamed eyes, bathe them several times a day with solution of 10 grains of pure borax and two ounces of camphor water.

For warts, soak with acetic acid and apply lunar caustic.

For hoarseness, take one teaspoonful of compound tincture of benzoin to a pint of boiling water and inhale the vapor through an inverted paper funnel.

For eczema, apply ointment composed of one drachm of oxide of zinc, one ounce of tar ointment and one ounce of cold cream. Take internally a spoonful of rhubarb and so la mixture after each meal.

For muscular rheumatism, massage with chloroform liniment, also mustard liniment. Salol and phenacetine, five grains each once in three hours are recommended as internal remedies.

For boils, get sulphide of calcium in one-fifth grain pills and take one every three hours; also take a good dose of rochelle salts in a glass of water before breakfast several times a week.

For tan and sunburn, apply lotion composed of ten grains of citric acid, one ounce of glycerine and one ounce of rose water.

For poisonous stings of insects, from the mosquito upward, keep on hand a liniment of equal parts of ammonia and sweet oil.

For keeping off malaria in the damp days of August and September, an open fire in the hearth beats drugs.

For hicough, take heaping teaspoonful of powdered sugar.

For paroxysm of coughing, take a spoonful of glycerine in hot milk.

For burn and removal of scar, apply immediately soda on damp cloth until fire is out, then apply cosmoline.

For the bites, take five grains of salicylate of soda in water every three hours. For the itching apply a lotion composed of one part of water of ammonia, one part of water of ammonia, one part of spirit of camphor and two parts of alcohol as required.

For swelling and aching feet, bathe in hot water at night.

For corns, apply salve composed of 30 grains of salicylic acid, five grains of chloral hydrate and two drams of simple cerate. Apply at bedtime, cover with cloth or adhesive plaster and leave it on all night, soak the foot in hot water the next morning and the corn may be removed. If necessary repeat.

For headache caused by heat and overwork, take a teaspoonful of aromatic spirits of ammonia in a glass of iced water and lie down for rest in a cool dark room. For excessive sweating of feet, bathe in hot water and dust with a powder composed of 30 grains of salicylic acid, one ounce of oxide of zinc and one ounce of lycopodium.

For itching of skin, apply lotin composed of 10 grains of menthol, 10 grains of camphor and one ounce of liquid alcohol. For costiveness, take teaspoonful of soda in glass of hot water on rising in morning. The Housekeeper.

Cleaning Delicate Laces.

Delicate white laces may be cleaned with calcined magnesite after a recipe of Madame Modjeska's. Spread the lace on a sheet of writing paper, sprinkle it on both sides with magnesite, place a second piece of paper over it, put away between the leaves of a book for three days, then shake off the powder, when the lace will be found perfectly clean. Laces are given a creamy hue by putting strained coffee or powdered saffron in the rinsing water until the right cream or ecru tinge is procured. White silk laces are soaked in milk over night, then soused in warm soapsuds, rinsed and finally pulled out and carefully pinned down while damp. Laces must be soused, gently squeezed and clapped between the hands until dry or nearly so. They may be whitened by letting them stand covered with soapsuds in the sun, repeating the operation several times.—Ladies Home Journal.

Interested in the Emblem.

"A friend of mine," said the floor walker, "asked me the other evening to go and call on some friends of his who had lost the head of the family the day previous. He had been an honest old laborer with the pick and shovel. While we were there with the family an old man entered who had worked by his side for years. Expressing his sorrow at the loss of his old friend, and glancing about the room, he observed a large floral anchor. Scrutinizing it closely, he turned to the widow and in a low tone asked: "Who sent the pick?"

He Got There.

An Australian youth showed that he had the knack of "getting there." He was undergoing an examination for a position in the civil service, and the examiner had written: "What is the distance from the earth to the sun?" Not having the exact number of miles with him, he wrote: "I am unable to state accurately, but I don't think the sun is near enough to interfere with the proper performance of my duties if I get this clerkship." He got it.—Household Words.

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WHY FRUIT IS HEALTHFUL.

There is a philosophy in the Use of it as Part of Our Regular Food.

Ripe fruits contain a large amount of sugar in a very easily digestible form. This sugar forms a light nourishment, which, in conjunction with bread, rice, etc., form a food especially suitable for these warm colonies; and when eaten with, say, milk or milk and eggs, the whole forms the most perfect and easily digestible food imaginable. For stomachs capable of digesting if fruit eaten with pastry forms a very perfect nourishment, but I prefer my cooked fruit covered with rice and milk or custard.

I received a book lately written by a medical man advising people to live entirely on fruits and nuts. I am not prepared to go so far—by the way, he allowed no meat to be taken with it—for, although I look upon fruit as an excellent food, yet I look upon it more as a necessary adjunct than as a perfect food of itself. Why for ages have people eaten apple sauce with their roast goose and sucking pig? Simply because the acids and pectones in the fruit assist in digesting the fats in this kind of food. For the same reason at the end of a heavy dinner we eat our cooked fruits, and when we want their digestive action even more developed we take them after dinner in their natural, uncooked state as desert. In the past ages instinct has taught men to do this; to-day science tells them why they did it, and this same science tells us that fruit should be eaten as an aid to digestion of other foods much more than it is now. Cultivated fruits such as apples, pears, cherries, strawberries, grapes, etc., contain on analysis very similar proportions of the same ingredients, which are about eight per cent. of grape sugar, three per cent. of pectones, one per cent. of malic and other acids, and one per cent. of flesh-forming albuminoids, with over eighty per cent. of water.

Digestion depends upon the action of pepsin in the stomach upon food, which is greatly aided by the acids of the stomach. Fats are digested by these acids and the bile from the liver. Now, the acids and pectones in fruit peculiarly assist the acids of the stomach. Only lately even royalty has been taking lemon juice in tea instead of sugar, and lemon juice has been prescribed largely by physicians to help weak digestion, simply because these acids exist very abundantly in the lemon—Popular Science Monthly.

How to Breathe.

An old gentleman gave good advice to a young lady who complained of sleeplessness. He said: "Learn how to breathe, and darken your room completely and you won't need any doctoring."

"Learn how to breathe! I thought that was one thing we learned before coming into a world so terribly full of things to be learned!" the insomnia said ruefully.

"On the contrary, not one in ten adults knows how to breathe. To breathe perfectly is to draw the breathe in long, deep inhalations, slowly and regularly, so as to relieve the lower lungs of all noxious accumulations. Shallow breathing won't do this."

"I have overcome nausea, headache, sleeplessness, seasickness, and even more serious threatenings by simply going through a breathing exercise—pumping from my lower lungs, as it were, all the malarial inhalations of the day by long, slow ample breaths. Try it before going to bed, making sure of standing where you can inhale pure air, and then darken your sleeping-room completely. We live too much in an electric glare by night. If you still suffer from sleeplessness after this experiment is fairly tried, I shall be surprised."—Ran's Horn.

Historical Anecdotes.

"Would to God that night or Blucher would come!" exclaimed the Duke of Wellington, as his anxious eye surveyed the dark masses of Napoleon's forces.

"Night will be here in three hours and eleven minutes, your Grace," said his chief of staff, consulting his watch.

"Oh, I ain't so particular about night," responded the Iron Duke.

"All is lost save honor," exclaimed Francis I., as he looked upon his defeated army.

"How about honor?" asked the sorrowing courtier.

"Oh! we didn't have any of that," "forty centuries look down on you from the pyramids!"

"Oh, they look down on us, do they?" asked Murat. "Well, I should think forty centuries on top of the pyramids would feel stuck up!"

"Stuck up!" said the little Corsican: "They are out of sight!"

"Gentlemen of the English Guards, fire first," shouted the French Guards at Fontenoy, as they ensconced themselves behind a brick wall.—Boston Transcript.

Arabian Women in Mourning.

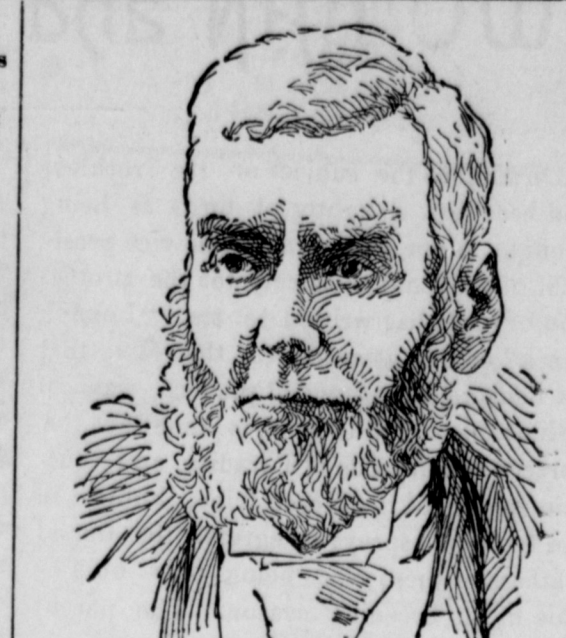
Arabian women who have to go into mourning stain their hands and feet with indigo for eight days, and during that time they will drink no milk, on the ground that its white hue does not harmonize with their mental gloom.

If you only knew what was in the air; health? Yes! but also colds, coughs, influenza and bronchitis for those of weak throat and lungs at this season of the year. Have a bottle of Hawker's balsam of tolu and wild cherry always on hand, it is a sure cure for all forms of throat and lung troubles.

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