
With or Without

PROGRESS

ST. JOHN, N. B., SATURDAY, JUNE 27, 1896.

PHYSIOGNOMY A STUDY.

HOW TO READ SIGNS OF CHARAC-TER IN THE FACE.

Do Not Rely Upon Features Alone - The Indices of Honesty-The Nose as a Guide to Character-Large Mouths for Lovers-About Thick Eyelids.

Criminals often try to assume an expression of innocence, and sometimes so far succeed as to deceive the average person. The very fact that they do this is proof that they know that people study the lines and curves of the face and the expression of the eyes, mouth, nose and chin, and by doing so are enabled to read much of a person's character.

Edgar C. Beall, M. D., editor of the Phrenological Journal, who has long given much study to physiognomy, when asked to give some of the results of his work, said :

"There is something peculiarly fascinating about the study of physiognomy, for the reason that signs of character in the face are so easily observed. While they may be inspected with a great deal of scientific accuracy and care, and indeed, ought to be studied with a good deal of precision in order to make sure of correctness, they seem to be very easy to read. They are under and over our very nosis, as it were, and we constantly look at fa es and imagine that if we only had access to a dictionary of physing aomy we could interpret this line or that curve, this contour or that arch of nose, eyebrow, chin, &:., and soon discover a great deal of what we would like to know.

"The best way to read character is to observe all the indications that may be found in different parts of the organization. For instance, it is not well to rely entirely upon one feature of either the head, the face, the hand, or the body alone; and if we see that a faculty is shown by the head, the face, and the body at the same time, we can be more certain that it is not neutralized by something else in the character. As as illustration of this, take the sentiment of conscientiousness. If we look for a deficiency of this quality in the head, we expect the cranium to slope off laterally at the top, on a line with the ear, something like a gable house roof; but if we are not permitted to place our hands on the head we may be much more certain our opinion as to a deficiency if we find that the eyes are slanting, if the lower face comes down to a point, and also if the hand tapers and the shoulders are sloping. Any feature that has this sloping peculiarity will give us hint in the same direction.

'By the way, perhaps nothing in physiognomy is more important than the indices of honesty and truthfulness, we all, at some time or other, feel a deep interest in the question of some one's trustworthiness and reliability. It may be a business partner, a cashier, or, what is still more interesting, a sweetheart. There are many signs of integrity that have value to the scientific character reader which could hardly be estimated with safety by an inexperienced person. For instance, a bleached or pale complexion, a colorless eye, and very blond hair are rather unfavorable signs of moral stability, but it would be very unfair to jump to the conclusion that all persons of golden hair and pale blue eyes are

dishonest. "Perhaps the first facial sign of conscientiousness which people either consciously or unconsciously observe is in the position and expression of the eye. The first thing to notice is the argle at which the eyeball is place. In a perfectly honest character the opening should form as nearly as possible a right angle with the face. Then if were is a tendency to squareness rather than roundness in the form of the upper forehead and the lower jaw at the same time, the evidence will be still more complete. It is important to consider this straightness of position from the fact that it is much more permanent than the expression. If the gaze is direct, and both eyes seem to look exactly at the same point without any shitting or dancing of the eyeball, we may be pretty certain of truthfulness and candor. But eyes may sometimes have the opening of candor and at other times the expression of falsehood. A forming of an opinion.

"Beware of eyes that have an unmistakeable cast; that are restless and uncertain in their motions. Habitual liars are almost sure to betray themselves by this peculiarity. Another sign of a certain phase of dishonesty may be found in the sagging has voluptuous eyes. Round eyes are conof the upper eyelid. However, this droop refers principally to indirectness of expression, and does not necessarily imply wilful or malicious deception. It may exist with a very high order of honesty. In such a connection between all these functions, if a case the individual may be expected to act with a great deal of shrewdness and tact without overstepping the lines of justice. This also often accompanies talent for diplomacy and survity. A good general sign of honesty is in a well-marked development of the bony system. People with very small bones are more likely to be chief pole of sex love is in the centre of the

sinuous and elastic in their movements, upper lip, which gives a peculiar prominand consequently elastic in their thoughts and methods. This sort of laxity or malleability in the physical structure naturally extends itself in the mind to matters of justice. On the contrary, any condition of firmness and s'ability of tissue or color points to integrity of character.

"The nose occupies a place in physiognomy equally as prominent as its position on the face. People will look at the nose more quickly, perhaps, than at anything else. The nose, or, more strictly speaking, the middle third of the face, contains the rigister of the point the individual has attained in general development, but particularly on the lines of intelligence and force of character. A large nose may be taken as a generalization of masculinity. To understand the meanings of a large nose, we should consider the elements that are more characteristic of man than of woman. First among these we think of courage.

"Women have a kind of fortitude and endurance often even greater then men in emergencies, but it is not natural for a woman to march out into an open field to fight. She accomplishes by art what man attains by strength. Woman is an alchemist; man is an engineer. Woman is a magician; man is a mechanic. The arch or prominent bridge of the nose, therefore, is the most distinctive facial mark of aggressiveness, independence, and the spirit of domination. The prominence in the upper part of the nose signifies attack. while the greater development in the lower part has reference to defence of family and

"One quality of interest to all people is magnanimity. Scarcely anything in human nature is more despicable than small-souledness, the pretty meanness that slanders us when our backs are turned; the cowardies which always stabs in the dark, and which seeks an untair advantage on all occasions; which is ever watching for a change to 'strike below the belt.' This pusillanimity is more likely to be present if the upper part of the nose is much sunken. One of the meanest noses in the world is depressed all along the bridge until within halt an inch of the end, where it expands into a ball, the whole feature lying rather flat against the face, with the nostrils expanded. This drooping ball at the tip is an almost infallible sign of selfishness and catlike ingratitude. A modification of this type may also denote a great deal of cautiousness and shrewdness. The latter qualities are well illustrated in the nose of ex-President Harrison. An interesting example of a vulgar nose was possessed by the late Shah of Persia. There was a peculiar drooping and general flatness of the feature, and an almost indescribable curl of the nostril.

"The turned-up nose, nez retrousse, is understood by almost everybody. It is more natural to woman, and denotes im pulsiveness, brightness, alertness, sometimes pertness, and a lack of reflection. People with short, carled-up noses are rarely profound, philosophical, or original Creative energy and great force belong more naturally to the Gladstone type. Long noses of the beaked variety are inclined to be grasping. The most unselfish nose is that which is most perfectly formed but inclined more to the teminine than to the masculine type. It should not have the combative arch. nor yet the shortness of the undeveloped pug. Thin noses are almost certain to be wanting in business sagacity, while breadth just above the nostril may be taken as an index of trading talent. If to this breadth be added a prominent bridge and a drooping point, as is common among the Jews, we may look for energy in business as well as shrewdness in judging human nature. Excessively large noses are often simply a rank growth and their lack of value may be detected by close inspection, which will reveal a certain bluntness and obtuseness in all the lines. Broad noses are the more economical; narrow noses belong to spendthrifts.

"Much can be determined by resemblances to the lower animals. If a person has a tace like a fox we may be pretty sura of toxy traits. The late theosophical leader, W. Q. Judge, had a face of this type. There was a good deal of felinity in the face of Mme. Blavatsky. Bismarck looks like a mastiff. Lurking animality is often single moment would not suffice for the betrayed by great prominence of the cheek

"Thick eyelids are not creditable, although they often lend a good deal of accompany some phase of voluptuousness or untruthfulness, or both. Annie Besant has fine eyelids. Mrs. Alice Fleming, now being tried for the murder of her mother, stant. Flat eyes are polygamous.

"Mouths are most interesting to lovers because they express the affections. Large mouths are peculiar to orators, singers, large exters, and lovers, and there is really one stops to think. For what is love without eloquent speech? What is more natural for a lover than to proclaim his devotion in poetry or song? A small, pinched-up mouth, with thin lips, would be able to do but little of interest to others. The more perfectly proportioned and harmonious the mouth, and the more refined its lines, the more refined will be the affections. The

ence, and forms the cen're of the Apollo's bow. The full lower lip is a sign of benev-

"Many people look for signs of love in the chin, and associate intensity of affection with the prominence and breadth of that feature. However, it is the muscles rather than the bones with which the love element has to do. As a well-known writer on physiognomy says: 'We do not love with our bones.' Confusion on this point has arisen from the fact that a strong will, which is indicated by a prominent chin, is likely to be associated with a strong love nature. Schopenhauer would explain this by saying that love is but a form of expression of the desire to live, so that promnent-chinned people, like the notorious Aaron Burr, are usually passionate levers. A retreating chin may o'ten be found in a voluptuous person, as in the case of Mrs. Alice Fleming, but in such a character the love is fickle and evanescent rather than deep or steady."

TO HAVE GOOD HAIR.

Expert Advice Regarding Ba'he, Soape, Brushes and Other Things.

No matter how many baths a woman may take a day, or how fastidious she may be as to every detail of her toilet, she can never pass as a thoroughly well groomed woman, unless able to present to the world an entirely clean scalp, and hair glowing with life and vigor. Many woman with the best intentions along these lines fail through ignorance or mistaken me'hods; so that the authoritative work on the hygiene of the hair from a leading specialist in scalp diseases may serve as a law to the unenlightened.

"In the first place" said the specialist, "the scalp itself should never be combed. Most skin diseases are easily preventible, but to have an absolutely healthy scalp proper methods must be followed from childhood. Many mothers for instance, are in the habit of combing children's hair on the scalp itself with a fine tooth comb. There could not be a more reprehensible practice, for though to a certain extent it removes the dirt from the hair and the scales from the scalp, if there is any tendency to inflamation, as there almost always is, the irritation of combing only increases it, and the last stage of that child is infinitely worse than the first. Only by most care. ful after treatment can the evil results of such measures be overcome, and it is doubtful if the scalp is ever quite restored to its origina! healthy condition. In fact, the only care or stimulant that a normal scalp of either child or adult ever requires is frequent washing."

'How often do you recommend washing the hair, doctor ?"

'A child's hair should be washed once in two weeks and not oftener, except in summer time. The small sweat glands secrete oil as well as sweat, and being much more active in hot weather, the hair becomes much greasier and the interval between washings should be reduced to ten days. In most cases, it this care is taken, ringworm and all diseases incident to children's heads may be avoided. Wi h adults, the same general rules obtain. There is no objection to a woman washing her hair ones a fortnight, and if there is an over secretion of oily substances, she should decrease the time to once in 10 days. If she does this persistently, she will find that the exceeding secretion of the skin will have been modified to a considerable extent. Where the skin runs to the opposite extreme, as is often the case, one should always, after the shampoo, rub in a little grease with the tips of the fingers. This is taken up by the skin and prevents after scaling.'

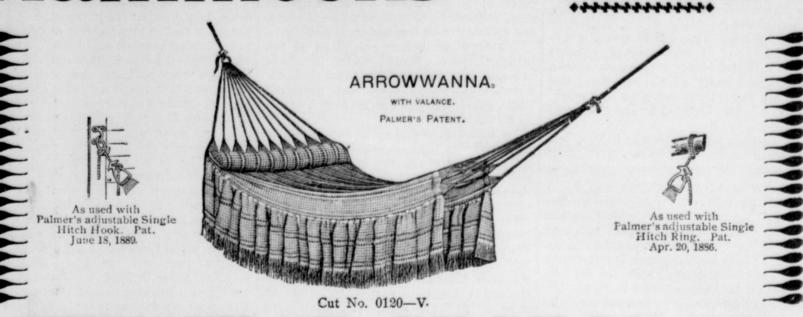
'Now, doctor, as to details, what is the

very best method for washing the hair?" "In the first place, never allow yourself to be influenced to use anything in washing the hair but soap-a bland or super fatted soap; the preparation which gives the best results is the tincture of green soap. Make a good lather of this all over the head, and then wash and rinse in water at a temperature of about 105 degrees. If, however, there is a tendency to inflammation or eczama, soap must never be used except under the advice of a physician. Most of the grayness nowadays is due to eczematous inflammation of the scalp. which passes under the name of dandruff. asitic. It is perfectly and entirely possible to arrest this disease and the graynes caused by it, by the use of the green soap combined with some mild antiseptic. Washtascination to a face. They are likely to ing the hair every fortnight as I have advised, and the application of a mild antiseptic every night is bound to eradicate dandruff and arrest grayness, unless, of

more frequent among men than women? generations; and if the use of the present any hair at all.

"As to hair dyes, except for the damage never be scraped."

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which they do to the hairs themselves, and a few of them to the hair follicles, they are not dangerous. The old wives' tales of brain inflammation from dyes is all nonsense. The bleachers are really those which do the most harm. They take from the hair shaft same of the qualities which endow it with life. The hair soon splits and becomes utterly lifeless; and if, ire addition to this, a woman insis's upon curling it either with the curling irons, or by doing it up in papers, she will soon ruin her chief beauty. Of the two the curling papers are less reprehensible, as it is impossible to do as much damage with them as is done by the over heated irons.' "Do you recommend unlimited brushing,

"By no means. Over brushing is a'most as much to be deprecated as over combing. I do not think a woman's scalp need ever be combed. In fact, the more gently one can treat the hair, the better. Soft brushes are much better than stiff ones. The hair should be taken in the hands and brushed

from the roots to the tips 10 minutes every

night and mornig. The dirt is removed

from it in this way, and the health of the hair follicles stimulated to a certain extent." "As you are an authority on the treatment of the skin, doctor, I should like to have settled once for all the question of using soap on the face. Is or is not the

daily use of soap on the face hygenic?" "There is not the slightest objection to washing the face as many times a day as is necessary for cleanliness, but the use of soap once a day is usually sufficient. For the face also the tincture of green soap is far and away the most hygienic. A very good practice is to wash the face in very hot water, and instantly plunge it into very cold. This gives it a lively glow and color, and stimulates the healthy action of the skin. But the most absolute cleanliness is powerless against the appearance of black heads, and it is a great mistake to suppose that these, when they come should be allowed to remain unmolested. They may form a nucleus for all sorts of bad formations. One should, however, never use the nails in effecting their disappearance. The very best weapon for this sort of thing is an old, somewhat worn watch key."

'What do you advise in case of sunburn? ·The following lotion is the greatest edative known in all skin inflammation

Calamine	10	parts.
Oxide of zinc	10	parts.
Alcohol	15	parts.
Lime water	50	parts.
Rose water	50	parts.

'Application of this lotion will bring almost immediate reliet in the worst cases of

"While we are on the subject of the hygiene of my lady's toilet, perhaps a word as to the general treatment of the nails may not be out of place. Above all things never allow the flash at the back of the nail to be cut. It should be gently pushed back with a blunt stick from time Like many other diseases, dandruff is par- to time to prevent the formation of hang nails; but under no circumstances should it be cut, and it should never be so far pushed back as to clear it from the nail. The indentations so often seen on nails supposed to be well cared for are the result of this pushing back of the flesh. It interferes with the proper nutrition of the nail. One must also exercise great care in cutting course, the grayness is hereditary. Much | the nails. They should never be cut close premature baldness is also due to dandruff, to the quick on the side. A sufficient porand that is the reason why it is so necessary | tion of the nail must be left at either side to begin the care of the child's scalp in to completely cover and protect the nail body. There is no objection to polishing "The reason why baldness is so much | the nails, provided in the process the skin | mile posts on the Carolina Central railroad around them is not pushed away. If that there is a piece of track for a distance of It is due to their continual wearing of stiff is done, it is only a question of time when hats, not only in this but in preceding the nail will begin to grow crooked, and a deformation of the nail is one of the most plicable mystery. All trains going and hat is continued for some centuries, it is difficult things to correct. The nails coming go to grinding and start a terrible doubtful whether our descendants will have should never be cleaned with a sharp in- squeaking when they get on this six miles strument, and the under surface should of track. The noise comes from not only Marion Depew. one car, but every locomotive, every coach

COLORADO STEAMBOATS.

When the Water Gives Out They Proceed Upon the Mud.

Among the winter attractions of southern California is a trip to the mouth of the Colorado river, writes a Pomona, Cal.' correspondent of the New York Sun. The navigation of the river at low water is alone worth seeing. It is western river navigation of the extreme type.

No river in the country changes its channel so often as the Colorado. It leaves the famed Missouri in the shade. It changes not merely by the day, but by the hour. A pilot never tries to remember it, as on the Mississippi, but runs by the appearance of the water. Even this is so often deceptive that the boats are built to run almost as well on mud as on water, The Mojave is 150 feet long by 31 broad, three decks, three boilers engines, a flat bottom and a big stern paddle wheel, and can accommodate sixty passengers. Now she slides at full speed down a long reach of timbered banks, then suddenly strikes bottom with a heavy jur. But there is no danger and little de.ay. She may stop entirely, but the engines keep puffing, you feel the boat moving again, and after a few hundred feet of crawling, she goes again at full speed. She simply rides the shifting Perhaps at the next bar she has to swing around sideways and wiggle over, but she is equal to the emergency. At times a bar is reached where this device fails, and then she swings around, stern to the difficulty, backs water with the big wheel, and in a short time washes cut a channel through which she rides with ease into the next stretch of good water. Thus, with evolutions to meet the various emergencies of the cranky stream, she threads its winding course amid everyarying scenery .- Providence Journal.

CURIOUS FEATURES OF LIFE.

The Rustle in the Hotel-A Hard Struggle With Modern Improvements.

Many tales are told of the mistakes made by rural visitors in city hotels, and very often the long bow is drawn until it is in danger of snapping asunder under the the strain. But here is one which is absolutely true, and which happened at the Irving House on Sunday. A gentleman from the regions of bucolic

simplicity, accompanied by his wife, registered at the hotel, and about 10 o'clock in the evening the clerk was confronted by the husband, who remarked that they were ready to retire, and who wanted to know when the bed was to be put into their A bellboy was despatched to show the verdant guests how the folding bed operated, and for a period of several minutes all was quiet in the office when the man from the country again put in an appearance. He wanted to know if they couldn't bave a wash bowl and a pitcher of water. Again the bellboy wat sent up to explain the mysteries of a stationary washstand. But more trouble was in store for the attaches of the hotel, when an apparition clad in airy garments was seen beckening from the top landing of the stairs. It was the gentleman from the country, who wanted to know how the "gosh-dern light was put out." The bell-boy accompanied him to his room, whereupon the countryman pointed to the hand grenades labelled "fire extinguishers," and said he didn't know whether to throw them at the electric light or not. The boy turned off the light, and no further trouble en-

But the stranger had made three trips to the office when he might have touched the electric call bell .- Philadelpha Record.

MYSTERIOUS ROADBED.

Phenomenon Not Accounted for on a North Carolina Railway. Between the forty ninth and the fifty-fifth nearly six miles that presents a singular condition that so far amounts to an inex-

grinding as if turning a curve. The noise is something like the screeching of an ox cart that has no grease on it, and it is made by every truck in a train. The track is perfectly straight, and as there is no curve at all, the cause of the grinding and squeaking has mystified the railroad people. Every efforts has been made to ascertain the cause of the difficulty. The locomotivss have been examined, the coaches and cars have been scrutinized, every cross-tie and every rail has been inspected, every joint has been looked at, and every foot of the track has been regauged, but no explanation could be discovered. The section master has almost crawled over the six miles on hisknees in search of the cause; the roadmaster has tried his best to ferret out the matter, and the superintendent has been over the track and inspected it-all of them making repeated efforts time and again to find out what is the matter-but they have given it up as a bad job. They have not only not been able to discover the cause of the noise, but bave been unable to discover any theory to explain the mystery. It is one of the railroad mysteries of the age, and has been going on for twenty years. During that time the cross-ties and rails have been replaced several times with new ones, but without effect.

and every car of whatever kind sets up a

Autographs.

Mr. James Ellsworth, of Chicago, an intimate friend of Paderswski, gave him a dinner a short time e.go, says the San Francisco Hrgonaut, and each person who came was obliged to perform some feat by which he could earn his living, provided his usual resources were taken away. Paderewski bad many hard tricks handy. Theodore Thomas, with his hands tied behind his back, by some miraculous management, unbuttoned his waistcoat and took it off with his hands still tightly fastened. The guests then asked for autographs, and Mr. Ellsworth remarked: "I have Padarewski's autograph, which he wrote on my shirt front some time ago," and thereupon the valet brought the garment into the room, and behold! the shirt bosom bore the signature of the maestrowritten across the front. At once each manly chest was presented to Paderewski. who, with pencil in hand, signed his name on the starched linen. As a result, eleven shirts have been permanently retired from circulation, so to speak.

A London Ceremony.

Seventy-seven deserving old men, and as many old women, the number representing the years of Queen Victoria's age. received the Queen's Maundy at Westminister Abbey this year. Each man received \$11.25 and each woman \$8.75: then red and white purses were given to them, the red containing a sovereign in gold and 30 shillings, the white as many pence in silver as the Queen is years of age.

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