

### THE SOURCE OF TROUBLE.

"Let not your heart be troubled; ye believe in God, believe also in me."—ST. JOHN XIV. 1.

He did not mean then that some external peace was to be theirs, that men of like passions with ourselves were to be made so hard that they would not feel the pinch and press of trouble; He did not mean that life's pathway should be miraculously smoothed for them, that they might glide with ease along the way of life. No, men

Look once more and see how great a trouble it is when we reflect on the follies and failings of our character, and ask ourselves whether sin is not after all the bit-

**PILES CURED IN 3 TO 6 NIGHTS.**  
Dr. Agnew's Ointment will cure all cases of itching piles in from three to six nights. One application brings comfort. For blind and bleeding piles it is peerless. Also cures Tetters, Salt Rheum, Eczema, Barber's Itch and all eruptions of the skin.  
35 cents.

Walter Baker

Established  
Dorchester  
The Oldest and

PURE. I

Cocoas a

on this Continent. No Ch  
Their Breakfast Cocoa is  
costs less) than one cent a cu  
is the best plain chocolate  
German Sweet Chocola  
It is palatable, nutritious  
Consumers should ask for a  
Walter Baker & Co.'s goods, made at  
CANADIAN HOUSE, 6 F

**A Student Who not Tolerate Suggestive Songs or Stories.**

The Ocean of Eternity.

Some poet-mind has fancied that all the

### The Influence of Appearances.

**Do Not Procrastinate.**

What thou doest, do quickly. There is only one niche into which your effort will be forever as those unfinished pillars at Baalbeck, which only show that somebody was criminally behind time. A benevolent man once discovered that a minister's family was in great distress. He gave a deacon fifty dollars, saying; 'Give it to them in a way becoming their standing; do it ingeniously, lovingly, but do not mention the giver.' The deacon, said: 'Yes, I will do it the first thing in the morning.'

ed 1780.

**r & Co., Limited.**

Mass., U. S. A.

Largest Manufacturer of

**HIGH GRADE**

**and Chocolates**

chemicals are used in their manufactures, absolutely pure, delicious, nutritious, and p. Their **Premium No. 1 Chocolate** is in the market for family use. Their te is good to eat and good to drink. and healthful; a great favorite with and be sure that they get the genuine

**Dorchester, Mass., U. S. A.**

**Hospital St., Montreal.**

GANONG BROS., L'td., St. Stephen, N. B.

**Testimony of Eminent Men.**

*A VERY USEFUL BASOON.*

### An Animal That Was Trained to Work Very Intelligently.

The baboon did both, having the advantage of hands: though he used these, not to extract the root, but to adjust his weight so as to use the leverage of his teeth to the best advantage.

**HE GOT THE CHECKBOOK.**

**How the Tables Were Turned on a Would-be Swindler.**

It is always gratifying to one's sense of justice to see the tables turned upon a would-be swindler. Mrs. J. G. Jebb tells

the story of a young Englishman who was travelling in Mexico. One Don Manuel represented to him the immense value of a certain silver-mine, with which circumstances compelled him to part. But his friend should see and judge for himself!

The two men were accordingly lowered a short distance into the shaft and the Englishman was so pleased with the appearance of the ore that he gave his check for half the purchase price. Later, he felt moved to explore his investment farther, and going alone to the mine, hired an Indian in the vicinity to lower the cage. He speedily discovered that the mine was full of water!

Putting into immediate action a plan of reprisal, he sought Don Manuel and expressed his desire to visit the shaft again, to which the Mexican reluctantly yielded. The Indian was again hired to lower the cage, Don Manuel, at the Englishman's instance, giving the requisite instructions. The Englishmen then politely motioned the older man to be seated.

Hardly had he done so, when the Indian, in obedience to a gesture from his secret patron, began turning the windlass. In vain Don Manuel entreated and threatened, till his voice arose faintly from far below.

Then the cage was drawn up to within a few feet of the surface and the Englishman demanded of his drenched occupant the surrender of his check. Evidently the young man meant business, and without a word, Don Manuel yielded.

IN CASE OF FIRE.

Your house takes fire. What burns first? The lightest and most inflammable stuff, of course—furniture, doors, shelves, floors, panelling, and other woodwork. If it is a stone or brick house the walls will probably remain standing—a melancholy sight.

Were not this a principle of universal application Mr. Meddings would never have compared himself to a skeleton, as he does in the letter to which your attention is now invited.

'In the autumn of 1891,' he says, 'I felt into a low, weak state of health. My ordinary energy appeared to have gone out of me. I always felt tired and languid, and couldn't account for it. Nothing seemed to rest me. I was as tired in the morning as when I went to bed. I had a bad taste in the mouth, my appetite was poor, and after meals I had a pain in my chest and left side.'

'I was in this condition until the 14th of March, 1892, and then I had to give up work. The reason was, I was too weak to work. In fact, I was so weak that it was about as much as I could do to walk across the floor. Besides this I had a dry, hacking cough; and at night I sweat so the bed-cloths were wet. Sometimes during the day, clammy sweats would break out all over me.

"I lost flesh rapidly, until I was like a skeleton. My muscles seemed to be shrunk and withered. There was no feeling of warmth in me; it was as though my blood had gone cool and thin. I was too feeble and helpless to wash or dress myself, and people said I was wasting away, as though they expected to see the end of it presently.

"I consulted two doctors and they gave me medicine, but it did me no good. One day my aunt, Miss Banton, of Francis Street, Walsall, called, and in the course of talk she said that the medicine that did her good when she was ill was Mother Seigel's Curative Syrup. Although it didn't look reasonable to believe that it could cure a case as bad as mine, nevertheless my wife got me a bottle from Mr. Grove, the chemist in Park Street, and I commenced taking it. In a few days I found myself much better; my appetite was better, and I had gained a little strength."

'To make the story short, I kept on taking the Syrup and continued to get better. As soon as I could digest my food the night sweats and the cough abated, and in a few weeks I was able to go back to my work. This is two years ago, and since then I have been in good health for which I have to thank Mother Seigel's Syrup. (Signed) Arthur Thomas Meddings, 155, Farrington Street, Walsall, March 6th, 1894.'

In a fire, as we said, it is the light, inflammable stuff that burns first. That's why Mr. Meddings got to be so greatly thin. The flesh or fat is the fuel of the body. In health it keeps up the warmth and furnishes the power. And to keep up the fuel we must eat.

Now, disease is a conflagration; it tries to burn the house up, and often does it. And it often burns the flesh up, more or less of it. The fat goes first, the muscles, &c., afterwards. That's the way of it. About that time *the tenant moves out*.

Our friend was well on towards that point. But it wasn't lung disease that siled him, albeit he had the cough and the sweats. They go also with indigestion and dyspepsia—his real and only malady. He got feeble and thin because his disease wouldn't allow the stomach to digest the food. Hence he consumed all the flesh he had stored up, and then (luckily for him) he began to take Mother Seigel's Curative Syrup, which set his stomach and liver right, and gave his victuals a chance to feed him.

All the same, it is dangerous to let a fire get headway. When it is your body quench the first spark with Mother Seigel's Curative Syrup.

Ineffectual Trick.

An amusing example of two souls with but a single thought is the following, furnished by one of the participants:

'Many years ago,' he says, 'I was in camp with a friend of mine in Canada. Toward morning I awoke shivering with cold. The fire was very low. My companion was sound asleep.

Well, it isn't nice to get out of a warm blanket to haul frosty logs to the fire, so I gave Wyndham a kick, and then pretended to be asleep.

"I did the same thing to you fifteen minutes ago," he said. "Tast's how you came to wake up."

Then we both turned out, and soon had a fire going.

**BETWEEN LIFE AND DEATH**

For 25 Years, Says Mrs. J. D. Stoddard of  
Asbury Park, N. J., and Two Bottles of  
**Dr. Agnew's Cure For the Heart**  
Restored the Lost Treasure.

For twenty-five years I have been a great sufferer from heart disease, palpitation, dizziness and severe headaches. I saw Dr. Agnew's Cure for the Heart advertised, and determined to try it. Two bottles have done wonders for me. The dizziness and palpitation are gone, the headaches have disappeared. I never cease telling my friends the wonderful benefit this great cure has been to me, and I cheerfully recommend it any and everywhere.

Dorchester, Mass., U. S. A.

The Oldest and Largest Manufacturer of  
IDEAL HILL CO.

# PURE. HIGH GRADE

# Cocoas and Chocolates

on this Continent. **No Chemicals** are used in their manufactures. Their **Breakfast Cocoa** is absolutely pure, delicious, nutritious, and costs less than one cent a cup. Their **Premium No. 1 Chocolate**

**German Sweet Chocolate** is good to eat and good to drink. It is palatable, nutritious and healthful; a great favorite with

sumers should ask for and be sure that they get the genuine  
**W. & Co.'s goods, made at Dorchester, Mass., U. S. A.**  
**ADIAN HOUSE, 6 Hospital St., Montreal.**