

Constipation

is a disease which afflicts over 75 per cent. of the American people. It is a dangerous disease because it not only poisons the blood but causes heaviness, oppression, and dulls the intellect. Then follow chronic headache, loss of appetite, slow digestion, nervousness, bad breath, dingy complexion and low spirits. It will eventually bring on liver and kidney disease in some incurable form. But sufferers from this dreaded malady are speedily

Cured by

Warner's SAFE Cure and Warner's SAFE Pills. Leading physicians the world over, have acknowledged this fact, and thousands of people throughout the land have testified to it.

Warner's

SAFE Cure puts a stop to backaches, headaches, constipation, loss of appetite, dyspepsia, tired feelings and sleeplessness. It builds up the exhausted system. It is a sure cure for liver and kidney complaint in any form, and the only remedy that has ever been able to cure Bright's disease.

If you are feeling the need of such a remedy, you cannot do better than try this king of remedies, the great

Safe Cure

IT'S
EASIER TO
THREAD YOUR
NEEDLE

With.... CLAPPERTON'S THREAD

Than with many other kinds, the twist is so firm that it's not so apt to unravel as some, —and that's what gives it its extraordinary strength.

HAVE YOU TRIED IT?

Whatever You Eat...

Let it be the best quality. The best is always cheapest in the end. We guarantee our Spices, Coffees, Cocoa and Chocolates to be the very best in the market. See that you get them.

JOHN P. MOTT & CO.

BEST ON
EARTH

PURE—WHOLE SOME

Watson's Dundee Whisky

Established 1815

CHARD JACKSON & CO.
MONTREAL
Agents for Canada C.A.A.

Cafe Royal,

DOMVILLE BUILDING,
Cor. King and Prince Wm. Streets.

Meals Served at all Hours
DINNER A SPECIALTY.

WILLIAM CLARK,
Proprietor.

BEAUTY OF THE EYE.

How to Attain and Retain Attractive Eyes
The Blue Eye of Fiction.

In expatiating on the interesting topic of the cultivation of personal charms—how to attain and retain them—experts are prone to neglect the eyes, eyebrows and eyelashes. But the Standard Designer, appreciating that these features go far to enhance or mar beauty of countenance, has the following to say about them:

Any one who is affected with a torpid liver or is bilious can scarcely hope to be the possessor of clear, brilliant eyes, for both these unpleasant ailments cause the eyes to have a lack luster, fishy expression. An old fashioned remedy considered very good is a cup of hot camomile tea taken before retiring. This has the effect of clearing the complexion as well as the eyes. Another excellent decoction to be taken at bedtime that will remedy an inactive liver and bring back brilliancy to the eyes is a glass of hot lemonade with about as much bicarbonate of soda as would rest on a 10 cent piece stirred into it.

Those who truly value their looks must not indulge in the 'luxury of tears.' The instant one feels that tears are going to start she should exert her self control or drink a glass of very cold water. Often if the eyes are full to overflowing this will act as a preventive and the tears will return to the tear gland.

An excellent wash for the eyes, and one that any druggist understands compounding is boracic lotion. This not only strengthens them, but imparts a natural brilliancy. A teaspoonful of borax in a quart of warm water used as a bath for the face and eyes is also beneficial.

A dark eye should be soft and gentle in expression or flashing with humor, never with anger, as the pupil of a dark eye when angry contracts, giving a mean look to the eye. Blue eyes are always more lovely when animated. The laughing blue eye of fiction is in reality a charming sight, for the pupil dilates, and the eye becomes liquid. The possessor of gray eyes should cultivate them so as to look frankly and calmly at an object, be it human or otherwise. Nothing is more unpleasant than a shifting gray eye.

At any time the eyes feel irritable, do not rub them, for this breaks off the lashes. Dampen a soft handkerchief with a little boracic lotion and bathe the eyelids until the irritation ceases. Should the lashes be thin here is an excellent French receipt for renewing the growth: Twenty parts of aromatic vinegar, 10 parts of glycerin and two parts of extract of jaborandi. This is to be rubbed gently night and morning. A small eye brow brush should be purchased, like the tiny brushes in a manicure set and nothing keeps the lashes so healthy or the brows so beautifully smooth and glossy as one of these little brushes.

If the brows are too colorless, which often happens with the real blond, dip the brush into a little alcohol and shape the eyebrows broad over the eye and tapering to the ends.

Safe Course.

An excellent reply was that once made by a Yankee pilot to the owner of a Mississippi River steamboat.

The boat was at New Orleans, and the Yankee applied for the vacant post of pilot, saying that he thought he could give satisfaction, provided they were "lookin'" for a man about his size and build.

"Your size and build will do well enough," said the owner, surveying the lank form and rugged face of the applicant with some amusement, "but do you know about the river, where the snags are, and so on?"

"Well, sir, I'm pretty well acquainted with the river," drawled the Yankee, with his eyes fixed on a stick he was whittling "but when you come to talkin' about the snags, I don't know exactly where they are, I must say."

"Don't know where the snags are?" said the boat-owner, in a tone of disgust; "then how do you expect to get a position as pilot on the river?"

"Well, sir," said the Yankee, raising a pair of keen eyes from his whittling and meeting his questioner's stern gaze with a whimsical smile, "I may not know just where the snags are, but you can depend upon me for knowin' where they sit, and that's where I calculate to do my sailing."

More Monsters of Olden Times.

The fossil remains of an apparently new species of the ancient reptile named by geologists the 'mosasaur' have been discovered in the chalk-beds of France. These reptiles which became extinct ages ago, were of enormous size, some being seventy or more feet in length. They had comparatively slender bodies, like a snake paddles like a whale, and some of the characteristic features of a lizard. They were especially abundant in America, and their remains have been found in New Jersey and in the States bordering the Gulf of Mexico, as well as west of the Mississippi River.

MESSRS C. C. RICHARDS & CO.
YAMMOUTH, N. S.

GENETTES.—In January last, Francis Leclair, one of the men employed by me, working in the lumber woods, had a tree fall on him, crushing him fearfully. He was when found placed on a sled and taken home, where grave fears were entertained for his recovery, his hips being badly bruised and his body turned back from his ribs to his feet. We used MINARD'S LINIMENT on him freely to deaden the pain, and with the use of three bottles he was completely cured and able to return to his work.

SAUVEUR DEVAL,
Elgin Road, L'Isle Co., Que.
May 26th, 1893.

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Like biliousness, dyspepsia, headache, constipation, sour stomach, indigestion are promptly cured by Hood's Pills. They do their work

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easily and thoroughly.
Best after dinner pills.
25 cents. All druggists.
Prepared by C. I. Hood & Co., Lowell, Mass.
The only Pill to take with Hood's Sarsaparilla.

Bishop's College School

LENNOXVILLE, P. Q.

52nd YEAR.

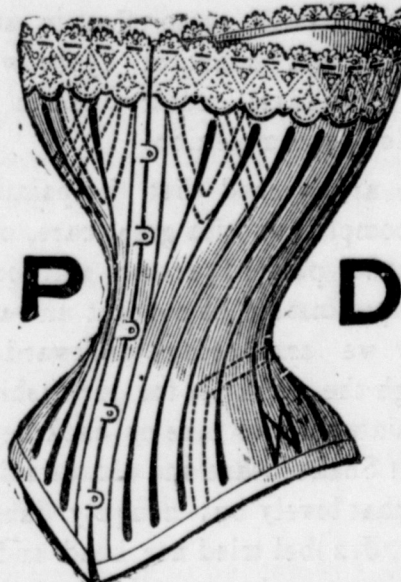
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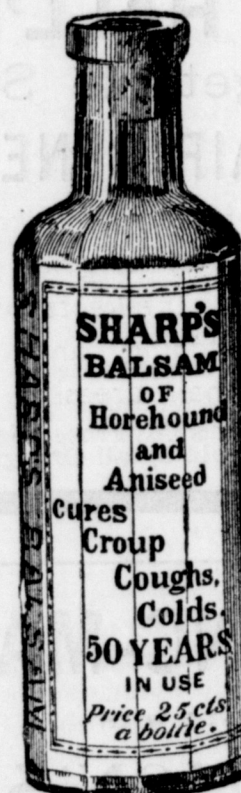
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Or the Liquor Habit Positively Cured by
Dr. Hamilton's Golden Specific.
It can be given in a cup of tea or coffee without
the knowledge of the patient. It is absolutely
harmless, and will effect a permanent and speedy
cure. IT NEVER FAILS.
Mothers and Wives, you can save the victims.
BOOK 25 CENTS. PRICE FREE.
GOLDEN SPECIFIC CO. TORONTO, Ont.

CLEAN TEETH

and a pure breath obtained by
using ADAMS' TUTTI FRUTTI.
Take no imitations.

A NOVELIST IN THE KITCHEN.

Hon. J. M. Barrie Might Earn a Living
Should Literature Fail.

Mr. J. M. Barrie, should literature ever fail him as a livelihood, might take service as maid-of-all work. To be sure, he could scarcely claim the wages of a fully competent cook or housemaid; but neither is he a wholly inexperienced 'greenhorn.' In his charming memoir of his mother, Margaret Ogilvy, the pages of which range from delicious humor to melting pathos, there is one funny little chapter devoted to his experiences in running the kitchen department of the little Scottish home, when the mother was too frail for more than the lightest work, and his sister was disabled by one of her prostrating headaches.

No servant was kept, as both these able housekeepers bristled with ire at the mere suggestion of such an unnecessary intruder on the domestic privacy of the cottage.

After a gallant struggle with the kitchen fire came the preparation for a very simple breakfast, and the washing of the dishes. "The teapot is fair on the outside," he admits 'but what of the interior?'—and the making of the beds,—and making them thoroughly, because after I am gone my mother will come (I know her!) and look suspiciously beneath the coverlet." After attending to her mourning duties the distinguished author at length retired to his desk and began to write.

It is an important chapter; he is in the midst of the hero's proposal to the heroine. Nevertheless, he presently, leaves Albert and Marion to settle it between them unaided, on an appeal from his mother to come and help her fold the sheets. The sheets folded, he returns and resumes his task, when this startling question is shot by his sister through the keyhole:

"Where did you put the carrot grater?"
"It will all have to be done over again if I let Albert go for a moment," the novelist explains. "so, gripping him hard, I shout indignantly that I have not seen the carrot-grater."

"Then what did you grate the carrots on?" asks the voice, and the door handle is shaken just as I shake Albert.

"On a broken cup," I reply with surprising readiness, and I get to work again, but am less engrossed, for a conviction grows on me that I put the carrot-grater in the drawer of the sewing-machine."

Nor was that his only error; for presently he overhears his mother and sister lamenting together over the discovery that he has employed one of the best napkins for a discloth, and afterward polished the grate with it.

"It defies the face of clay, mother, to fathom what makes him so senseless."

"Oh, it's that weary writing."

"And the worst of it is, tomorrow he will talk as if he had done wonders."

"That's the way with the whole clam-jamfray of them."

"Yes, but as usual, you will humor him, mother."

"Oh, well, it pleases him you see," says my mother, "and we can have our laugh when his door's shut."

"He is most terribly handleless!"

"He is all that; but, poor soul he, does his best."

WORTH ITS WEIGHT IN GOLD.

Is the Testimony of Frank S. Emerick of Alvinston, Ont.
—Says South American Kidney Cure Saved His Life
—It Relieves in Six Hours.

"For two years I was greatly troubled with kidney disease. I suffered intense pain, and frequently was unable to work. I doctored at intervals, but got little or no relief. I began to grow worse, and the pains were frequent and intense. About this time I saw South American Kidney Cure advertised as a speedy relief for all kidney troubles. I purchased a bottle, and it gave me wonderful relief in a few hours. I improved steadily, and after taking four bottles I am completely cured. I consider it worth its weight in gold, for it assuredly saved my life."

Narrow Escapes.

Adam Vandever, one of the original settlers of Tallulah, Georgia, was a famous hunter and trapper. The historian of Georgia relates several of Mr. Vandever's hairbreadth escapes, from which we select the following:

At one time Mr. Vandever was encamped on a lofty mountain in Union County. To make an observation of his surroundings he climbed upon an immense boulder which stood on the brow of a precipice. Just then he heard the howl of a wolf in the woods below. He stepped to the far side of the boulder, hoping to get a glimpse of the enemy. As he moved, the great rock, which chanced to be delicately balanced, began to roll and an instant later it was plunging over the precipice.

Fortunately an oak-tree drooped over the boulder, and in that moment of peril the woodsman gave an upward lead and grasped one of the branches and hung suspended in mid-air while the great stone went crashing down the mountain-side.

"I felt my hair turn white," said the old gentleman afterward, when I realized how near I'd come to going along with that rocking stone. The limb I hung to wa'n't oversteered, and when I swung back from over the cliff and dropped to the ground I felt as weak as a baby."

Safe, sure, Painless.

Just what you need if you are troubled by aching corns. Putnam's Painless Corn Extractor acts in this way. It makes no sore spots, acts speedily, removing the worst corn in twenty-four hours. Putnam's Corn Extractor, the only sure corn cure.



Gray's Syrup of Red Spruce Gum

For Coughs,
Colds, Bron-
chitis, Sore
throat, etc.

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TEETH

CLEANSSES
FROM ALL
IMPURITIES
ARRESTS DECAY—PLEASANT TO USE
ABSOLUTELY HARMLESS—ALL 25c.
DRUGGISTS—SELL IT—ZOPES-HEM-
CO. TORONTO

To Cure an Obstinate Cough

Leading doctors
recommend
"GAMBELL'S Wine
of Beech Tree Glycerate."
It seldom fails to
cure, and is sure to
give relief.

Ask your Druggist for it.
K. CAMPBELL & Co., Mfrs., Montreal.

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This popular Hotel is now open for the reception of guests. The situation of the House, facing as it does on the beautiful King Square, makes it a most desirable place for Visitors and Business Men. It is within a short distance of all parts of the city. Has every accommodation. Electric cars, from all parts of the town, pass the house every three minutes.
E. LEROI WILLIS, Proprietor.

BELMONT HOTEL

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Directly opposite Union Depot. All modern improvements. Heated with hot water and lighted by electricity. Baggage to and from the station free of charge. Terms moderate.
T. SIMS, Prop.

QUEEN HOTEL.

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J. EDWARDS, Proprietor.
Fine sample room in connection. First class livery Stable. Coaches at trains and boats.

Pigs' Feet and Lamb's Tongues.

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10 Kegs Pigs Feet,
5 " Lamb's Tongues.

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"The Nicest" in quarter cask
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For sale low.

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