PROGRESS SATURDAY, MARCH 20, 1897.

Sunday Reading.

WHICH IS BEST.

'Sister Parker, I feel low in my mind.' The voice was was curiously at variance with the somewhat sombre reflection which it uttered. Nor did the bright, piquant face that looked out from the hammock that hung across the room (one of Eleanor's queer tancies, this hammock arrangement,) show signs of deep or long continued woe.

'And what brings about that unusual state of things, Madchen ?' inquired the friend.

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'I see the right, and approve it, too; Condemn the wrong, and yet the wrong pursue." replied Madge, sententiously and with energy.

Eleanor could not help smiling at the vehemence of the answer; but as the face turned toward hers seemed to say, I could tell you more if you wished, she replied, inquiringly, 'For example ?' 'For example? Ob, well, I could give

you no end of examples, but here is one that serve as a type. Last month coming home on the 'Algeria,' I had for my vis-avis two ladies, and I just wish I could make you see them, 'with your mind's eye, Horatio !' The first woman was tall and slender, with fluffy hair, which softened all the outlines of her face, large brown eyes, and a complexion like the inside of a seashell. Then her manners were so charming-at least,' added Madge, honestly, 'to those who were in her set, and she had such a high-bred enunciation, and it was just a delight to hear her laugh and-' here aside.

merry, light-hearted Madge a happy wife and mother. The years, however, had touched her lightly, and she looked 'absurdly young,' as her friend sometimes now her two little shadows, sturdy fourfac-simile of her mother, were always trudging close at her side.

One morning, as Eleanor was deep in the preparation of a paper on 'Some Neglected Factors in Benevolent Work,' the door op-

in. 'Sit down? No, I thank you. I'm up to my ears in work. Jack and Nell are carrying on a sort of antiphonal whoop, and I expect my missionary to night. And, as if

that was not enough, Mrs. Sturtevant has sent me a note asking me to call cn a friend who is staying with her. I wanted to say, 'No, I won't, but as she is John's triend I suppose I must go. Dear me ! how peaceful and still it is here. But there, I must, not stop a single moment more;' and almost before Eleanor could reply, she was

gone. It was three or four days before Eleanor saw her friend again, and then she walked

easy chair, and remarked :sent the babies off with Jane to their our good old-fashioned talks. What have I been doing with myself? Well, Tuesday

alternoon I arrayed myself in my best attire

of the fleeting smile, told Eleanor that the body else so instinctively.' If you words which had not been altogether easy tried to lead her to speak of her own to speak, would not be lightly thrown privations and self-denials the conversation seemed to lag, but revived at once

Ten years passed away, and found the when she turned again to the earnestness and self-sacrifice of the young converts. She gave us an account of one young tellow, the oldest son of a high-caste native, a brother of one of their pupils, who gave told her, as she ran in as of old, save that | up home, position ease, rather than longer remain a secret disciple of Christ. She told year-old Jack, and little Eleanor. a small us all that his sensitive spirit suffered in the separation from his family and the social ostracism he endured, until a delicate

body succumbed to the strain. And how that dear old face of hers lighted up as she told us of the last hours of his life, and of ened and her friend's laughing face looked | the exultant smile that stole over his face as his spirit took flight. Oh ! I just wish you

could have heard it all. John pretended to leave us two woman for a talk by ourselves, and apparently buried himself in the Edinburg Review ; but I not noticed he was just twenty minutes by the clock reading two pages, and when Miss Howard came to the story of that young man, he laid down his book and made no pretence of reading more.

'The next morning he came to me and said, 'We'd better have prayers, hadn't we, Madge?' Well, I don't quite like that,

for the last month John has said he was in such a rush that he couldn't stop, and I was afraid he proposed it as an attention into the room, settled herself in a favorite to Miss Howard. But Eleanor, I didn't think so after I had heard him pray, it was 'There; to-day; for a wonder, I am going such a humble, contrite, fervent prayer. to stay just as long as I want. I have Miss Howard and I had to wipe our eyes

when we got up from our knees, and I dare grandma's, and now do let us have one of | say the dear saint did not guess what s share she had in those earnest words. Last night when I was mending Jack's mitten's, John came and stuck his beloved Madge stopped to take breath, and seeing and sallied forth to the Sturtevants. I had 'Natural Law of the Spiritual World' ina half smile playing over her friend's face, not been seated many minutes before little to my lap, and pointed to these words: The other-worldliness of such a character is the thing that strikes you; you are not prepared for what it will do, or say, or become next, for it moves from a far-off centre, and in spite of its transparency and sweetness, that presence fills you always with awe.' I believe that blessed womau has prayed so many of those far-cff brothers and sisters of ours into the kidgdom that she belongs about as much to the other world as this. And now, Eleanor, would you believe it ? I have got her photopradh on my bureau in a frame of John's choosing; and I look at that old faded, wrinkled face, with its sweet, responsive smile, many times a day, and

Chase's

Millions die annually through lack of care for the kidneys-the first sign of kidney trouble noticeable is a single pain in the back which gradually develops into that dreaded malady Bright's disease—one of the most alarming symptoms is highly colored urine giving bricklike deposits-do not delay when the slightest symptom has appeared—Kidney troubles are easily prevented in their earlier stages-if neglected they may become obstinate, chronic and perhaps fatal-medical science has proved that all kidney diseases arise from an excess of uric acid or kidney acid poison in the blood—One of Dr. Chase's kidney-liver pills if taken weekly will neutralize this acid and prevent any tendency to Bright's disease or Diabetes.

Have you any of these symptoms? Back Ache, Dull Heavy Pain in the Bladder or Base of the Abdomen, Pains in the Back and Sides, Unusual desire to urinate, Scalding urine with passage obstructed, Red or White deposits, Tired Feelings, Weakness, Dropsical Swellings, these are sure signs of kidney troubles.

YOUNG MEN

With backache, weak back, deposits in the urine and other symptoms of kidney decay should not postpone using Dr. Chase's Kidney-Liver Pills.

OLD MEN

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Troubled with stricture, impediments obstructions, stoppage of the water, or a frequent desire to urinate at night will find Dr. Chase's Kidney-Liver Pills a great reliever.

KIDNEY-LIVER

TESTIMONIAL

J. F. Browning. Carpenter and Joiner, of Kingston, Ont., writes the following

she added, 'Oh, yes, I know I quite lost my silly heart over ther; but if you only could have seen her, you would understand better.'

'And the other woman ?'

'The other woman ? Well, she was short and rather pudgy, and she wore spectacles, and her face was lined with wrinkles, and there was a general lack of color about her, and she] was good, and she was a missionary.' Madge brought out these last words with a comical half-grown, and then added, 'Don't you see? Theoretically, I approve the good missionary, but practically, I 'pursue' Mrs. De Peyster with my most ardent and unbonnded admiration. Now what would you do with yourself it you were made like that ?'

Eleanor hesitated a moment, then crossed over to her book-case, and took down a little dark-green book.

'Robert Browning ? Oh, don't ; really, Eleanor, it always gives me a headache understanding what that man means.'

But in her full, expressive voice, Eleanor

began to read,-

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Grow old along with me; The best is yet to br, The last of life, for which the first is made. Our times are in His hand Who saith, A whole I planned. Youth shows but half; trust God; see all, nor be straid.

Eleanor closed the book, and an earnest expression settled upon her face. She it.' spoke rapidly, as though it was no unfamiliar thought she was bringing to her friend. 'Don't you see, Madge, the fault is with your proportions? Life looks to you rather too much like a Chinese picture, with some of its details dwarfed and others unduly magnified. Of course there is an aesthetic pleasure one takes in a beautiful face, as in a lovely picture, and there is no reason why one should siruggle against it. If your beautiful friend has a soul beneath all those charms of person, why, it is only natural that her power to affect and sway others should be immeasurably intensified. But after you have thrown into one side of your scales all those evident and much-esteemed weights of personal attractiveness, don't forget to put into the other side the less generally recognized ones of character and practical helpfalness. And then another thing, O my impulsive friend,' and she again took up the little green book, 'the poet whose harmonies seem to many people rather haotic and involved, strikes a true note and clear when he says,-Youth shows but half.; trust God; see all. We must not judge the whole by a little part ; we shall get our perspective all wrong if we make the youth of life so important, and give so little prominence to the maturer years. In our estimate of things we al- my troubles in that direction now. For ways give much consideration to the wearing properties : don't let us leave that out and gave us such an uplift, John and of sight when we make our valuation of me, as I hope will keep us from the low our companions in life's journey.' Just then the deep-toned bell of a church | could have been with us the first evennear by told the hour of six. Madge ing. Miss Howard was too tired to sprang to her feet and leaned over her go to the meeting, so we gathered round friend, whispering laughingly, 'A Daniel the fire, and she began to tell us of and the earnest look which took the place self so easily, and remembered every- short circuits.

Mrs. Sturtevant appeared, quite overshadowed, however, by the elegant guest followed her, and who, to my infinit surprise, was none other than the object of my admiration on the steamer 'Algeria.' Don't you remember how I gushed about her, Eleanor, and you read Robert Browning at me, and told me to grow old, and that youth only showed half- and so forth, and so forth ?'

'Well, that wasn't very bad counsel, was it ?

'Ab, but the result is not always inspiriting. For to be candid, my dear, I fear 'the best is not to come,' for our friend Mrs. De Peyster. What is the trouble? Oh, it is a case of 'sweet bells jangled, out of tune, and harsh.' I cannot tell you the impression she made upon me. I suppose she might still be called rather a hand some woman, but to me an unattractive one. Art had evidently done its utmost for her in staying the encroachments of time, but in spite of it all she impressed you as one who was growing old, and who was growing old hard. Every gray hair and every deepening line represented a certain loss in equanimity, and a corresponding increase

ot dissatisfaction. And why shouldn't it? It was a losing game with her and she knew it. She saw the precious treasures of her life, youth, and beauty, slipping away from her, and she was in inward revolt against that it has cured. I keep it constantly in

'You ought to have given her a leaf out of your experience, dear, and shown her how life may broaden and deepen.'

'And encountered one of her well-bred ady." miles with a little sarcasm on the edges of it. Notwithstanding all her gayety and lightness, their seemed to be a vein of hardness beneath it all. Just as I rose to go I happened to refer to the children's whooping-cough, and she patted me on the cheek compassionately. 'Two children, did you say? Ab, there is where the roses have gone !' I fancy I did look a iittle draggled, for 'tired nature's sweet restorer' does not regard whooping-cough with a triendly eye, and we had had rather a lively time the night before. But what was saying? Oh, yes; about the babies. Well, I turned on her and said, 'Mrs. De Peyster, I wouldn't give up my children if I could have a complexion like Madame Recamier's" It wasn't very polite, I know but I couldn't help it,' and the young mother's eyes grew bright with feeling. 'And now about your missionary Madge. Did she come as you expected ?' 'Did she come? Do you need to ask? And, my dear she was the missionary whom I saw on the steamer 'Algeria,' and thought I ought to admire, and didn't. But I've got bravely over all three whole days she blessed our home, levels for many a day. I just wish you

EIGHTY IN EVERY HUNDRED.

every time I look at it I say to myself,

'God bless ter.'

Suffer More or Less From That Most Offensive of Diseases, Catarrh-That Dr. Agnew's Catarrhal Powder is a Wonderful Remedy is Testified to by Thousands Who Ha ve Been Cured Outright-Mr. Alex. Edmndson of Rosemonth, Ont., Says:

"I have been troubled with catarrh for a great many years. Have suffered greatly from it. I had tried all the so-ealled cures, but never received any relief from them. Seeing Dr. Agnew's Catarrhal Powder largely advertised, I determined to try it, although very sceptical about any relief, but I was greatly and agreeably disappointed, for from the first dose I received very great relief, and to-day I can honestly say the house, as we find it a quick cure for cold in the head. It gives almost instant relief. I have no hesitancy in proclaiming it the best cure for catarrh, and I heartily recommend it to all sufferers from this mal-

SHIP LIGHTING.

How Electrical Appliances are Now Utilized for This Purpose

When electrical plants were hrst installed aboard ship, lead incased cables, run in ordinary molding, were used almost entirely, and in case of iron ships the hull was frequently employed for the return circuit. The latter method soon passed out of use, for it not only increased the fire hazard, but was inefficient mechanicaly, and also liable to give rise to disturbing influences on the ship's compasses.

Lead incased conductors in ordinary molding were used on the first two United States men-of-war having electric plantsthe Trenton and Omaha-but with unsatisfactory results in each case. In the latter ship, the electrical plant of which was in stalled by the writer in 1884, the lead incased port and starboard mains passed through holes bored in live oak knees, on In Danger of his Life. hole to about each six feet of run, and The mountain-lion is becoming rare in the writer has a vivid recollection of the the West, but some dangerous specimens difficulties encountered in boring several are yet to be found. A Western exchange hundred three-quarter and half inch holes tells a story of two men who were working through about eights inches of gnarled oak, a claim in the remote mountain regions very nearly as hards to pierce as some of of Colorado, and shortly before the the tougher metals. It is perhaps needless to say that the cost of labor and tools was get supplies. It began to snow before they could get | learning to climb trees for the leaves. no small item in the cost of installation. Lead incased conductors were finally back, and it was a week later when they discarded, except in some special work, reached the cabin. As they came in sight as the protection from injury to the insulaof it, they saw that the window was open, repreached themselves for their carelesstion and from moisture, which the lead sheath was snpposed to give, was found to be illusory. Dents caused short cirof snow. friend, whispering laughingly, 'A Daniel the fire, and she began to tell us of control to tell us of the sheath of the conductors, control to tell us of the sheath of the conductors, bad just part his head inside when a huge is soothing and quieting and acts like of moisture, led to bad grounds as well as mountain-lion sprarg on his shoulder from magic in the cure of all baby humors; 35 its concealment inside.

testimonial:

testimonial: Gentlemen, --I was troubled with my kidneys for ten years and was compelled to arise four and five times a night to urinate. The pain in my back was terrible. I have used enough plasters and pills to stock a drug store, and obtained no relief. The doctors pronounced my case hopeless and advised me to go to Toronto Hospital, and I had made up my mind to go when I read your advertisement in The Toronto Evening News calling your pill the great K. and L. Pill, which I took the meaning to be the KNIGHTS OF LABOR PILL, and being myself a member of that order I had confidence in the name, and I pronounce them the Workingman's Friend, for since taking them regular for three months, I can say I am entirely cured, and had I taken them years ago, would have saved hundreds of dollars in doctors' bills Very truly yours, J. F. BROWNING, Kingston, Ont.

J. F. BROWNING, Kingston, Ont.

Ask those who have tried and been benefited by Dr. Chase's Kidney-Liver Pills about their wonderful curative powers. Don't be skeptical. One or two doses of Dr. Chase's Kidney-Liver Pills may mean the saving of your life. They act gently and effectually, and do not in any way interfere with your daily avocation.

A POSITIVE CURE FOR KIDNEY TROUBLE

Bright's Disease, Liver Complaint, Headache, Biliousness, Costiveness and Dyspepsia. One pill a dose; 25 cents a box, or 5 for \$1.



We will give \$500 to any person troubled with disease of the kidneys that Dr. Chase's Combined Kidney and Liver pill will not relieve or cure,

At the present day what may be called a composite system for the installation of the distributing conductors is employed. Equal security in all parts of the installation is the object kept in view, and to obtain this several systems blended together as one. While are molding and flexible conduits are used in the saloons and cabins, the conductors in the machinery spaces and holds are run in iron coduits, which are thoroughly innsulemployed in passing through the decks and bulkheads. Special water tight switches cutouts and fixtures are also used whereever there is exposure to the weather-E. G. Bernard in Cassier's Magazine.

LIKE SUFFERERS ONLY KNOW.

R. Scriver, Carpenter, of Hasting, was a Great Sufferer from Kidney Disease-South American Kidney Cure Effected a Quick Cure-It is a Specific Remedy for Specific Disease-It Dissolves and Eradicates All Solid Matter From the System -Is Safe and Permanent.

For many years I have been troubled with kidney disease, necessitating the taking of much in the way of remedies. Two years sgo they became so bad that I had to seek the aid of a physician My urine was more like blood than anything else, and was very painful. Just at that time I began using South American Kidney Cure. It gave me immediate relief, and from that time till now I have had no difficulty. I can safely and honestly recommend this great remedy to all persons suffering from kidney trouble.

The other man was opening the door, and when he saw the peril of his companion was afriad to shoot. For one awful minute the lion stood on his victim, growling and spitting defiance, and then, with a yell. sprang into the bushes near by.

Both men then fired at the beast, but their nerves were unsteady, and it made its escape. Apart from a torn coat, no damage was done to the man, but he fully realized how near he has been to death. It ated on the inside, and special fittings are is safe to say that the miners took care after that to see that the window fistenings were secure.

RABBITS THAT OLIMB.

Curiosities in England, but Common Pests in Australia.

A correspondent writes to the London Field that while he was hunting rabbits with terrets in Jannary he found rabbits on three occasions in willow trees which overhung the water of a mill stream. The miller said that it was not an unusual circumstance. Some months ago the Field told of other rabbits which had been shot, like raccoons or opossums, out of trees in England. In recent years cases of rabbits in trees have been reported with increasing frequency.

From Austrailia has come the most remarkable story of rabbits as climbers. The only way in which rabbits could be kept out of certain tracts of land in Austrailia was by the building of wire fences about them' the fences having meshes so small that the beasts could not crawl through and being so high that they could not jump over. The rabbits have clawed at the wires until their nails gradually have become hooked. Some of the rabbits learned to scale the fences, and then great additional expense was necessary, for the top of the fence had to be bent over like a J upside down, with the hook out so very cold weather set in, went to town to that the rodents could not get over the top. Australia rabbits are said to be

> Itching Burning Skin Disease Cured For 35 Centr.

Dr. Agnew's Ointment relieves in one ners, as the cabin would probably be full day and cures Tetter, Salt Rheum, Scald Head, Eczema, Barders' Itch, Ulcers, One of them went to the wirdow, and blotches any all eruptions of the skin. It cents.