



"Too sweet for anything,"  
is the Baby after a Bath  
with

## Baby's Own Soap

Used by Thousands of  
Mothers.

MADE BY  
THE ALBERT TOILET SOAP CO. MONTREAL  
MAKERS OF THE  
CELEBRATED ALBERT TOILET SOAPS. 60

ST. STEPHEN AND CALAIS.

[Progress is for sale in St. Stephen at the  
book stores of G. S. Wall, L. E. Atcheson and J.  
Vroom & Co. In Calais at O. P. Treat's.]

Dec. 14.—Mr. and Mrs. James G. Stevens gave  
a very pleasant party at their pretty home on  
Union street last Thursday evening. The invited  
guests were Mr. and Mrs. C. H. Clarke, Mr. and  
Mrs. Henry Graham, Mr. and Mrs. W. B. Gannon,  
Mr. and Mrs. Hazen Grimmer, Mr. and Mrs. W. F.  
Todd, Mrs. Wetmore, Mrs. Howard Grimmer,  
Captain and Mrs. H. B. McAllister, the Misses  
Stevens and Judge Stevens.

There are rumors of several parties and "at  
homes" to be given at Christmas for the pleasure  
of the young people who now absent at their  
respective schools but who will spend their holidays  
at home.

Rev. Mr. and Mrs. Marshall on Friday evening  
last entertained at the Methodist parsonage the  
members of the choir of the Methodist church.

The Travellers club were entertained on Monday  
afternoon by Mrs. Elwell Lowell. There were several  
most interesting papers read, and the afternoon  
was one of rare enjoyment.

Mrs. G. H. Raymond spent Monday in town and  
was the guest of her sister Mrs. Hazen Grimmer.  
The F. U. S. club meet this evening with Mrs.  
Willard Pike.

Miss May Morris is the guest of Mrs. Henry  
Todd.

Mrs. C. H. Newton is spending a few days with  
her mother Madame Lee.

Mrs. Howard Grimmer returned to St. Andrews  
on Thursday, after a short but pleasant visit in  
town.

The young ladies' Saturday evening club will  
meet this week with Miss Josephine Moore.

Dr. McKenzie of the Presbyterian church, arrived  
home today after an absence of several weeks in  
Ontario.

Mr. L. D. Lamond of Eastport made a brief visit  
in Calais during the past week.

Mrs. Samuel McMinch and daughter of Wood-  
stock, are the guests of Mr. and Mrs. C. E. Mc-  
Minch.

Mr. B. F. Rivinac, C. E., left this week for his  
home in Memphis, Tennessee.

Mrs. Charlotte Whipple of Eastport is visiting  
her brother Mr. Martin Bradish.

Mrs. Ellen Conney and Mr. Edward Moore, have  
returned from Waterbury Connecticut, where they  
have been attending the funeral of Dr. Walter  
Hamlin Holmes.

Mrs. John Prescott, leaves for Baltimore this  
week where she will visit Mrs. F. A. Pike.

Mr. J. L. Haley is visiting Boston this week.

Miss Maude McClaskey has returned to St.  
John after a pleasant visit with her friends the  
Misses McVey.

Miss Annie Douglas of Moore Mills, is visiting  
her sister Mrs. Walter Grimmer.

Miss Grace Stevens arrives from Halifax tomor-  
row.

### Ninety-five Cures in One Hundred Cases.

Within a period of sixty days one hundred cases  
of Asthma treated by Clarke's Kola Compound  
showed the marvelous percentage of ninety-five  
absolute cures—and these figures are gathered from  
hospital records. \$2. dollars a bottle; three bottles  
for \$5. sold by all druggists or the Griffiths &  
Macpherson Co., 121 Church St., Toronto. 21.

## Catarrh

What is Japanese Catarrh Cure? The newest,  
safest, surest, most pleasant, harmless and only  
guaranteed cure today. It is a pomade or oint-  
ment to be inserted in the nostrils; the natural  
heat of the body melts it, and by the very action of  
breathing it is drawn up into the nasal passage.  
In an instant makes its potency felt by the opening  
up of the disease-stopped channels and the soothing,  
comforting sensation that follows its application.  
The dull pains leave the head the inflammation is  
allayed, the foul breath becomes sweet and fresh,  
and the sense of smell returns, that distressing  
dropping in the throat ceases, the discharge gradu-  
ally grows less, and in a very short while, by the  
use of the treatment the whole taint is eradicated  
from the system. It's an antiseptic; contains no  
cocaine or other dangerous narcotic, and there's a  
guarantee to cure with every package. 123.

"I was troubled with Chronic Catarrh  
in the head for twenty-five years; spent  
hundreds of dollars with specialists  
without any permanent benefit; eight  
years ago I was cured with Japanese  
Catarrh Cure, and there's never been  
a symptom of a return." J. E. LIT-  
TLE, Port Essington, B. C. 50 cents  
—all druggists or by mail.

Griffiths & Macpherson Co., Toronto.

Mrs. John L. Woodcock has returned to her  
home in Chicago.  
Mr. Henry F. Todd and Mr. J. M. Johnson, are  
visiting New York city.

### NEWCASTLE.

Dec. 14.—Mrs. Dr. Bishop and Miss Edith Bishop  
are the guests of Mrs. William Park.  
Mr. William Maller who spent part of last week  
in town left on Monday for his home in Bridgetown,  
N. S.

Mr. W. D. Ramsay of Plattsville was in town last  
week.

Miss Aubrey Street who has been attending the  
ladies' seminary at Rothesay, returned on Saturday  
to spend the Xmas holidays with her parents with her  
parents Mr. and Mrs. E. Lee Street.

Miss Gertrude Fairman left on Tuesday for Brock-  
ton, Mass., where she will spend the winter with  
relatives. We understand that Miss Fairman will  
take part in a very interesting ceremony some time  
between Xmas and the New Year.

Mr. Harry Muirhead of Chatham spent Sunday  
in town.

Miss Maude Phinney of Shediac is the guest of  
of Mrs. R. Phinney.

James Robinson M. P. was in town on Saturday.

Miss Mamie Johnstone played the organ in St.  
James' church on Sunday evening in the absence of  
Miss Jean Thomson who was suffering from a severe  
cold.

Mr. and Mrs. J. S. Fleming took advantage of  
the excellent sleighing on Thursday last to visit  
friends in Chatham.

The King's Daughters met on Monday evening  
with Mrs. and Miss Nicholson.

Mr. Fred Tweedie of Chatham, was in town on  
Sunday last.

Rev. R. Crawford of Metapedia, was in town  
several days last week the guest of Mr. and Mrs.  
Robert Ritchie.

On Friday afternoon Mrs. Armstrong of St. John  
addressed the school children in Harkin's Academy.

The "Friday Twelve" met last week with Miss  
Ada Pedolin, Pleasant street.

Mrs. James Robinson and Miss Susie Robinson,  
were in town on Monday.

Mrs. George N. Clarke of Kingston, N. B., is  
visiting friends in town.

Rev. W. Corbett of Blackville, was in town on  
Saturday.

Miss Robinson of New York, is the guest of Mrs.  
Donald Sutherland.

Mr. George Parker of Derby, made a short trip  
to town on Monday.

Mr. Charles Park's bazaar was opened on Tues-  
day the 13th and bids fair to be the chief attraction  
for young and old during the holiday season.

Miss Freeze spent Sunday with friends in town.

Miss Bessie Bell and Mrs. McKinley of Chelms-  
ford were in town Saturday and Sunday.

Rev. George Harrison occupied the pulpit of the  
Methodist church Sunday last.

On Tuesday Mrs. D. W. Armstrong gave a very  
interesting address to the members of the W. C.  
T. U., at the residence of Mrs. W. Park.

Mr. McCully the popular piano tuner will be in  
town for the next few days.

We tender our sympathy to Mr. and Mrs. Lee  
Street in the death of Mr. Street's brother Mr. J. I.  
Street of Malden, Mass.

The ladies of St. Andrews (Episcopal) Guild are  
holding their annual sale of useful and fancy arti-  
cles this afternoon Wednesday in St. Andrew's  
Sunday school, we will give full particulars next  
week.

Mr. I. Gallagher of Moncton is in town this  
week.

We are glad to hear of the safe arrival in Revel-  
stoke, B. C. of Messrs. Perley Fleming and Clarke  
Brown.

Mr. John Davidson's many friends are glad to  
see him in town again after his recent severe ill-  
ness.

Mr. C. Miller of Millerton was in town on Wed-  
nesday.

### FREDERICTON.

[Progress is for sale in Fredericton by W. T. H.  
Fenety and J. H. Hawthorne.]

Dec. 14.—The musical club had a very pleasant  
gathering last evening at the home of Mrs. M. E.  
Sewell.

A fine programme of fourteen numbers was  
rendered and much enjoyed, after which a very  
recherche supper was daintily served and fully ap-  
preciated.

The numbers on the programme were:

1. Piano Solo—"La Lirya"..... Chaminadi  
Miss Carman.
2. Song—"Yearning"..... Rubenstein  
Mrs. M. E. Sewell.
3. Song—"Mons"..... Stephen Adams  
Mr. Martin Lemont.
4. Song—"Let me dream again"..... Sullivan  
Mrs. Fenety.
5. Piano Solo—"Sadness of Soul"..... Mendelssohn  
Mrs. Risk.
6. Vocal Duet—"Lovely Golden Light of Morning"  
..... Keller  
Mrs. Jaffrey and Miss Clowes.
7. Song—"I cannot help loving thee"..... Clayton  
Mrs. Wm. Lemont.
8. Song—"The Lifted Veil"..... Barnby  
Miss Fenety.
9. Song—"Thine eyes so blue and tender"..... Tasson  
Miss Alma Gibson.
10. Song—"The Old Guard" (by request)..... Rodney  
Mr. Martin Lemont.
11. Song—"The Meadow-Grass"..... Bohm  
Mr. Bristowe.
12. Song—"The River of Years"..... Theo Marzials  
Mrs. Jaffrey.
13. Song—"The Three Wishes"..... Ciro Pinsuti  
Miss Alma Gibson.
14. Song—"Daddy"..... Behrend  
Mrs. M. E. Sewell.

Mrs. Byron Taylor, who has been visiting Mrs.  
E. Byroa Winslow leaves today for home.

Dr. Heber Bishop of Boston is in the city.

Mrs. Donham, who has been visiting her brother-  
in-law Messrs Geo. F. and A. J. Gregory for the past  
two months left today for her home in Portland  
Maine.

Miss Beverly left on Monday morning for St.  
Leonards, Madawaska Co.

Friends will regret to hear that the latest intel-  
ligence from Miss Cora Reid, who is very ill at St.  
Leonards, is that she is still in a very critical con-  
dition.

Miss Susie Steeves of Hillsborough who is ill at  
Victoria hospital, is to day reported slightly better.

The Lang syne Whist Club met last evening  
with Messrs Geo. F. and A. J. Gregory for their pleasant  
home on York Street. A very happy evening was  
spent and about midnight supper was announced.

The first prize was won by Mrs. Miller, Mrs. T. B.  
Winslow taking the consolation prize. Dr. Crockett  
won the gentleman's gift prize and Mrs. Geo.  
Allen acting as gentleman received the consolation  
prize.

Mrs. Bridges of St. John is the guest of Mrs. H.  
V. B. Bridges College road.

By some oversight last week Mrs. Wm. Lemonts  
name failed to appear among those who sang solo's

so acceptably at the last meeting of the musical  
club.

The club will not hold any more meetings till  
after the holiday season. The next evening will  
be held with Mrs. Fenety on the 10th of January.

Mrs. Vavasour sr., has returned from a pleasant  
visit of seven weeks spent with friends in Hillsboro  
and Moncton.

Mr. and Mrs. Newcombe of Woodstock have  
been spending a few days in the city.

Mr. Geo. Triton of Halifax has been spending a  
short time in the city.

The assembly club has reorganized for the winter  
and elected Mr. T. C. Allen, president, Mr. F. S.  
Hillyard, treasurer and Mr. A. R. Slipp, secretary.

Its been decided to hold a series of dances during  
the winter similar to those held last winter and  
which were so very enjoyable.

Mr. Frank B. Gregory of Victoria, B. C. son of  
Mr. Geo. F. Gregory of this city, is expected home  
for Christmas and will probably reach here on Dec  
24th.

The Choral society held its second practice on  
Monday evening, about seventy-five members  
being present.

### THINGS OF VALUE.

There never was, and never will be, a universal  
panacea, in one remedy, for all ills to which flesh  
is heir—the very nature of man's curatives being  
such that were the germs of other and differently  
seated diseases rooted in the system of the patient  
—that would relieve one ill in turn would aggra-  
vate the other. We have, however, in Quinine  
Wine, when obtainable in a sound unadulterated  
state, a remedy for many and grievous ills. By its  
gradual and judicious use, the frailties of the  
system, strengthening the animal function of the  
system, thereby making activity a necessary result  
strengthening the frame, and giving life to the di-  
gestive organs, which naturally demand increased  
substance—result improved appetite, Northrop &  
Lyman of Toronto, have given to the public their  
superior Quinine Wine at the usual rate, and, as  
gauged by the opinion of scientists, this wine ap-  
proaches nearest perfection of any in the market.  
All druggists sell it.

Very many persons die annually from cholera and  
kindred summer complaints, who might have been  
saved if proper remedies had been used. If attacked  
do not delay in getting a bottle of Dr. J. D. Kel-  
logg's Dysentery Cordial, the medicine that never  
fails to effect a cure. Those who have used it say  
it is prompt, and thoroughly subdues the pain and  
disease.

Totally Deaf.—Mr. S. E. Crandell, Port Perry,  
writes: "I contracted a severe cold last winter,  
which resulted in my becoming totally deaf in one  
ear partially so in the other. After trying various  
remedies, and consulting several doctors, without  
obtaining any relief, I was advised to try Dr. Thom-  
as' Electric Oil. I warmed the Oil and poured  
a little of it into my ear, and before one-half the  
bottle was used my hearing was completely restored.  
I have heard of other cases of deafness being cured  
by the use of this medicine."

A Tonic for the Debilitated.—Parmelee's  
Vegetable Pills by acting mildly but thoroughly on  
the secretions of the body are a valuable tonic, stimu-  
lating the lagging organs to healthful action and  
restoring them to full vigor. They can be taken in  
graduated doses and so used that they can be discon-  
tinued at any time without return of the ailments  
which they were used to allay.

To Prevent is Easier Than to Repent.—A  
little medicine in the shape of the wonderful Pills  
which are known as Parmelee's Vegetable Pills,  
administered at the proper time and with the direc-  
tions adhered to often prevent a serious attack of  
sickness and save money which would go to the doc-  
tor. In all irregularities of the digestive organs they  
are an invaluable corrective and by cleansing the  
blood they clear the skin of imperfections.

Ungrammatically speaking the plural of baby  
must be twins.

When a man tells his acquaintances that he is  
sorry he ever got married, it is safe to assume  
that his wife is sorry too.

A Moralist says that contentment is just as good  
as money. That's so; and it's just as scarce.

No matter how good your experience may have  
cost, you can't bring it back to be exchanged for  
some other kind.

Every baby is the sweetest baby in the world,  
you were once considered the sweetest thing in the  
world, although you may not look it now.

### WONDERS OF PHYSICAL TRAINING

A Powerful Athlete Made Simply by Breath-  
ing Exercises.

Hugo Pruessing, one of the best-known  
athletes of Milwaukee, is a wonderful ex-  
ample of muscular development produced  
by breathing exercises.

Two years ago he was narrow chested,  
stoop shouldered, consumptive. It was  
predicted that he could not live a year.

Hearing of the treatment of a Washington  
physician, who required his patients to un-  
dergo a regular system of breathing exer-  
cises, Pruessing determined to try it. The  
results have been truly astonishing.

At the outset he weighed 110 pounds,  
measured 33 1/4 inches around the chest,  
with an expansion of 1 1/2 inches. To-day  
he weighs 150 pounds, measures 38 inches  
around the chest when normal, 43 expanded  
and 34 empty. His lower chest is 28 1/2  
inches normal and 35 expanded.

The extraordinary muscles under his  
arms are those possessed by few other  
athletes in the country except Sandow.

It will be remembered that Sandow, by  
similar treatment, built himself up to his  
present marvelous strength.

The breathing exercises are largely a  
matter of will. He commenced breathing  
with the upper chest. The ordinary  
method moves the shoulders and uses in-  
voluntary muscles instead of the voluntary  
ones. Pruessing's method of training  
keeps the chest raised and gives a longer  
range to the diaphragm. After the shoul-  
der movement upper chest breathing is  
practised, and then the abdominal breath-  
ing; then the lower chest breathing, the  
effect of it all being to build up the chest,  
shoulders and diaphragm most notably.

Striking an Average.

A barrister once appeared for the plain-  
tiff in a suit brought to recover damages  
caused by a runaway horse. His client  
had been knocked down and slightly bruised—  
just enough upon which to base  
a lawsuit. He had a very strong case; in  
fact, there was particularly no defence,  
and as the defendant was a rich man counsel  
asked for £200, hoping to get half that  
amount. When the jury came in they re-  
turned a verdict for the plaintiff, with the

Direct From the Growers to Consumers.

The choicest teas in the world come from Ceylon.  
That is why so many inferior black teas are masqueraded  
as Ceylons. But uniform and reliable purity and perfec-  
tion are assured in **Monsoon Tea**—because  
Monsoon is the only packet tea sold in Canada which comes  
direct from the growers to consumers.



In sealed packets only—Never in bulk. By grocers, at 25c, 50c, 40c, 60c and 60c.

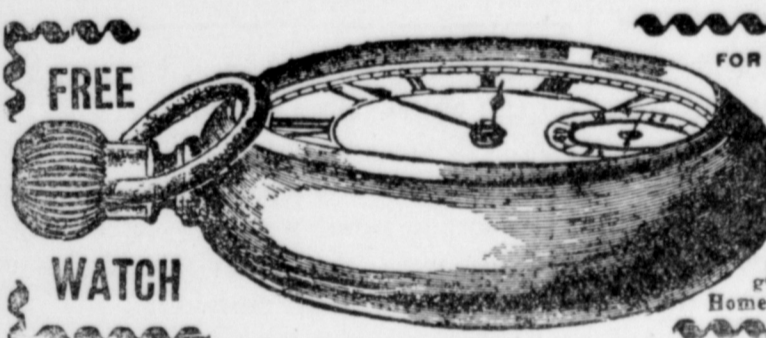
When You Order.....

**PELEE ISLAND WINES**  
.....BE SURE YOU GET OUR BRAND.

"Wine as a restorative, as a means of refreshment in Debility and Sickness is surpassed by no Pro-  
duct of nature or art."—PROFESSOR LEBERG.  
"Pure Wine is incomparably superior to every other stimulating beverage for diet or medicine."  
—DR. DRETT.

Ask for Our Brand and See You Get It

**E. G. SCOVIL** Tea and Commission Merchant 62 Union Street



FOR One Day's Work

We give this fine Watch, Chain & Charm  
for selling two doz. packages of Exqui-  
sitive Perfume at ten cents each. Send  
address and we forward the perfume,  
postpaid, and our Premium List. No  
money required. Sell the perfume  
among your friends, return money, and  
we send the watch, prepaid. This is a  
genuine American Watch, guaranteed a  
good timepiece. Mention this paper.  
Home Specialty Co 60 Victoria St. Toronto

### HOTELS.

#### THE DUFFERIN.

This popular Hotel is now open for the  
reception of guests. The situation of the  
House, facing as it does on the beautiful  
King Square, makes it a most desirable  
place for Visitors and Business Men. It is  
within a short distance of all parts of the  
city. Has every accommodation. Electric  
cars, from all parts of the town, pass the  
house every three minutes.  
E. L. ROY WILLIS, Proprietor.

#### Victoria Hotel,

81 to 87 King Street, St. John, N. B.

Electric Passenger Elevator.

and all Modern Improvements.

D. W. McCORMACK, Proprietor.

#### QUEEN HOTEL,

FREDERICTON, N. B.

A. EDWARDS, Proprietor.

Fine sample rooms in connection. First class  
Livery Stable. Coaches at trains and boats.

OYSTERS FISH and GAME  
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MEALS AT ALL HOURS.

DINNER A SPECIALTY.

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WM. CLARK, Proprietor.

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atic, Entertaining, Masonic and  
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NEW YORK.

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#### OYSTERS.

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Island Oysters. Large and fat.

At 19 and 23 King Square,

**J. D. TURNER.**

Miss Jessie Campbell Whitlock

TEACHER OF PIANOFORTE.

ST. STEPHEN, N. B.

The "Levontsky" Method"; also "Synthe  
System" for beginners.  
Apply at the residence of  
Mr. J. T. WELLS, CK

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