# 0330000 000000000000000000000000 Sunday Reading

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The Night-Watch The busy day has passed : night's shadows fall O'er rich and poor, o'er weak and sick and sad. O'er happy hearts, o'er strong and well alike, And tenderly infold lives good and bad. Above the 'world and all that dwell therein,' The Lord of heaven and earth his vigil keeps. There is no spot in all the universe Beyond that watch which wearies not, nor sleeps. To those who toss throughout a weary night, Wskeful with sickness, or from carking care, How sweet Shor ght that One is 'standing guard And all our weariness with us doth share ! To those who sweetly rest from night till dawn, In simmber happ'ly undisturbed, how sweet The thought that 'tis his watchful, tender love Which ever spares us, still new days to greet ! O busy world of 'creatures here below,' Whether ye prize or sligst his tender love, This ye must surely know,-your good or ill Is marked by those pure, watch'ul eyes above. 'Iis not for naught he ke peth guard o'er all This world of varying moods; so let us pray That through his wondrous care our nights may lead Safe through the shadows unto 'perfect day.'

> Unhesitating Confidence in Christ. BY LINA JEANETTE WALK.

Be still my soul! Thy God doth undertake To guide the future as he has the past Thy hope, thy confidence let nothing shake All now mysterious shall be bright at last.

It would be quite impossible for us to go through this life with even a very moderate degree of happiness without confidence in one's fellow beings. Trust is one of the principal foundation stones upon which our | Who that does think of it, does not long friendly relations with each other are based. We would not care to accept any one as a friend in whom we telt we could not place confidence, or on whom we could not depend in time of trouble or adversity. Take this trust away, and how sad and pitiful life would be ; for whether we admit it or not, earthly lives are so intertwined

## Lost flesh lately? Does your brain tire? Losing control over your nerves?

Are your muscles becoming exhausted?

You certainly know the remedy. It is nothing new; just the same remedy that has been curing these cases of thinness and paleness for twenty-five years. Scott's Emulsion. The cod-liver oil in it is the food that makes the flesh, and the hypophosphites give tone to the nerves.

> soc. and \$1.00, all druggists. SCOTT & BOWNE, Chemists, Toronto, :

and troubles shall be unknown; where lower temptations which take hold of us through the portals of the flesh shall be done away ; and where everything that is gracious, and pure, and true, and beautiful in manhood shall lift itself up as the plants in the tropics lift themselves towards the sun, that 'mortality might be swallowed up of life,'- to think of this is enough to wean one from the world. for the world to come ?-Henry Ward Beecher.

What One Colored Man Could Do.

A writer in The Washington Post tells a story of what one intelligent, enterprising and industrious colored man has been able to do for himself, that is worth more than olumes abstract reasoning on the solution

### have been so deeply engaged by the preceding vision that all the powers of his mind were wholly engrossed by it, so that he had lapsed into a kind of trance, or sleep, out of which he was roused again by the argel to attend to what followed. Thus the disciples, when they saw Christ transfigured, were 'heavy with sleep.' So the prophet was overcome with sleep, or perhaps the sweetness of the visions composed him, and sung him to sleep. We need the Spirit of God not only to make known to use divine things, but to make us take notice of them.

PROGRESS' SATURDAY, OCTOBER 28, 1899.

### Discovered Through a Child.

Perhaps some of our young readers wi be encouraged to use their bright even more constantly by this story of how a little girl by her intelligent observation helped an older lad to begin a series of important discoveries :

When Sir Humphrey Davy was a boy about sixteen, a little girl came to bim in great excitement :

'Humphrey, do tell me why these two pieces of cane make v tiny spark of light when I rub them together.'

Humphrey was a studious boy, who spent hours in thinking out scientific problems. He patted the child's curly head. and said :

'I do not know, dear. Let us see they really do make a light, and then we will try and find out why.'

Humphrey soon tound out the little girl was right; the piece of cane, if rubbed to gether quickly, did give a tiny light. Then he set to work to find the reason, and after some time, thanks to the observing powers of his little friend, and his own kindness to her in not impatiently telling her not to 'worry,' as so many might have his interesting discoveries. Every reed, cane and grass has an outer skin of flinty of the colored problem. Monroe F. Clark | stuff, which protects the inside from insects and also helps the frail looking leaves to stand upright.

there are a million kilograms of jessamine to be plucked, and violet and orange blossoms to the extent of two million kilograms a year. To give an idea of the number of plants that are raised for this huge result, it is calculated that each stalk of jessamine yields two kilograms of blossoms a season. So there must be at least five hundreds stalks to yield the million kilograms required.

But the gathering of the blossoms is only the beginning of the work, for then

the flowers must be picked spart and all the spoiled leaves thrown aside. Then the making of the perfume begins. The leaves are spread one by one upon layers of pure lard that cover plates of glass. Three or four times these flower layers are renewed before the lard has absorbed all of the perfume that it can hold, for the fat has a peculiar attraction for the essential oils of the flowers. This perfumed lard is the pomade of commerce, not the pomade used tor hair or beard, but the crude material out of which this is afterward manufactured. The lard is then either shipped as it is to other manufacturers, or put into alcohol which draws off the perfume from the fat, having a stronger attraction therefore then the lard and the result is the finest cau de cologne. Most of the pomade is shipped as it stands to all parts of Europe and America, but some of it is reserved and the oils are extracted by distilling processes, making the purest extracts.

### The Nimble Sixpence

Is better than the slow shilling. Catarrhozone cures Catarrh, Bronchitis, Asthma and Hay Fever at once. No danger or risk. Catarrahozone acts surely and quickly. It cures by action of medicated air, which is carried directly to the seat of the diseases, and at the same time heals up all the affected parts. You breathe-it does the rest For sale at all druggis's or direct by mail, price \$1 00. Send 10c. in stamps to N C. POLSON & CO., manufacturing done, Humphrev Davy made the first of chemists, Kingston, Ont., for sample bottle and inhaler.



Johnnie McCue possesses that peculiar face yclept hatchet. So, 'I say, John ahasky? Me father bid me ax ye if he could have the loan of yer face, the first good day, to cut fir.'

Even if Micky McCollion's feet were noticeably protracted, it was as untruthful as it was cruel for Oiney Kittach to remark, 'Well, good luck to ye, Micky Mc-Collion-ye'll never need to send word afore ye when ye're comin' afther.'

Even the girls and the girls' bare feet are not exempt from criticism. Flat feet and large feet are particularly inspiring to the dance house jokists. 'Eh ! there's a pair of understandin's, boys! Nellie, would ye mind givin' me father a day walkin' over our corn-groun'? It'll be suddent daith to all livin' craitures, then Nellie, asthore !' Of one remarkably flattooted girl I heard Long Parra Brinnan say, 'The hollow of her foot would make a hole in the groun'.' Don't flatter yourself, reader, that you have found me confess to a bull; that is only a Parra-dox.

Though Charlie McGinley was a particularly dirty walker, particularly and extraordinarily muddy must have been that Sunday night on which, after tramping six miles from courting his girl, Jamie Managhan assured the neighbors that 'you could sow praties on the tail of his coat.'

I do not know if you can conceive the pitiable lack of muscle in Henry Harkin, of Cruckbrack, of whom Red Morris Mc-Laughlin said contemptuously. 'His sledgehammer sthroke wouldn't br'ak the crame

that mutual leaning, one upon the other, is a very prop to mortal existence. In these modern days we have many instances of misplaced confidence. Daily and hourly things come to our knowledge which startle us, and make us question if, atter all, there is any faith to be placed in human nature.

When a good man talls, or one whom we have always thought the soul of honor or uprightness yields in a moment of weakness to some grievous temptation, our very souls shrink with fear and trembling, faith in good weakens, and sometimes our cowardly hearts even cry out if there be any God ? and if so, why he permits these things to be ? That such things are trials of faith none will deny, yet through these very failures self may be slain, and the spirit, humbled and broken, brought to trust in that strength which alone has the power to deliver from all evil.

We have many illustrations of what faith majority of them negroes. He couldn't has done for the Christian. The apostles, bear, he says, to see the little fellows "gothe prophets and the martyrs suffered ing straight to the reformatory and to the perils, persecutions and death; they had, penitentiary," so he renovated a rented according to some thinking, many reasons barn, and provides there board, lodging for distrusting God, but they were stead. and recreation. He is ambitious now to fast and immovable, and showed their rebuild a good bome for his boys. He has lief and confidence in the Almighty through the money, and is only waiting to secure every dark and stormy circumstance. Paul the right piece of ground. "It eats up a and Silas lifted up their voices in singing good deal of my profits," he says. "It from the walls of a dungeon, and hosts of costs me more to feed and clothe these other saints went up to heaven praising boys and send them to school in winter God from the midst of the flame. What than it would to hire them and let them gave these Christians strength and courage shift for themselves. But I'm not very to endure these tortures and tribulations ? hungry for money-never was." Only the belief that Christ was their hope, and that their suffetings here would soon The Day of Small Things. turned into triumph and victory in the Who now hath despised the day of small hereafter. And just as these good men things, and looked with contempt upon the trusted God in their trials and distress, so beginning of this work ? The Jews themhe asks us to trust him in the midst of our selves despised the foundation of the secsorrows and afflictions. Just as we would ond temple because so inferior to the first, go to any earthly friend in time of need, and their enemies despised the building so he invites and waits for us to come to in all its progressive stages. But let them him that he may comfort or rejoice with not do it In God's work the day of small us, and we may be sure he will never fail things is not to be despised. The instruor deceive us. Unhesitating confidence in ments may be weak and unlikely, but God Christ is what every Christian should feel, often chooses through such to bring about for he who has never failed the uncounted great and wonderful things. The beginhosts now in glory will not fail us, and the nings may be small, but God can make love which marketh even the sparrow's the latter end great and glorious. Even flight will surely guide and keep the souls as a great mountain becomes a plain befor which Christ died. Put your trust, tore him, so a little stone cut out of the sherefore, in God, hold fast to his dear mountain witbout hands, as the Gospel is hand, and whatever the changes or chances described in Daniel, shall fill all the earth. of life, fear not, and as Francit de Sales The Prophet and the Angel. wrote, do not look forward to what may Zerubbabel was building the second happen tomorrow; the same everlasting Father who cares for you today will take temple at Jerusalem amid great difficulties and discouragements. The people who care of you to-morrow and every day. Either he will shield you from suffering, or had been at work five months were dishe will give you unfailing strength to bear couraged and ready to revolt, for the work it. Be at peace, then, and put aside all was a long and expensive one. It was anxious thoughts and imaginations. Prove under these circumstances that God one your faith by committing all your ways to night sent to Zechariah a series of eight visions. On the following morning the the Lord, and increase it by daily prayer prophet rehearsed these visions to the and communion with him. people, that they might thereby be en Glories to Come. couraged, as was intended. The lesson of To think that almost within the reach of this week has to do with the fifth vision. the arm, separated from us by scarcely a The revelations to Zechariah were given hand's-breadth, is a realm where all goodthrough the ministration of an angel. The ness springs up spontaneously, and withangel that talked with him came again. out obstruction ; where all the body's hin-There seems to have been a brief interval drances, as well as helps, shall be laid between the first four and the last four aside ; where aches, and pains, and losses, | visions. The prophet's attention seems to

is his name, and he is a full blooded negro twenty-three years old. He went to Chicago, from Kentncky in the World's Fair year, with no money, but with a fairly good education for one of his meager opportunities, and with good morals and ambition. He became a newsboy, and his attention to business and his thrift soon enabled him to by a horse and wagon to use in his growing news business. Now he owns and uses eight carts and horses, and he has a smart trap in which to drive around. He owns real estate in the city worth some thousands of dollars, and also 160 acres of land in Kentucky. Few white men can show such results from so unpromising a beginning. Clark is also a philanthropist in a small way. Three yeurs ago he established a home for his newsboys, now numbering fifty, the great

### Suggestive Points.

1. Nothing is too hard for the grace o Christ to do.

2. Goa's Church is to be the light to guide sinners to Christ.

3. Jesus and the Holy Spirit are the sources of supply.

4. And they shine through the lives of Christians.

5. We can only become a light by becoming a branch through which the Holy Ghost can flow.

All the truly great things that men have done bear marks of a pattern and purpose in heaven.

2. How carefully, then, should we cherish the inspiration of the Spirit in our Christian work.

### PICKING BILLIONS OF FLOWERS.

Work of Women Where the Pertume Indus try is Carried on in Southern France. Grasse, is the southern part of France, is the centre of the pertume industry. Three women and girls may be seen with broad hats on their heads, gathering flowfrom 5 until 11 a. m., and then returning with their fragrant burdens to the houses, where they pluck the leaves from the blossoms and pass the rest of the day in preparing them for the work of extracting the essences of essential oils, which contain the perfume itself.

In March they begin plucking violets, from which violet water is made, and from the beginning of May to the end of June they gather the jessamine, roses and orange blosso ms, as well as the tuberoses in July, the mignonette in August and the cassia in September. The nimble fingers of the women must move rapidly to pluck the millions and billions of leaves to make up the 1,200,000 kilograms of rose leaves alone that are used each season. Besides

# TERRIBLE TIME!

A Port Hope Lady Undergoes a trying experience, from which she is at last freed by the use of Milburn's Heart and Nerve Pills.

Who Strove to Please.

General James H. Wilson, U. S. V., is proving his regard for the Porto Ricans by using his influence to further the relief work is going on in that island since the great hurrican laid it in waste. His part in the Porto Rico campaign was like a romance.

About August 4 he moved toward Coamo, up the military road through one of the most picturesque mountain districts in the world. He was advised to rush his men forward, but he preferred to advance deliberately and carefully. His wisdom was demonstrated at Descalalrado Bridge, where the Spanish Army had constructed an ingenious ambush. He made counterambush, and the result was a defeat for the enemy.

He tock many prisoners at that place, and hundreds of native volunteers, who worshiped him as only a Latin can worship a military hero, came over to his side. On August 12 Wilson and his men reached the wonderful Aibonito Pass, where the Spaniards were intrenched. There was an engagement, but it was stopped by news of peace.

During his stay in Ponce, a Porto Rican scholar and editor asked the General what two pieces of writing he particularly admired in American literature.

The General answered : "The Declaration of Independence and the Constitution of the United States.'

A few days afterward the entire American colony was astonished to see the De claration of Independence and the Constitution appear in serial form in both English and Spanish in the leading newspaper.

A PHYSICIAN is not always at hand. Guard yourself against sudden coughs and colds by kerping a bottle of Pain-Killer in the house. Avoid substitutes, there is but one Pain-Killer, Perry Davis'. 25c. and 50c.

A Woman Who Designs Monuments. Miss Virginia Montgomery is one of the few women whose names are inscribed on monuments as designers. When the Daughters of the Confederacy ot San Antonio, Texas, decided to honour the memory of their heroes of the Civil-War, Miss Montgomery submitted a design and it was accepted. The monument is now being erected and will be unveiled next year.

Miss Montgomery is a resident of New Orleans. She was born in Mobile, Alabams. but was reared at the family country home twelve miles from that city. Through her mother, she is of Virginian and South Carolinian ancestry. Through her father, the late John A. Montgomery, of Washington, D. C., she is a kinswomen of the hero, Richard Montgomery. Through her father, also, she bears relationship to Sir Joshus Reynolds. Miss Montgomery began to develop her artistic talent when very young. She is well educated and she has enjoyed the benefits of travel. Her studio in New Orleans has many pupils and is a centre of much artistic interest. Personally, Miss Montgomery is described as tall and slender, with dark hair that curls irrepressibly, and fair complexion, and eyes that are large, brown and luminous. She has a great capacity for work and a rich fund of | a handsome, permanent color,-Price ten

on a milk pan.' I do believe it was the same Red Morris who once got a fright that 'shuk the nails on his toes.'

The Jest of the Rain-Soaked Navy.

Two navvies, ill-clad, dirt-covered, rainsoaked, got possession of the heavenly nook between two high stone walls while extra-heavy sleet shower prevailed. They had 'hunkered' low, and were watching the smoke-wreaths mount from their pipes. 'I'm toul', said one of them, breaking a reverse, 'I'm toul,' Jsmie, that the King ot Jarminy niver smokes.' Both regarded the wreaths again for a minute in silence. 'Poor man! I wouldn't like to be him, Larry-would you ?'

Betty Haran, of Thrummon, was a very pious old Methodist. Father Dan often dropped into Betty's for a gossip. 'Betty,' said Father Dan, 'I always find you deep in your Bible. Now tell me truly do you understand it all ?' 'Of course I do,' indignantly. 'Well, well. I've been studing it all my life, and I don't understand it all yet.' 'An' if yer reverence is a blockhead, do ye think every wan else like yerself ?'

The Choice of the Red Beggarman.

In times gone, in Ireland, the Protestant minister collected tithes in the Harvest, while the Catholic priest got in his stipends at Christmas. Father Edward and the Rev. Sandy Montgomery were one day riding together, in their usual friendly way, through Inver, and battering each other about their callings. 'Here's the Bacach Ruadh,' said Father Edward ; 'let us have his opinion.' The Bacach Ruadh (or Red Beggarman) was an arrant knave, too clever to work whilst he could live upon the fat of the land without. 'Jamie.' said Father Edward to him, 'if you had a son, would you sooner make a priest or a minister of him ?' 'If I had a son, yer reverences, I should have him a ministher in the Harvest an' a priest at Chrissmas.'

### The Wit of a Mountain Dance |House.

To the traveller in obscure! corners of the world a flash of wit, like a streak of lightning in the night, often discovers an Irishman.

The biting wit that is bandied across the floor of a mountain dance-house is lenjoyable. There are a few villians in each townland who, attending all dances, [sit in corners all the night exercising the tongue in preference to the toes. "Jamie Mor," one of these fellows inquires of a young man on the floor, who has a remarkably sparse mustache, "would ye lend me the loan [of that mustache to go coortin'?" "Faith, Wan' he wouldn't," another of the scoundrels replies across the floor; "ye mightn't fetch it all beck till him again." "Troth, an' I will bring it safe back-let him count it." And again-"Who did I hear sayin' Neil Dunnion wasn't musical-an' that ear on him ?"

Mr. F. J. ARMSTRONG, one of Port Hope's best known citizens, speaks as follows :--"My wife has had a terrible time with her heart for the last fifteen months.

"The pains were intense, and she had a smothering feeling together with shortness of breath, weakness and general debility. Medicine seemed to do her no good, and we had about given up trying when she started to take Milburn's Heart and Nerve Pills. They have toned her up wonderfully.

"She is stronger to-day than she has been for months, thanks to Milburn's Heart and Nerve Pills. I am sure there can be no better remedy from their remarkable effects in Mrs. Armstrong's case."

Laxa-Liver Pills oure Constipation, Slok Headache and Dyspepsia.

Light or dark blue cottons or silks can be dyed black, Magnetic dye black, gives cents.