A LITTLE BOY

Has a good Appetite.

GENTLEMEN:-My little boy was very much troubled with nervousness. I tried several remedies but they failed to do him any good until I tried Doctor Ward's Blood & Nerve Pills. He has only taken one box and they have given him a good appetite and I can truthfully say he is a great deal better. I would recommend them to any one suffering from nervousness. Yours truly, Mrs. Parkman, Main St., Kentville,

Dr. Ward's Blood and Nerve Pills are sold 50c. per box, 5 boxes for \$2,00 at druggis's, or mailed on receipt of price by THE DOCTOR WARD CO., Limited, 71 Victoria Street, Toronto. Book of Information free

QUEER DISEASES, QUEER CURES.

Anonymous Letters, Freezing Bees and Oth er Unusual Remedies.

One physician has discovered a new use for the anonymous letter. He has observed that in cases of hysteria, melancholia, rheumatism, &c., patients have sometimes been cured by a violent and sudden shock. That fact being established, the doctor said to himself, 'why not shock my patients into good health?' and since the idea occurred to him his life has been not only profitable but also entertaining. He suits the shock to the case, but says that he has had better results from anonymeus letters than from any other method. A few carefully construc ed le t ters, full of inuendo, abuse and threats of injury, will give a patient an absorbing interest in life. He will torget his ailments, and that is a long step toward recovery. Incidentally the treatment may make things interesting for the family of the convalescent, but that's a detail. The physician who invented the treatment says that results have been most gratifying.

This is a day of queer diseases and queerercures. A case of nervous exhaustion, dysp sp sia or rheumatism can give one a long lifetime of interesting and varied experiences. One may lounge among the vineyards of Southern France and eat unheard-of quantities of grapes in the name of ical science. One can take the open-air cure in the Tyrol, where the patients, clad simply and sufficiently in onethin, a obreviated tinic, ram'll e over the hills, or minus the tunic, lie on the grass and soak up sunshine. There is the koumyss cure on the Russian steppes and the starvation cure in Germany. Germany is the native heath of the bareloot fraternity, too, where devote believers in Father Kneipp paddle merrily about in the morning dew, and, arrayed in conventional purple and fin e linen, but still barefoot, invade the neighbor ing

towns on Sunday. A Paris doctor has designed a dry bath of Arctic temperature which discounts the most noble efforts of a disapproving chaperon. A tank of metal, lined with fur, is sunk in a larger outer tank, and the space between the two is filled with an evaporating fluid. which lowers the temperature of the inner tank to about 100° below freezing. The nervous patient is put into this refrigerator and kept there for a few moments, the treatment being repeated every other day. The effect is said to be marvel-

lous, and disease is frozen out. Malta's way of treating rheumatism is a trifle heroic, but a generation brought up on mustard plasters and electricity ought not to object to it. The patient is stripped and bees are cordially invited to settle upon this body. It amuses the bees and eures the rheumatism, so it seems to be a philanthropic system all around. The poison in the bee stings is said to neutralize the acid in the bloo : which is responsible for the rheumatism.

To A Lover.

I see my own heart, like a Shiraz lily, Blooming across the plains,
The plains with bubbling springs and fragrancies,
And yet, with toilsome stretches, ills, and flagran-

And looking off o'er all the victor's gains, I say, aloud, with sad and wistful eyes, God speed you on your way.

For hearts, like lilies, showing fair in distance, To their antithesis true, Bloom sweetest in a hand that toils for them; And far-off blossoms but make foils for them, When, close revealing honeyed purple core— A whole Damascus garden's gold and blue In one glad flower, beloved.

And yet my heart, more than an Eastern lily, I may not give you mend, Until the plains with streams and fragrancies. And yet with toilsome stretches, ills, and fl igrances Are travelled n bly to the waiting end. Go then; my eyes watch clearly while I softly

God speed you on your way.

Such is the Death the Soldier Dies. Such is the death the soldier dies: He falls, the column speeds away;
Upon the dabbled grass he lies,
His brave heart following, still, the fray.

The smoke wraiths drift among the trees. The battle s orms along the hill; The glint of distart arms he sees, He hears con rades shouting still.

A glimpse of far borne flags, that fade And vanish in the rolling din: He knows the sweeping charge is made, The cheering lines are closing in.

Unmindful of his mortal wound, He faintly calls and seeks to 113e; But weakness drags him to the ground-Such is the death the soldier dies. -Robert Burns Wi son, in Atlantic Monthly.



TO INTRODUCE our swell '99 models early, we will, for the next 30 days, ship a sample Bicycle C. O. D. to address upon receipt of \$1.00. We offer splendid chance to a good agent in each town. You have your choice of Cash, or

outright gift of one or more wheels, according to nature of work done for us. NTRODUCTION PRICES

FLYER-11/4 in. Tubing, Flush Joints, I piece Cranks, fitted with Dunlop Tires, \$35.00; fitted with M. & W. Tires, 32.50; fitted with Darlington Tires, \$30.00. Men and Ladies, Green and Maroon, 22 and 24 in Frame, any gear. Wheels slightly used, modern types, \$8.00

to \$25.00. Price List Free. Secure Agency at once. T. W. BOYD & SON, Montreal. VERSES OF YESTERDAY AND TODAY

The Awakening:

Faint, through the silence, I hear
Thy prophet-tongue, O Spring!
Nature grows restless in her sleep;
The dawn is near—she scarce can keep
Her lids to slumbering.

Through terny wood and spongy marsh
A swift electric fire
Flames out and cries, "O hear! O hear!
Awake! arise! The dawn is near," Flashes along the wire.

Her windows wide the south wind throws Threagh mist the sun smiles out,
And shimmering through the tender air,
The willow thrids her golden hair,
Tossing its ledgths about.

Beside the shallow pool I wait
The grasses straight and slim—
Pale outriders, with flags of truce,
Where thou, ere long, sweet fleur-de-luce,
Shall nod above its rim.

I catch from far the bluebird's cry, I hear the gurgling flow
Of rivulets, in their spongy bed,
Where last year's rushes, sere and dead,
Fold their pale hands below.

My eyelids droop—I feel the kiss Of promise in the air. And, like some sweet long silent lyre, My heart is touched with sudden fire, And all the earth grows fair!

I sleep and dream of thee, When the Circean spe!l of night Changes sorrow into joy—
Changes woe into delight.
Not in the ghostly robe
Of the narrow chamber cold, With thir, decaying cheek, And forehead damp with mould, Dost thou come again to me; But with face serenely fair,

I Dream of Thee.

And a glorious aureole
About thy flowing hair;
And thy angel soul perceives
All my faithfulness to thee,
And I hear thee gently plead,
'Come up hither—come with me!

I wake from dreams of thee, Thou best remembered one! When the golden sea of day Drowns the faint stars one by one; When the river flashes up With a new and dimpling grace, And the zephyr leaves the rose
With a tear upon her face;
But I close my languid eyes
With a weary sense of pain,
And I feed my heart with hope
Till the night shall come again;

For the bright hours of the day Are not half so dear to me As the moments, dark and still, When I can dream of thee.

A Lover's Message.

See here: my love sent to me
These flowers of rare persumes;
Though not one word he wrote, I read A message in the blooms.

(As if I could forget !) This ivy tells of constancy, Of worth this mignonette. This lily tells how pure I am In my dear lover's eyes;

This violet whispers-Think of me

And more than gold or glittering gems His thoughts of me I prize.

And here's a sprig of lavender, A spray of heliotrope, Close nestled in these modest flowers That bid me always hope.

How sweet this rose is half unclosed; About its heart of gold There clings the fragrance of the love Of which its beauty told. And here's a sweet forget-me-not,

Blue as the skies of May; How tenderly he thinks of me. And I of him today.

To Sleep.

Come, gentle Sleep, with downy fingers close The heavy curiains of my weary eyes, Lap my worn senses in a soft repose, While darkness rules the circles of the skies. The day is done, the twilight shadows flee, And in the silent hush I wait for thee. Lay on my eyelids now thy mystic spell, And bid my roving fancy cease to stray; If thou but breathe upon me, all is well, 1 shall not waken till the dawn of day.

Sweet Sleep! I'm weary of life's toil and pain, Bear me, I pray thee, to thy fair domain. The night wears on; I wait thy coming yet;
Lay thy soft fingers on my throbbing brow,
And on the foldings of my eyelids set,
Thy seal. Dear Sleep, look kindly on me now
My hands I fold, content and patient still To wait the guidance of thy own sweet will.

Lead me through all thy fair, dædalion ways, With lotus bordered and with poppies strewn, And let the dream that though my slumber strays, Smooth from my brow each wrinkle care has sown With dreams to charm me through the silent night, Swee, be my slumbers till the morning light.

Revery.

For thy love
My brain would pay the toll;
Each thought of it, I bring To each on tancy's wing; I'd give to thee my soul For thy love

For thy love, On youder mountains high, I'd be a tree, and dare My head to storm winds bare; Each winter willing die For thy love.

For thy love I'd be a reck-pressed stone; Within the earth, its flame Shall burn my tremb ing frame;
I'd stand it with no grean
For thy love.

My soul I woul demand From God; with virtues I
To deck it out would try To place them in the hand For thy ove.

- Michael Vorosmarty.

Into the Sunshine. Dwell who will in the valley below, I go up into the sunshine! Free and warm and glad is its play, Light and life are in every rsy, Burning to brighter and brighter day. Let who will in the valley stay, I go up into the sunshine!

Mists are down in the valley below, Shadow and cloud wave to and fro; The rivers go creeping, sluggish and slow' D ell who will in the valley below, I go up into the sunshine!

On the golden summit the morning sings,
Like a glad bird pluming his radiant wirgs;
The torrents flash like living things,
Sparkling and foaming, the rivulet springs.
Eve y bright drop like a joy bell rings'
I go up into the sunshine!

At the Fall of the Curtain. At the Fall of the Curtain.

The curtain's falling and the lights burn low,
So, with tod's help, I am ready now to go,
I've seen life's melodran a. paid the price,
Have known is loves and losses, hopes and fears,
The laughter and the tears.
And now, God knows, I would not see it twice.
I've crossed life's ocean, faced its blinding foam,
But now, heaven whispers; I am rearing home
And through a storm-tossed hull. I, reach the shore,
A thing of tattered sheet and broken spars,
Naked against the stars, A thing of tattered sheet and broken spars,

Naked against the stars,
I shall soon be at peace for evermore.
For if again I pass these waters through,
I know the kingdom I am sailing to.
What boots it where I lie!—beneath the sod,
Or down the dark, impenetrable deep,
Where wayworn seamen sleep?
All gates are good through which we pass to God,

Class grocers.

Sleep sound, dear love ! Though the winds be

And the dark clouds drift through the troubled sky;
Though the rising waters foam and roar,
And mournfully howl round the tortured shore;
Ill sounds from thy slumbers be far away,
And soft be thy dreams as a summer's day.

Sleep sound! Though the world be weary with fears,
And eyes that love thee be sad with tears, Yet never a sorrow break thy rest, And never a pang shoot through thy breast; No shadows pass o'er thy closed eyes, But their visions be visions of Paradise.

Sleep sound, sweet love !—till the morning's light Leads up a new day with its fresh delight; Till the welhome sun, as it mounts above, Recall thee to duty, and peace and love— To a calm existence, untouched by strile, And the quiet round of a holy life!

Three faces, innocents, upturned there be— More they are than all the world besides to me; Their precious gazes wandering upward, seem Less of the earth, and more a heavenly dream.

Josie's Three.

Three rill-like voices ring upon my ear A thrilling music, purely, 'ilvery clear; Sweeter than the brightest song-bird's strain, Echoing from hill and vale its sweet refrain.

Three little hearts throb gladly to the touch Oftender hands and lips, which idolise them much God minds the swelling thoughts that gather there And loves to lure them forth in song or prayer.

On The Danube. Tell me, old stream, how oft thy bosom strong Is cleft by storms and ships that glide along?

How deep and wide these rifts! On heart of man Inflict such wounds no grief or passion can. Yet, when the ship is gone the storm is o'er. The stream rolls smoothly, showing rifts no more.

But when the human heart is cleft, no calm Can heal the wound or bring it aught of balm. -Alexander Petofii.

My Last Will.

When I shall once have trod
My rugged path of life,
And in the tomb am laid,
Where is an end to strife.

Raise not a marble dome To keep alive my name; The triumph of my thoughts Will tuen assure my fame.

And if you pass the spot
Where in repose I lie,
Then sing above my grave,
And chant most sweet and high.

A stirring Magyar song That fills the soul with fire; Beneath my verdant grave

Its cadence will inspire. Then drop a sentient tear Atter the song is through; The song is for the bard;

The tear for the lover true.

-Joseph Ectvos. THINGS OF VALUE.

To keep a racehorse in even moderate condition in England, with proper attendants, costs £325 a

Of every 1,000 sailors eighty-four have rehuma tism every year.

There never was, and never will be, a universal panacea, in one remedy, for the ills to which flesh is heir—the very nature of mans curatives being such that were the germs of other and differently sested diseases rooted in the system of the patient
—what would relieve one ill in turn would aggravate the other. We have, however, in Quinine
Wine, when obtainable in a sound unadulterated
state, a remedy for many and grievous ills. By its gradual and judicious use, the frailest systems are led into convalescence and strength, by the influ-ence which Quinine exerts on Nature's own restoratives. It relieves the drooping spirits of those with whom a chronic state of morbid despondency and lack of interest in life is a disease, and, by tranquilizing the nerves, disposes to sound and refreshing sleep—imparts vigor to the action of the blood, which, being stimulated, courses throughout the veins, strengthening the animal function of the system, thereby making activity a necessary result strengthening the frame, and giving life to the digestive organs, which naturally demand increased substance—result improved appetite, Northrop & Lyman of Toronto, have given to the public their superior Quinine Wine at the usual rate, and, gauged by the opinion of scientists, this wine approaches nearest perfection of any in the market. All druggists sell it.

The human system can endure heat of 212 deg., the boiling point of water, because the skin is a bad conductor, and because the perspiration cools the body. Men have withstood without injury a heat of 3000deg. for several minutes.

Cucumbers and melons are "forbidden fruit" to many persons so constituted that the least indulgence is followed by attacks of cholera, dysentery, griping &c. These persons are not aware that they can indulge to their heart's content if they have on hand a bottle of Dr. J. D. Kellog's Dysentery Cordial, a medicine that will give immediate relief, and is a sure cure for all summer complaints.

A spectator in a Japanese theatre, on payment of a small extra, fee is permitted to stand up; and the person behind him cannot object, although the latter's view of the preformance is obstructed.

A Life Saved.—Mr. James Bryson, Cameron, states: 'I was confined to my bed with inflamation of the lungs, and was given up by the physicians. A neighbour advised me to try Ds. Thomas' ECLECTRIC OIL, stating that his wife had used it for a throat trouble with the best results. Acting on his advice, I procured the medicine, and less than half a bottle cured me; I certainly believe it saved my lie. It was with reluctance that I consented to a trial, as I was reduced to such a state that I doubted the power of any remedy to do me that I doubted the power of any remedy to do m

The most wonderful astronomical photograph in the world is that which has recently been prepared by London, Berlin, and Parisian astronomers. It shows at least 68,000,000 stars.

A CLEAR HEALTHY SKIN-Eruptions of the skin and blotches which blemish beauty are the result of impure blood caused by unhealthy action of the Liver and Kidneys. In correcting this unhealthy action and restoring the organs to their normal condition, Parmetee's Vegetable Pills will at the same time cleans the blood, and the blotches and eruptions without leaving any trace.

The children of the poor in Japan are nearly al-ways labelle i in case they should stray from their homes whilst their mother are engaged on domestic

BE THERE A WILL, WISDOM POINTS THE WAY.—
The sick man pines for relief, but he dislikes sending for th doctor, which means bottles of drugs never consumed. He has not the resolution to load his stomach with compounds which smell villainou-ly and taste worse. But if he have the will to deal himself with his ailment, wisdom will direct his attention to Parmelee's Vegetabe Pills, which, as a specific for indigestion and disorders of the dias a specine for inc gestive organs, have no equal.

The Queen's annual comings and goings to and from Scot and alone cost her close on £5,000 a



Every package guaranteed The 5 lb Carton of Table Salt is the neatest package on the market. For sale by all first

Great Importance

Should be attached to purity in food of all kinds We guarantee "MONSOON" to be absolutely pure. 25. 30, 40, 50 and 60c per pound.

INDO-CEYLON TEA.

THE YOUNGEST DEPOSITOR.

A Day at the Union Saving Bank Where \$3. was Deposited.

Once every month, in the long line of men and women that forms in front of the teller's window on 'open day' at the Union Dime Savings-Bank, a flaxen head appears at the height of their elbows. Looking down, one sees that close against the breas of a shabby frock is tightly clasped a bankbook-and then, say the New York World, the secret is out. The flaxenhaired little girl is the bank's and New York's youngest depositor.

Alice Metz is her name, and her home close by Hell's Kitchen. She is barely eight years old. How she gets the money nobody knows, but each month there is a deposit of fifty cents to swell her account, which has now reached the sum of three dollars. There she stand patiently in line till some one less hurried and preoccupied than the rest bends to question her.

'Will you help me?' asked the little maid, breathlessly. 'I have fifty centstwo quartess. Johnny got it changed for me; there were five before. And I want to put it in there,' pointing to the window, 'and they write it down here in the book, finding the row of figures. 'But I don't know how by myself. Will you do it? Oh yes, I can put down my own name, 'cause I couldn't bring my money till I learned to do that.'

She is so engaging in her pretty youthfulness that men or women, as the case may be, forthwith fill out the desposit blank. Alice laboriously inserts her name and is in a state of ecstasy when she is litted up to give in those precious quarters. Her December helper was a woman. When the ceremony was over it was al-

'Where do you go now, little one?' she said, fearing for the child's safety. 'Oh. Johnny's waiting across the road,

replied the little depositor. So they travelled in company, and sure enough there was Johnny, sturdy and fat, one year older than his small charge. 'It's in !' Alice cried, gleefully. 'The

lady did it! She's ever so good!" 'Somebody's always good to you, I guess,' was Johnny's comprehensive reply. 'But did you count?' and together the two

heads bent over the column. Over and over they counted. 'Three dollars that's it,' concluded ! Johnny, at last, with a sigh of relief. 'It's

in for keeps, Allie.' She clutched the book once more to her bosom, and hand in hand the two trotted

off into the darkness A Simple Letter.

Princess Pauline of Wurtemberg, who was married in November, had before her marriage a somewhat unusual letter from a peasant girl. It read:

Dear Miss Princess Pauline: Your wedding is to be on Saturday, and I wish you every happiness. I am sure you are very happy. My wedding is on the same day, and I should be very happy, too, if my father were not sitting in prison. If your father were in prison, you, too, would grieve. Dear Miss Princess, I beg of you say a good word to your father, so that he may let my father off, or at least let him out for a few hours, so that he may come to my wedding. With much love,

There was too much fellow feeling between the maiden in a palace and the maiden in peasant's cottage to let this appeal pass unnoticed. It might be a fraud and the father a hardened offender, but the princess wanted to know. She took the letter to the King of Wutemberg, and inquries were made as to the dergee of culpability of this man who must 'sit in prison' on his daughter's wedding day. It was found that he was only a slight offender, and ie was not only 'let out for the wedding,' but 2 given a tree pardon.

The Great Fire at Windsor, N. Y.,

Was an awful calamity, but cannot be remedied, Now, Catarrhonze can remedy and is a positive cure for catarrh and kindred dreaded diseases. This statement is backed up by bushels of testimonials, which we have and can produce. Snuffs, ointments, washes, &c., have been proved useless in giving relief or curing catarrh, bronchities, irritable throat, nasal and ear passages, but Catarrhozone, the ozonated air cure, does not only give immediate relief, but effects a permanent cure. Why delay? Send at once for sample bottle and inhaler, 10 cents. Outfit, \$1.00 N. C. Polson & Co, Kingston, Ont.

What beautiful husbands and wives our first loves makes—for other people.

Better Sure Than Sorry.

It always pays to buy the best silver placed knives, forks and spoons that you can get.

It may cost you a little more at first but you'll find that anything bearing this trade mark

WWROGERS,★

will wear well and look well for 20 years.

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"Avoid fancy type, and if your printer tries to work in any twisted rules or ornamental letters, change your printer, and get one with some sense. Ten chances to one you wouldn't kick if your present printer brought you in a proof of a circular with twelve sizes and styles of type in it-E. D. GIBBS, in "Printer s Ink."

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We strive at simplicity in our printing, thereby it is forcible and attractive-try us.

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E. LEROI WILLIS, Proprietor.

Miss Jessie Campbell Whitlock, TEACHER OF PIANOFORTE.

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