### SOCIAL and PERSONAL.

(CONTINUED FR M FIFTH PAGE )

of the Bank of Nova Scotia, Moncton, is visiting friends in a usex.

Mrs. W. W. McLellan, of New castle, is visiting friends in the city.

Hon. A. R. Dickey, during his stay in town was the guest of Dr. E B. Chandler.

Miss Bright, head m liner in the McSweerey Co. milinery department, leaves next week for her

Mr. Gilbert J. LeBlanc, secrety of the Improved Cormier Rudder Patent, has returned from H difax

where he was attending the fi st test of the above Mr. Wm. Starkey has returned from Cape Breton

were he was overseeing some I. C. R. work.

The ladies of the Mission Circle held an Arti-Boer Tea in the vestry of Central Methodist church Ald. Whitehead, who has been confined to his

house for the week rast, is now, his many friends will be glad to see, around again. Messrs, Eugeneand Mark Eter, of Westmorland Point, left by Monday's C. P. R. en route for Koote-

nsy, B. C., where they will reside in future. It is understood that ex-councillor J. Francis Avard, of Great Shemogue, has been appointed assistant weighing in pector of the I. C. R., vice

Mr. Nelles, who ceased work some weeks ago. A surprise party was held at the resid nce of Mr. Thos. Buckam, Humphrey's Mills, Tuesday. About thirty couples were p esent A very enjoyable evening was spent in various amnsements and the gathering dispersed at an early hour in the morning by singing "God Save the Queen."

#### WOODS TOCK.

[Progress is for sale in Woodsteck by Mrs. J

Feb. 8-Miss Fannie Palmer of Fredericton is the guest of Miss Minnie Collins.

Mrs. Charles Palmer of Fredericton is visiting her mother Mrs. L. C. Lilley.

Misses Sircox and Putman of Houlton are visiting triends here. H. V. Dalling made a business trip to Edmurd\_

Miss Lottie McKenzie of Fredericton is a guest of

Rev. J. W. Clarke. Dr. M. F. Mrs. Brown and Miss Prior of Center-

ville were in town Tuesday. Mr. and Mrs R. M. Pelyes, St. J hn, are in

Miss A. R. Ray of the Press steff left Saturday morning to visit friends in Boston.

Isabel, wife of James Carr died at their home Cantebury Station on Wednesday, January 31st. She had been ill for several years. She leaves a husband two sons and several grand-children. The

deceased was a Miss Watson of Watson Settlement E. B. McIsaac, well known in Hartland and vicinity and who for two years has lived in British Columbia, is expected to return home scon. Some time ago he suffered a shock of paralysis and a more recent rumor announced his death, but we are now told the contrary.

### PARRSBORO.

[PROGRESS is for sale at Parrsboro Book store.]

Excellent ice, band music and artistic costumes in many of which the national flag was a prominent feature, combined to make the skating carnival in Cecilia rink on Monoay evening a pronounced success. Two of the best costumes represented

Mr. C. K. Eville, who has been very ill is rapidly improving, but has not yet been out. Mr. Raymond Smith, Windsor, is staying with Mr. and

Miss Mary Smith returned on Tuesday from six weeks visit to friends at Amherst and Nappan. Mrs. A. H. Upham entertained the whist club on Morday evening. There was a full attendance and a most enjoyable meeting. The prizes fell to Miss Joe Gillespie, Dr. Holmes, Mrs. Cecil Parsons and Mr. Charles Hillcoat.

Mrs B. F. Herdersen wore a most becoming gown of cresm serge with satin ribbon trimmings while receiving her visitors on Monday, Tuesday

Messrs Stewart Jenks and L. S Gown were in town on election day.

Mr Jas W. Day was elected to the mayoralty for another year. The new councillors are Dr Johnson and Ms R. J. Smith.

# A Compliment Speiled.

A funny little anecdote of the poet, Whittier, was recently related, which exemplifies characteristically both his considerate kirdliness and the well known defect of his vision. At a picnic gathering on the banks of the Merrimac he had chanced to stray along a wooded path at some distance from the rest of the company when, coming up quietly behind two little girls in their first teens who had also



# "A Clean Englishman,"

Is Du Maurier's description of one of his characters.

There's no luxury like the luxury of being clean and we help you to it when we do your laundry work

It's white and clean, and smells pure and sweet when we send it home to you. Send us your next bundle-or shall we call tor it. 'Phon. 214.

#### American Laundry.

98, 100, 102 Charlotte St. GODSOE BROS., - Proprietors. Agents B. A. Dyeing Co., "Gold Medatist Dyers," Montreal,

"The Mill Cannot Grind with Water That's Past."

This is what a fagged out, tearful little woman said in telling her cares and weaknesses. Her friend encouraged by telling of a relative who had just such troubles and was cured by Hood's Sarsaparilla.

The little woman now has tears of joy, for she took Hood's, which put her blood in prime order, and she lives on the strength of the present instead of worrying about that of the past.

Humor-"When I need a blood purifier take Hood's Sarsaparilla. It cured my humor and it is excellent as a nerve tonic." Josie Eaton, Stafford Springs, Conn.

Erysipelas Sores-"After scarlet fever a running sore was left on my nose. Took Hood's Sarsaparilla and it cured me. My brother was also relieved by it of erysipelas in his face." ELLA COURSER, Burden, N. B.

# Hood's Sarsaparilla Never Disappoints

Hood's Pills cure liver ills; the non-irritating and only cathartic to take with Hood's Sarsaparilla.

wandered away from the others of the party, be overheard their conversation Fourteen is a sensitive as well as an awkward age, and one of the two, a tall, angular girl was almost crying because she had heard one of the boys say she "looked like a guy in her new dress". The dress was a rather bright red, made over from an elder sister's, and her own anxious suspicions that it was unbecoming were thus cruelly confirmed.

'What's this-what's this ?' Mr. Whittier broke in benevolently. 'Thee needn't mind what a rude boy says about it Mary. Thee looks very well indeed,'-Mary began to smile, - 'under the trees here, and with that bough in thy hand. Why, Mary thee looks like Oread !'

Mary blushed with pleasure and the poet with a friendly nod, emphasized his pretty compliment by repeating, 'Like an Oread, Mary dressed all in green. Does thee know what an Oread is ?'

Poor Mary! She was not very sure what an Oresd was but she knew only too well the color ot her dreadful dress. She had forgotten that Mr. Whittier was partially color-blind, and could not distinguish between green and red.

Beecher's Fee.

The power of an orator can be largely measured by the degree of confidence which he inspires, and judged by this standard. Henry Ward Beecher must be reckoned among the greatest speakers of modern times. Men who heard him in the pulpit or talked with him out of it could not question the sincerity which showed torth in his face, his manner and his voice. Mr. Beecher was on a lecturing tour and Major Pond, his manager was sitting be side him in the railway car. Suddenly the preacher slapped his hand on the little watch pocket of his trousers and drew forth a small envelope. For a moment he looked at in surprise, then opened it and smil ed. Presently he turned to his companion 'Major,' said he, 'I married a great railroad magnate a few months ago, and as I was taking leave of him, he handed me an envelope, which I slipped in my pocket, un. opened. That was the last I thought of it until to day. Just now I opened it and this is what I found.'

The major took the envelope. Within t were five one thousand dollar bills.

Irish Turns and Twists.

The author of 'Irish Life and Character' says truly that one has only to mix with an Irish crowd to hear many a laughable expression, quite innocently uttered. As the Duke and Duchess of York were leaving Dublin in 1897, amid enthusiastic cheering, an old woman remarked:

'Ah! isn't it the fine reception they're gettin'. goin' away ?'

In 1892, Dublin University celebrated its tercentenary, and crowds of visitors were attracted to the city. Two laborers, rejoiced at the general prosperity, thus expressed their feelings.

'Well, Tim,' said one, 'thim tercintinaries does a dale for the thrade of Dub in,

'Oh, faix they do !' said the other. 'And whin, with the blessin' of God, we get home rule, sure we can have as manny of thim as we plase.'

An old woman, seeing a man pulling a young calf roughly along the road ex-

'Oh, you bla'guard! That's no way to thrate a fellow crather '

'Sure,' said a laborer to a young lady who was urging him to send his children to school, 'I'd do anything for such a sweet, gintlemanly lady as yourself.'

Again, the laborers on a large estate decided that it would be more convenient for them if they could be paid every week instead of every fortnight. One of their number was sent to place their proposition before the land agent, and this was his

'It you p'ase, sir, it's me desire, and it is also ivery other man's desire, that we resave our fortnight's pay every week.'

An exasperated sergeant, drilling a squad of recruits, called to them at last: 'Halt ! just come over here, all of ye, and look at your elves. It's a fine line

#### Frying : Pan Horrors.

ye're keepin', isn't it ?'

No one who has taken the trouble to scan the average American bill of fare can fail to recognize the importance of the frying pan with us; fried ham or bacon and eggs, fried oysters, fried potatoes, fried steaks, and so on, ad nauseam, seem to be staple articles of food, particularly in city restaurants, in which so many business and professional men get their noonday lunch-

The cause of this is probably mainly hurry. The result is the dev lopment of an abnormal, depraved appetite and a ruined digestion for a lamentably large number of people.

It is not difficult to understand why fried foods are so indigestable if we take the trouble to study the physiology of diges tion. The protelds which are the chief nutritive constituents of meat, oysters, fish and eggs, in order to be digested and assimilated must be acted upon by gastic or pancreatic juices, and before this can take place the layer of fat which has covered and permeated the morsel in frying must be removed. This is accomplished by the process of emulsification, which means the expenditure of a large amount of digestive

The butter applied to broiled meats is far less pernicious, for not only is butter the most easily emulsified of the fats, but it is not soaked in by gradual heating, as is the case with most fried foods.

The condition of the fried starchy foods like potatoes is very similar, for in order that the starch may be changed into assimilable grape sugar it must be acted upon by the amylopsin of the pancrestic

If those who teach physiology in our public and other schools understood their subject and its practical applications as they should; if there were more schools in which wholesome, economical cookery were taught as it should be; if physicians took every opportunity to impress facts of practical bygienic importance, as they should, there can be no doubt that by some sensible and well informed people the fried abominations would be avoided.

# To Critics of Newspapers.

The community that would reform the news tone of its press should reform the news tone of its clubs, its parlors and its tables, for the gossip of the press is but the extension of the avenue, with the difference that it is less recklessly and more tersely and grammatically expressed.

It it is contended that there is room for reform on the side which the press turns toward society I will agree, but would suggest that the reform can be secured by a change of the side which society turns to-

I regard the frequent use of the name of Jesus in discourse or conversation not necessarily related to His work as the Son of God as one of the greatest evils of the

Those who offend in this way profess to seek the amelioration of humanity.

They claim to be the exponents of philosophy, reform and betterment.

They make the name of Jesus their con-

They secure attention to themselves by asking Him as a sort of conundrum. "What would He do?" "What would He think?" "What would He say ?" about so and so, and the like.

And not a few of these persons are, or 'If they were to adveriste their wares 'What I would do it I were God' they would be more candid and not a whit less

Conveniently situated on

# Charlotte Street.

IDEAL RINK FOR A GOOD SKATE.

Perpetually Good Ice.

Tuesday and Thursday Evening also Saturday Afternoon, the Artillery Band is in attendance.

# Hockey Matches on Friday Nights

SINGLE ADMISSION.



erned, I think that in the journalism of today fair reporting, clean statements and vigorous comments are the signs of the

Journalism was never at a high state of ir fluence and excellence.

There are fewer offenders and there are fewer off nees against high standards in journalism than in law, or medicine, or the ministry, or the army, or the navy.

Charity, which is the spirituality of justice, the outy of judging not, lest we be judged, requires us to assume that these vulgarizers of Jesus mean well.

Our sense of the evil they are doing, whether intentional or not, cannot be exaggerated.

There can be graduates, both of colleges and seminaries, who are neither scholars or gentlemen. Some institutions are very "casey" in conditions and very light in 'products."

From them come those who under the guise of what "Jesus Would Do," advanced their own views, a form of egotism and assurance amounting to moral malfor-

# The Truth of a Proverb.

That a man who is his own lawyer has: fool for a client has often been admitted with much sorrow and expense. A new instance of the old truth bas recenly been reported by a contemporary.-

Some years ago a Southern lawyer brought suit against the South Carolina Railroad for damages to his property. He lost the care in the superior court, but insisted upon carrying it to the supreme court, where he represented his own case. He began his argument by saying whimisic ally: 'May it please the court, there is an old French adage which says, 'A man who is his own lawyer bath a fool for a

The next week the supreme court pronounced its decision, which was adverse to the Southerner. He was in Agusta at the time, but received the announcement of his second and final disappointment by means of a telegram sent him by a prominent judge, who was an intimate friend of his.

The telegram read as follows: 'Judgment for defendant in error. French stage affirmed by supreme court.'

Halting Service.

In the 'Reminiscenes' of Miss M. Betham Edwards is the retort of a boy hired to do the dirtier work about the kitchen. Evidently he was not destined to rise. At least, he had no idea of making his toil his religion.

One day the farmer's wife, seeing bim dawdling over his work, took up a knife and showed him how to clean it well and quickly.

'Ah, but, ma'am,' said he, 'you do it so because they're your own !'

A Republican Hat.

The story below, taken from the New York Tribune, proves that when poetry is in, wit is not necessarily out:

Michael Joseph Barry, the poet, was appointed a police magistrate in Dublin. An Irish-American was brought before him, charged with suspicious conduct, and

tle constable, among other things swore So far as the press of the country is con- that he was wearing a 'Republican bat.'

Does your honor know what that meens?' inquired the prisoner's lawyer of the court. 'I presume,' said Barry, 'that it means a hat wi hout a crown.'

The war news service of the Montreal Daily Star as published in the Star gives an idea of the complete arrangements entered into by that peper at the opening of hos ilities. The public are evidently oppreciating it judging from the enormous increase in the Montreal Star's circulation which now reaches almost sixty thousand per day and the Weekly Star one hundred. and fifty thousand per week.

All this time the great railway magnate had sat silent, listening.

At last he spoke. "Young man," he said, "I am not sure I understand you. Please be a little more xplicit,"

"I sm asking vou, sir," said the young

man reddening, "for the hand of yourcaughter." "O, is that all ?" rejoined the magnate. "Why, certainly. If she has ro objections

Rafferty,' said Mr. Dolan, 'did yez ever hear th' old sayin,' beauty is only skin deep?

I haven't. I thought you were striking me

'I did. An' a foine, true sayin' it is.' ·It's nothin' iv the koind. O'im thinkin' iv i's foolishness ivery toime Oi take the cover off a baked pitaty.

Fairfax-I think our little Mabel will be Cole-Why so? Fairfax-Well, we noticed she was pout-

ng. She said her temper was ruffled because there was a stitch in her side, and she wished to be tucked in her little bed. 'Do you put much dependence on figures

'No, sir,' answered Sen. Sorghum, earn-

estly. 'Anybody who wants to talk figures'

to me in an election has got to put 'em in writing, so he can't change his mind quite so easy. "You know that lady who was here

esterday who smelled so strong of pertume, mamma ?" "Yes, my boy."

"Well, isn't she one of the cologneial DYING AND CLEANING of all descriptions

done at shortest notice. Don't torget that out landry work is the best. Telephone or postal and we'll call at once. 28 to 34 Waterloo St. Poone 58.

'Maybe the Boers is givia' Ould Eng-land a dale o' trouble,' said Cassidy, 'but Oi notice there's an Irish family thot's kapin' her guessin', too.'

'Phwat's that ?' asked Finnigan. 'The Powers.'

Gotham-Do they have any recreation piers in England? Charing [Cross-Well! yes; they have

sporting lords in parliament. She sits beside the parlor glow, And fancies come and fancies go. The arch is red, the blue tongue leaps, The coals talt in fantastic heaps; And she doth souly murmur names—