

PROGRESS.

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SIXTEEN PAGES.

ST. JOHN, N. B., SATURDAY, JUNE 8.

Subscribers who do not receive their paper Saturday morning are requested to communicate with the office.—Tel. 95.

A QUESTION OF CANALS.

Germany, as well as the United States, has its canal question. Emperor William formed, years ago, a great scheme for a system of canals would give Germany an inland waterway across the empire from the frontier of the Netherlands on the west to that of Russia on the east.

The first part of the project was completed two years ago, in the canal connecting Emden with Dortmund. The next step was to be the building of a canal uniting the Elbe and the Rhine, which is called the 'Midland Canal.'

The emperor does not easily abandon a cherished plan. When the Landtag assembled last January, the government again introduced the canal bill, providing not only for the Elbe-Rhine canal, but for many others, the total cost of which was to be about ninety million dollars.

As the Elbe Rhine canal lies wholly in Prussian territory, the opposition of the Landtag, if persisted in, is fatal to the whole project. Already the controversy has caused a break up in the Prussian ministry, and the emperor king dismissed the Landtag as soon as its obduracy was apparent; but it is not clear that the election of a new Landtag will help him.

A FORMIDABLE FOE.

The opinion is gaining ground that in the plague in South Africa the British have a more formidable foe than the Boers. An American paper calls attention to the fact that up to the middle of May there had been 600 cases and 240 deaths.

A lady was crossing the street when she saw a bicycle rider coming toward her. She stopped, then dodged backward, and as he swerved in order to pass behind her there was a collision, and both took a fall but neither was much damaged.

Then the cyclist, a college professor, doffed his cap, mounted his wheel, and rode on.

populate the country. When the war is really over, the plague will still be in evidence; natives will carry the infection to the mines, to their kraals, and the disease will be endemic and epidemic for years.

The effect of such gloomy predictions on recruiting in England may be imagined. Dr. KAYE does not hesitate to advise his countrymen to think twice before they enlist. If they have not gone through one course of enteric fever, he says, they should stay at home.

A rich farmer who died recently in Erie county, Pennsylvania, provided in his will for the foundation and maintenance of a library at a crossroads, remote from any village. The building which will shelter it is designed to serve many other intellectual and social uses.

This action is hailed by the Independent as indicating the growth of a belief that wealth which has been accumulated in the country should be used for the benefit of the country. Our grandfathers felt this more strongly perhaps, than our fathers did, or than we have.

The farmer of that earlier day never dreamed that, because he was 'twelve miles from a lemon,' he must forego intellectual stimulus and social recreation. But the movement toward the cities and toward the west affected seriously many little neighborhoods which had been centers of wholesome and vigorous life.

The general demand for rural free delivery showed that the evil days are over for both sections. The farmer knows where he stands. He has leisure to renew relations with the world, and he means to do so. The will of the Pennsylvanian suggests the spirit in which to meet the reasonable demands of the people in the 'outlying regions.'

Unless a cyclist is a 'scorcher' there is no need, generally speaking, to make any effort to avoid him. He will look out for the collisions.

A lady was crossing the street when she saw a bicycle rider coming toward her. She stopped, then dodged backward, and as he swerved in order to pass behind her there was a collision, and both took a fall but neither was much damaged.

'Neither would it have happened, madam,' he replied, 'if you hadn't wobbled, or if you had wobbled in a contrary direction from my wabble. It was our concurrent and synchronous wabbling, so to speak, that caused it.'

Commencing Saturday June 8th the Canadian Pacific will run a special Suburban express to Westford leaving St. John at 1.00 p. m., on Saturday and Wednesday, making all intermediate stops.

Alter the Dove of Peace has hovered a good while it generally finds no place to settle except on an indemnity.

VERSES OF YESTERDAY AND TODAY

Beneath the Pines of Canada. To the footpath winding through the pines. To the old home near the wood; Where dark spruce mountain still inclines,

In the wild azalia blooming fair, With its purple ribboned head; Does the swamp magolla scent the air By the blue bell's fragrant bed.

I were vain to call thee now across the world, Or seek the waters where white lilies grow; We could not find them as in days of old,

Does sunset crimson the windows yet, As the old place seeks the dark; With the rosy tints I can no'er forget, At twilight we loved to mark.

Is bright June weather and the balmy breeze Still lovely where the footpath climbs the hill; And where the leaping torrent gladdens eyes,

The Keepers of the Seal. I sing the song of labor, of the lowly smelling soil. The whirling of the spindle, and the whirling of the hand that guides the ploughshare and the rugged son of toil,

For the pulses of the nation beat within the sturdy arms. That are bared before the anvil, or they wear an humble guise— And the sentinels of liberty, the shields from war's alarms,

He told her she was beautiful. He told her she was beautiful. He told her she was beautiful. She frowned bade him go;

He told her she was beautiful. "Nay, do not just," she cried; He told her she was beautiful, And knew she knew he lied;

He told her she was beautiful. And, childing, she fled; He told her she was beautiful— She stopped and turned her head;

The girls all like to see the bluests in the lane. And the saucy Johnny-jump-ups in the meadow, But we boys, we want to see the dog-wood blooms again. Thrown in a kinder summer-lookin' shade;

How light! heigh-ho! I wish there were more fences here; We'd like to jiss' keep jumpin' 'em together! No sheds for us, no guns, not even 'ummon beer,

'We bought little Percival some pretty new shoes, said the proud mamma, and the dear little darling was so proud of them that he insisted on sleeping with them on.

'But is the dog gentle? 'Gentle! Well, say, that's his long suit. Hes so gentle that when a sneak thief came along one night and stole the door mat from under this dog, he just rolled over and slept on boards rather than make himself disagreeable.

ROYAL BAKING POWDER ABSOLUTELY PURE Makes the food more delicious and wholesome ROYAL BAKING POWDER CO., NEW YORK.

A. O. U. W. AT BUFFALO. June 19th is A. O. U. W. Day at the Exposition—Building to be Dedicated.

The Supreme Lodge Ancient Order of United workmen will hold its twenty-ninth stated meeting in the city of Buffalo, N. Y., June 11, 1901. This fraternal beneficial order was organized at Meadville, Pa., October 27, 1868, and is now completing its third-of-a-century history.

The Supreme Lodge which meets in Buffalo in June, is the highest legislative body of the organization and is composed of delegates from thirty-seven grand Jurisdictions, representing six thousand subordinate lodges.

Wednesday June 19, has been set apart as special A. O. U. W. Day at the Pan-American Exposition, when the handsome building of Ancient Order of United Workmen of the Exposition will be dedicated.

An elaborate programme is being arranged for A. O. U. W. Day. There will be a big parade and special ceremonies. Special banners, badges and flags are being designed for the day.

Corpulence.

The amount of fat normally present in the body varies with age. It is considerable in infancy, slight in childhood, least of all from the fifteenth to the twentieth year, increases gradually from this time to about the fortieth, increases more rapidly for a time, and finally diminishes again in old age.

Generally speaking, an increase of fat within moderate limits is a sign of health, just as a decrease may be the reverse, but when the increase is excessive it constitutes a true disease.

It is difficult to define the limit where a healthy embonpoint ends and abnormal corpulence begins. Life insurance companies have tables showing the proper ratio of weight to height at the different ages, but the figures are of course only averages.

In general it may be said that when the accumulation of fat causes discomfort, short breath on moderate exertion, and a feeling of fullness in the head on stooping, it constitutes obesity or corpulence.

The trouble is a disorder of nutrition characterized by faulty elaboration and deficient oxidation of the food, in consequence of which an undue amount of fat is formed and deposited in various parts of the body. It is as often hereditary as acquired.

The treatment of obesity is not so simple as it was thought to be when the so called banting system was originated. This system consists in the exclusion from the diet of all starches, oils and fats. It is usually successful in reducing the weight, but unless carried out under careful medical supervision it may seriously affect the general health.

The same is true, perhaps even to a greater degree, of other systems in which

the amount of fluids is greatly restricted.

The management of a case of obesity is in general similar to that of gout in the intervals of the acute attacks, or of the uric acid diathesis, with some slight modification in the diet necessitated by the altered conditions. The patient should live much in the open air, drink freely of water between meals and at bedtime, and exercise systematically.

Photography Without a Dark Room.

The continued experiments of Prof. F. E. Nipher of St. Louis with 'positive photography' have produced some very interesting results. He says that the plates may be separately wrapped in black paper at night, or in a dark room, and all the remaining work can be done in the light.

A Cinematograph for the Blind.

Doctor Dussaud of Paris has invented a cinematograph, by means of which blind persons can experience the illusion of moving objects as people with sight do an illuminated screen. The apparatus consists of a machine that causes a series of reliefs, representing trees, birds or other objects, to pass rapidly under the fingers.

Giants' Kettles in Minnesota.

In the Interstate Park near Taylor's Falls, Minnesota, has been discovered a singular group of 'giants' kettles,' or pot holes, covering an area of two or three acres and ranging in diameter from less than a foot to 25 feet, and in depth from one foot to 84 feet.

Mr. Warren Upham ascribes their origin to torrents falling through glacial 'moulines' at the time when the northern territory of the United States was buried under ice. As with similar pot-holes elsewhere, rounded boulders are occasionally found at the bottom of the cavities.

You Ought to Know This:

Bronchitic Asthma can be cured by inhaling Cattarhzone. So says Captain McDonald of Kingston, Ont., who was positively cured after years of suffering, by Cattarhzone.

Mrs. Dinmore, Subenacade, N. S., says: Cattarhzone cured me perfectly of Bronchitis and Catarrh of the nose and throat.

Mr. Wm. Pollock, Plyth, Ont. says: "Cattarhzone positively cured me of Bronchitis."

Cattarhzone relieves quickly, cures surely, is safe, pleasant, and guaranteed to cure. Two sizes 25 cents and \$1.00. Druggists or N. C. Polson & Co., Hartford, Conn.

Dangerous Bacilli In Books.

A special committee appointed by the Chicago Public Library board reports that the books of the library ought to be immediately sterilized on account of the large number of bacilli, representing a hundred different poisons and disease germs, found in them.

Regular Patron—That was a frightful bill you presented to that man—even for you.

Dentist—Yes; he's the man we buy our butter from. This is the first chance I've had at him.