

The Old and the Young ARE ALIKE CURED BY THE USE OF GATES' FAMILY MEDICINES.

AVONDALE, Pictou Co., January 14, 1896.
Dear Sirs.—This is to certify that my father had an attack of the La Grippe, about four years ago. The doctor was called and said he could do nothing for him as he was an old man...

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The Home

Dampness About the House.

After a wet summer like the present, the greatest care should be taken to kindle fires early in the season and fight the insidious damp which penetrates the house by every means in our power. If the cellar has been properly ventilated at night and shut during the day, the walls will probably be found dry. If not, the cellar is almost sure to be damp, and that uncanny vegetable growth called mould is present on the walls. It should be destroyed at once.

An open fire of light pine sticks and pine cones, for the sake of their aromatic fragrance, kindled early in the morning and evening, will help to keep the house dry. Open the windows freely while these fires are burning if it is warm.

The truth is that no one but some person who is fully cognizant of all the circumstances which environ an individual is capable of giving a wise and vital matter. It is for this reason that even more objectionable personage, "the woman who is always giving advice," is not to be tolerated. She is particularly decided in matters judged from the superficial external light in which she sees them, and therefore her judgment is an impertinence.—N. Y. Tribune.

Cultivation of Punctuality.

But punctuality can be cultivated. Slow coaches can be cured. Some one has said that the only way to catch a train is to start in time; and in this pithy sentence lies the gist of the only cure of the habit of unpunctuality: Two rules grow out of it. One is "Always begin in time to get ready," and the other is, "When there are several things to be done, decide which is the most important and do that first."

The Woman Who Seeks Advice.

There is a certain class of women who habitually seeks advice. They often do this as if they were conferring a compliment upon the superior judgment or knowledge of human affairs possessed by the person sought. There are certain friends that every one of us possesses who are so nearly related to us by ties of friendship or kindred, that they are as deeply interested in our doings, our comings and goings as we are ourselves. It is to such persons a sensitive, refined woman naturally turns, and not to a comparative stranger.

wishes to gain sympathy with her plans and strength of purpose to do as she prefers to do.

There are few persons so selfish or so tiresome as those who persistently throw their burden of whatever nature upon other people. If there is a problem to be solved at school or a difficult example to be done, there are always a number of scholars who wait until certain schoolmates arrive, and then copy the work from them. The rule is the same in mature life. There are certain people habitually too "tired" to think for themselves. They wait and ask advice of Mrs. Brown or Mrs. Smith, who are in no way bound to them, except as obliging neighbors.

The author of this book is evidently master of his subject and gives such information as the people really want to know. He describes the country, climate, mountains, rivers, seal fisheries, native inhabitants and vast deposits of gold and other precious metals in the various sections. A department on practical points for the guidance of fortune-seekers is included.

The book is a large, handsome volume of nearly 600 pages profusely illustrated, and contains a valuable map in colours, showing all the places where gold is found, and red line tracings showing the various routes of getting to the Klondike region, from the outlying Canadian and American territories. Retail price \$1.50 in cloth marbled, and \$2.00 in full morocco, gilt edges. Extra terms to agents who act now.



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