**The Old and the Young**
ARE ALIKE CURED BY THE USE OF
**GATES' FAMILY MEDICINES.**

AVONDALE, Pictou Co., January 14, 1896.
Messrs. G. Gates, Son & Co.
Dear Sirs,—This is to certify that my father had an attack of the La Grippe, about four years ago. The doctor was called and said he could do nothing for him as he was so old, being then 94, but when there is life there is hope, and having your Bitters and syrup in the house, we began to give them to him, when he got better, and after about three months was entirely recovered. He is now in his 98th year and is well and hearty. Your CERTAIN CHECK speedily cured a neighbor woman of Cholera-morbus. My grandchild, about two months old, was taken with Diarrhœa and was taking doctor's medicine for some weeks, but it continued getting worse and it became chronic, so that the child got to look like an old person; it was plain to be seen its little life was fast ebbing away. Now I had your CERTAIN CHECK in the house but not at that time being acquainted with its use I was for some days afraid to give it to a child so young and weak. I was convinced if the child did not get immediate relief it would die, so I told its mother to put 2 or 3 drops of the CERTAIN CHECK in its bottle (as it drank from the bottle) and in about 24 hours it was noticed the child was a little better, this was continued for about a week when it was all right, and is today a healthy child. I am, Gentlemen,
Yours very truly
DAVID MURRAY.
Sworn before me this 15th day of January, 1896. ANGUS McDONALD, J. P.

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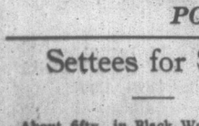


# The Home

### Co-operative Housekeeping.

Mrs. Mary A. Livermore, advocating co-operative housekeeping in the Boston Cooking School Magazine, says: "The general care of the house means more than it once did. It involves a scrupulous cleanliness, which will prohibit the engendering of 'dirt diseases,' like diphtheria, scarlet fever, smallpox, and similar pestilences. It calls for some knowledge of the laws of ventilation, drainage, and sewerage, that the housekeeper may know when there is anything amiss, and so preserve the hygiene of the home as perfect as possible. If it is conceded that there must always remain domestic employments, is there any reason why the cooking and laundering should continue to be performed in the home, at great waste and disadvantage, by the mother of the family, and such assistance as she may be able to procure? Why not take cooking and laundering out of the family, by co-operative housekeeping?

"How must co-operative housekeeping begin? The very first step in co-operative housekeeping is co-operation in buying. If twenty-five families would unite in the purchase of articles by the wholesale which are indispensable to all, and which each buys at retail, such as fuel, flour, tea, coffee, sugar etc., they would save from twelve to fifteen dollars in every hundred of their expenditures. Experience has demonstrated this to be the gain of the combination in buying. If, now, these twenty-five families would go one step further, and combine their separate bills of fare into one, and then have this one cooked over one fire, they would save two-thirds of the fuel consumed in the separated cooking of the twenty-five families.

"Who can estimate," Mrs. Livermore sums up, "the great gain that will enrich housekeepers, who are mothers of families, when cooking and laundering are eliminated from household industries, and are performed outside the home, by economical co-operation. As a rule, they are greatly overtaxed, and suffer from the daily consciousness that the physical strength and moral vigor they should give to the training of their children go, instead, into the daily cooking and the weekly laundering. With more time, more bodily power, keener moral insight, and increased power of organization, how easily they could combine for the study of enlightened motherhood. . . What might not be hoped of children, born of happier, healthier, and less anxious mothers who would approach maternity happily and intelligently, and with strength and courage adequate to its perils and exhausting duties?"

* * * *

### Women Known By Their Purses.

The Boston Herald finds that "it has been stated, perhaps by detectives, that the age and a great knowledge of the whole character of a woman can be gained from the contents of her pocketbook. The business woman always has a number of receipted bills and a quantity of cash in her pocketbook, while the mother of a family usually has many unreceipted bills, little cash, and the sides bursting with samples and bargain advertisements. The average young lady has a favorite poem stowed away in a corner, and invariably a souvenir of something bordering on the superstitious. For instance, while the writer was in a State Street jeweller's the other morning a tortoise-shell portemonnaie was found on the floor. It contained eighty-five cents and far back in a secret pocket, a poem entitled 'Soul for Soul.' It began:

Oh, eyes that pierce me through and through
And draw my very soul away,
Your sunshine may not fill my life
Nor turn my darkness into day.

"Next to that piece of sentiment was a small card with the young lady's name and weight printed upon it. On the reverse side of the card was a date with the words: 'If the sun shines three days after this, you will have good luck for nine days.' About noontime a beautiful little brunette, all anxiety and blushes, hurried in to claim the purse."

* * * *

### Male and Female Brains.

The new woman will have to prove that a big brain is not really necessary for a great intellect. Sir William Turner's presidential address in the Anthropological Section of the British Association shows that among civilized races men have the advantage over women in internal capacity of the cranium, and in weight of the brain itself. While the average brain weight of the European male is from 49 to 50 ounces, in the female it is only from 44 to 45 ounces. The difference in size and weight begins at birth. Nor is the inequality confined to European races. It is observable among savages, though in a lesser degree. Man is not only the larger and stronger animal, but is fitted with a larger and more powerful thinking machine. There is one passage in the paper, however, which may cause uneasiness. Sir William, in speaking of the skulls examined, said that some were known to be the crania of persons of education and position." What persons? How were their skulls obtained? It almost looks as though men of science were little better than body-snatchers. Or is it their habit to arrange with "persons of education and position"—say for a sum down—that after death they shall suffer decapitation?—[St. James's Gazette.

* * * *

### Washing Flannels.

Mrs. G. S. K. sends the following method for washing flannels in cold water: "Allow me to give you my method of washing flannels. Having used it myself for three years, and knowing others who have used it much longer, I know it will not shrink the goods, and that clothes or blankets treated in this way will come out as white and soft as when new, after years of service.

"Prepare a tub with enough cold water to cover the flannels easily. In this dissolve a tablespoonful of powdered borax and about the same quantity of ivory or any other nice white soap in a pailful of water. Let the flannels soak in this over night. In the morning rub the flannels out in the hands, rubbing more soap on soiled places, if necessary. Rinse them thoroughly in cold water and hang them out with very slight ringing. Do not iron them."

* * *

According to the latest tabulated statements of the Lloyds, the capacity of the merchant ships of the entire world is 22,820,000 tons. The aggregate capacity of the merchant navy of the British empire, including about 1,500,000 of tonnage in the colonies, is 10,503,000. The American flag floats over vessels with a total capacity of 4,700,000 and third on the list of merchant navies is that of Norway, with a carrying capacity of 1,605,000 tons.

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