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Dear Sirs,—Please pardon my delay in answering yours of weeks ago. Yes I have no hesitation in recommending your

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During the fall and winter of '96 and '97 I was greatly distressed with indigestion. I tried several remedies, each of which gave me no relief. I was advised to try your Invigorating Syrup, which I readily did and have felt grateful ever since to the one who gave me such good advice. The very first dose helped me, and before half of the first bottle was used I was completely cured. I have not been troubled with the disease since. I have taken occasion to recommend your medicine publicly upon several occasions, and heartily do so now. You are at liberty to use this in any way you please.

Yours truly,
(Rev) F. M YOUNG,
Pastor Baptist Church, Bridgetown, N. S.

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During the summer months a special course in Commercial subjects will be taught at Whiston & Frazee's College. Certificates of proficiency will be awarded at the close of the term.

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Mr. I. Patterson, Croft St., Amherst, N.S., makes the following statement: "Having been troubled for some time with distressing backaches and weak kidneys, I decided to try Doan's Kidney Pills. They acted promptly and effectively in removing the trouble with which I was afflicted, and restored me to my old-time form. It is a pleasure for me to recommend them to others."

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The Home

Summer Housework.

It is almost mid-summer's day and the last days of June before the housekeeper is compelled to regulate her work for sultry weather. June is proverbially the month of roses and of fragrant breezes blowing from flowery meadows. Housework on fine days is usually accomplished with all the incentive that delightful weather can give. July and August, on the contrary, are months when every contrivance must be resorted to to lessen the heat within doors, and to do the work with the least expenditure of nerve and music. A kitchen detached from the main portion of the house is very desirable during the last two months of summer, and may be advantageously used six months of the year. The chimney of the kitchen, in any event should be built on the outside of the house. There is nothing gained by having it within the walls of the house, except on the coldest days of winter. A kitchen chimney passing through the house occupies valuable room, and is usually a cause of annoyance during at least six months in the year. In summer it often renders two or more rooms uncomfortable. It heats the attic as it passes through, and this heat together with the heat gathered from the roof, affects the atmosphere of all the upper rooms in the house. The attic of all houses with metal or slate roofs should be isolated by a packing of mineral wool or some other material, which will keep away the heat; but comparatively few houses are built in this way. In old-fashioned times the ample chimneys of the kitchen took up so much room that it was generally built upon the outside of the house.

The stove of gasoline or of oil now takes the place of the winter cookstove that burns wood or coal, in many kitchens in summer. On general baking days, or for the heavier work of the kitchen, where there is a large family, an oil or gasoline stove should be supplemented by an oven of iron or brick or the use of a cooking stove on certain days in the week. There is a great deal gained in summer when the kitchen is a one-story extension and there are ventilators placed over the cookstove to carry away the odors of cooking, as well as the heat. The roof of such a kitchen should be isolated from the kitchen ceiling by a heavy packing of some material that will keep off the heat of the roof. There should be a ventilated space or a shallow air chamber directly under the roof to assist to the same end. If there is a cellar kitchen or "cold room" directly under the main kitchen, where dishes may be prepared, or parts of dishes, which do not require to be cooked over a fire, the arrangements for the summer cooking will be eminently satisfactory. An abundant flow of air is necessary to a summer kitchen, and this can only be secured without flies and other annoying insects by the use of wire screens at the windows and doors. A special oven for use on baking days is a great help to the housekeeper, and in that case the cooking of a large family can be done on a comparatively small range.—N. Y. Tribune.

* * *

Midsummer's Day.

The sun reaches the highest point in his journey northward on about June 21, and Midsummer day comes by tradition on June 24, a day when the mystic festival of the Nativity of John the Baptist is also celebrated in England and Europe. The use of the green boughs and garlands of wild flowers with which our heathen Saxon ancestors celebrated Midsummer's Day as the festival of the summer solstice has become curiously mixed with the rites of the Christian festival, until finally the day has become one of the most famous in all the calendar for divination, not even excepting the Scottish Hallow-e'en. The day, though almost identical with the solstice falls considerably before the middle of the heated term. July all over the northern hemisphere is conceded to be the warmest month, just as January, which also falls after the sun has receded from the solstice, is the coldest month. The accumulative effects of the long, hot days of July and of the long nights of January have more effect on the weather than the position of the sun has.

The play "Midsummer Night's Dream" recalls this eve as one when all fairies and spirits, both good and impish, were supposed to take special interest in the affairs of mortals. The night of this day was one when it was customary to watch. There was formerly a superstitious belief among people in general that the spirit of any one foolish enough to sleep on this night would certainly leave his body and wander. The exact objection to this was never clearly explained, but the fancy survives in the proverb which describes a wakeful night as a St. John the Baptist's night.

A great many plants are associated with Midsummer and St. John's day. The St. John's wort, whose yellow blossoms are as great a pest to the English farmer as they are in this country, is the flower especially associated with the day. If this plant were planted on St. John's eve it was believed it would foretell by remaining erect and fresh or by drooping and withering whether the lover of the maiden who planted it would prove true or false. The rose was gathered and planted for the same purpose, and the trefoil, or common clover, and even the awkward vervain, sometimes known as the "herb of grace." No plant, however, not even the St. John's wort, was more highly prized on this night than the orpine plant, which is the common "live-forever" of our gardens. This plant was gathered at midnight and planted carefully in earth on a piece of slate or potsherd and set up in the house for a "midsummer man." According as the stalk bent toward the right or left the maiden would know whether her lover would prove true or false. Orpine plants are often used as a lover's device in rings and other ornaments of the fifteenth century, and show not only how old this superstition is, but how long the plants used on this day have been in familiar cultivation—N. Y. Tribune.

* * *

Summer Hints.

Remember that cold food should be eaten very slowly in order to raise it to the proper temperature for digestion. Hot meat is digested much more rapidly than cold.

Prevention is always the best cure for flies. Keep the windows shut from early morning until the cool of the evening in the living rooms of the house. In the kitchen windows and doors screens should be used, since the air outside is cooler than the air inside even in the heat of the day.

* * *

An Expensive Badge.

A young man in a London omnibus noticed the blue ribbon total-abstinence badge on a fellow-passenger's coat, and asked him in a bantering tone "how much he got" for wearing it.

"That I cannot exactly say," replied the other, "but it costs me about £20,000 a year.

The wearer of the badge was Frederick Charrington, son of a rich brewer, and the intended successor of his father's business. He had been convinced of the evil of the ale and beer trade, and refused to continue in it, though it would have brought him an income of £20,000 a year.

He preferred a life of Christian philanthropy to a career of money-making; and his activity soon made him known through the kingdom as a most successful temperance evangelist. His work, organized in the tent-meeting on Mile End Road, has grown steadily for twenty years, and now fills "the largest mission hall in the world."—The Children's Record.

* * *

Dear Sirs,—Within the past year I know of three fatty tumors on the head having been removed by the application of MINARD'S LINIMENT without any surgical operation and there is no indication of a return.

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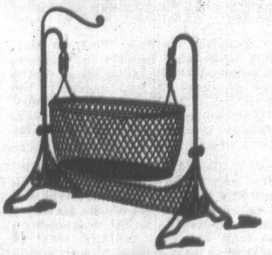

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April 15, 1898.

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Dear Sir,—It affords me a great deal o pleasure in stating that the "Little Beauty Hammock Cot" purchased from you has been very satisfactory, and I consider it one of the greatest conveniences we have, as it is so popular with the children, who seem to take to it at once. It takes up very little room and can be easily moved from place to place as required. I would not be without it under any circumstances, and can recommend it as a very useful and convenient article.

Yours Respectfully,
Mrs. W. P. MONTAGUE.

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