HOOD'S PILLS

Rouse the torpid liver, and cure biliousness, sick headache, jaundice, nausea, indigestion, etc. They are invaluable to prevent a cold or break up a fever. Mild, gentle, certain, they are worthy your confidence. Purely vegetable, they can be taken by children or delicate women. Price, 25c. at all medicine dealers or by mail of C. I. Hood & Co., Lowell, Mass.

GATES' MEDICINES
OUR FAMILY DOCTOR FOR 20 YEARS.

The following letter voices the sentiments expressed by hundreds of people throughout the provinces :

Forbesville, Cum. Co., January 27, 1899.

C. Gates, Son & Co. :

Gentlemen.—I bought the first of your medicines sold in this locality 25 years ago. I never regretted it. I raised three children and never employed a doctor for my family or myself.

Gates' Life of Man Bitters, Invigorating Syrup, Nerve Ointment, Acadian Liniment, and Vegetable Plaster

was our family doctor for over 20 years—and never failed to cure. My children are married and living in Boston and they think that Gates' medicines are the best that they can get today. Yours respectfully,

MRS. JOHN FORBES.

We want it to be distinctly understood that the excellence of Gates' Medicines are strictly maintained, and that the curative value is greater than it was 60 years ago, that we do not profess to cure chronic diseases in a few days, nor with two or three bottles of medicine.

C. GATES & CO,
Middleton, N. S.

MONT. McDONALD

BARRISTER, Etc.

Princess St *St. John*

PUTTNER'S EMULSION

Has never been surpassed as a remedy for Chronic Coughs, Colds, Consumption, and other disorders of the Lungs and Chest.

Always get PUTTNER'S, it is the Original and BEST.

MRS. GEO. SMALL, MT. FOREST, ONT.,

Considers Laxa-Liver Pills the best remedy for Biliousness.

One after another is coming forward and speaking a word in favor of the new family medicine—Laxa-Liver Pills.

Mrs. Geo. Small, Sligo Road, Mount Forest, after giving these pills a thorough trial, thus expresses herself :—"Laxa-Liver Pills are the best remedy I ever took for biliousness ; and as a general family cathartic, they are far superior to anything in the market for that purpose."

Laxa-Liver Pills are mild in action, harmless in effect, and do not weaken the system.

They act promptly on the Liver, tone up the digestive organs, remove unhealthy accumulations and cut short the progress of disease. Price 25c.

Dr. Wood's Norway Pine Syrup. cures the severest coughs and colds of young or old quicker than any other remedy. Price 25c.

The Home

Tact In The Sick Room.

A woman who was slowly recovering from a long illness dropped her head back on her pillow as a visitor left the room, and said, with a weary sigh, "Oh, why doesn't somebody write an article of things not to do in a sick room?" So this series of "don'ts" was written.

Don't sit between the invalid and the light—from window, gas or lamp. To do so puts the face of the visitor in darkness and irritates all the nerves, especially those of the eyes and head.

Don't sit in a rocking-chair and rock. It makes many well people nauseated to see a person swaying back and forth ; to an invalid it is anguish in all ways.

Never, in a well-meant desire to help, insist upon beating up or changing pillows unless asked to do so. Pillows that look uncomfortable are very often placed exactly where an invalid wants them.

Never change the light in a room—that is, pull shades up or down.

Never take flowers that have a strong odor into the room, but select those that have the least perfume and are the brightest to look at.

Never speak of the changed looks of the patient. It is certainly not pleasant, when one is weak and ill, to be told, "Well, you look just like wax ;" or "How thin you have grown." These remarks were actually made.

Never sit in such a position that an invalid will have to turn eyes or head to look at you ; it is most fatiguing for any one, and for a sick person it is a serious drain upon the strength.

Never speak of anything unpleasant in any way to an invalid ; for there are of necessity many idle hours in a sick room, and often many wakeful ones, and the mind dwells on all that has been said to the ears. So let it be bright and cheerful and amusing.

Above all, never sit on the bed, or stay above fifteen minutes at the outside, in the room of any person just recovering from an illness.

Do not mention exciting subjects in conversation, even if not unpleasant.

Never ask an invalid, "Shall I make such and such a thing for you to eat or to drink?" Make it, and send it without asking. Half the battle is won with a delicate and capricious appetite if it is given a surprise. Besides, if the invalid does not like, it can be let alone, and it is difficult to decline gracefully a well-meant offer of some detested viand.

But first, last, forever, and all the time, remember not to stay too long when making your call.

People who are well and strong mean very kindly actions very often, and do agonizing ones, because they personally do not know what it is to be ill, and a bundle of nerves, each one having an end on the outside. It is for such well people that this advice is written.—Ex.

* * *

Glazing Vegetables.

The French cooks possess the art of cutting vegetables in dainty decorative forms and glazing them. These glazed vegetables are chiefly for decorative purposes, but are also delicate to eat. The glazed vegetable is generally considered a "fussy" thing to prepare, and therefore the average housekeeper in this country usually takes little interest in its preparation.

This is a mistake. Onions and carrots are easily prepared for this purpose, and used the year round. To glaze onions select a dozen white onions of large size. Boil them. Remove the hearts with a vegetable cutter. Use the remainder of the onions stuffed with a forcemeat of any kind, and roasted brown for another dish. Take the round hearts of the onions removed by the vegetable cutter and lay them on a plate, spread an ounce of butter in a saucepan and when it is hot and melted put in the onions ; sprinkle two small pinches of sugar over each one of the onions. Toss the onions in the butter until they are delicately and evenly colored. Cover them with a little stock and cover the saucepan they are in with a close cover until the stock boils to a glaze. It is a good plan at this stage to put the onions in the oven and let them glaze there, basting them every fifteen minutes. Use them around meat or any vegetable they are needed around. Young spring carrots are used in preference for glazing. Boil them tender and turn them in small, even shapes—cork shapes. Put forty small carrots of the tiny French variety sold in the spring in a saucepan in half a pint of broth, a teaspoonful of salt and a teaspoonful of sugar. Put the saucepan, closely covered, on a quick fire and let the broth boil down for twenty minutes, when they should be well colored. Large carrots should be cut in two-inch lengths before cooking and glazing them. Turnips can be cut into cork-shaped pieces one inch thick by two inches long and glazed much the same way carrots are. Either of these vegetables may be prepared white or brown, according as they are fried in butter and cooked in stock, or simply partly cooked again till done in another water, with a pint and a half of water, a teaspoonful of salt and a teaspoonful of sugar.

* * *

Careless Words

The habit of reckless talk probably causes more actual troubles than any of the many evil habits in which people indulge. This is a fault that belongs to no rank, to no class. The servants in the kitchen and their high-bred mistress in the parlor may indulge each in her own way in this vice. The unkind, coarse talk of the kitchen is no more wicked than the more refined gossip of the parlor, "where reputations are slain with every hour." No thoughtful person of middle age and ordinary experience exists who could not mention many cases where the career of worthy, excellent people has been seriously injured by the hateful practice of unkind talk.

The Scriptures are filled with warnings against careless speaking, yet the fault is as rife to-day as it was in the days of the Pharaohs. A great deal of the brilliant small talk of society is poisoned with scandalous innuendo. This is not the fault of women alone, but it is a fault of idle persons ; and because the proportion of women who are idle is larger than that of men, so the gossiper is more apt to be a woman than a man. In proportion as the nature is lifted to a higher spiritual and intellectual plane, and the thoughts become full of noble ideals, the habit of gossip ceases. But where there is only intellectual progress and the heart is not cultivated, as well as the mind the evil is only clothed in refined language. The sneering voice, the careless, cutting sarcasm, are a part of the talk of some people of superior intellectual thought and life.

Nothing but a genuine Christian character can banish gossip from the conversation, and this banishes with it a vast amount of human pain and anxiety. No one can follow the golden rule in action who talks unkindly or even lightly and carelessly of others. The fact that we indulge in talk about others and their affairs makes it impossible for us to do without either approving or disapproving their actions, which quite often are no affairs of ours. The habit of doing our duties faithfully prevents our taking undue or impertinent interest in affairs of others.

* * *

Children should always increase in weight. Not to grow, not to increase in flesh, belongs to old age.

Present and future health demands that this increase in weight should be steady and never failing.

To delicate children, Scott's Emulsion brings richer blood and firmer flesh. Better color comes to the cheeks and stronger muscles to the limbs. The gain in weight is substantial; it comes to stay.

50c. and $1.00, all druggists.
SCOTT & BOWNE, Chemists, Toronto.

RADWAY'S READY RELIEF

For headache (whether sick or nervous toothache, neuralgia, rheumatism, lumbago, pains and weakness in the back, spine or kidneys, pains around the liver, pleurisy, swelling of the joints and pains of all kinds, the application of Radway's Ready Relief will afford immediate ease, and its continued use for a few days effects a permanent cure.

A CURE FOR ALL
SUMMER COMPLAINTS,
DYSENTRY, DIARRHOEA,
Cholera Morbus.

A half a teaspoonful of Ready Relief in a half tumbler of water, repeated as often as the discharges continue, and a flannel saturated with Ready Relief placed over the stomach or bowels, will afford immediate relief and soon effect a cure.

Internally—A half to a teaspoonful in half a tumbler of water will, in a few minutes, cure Cramps, Spasms, Sour Stomach, Nausea, Vomiting, Heartburn, Nervousness, Sleeplessness, Sick Headache, Flatulency, and all internal pains.

Malaria in its Various forms Cured and Prevented.

There is not a remedial agent in the world that will cure fever and ague and all other malarious, bilious and other fevers, aided by Radway's Pills, so quickly as Radway's Ready Relief. Price 25 cents per bottle. Sold by all druggists.

Radway's Pills

Always Reliable, Purely Vegetable

Perfectly tasteless, elegantly coated, purge, regulate, purify, cleanse and strengthen. Radway's Pills for the cure of all disorders of the Stomach, Bowels, Kidneys, Bladder, Nervous Diseases, Dizziness, Vertigo, Costiveness, Piles.

SICK HEADACHE,
FEMALE COMPLAINTS,
BILIOUSNESS,
INDIGESTION,
DYSPEPSIA,
CONSTIPATION,
—AND—
All Disorders of the LIVER.

Observe the following symptoms, resulting from diseases of the digestive organs. Constipation, inward piles, fullness of blood in the head, acidity of the stomach, nausea, heartburn, digest of food, fullness of weight of the stomach, sour eructations, sinking or fluttering of the heart, choking or suffocating sensations when in a lying posture, dimness of vision, dots or webs before the sight, fever and dull pain in the head, deficiency of perspiration, yellowness of the skin and eyes, pain in the side, chest, limbs, and sudden flashes of heat, burning in the flesh

A few doses of Radway's Pills will free the system of all the above-named disorders.

Price 25 cents a box. Sold by all druggists or sent by mail.

Send to DR. RADWAY & CO ,7 St. Helen St., Montreal, Can., for book of advice.

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TRAVEL IN COMFORT
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St. John, N. B.

FARM FOR SALE

On account of change of condition and decline of life, I offer for sale my FARM of 100 acres, admirably situated in one of the most productive and beautiful sections of the Annapolis Valley, 2½ miles from Kingston Station—one of the large fruit centers. Two churches, school and new hall, all within one mile. Description, terms, etc., on application.

JOHN KILLAM,
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