



WOOD'S PILLS

Removes the torpid liver, and cures biliousness, sick headache, jaundice, nausea, indigestion, etc. They are invaluable to prevent a cold or break up a fever. Mild, gentle, certain, they are worthy your confidence. Purely vegetable, they can be taken by children or delicate women. Price, 25c. at all medicine dealers or by mail of C. I. HOOD & CO., Lowell, Mass.

Burdock Blood Bitters, The Best Spring Medicine.

Removes all poisons and impurities from the system. Gives strength and vitality in place of weakness and languor.

The most wonderful blood purifier, restorative and strengthener known to science.

Mr. Geo. Heriot, Baillieboro, Ont., says: "Two years ago I was very poorly in the spring, had no appetite, felt weak and nervous, not able to work much and was tired all the time."

"I saw Burdock Blood Bitters highly recommended, so got a bottle."

"I started taking it, and inside of two months I was as well as ever I was in my life."

"I cheerfully recommend B. B. B. as a splendid blood purifier and spring medicine."

INDIGESTION

CAN BE CURED.

An Open Letter from a Prominent Clergyman.

C. GATES, SON & CO.,
Middleton, N. S.

Dear Sirs, — Please pardon my delay in answering yours of weeks ago. Yes, I have no hesitation in recommending your

Invigorating Syrup.

During the fall and winter of '96 and '97 I was greatly distressed with indigestion. I tried several remedies, each of which gave me no relief. I was advised to try your Invigorating Syrup, which I readily did, and have felt grateful ever since to the one who gave such good advice. The very first dose helped me, and before half of the first bottle was used I was completely cured. Have not been troubled with the disease since. I have taken occasion to recommend your medicine publicly upon several occasions, and heartily do so now. You are at liberty to use this in any way you please.

Yours truly,
(REV.) F. M. YOUNG,
Pastor Baptist Church, Bridgetown, N. S.

Sold Everywhere at 50 Cents per Bottle.

PUTTNER'S EMULSION

Has never been surpassed as a remedy for chronic Coughs, Colds, Consumption and other disorders of the lungs and Chest.

Always get
PUTTNER'S it is
THE BEST.



Pain-Killer

ALWAYS KEEP ON HAND

THERE IS NO KIND OF PAIN OR AGUE, INTERNAL OR EXTERNAL, THAT PAIN-KILLER WILL NOT RELIEVE.

LOOK OUT FOR IMITATIONS AND SUBSTITUTES. THE GENUINE BOTTLE BEARS THE NAME,
PERRY DAVID & SON.

The Home

Old People.

There have been certain changes in thought and feeling during this century which have gone a great way toward solving for woman the old secret of perpetual youth. The advance in woman's education has kept her young by keeping her interests alive in vital questions of the hour. Education has given her something to think about—some living interests when she reaches that period in her life when younger hands take up her work. The woman who formerly gossiped on country piazzas or employed her time embroidering impossible flowers, dogs and cats in eye scratching colors and discussed the deterioration of youth and the superiority of her day to the present is a figure of the past. She has become an anomaly not to be tolerated. Women of to-day do not think of themselves as belonging to a past age, whatever age they may have attained. It is only the very old who become reminiscent. We see instances each day of women making new departures, taking up art studies, courses in universities, and in other ways showing their interest in the present and future of the world's life and progress, and at an age when a few generations ago they were considered to have passed their usefulness. There is no more pathetic picture than that of the grandmother in the corner, knitting to keep her fingers active, yet only thinking of a day passed that can never return, waiting for the end. It cannot be forgotten that the woman of the beginning of the century and before often sank into this hopeless state at a period when men were in the prime of their powers. Living interests keep us young. The sympathies we have in life keep us young. At any age an ennuied mind cannot long inhabit a healthy body. Keep your interests in nature alive if you would keep young. Do not become indifferent to the succession of years, so that the seasons go by without thought or feeling, but rejoice with the birds and all living creatures in the joy of the spring, the beauty of the summer and autumn and the promise hidden in the snows of winter. "Measure your health," says Thoreau, "by your sympathy with morning and spring. If there is no response in you to the awakening of nature, if the prospect of an early morning walk does not banish sleep, if the warble of the first bluebird does not thrill you, know that the morning and spring of your life is past. Thus you may feel your pulse."—N. Y. Tribune.

Incentives to Economy.

It is in the power of a vast number of persons, employers of manual or domestic labor, to encourage thrift among those whom they employ. For example, a large number of workers rarely think of commencing to save. It has been said by many persons who have accumulated independencies that it was saving of the first small sum that constituted the difficulty. Every mistress of a household, however large or small the number of her servants, can readily obviate this difficulty by presenting even a small sum to be placed in the savings bank, with the intimation that it bears interest as soon as a single dollar has been allowed to accumulate. This and the occasional gift of a small gratuity, such as a Christmas box, to be added to the amount, will inculcate habits of thrift amongst your servants, which once acquired will never be neglected. We have known many examples of this practice being most advantageously followed, and if the habit of thrift were inculcated more steadily in schools and amongst the young, we should have less outcry for the desirability of help for one large section of the community at the expense of the other.—Public Ledger.

Changing the Air.

BY MRS. J. W. WHEELER.

Changing the air of the living rooms occasionally assists greatly towards healthful living. Those who do not go in and

out of doors daily cannot realize how stale the air becomes; it is the one coming in from the pure, out-of-door air that notices how thick and vile it is from being breathed over and over again. For this reason the rooms need flushing out every few hours, pushing up the sashes so that a draught is created, which in two or three minutes will displace the stale air without chilling the room so much but that it will quickly return to its former temperature; the occupants of rooms treated in this way will not be subject to headache. In our efforts to keep warm, we should not lose sight of the fact that fresh air is just as essential in the winter as in the summer.—New York Observer.

How to Preserve Patent Leather.

Procure a pound or two of natural wool before it has been washed. You will find this to have a sweet, wholesome smell and to be full of oil. It is the natural oil of the sheep, the same kind of oil that is in your hair. This oil keeps the sheep's skin soft and healthy, and a like thing keeps healthy the calf's or kid's skin from which your shoes are made. Now, every time you take off your shoes of patent or enameled leather clean them with a rag and then rub them briskly for a few minutes with a handful of wool. It will astonish you to see what a polish that will give them. They will look like new, and you will find that the leather will not crack as long as you keep on treating it.

How to Preserve Lemons.

This recipe should be carried out while the lemons are still procurable at a reasonable price. Put a layer of fine dry sand, an inch in depth, at the bottom of an earthenware pan. Place a row of lemons upon this, stalk downward, taking care that they do not touch each other. Cover with another layer of dried sand, fully three inches deep. Lay on more lemons, and repeat until the jar is full. Store in a cool place, and the fruit will keep for months.

The Methodist twentieth century fund is now \$643,852, an increase for March of \$22,924.

A Fleeshy Consumptive

Did you ever see one? Did you ever hear of one? Most certainly not. Consumption is a disease that invariably causes loss of flesh.

If you are light in weight, even if your cough is only a slight one, you should certainly take

Scott's Emulsion

of cod liver oil with hypophosphites. No remedy is such a perfect preventive to consumption. Just the moment your throat begins to weaken and you find you are losing flesh, you should begin to take it.

And no other remedy has cured so many cases of consumption. Unless you are far advanced with this disease, Scott's Emulsion will hold every inducement to you for a perfect cure.

All Druggists, etc., and Dr. SCOTT & BOWNE, Toronto.

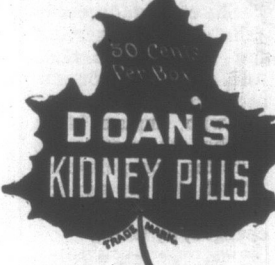


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Parsons' Pills

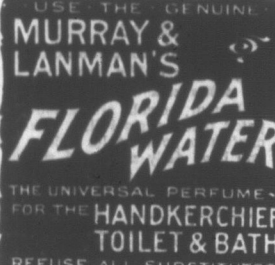
"BEST LIVER PILL MADE." Positively cures biliousness and all Liver and Bowel complaints. Sold by Druggists, or sent post-paid, for 50 cts. Book free. L. A. JOHNSON & CO., Boston, Mass.



DOAN'S KIDNEY PILLS

In these days of imitations it is well for everyone to be careful what he buys. Especially is this necessary when a matter of health is involved.

There are so many imitations of Doan's Kidney Pills on the market—some of them absolutely worthless—that we ask you to be particular to see that the full name and the trade mark of the Maple Leaf are on every box you buy. Without this you are not getting the original Kidney Pill, which has cured so many severe cases of kidney complaint in the United States, Australia and England, as well as here in Canada. The Doan Kidney Pill Co., Toronto.



MURRAY & LANMAN'S FLORIDA WATER

THE UNIVERSAL PERFUME FOR THE HANDKERCHIEF, TOILET & BATH. REFUSE ALL SUBSTITUTES.

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Royal Navy Chocolate and Hygienic Cocoa are always the favorites in the homes
The COWAN CO., TORONTO.

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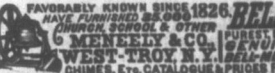
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Students may enter at any time, as the instruction for the most part is individual. Send today for illustrated catalogue.

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