

Tonight

If your liver is out of order, causing Bilelessness, Sick Headache, Heartburn, or Constipation, take a dose of

Hood's Pills

On retiring, and tomorrow your digestive organs will be regulated and you will be bright, active and ready for any kind of work. This has been the experience of others; it will be yours. HOOD'S PILLS are sold by all medicine dealers. 25 cts.

The Granger Condition Powders are a genuine Tonic and blood cleanser.—They cure Stoppage, Worms, swelled legs, horse all, cough, and purify the blood.

STRENGTHENS WEAK LUNGS.

Many persons are in a condition to invite Pneumonia or Consumption by reason of inherited tendency or other causes. They catch cold easily—and it is difficult to get rid of an ordinary cough or cold. We would advise all such people to use Dr. Wood's Norway Pine Syrup.

It is a wonderful strengthener and healer of the breathing organs, and fortifies the lungs against serious pulmonary diseases.

Miss Clara Marshall, Moore, Ont., writes: "I have suffered several years with weak lungs and could get no cure, so became discouraged. If I caught cold it was hard to get rid of it. I started using Dr. Wood's Norway Pine Syrup, and as a result my cough has been cured and my lungs greatly strengthened."

Dr. Wood's
Norway Pine
Syrup.



25c. and 50c. a bottle. All druggists.

To keep in good health, keep the system regular. Use Wheeler's Botanic Bitters.

INDIGESTION CAN BE CURED.

An Open Letter from a Prominent Clergyman.

C. GATES, SON & CO.
Middleton, N. S.

Dear Sirs,—Please pardon my delay in answering yours of weeks ago. Yes, I have no hesitation in recommending your

Invigorating Syrup.

During the fall and winter of '96 and '97 I was greatly distressed with indigestion. I tried several remedies, each of which gave me no relief. I was advised to try your Invigorating Syrup, which I readily did, and have felt grateful ever since to the one who gave such good advice. The very first dose helped me, and before half of the first bottle was used I was completely cured. Have not been troubled with the disease since. I have taken occasion to recommend your medicine publicly upon several occasions, and heartily do so now. You are at liberty to use this in any way you please.

Yours truly,
(REV.) F. M. YOUNG,
Pastor Baptist Church, Bridgetown, N. S.

Sold Everywhere at 50 Cents per Bottle.

We advise you strongly to keep Kendrick's Liniment in the house.

THAT PALE FACE

may be a sign that your blood is poor in quality, and deficient in quantity.

Puttner's Emulsion

produces pure, rich blood, and restores vigor and strength, and bloom to the cheek.

Always get
PUTTNER'S it is
THE BEST.



The Home

Whooping Cough Cure.

Whooping cough is a disease for which no sure and rapid cure has yet been discovered. It must run its course of from 8 to 12 weeks. The best that can be done is to alleviate the child's suffering. Many drugs which might with safety be used by an attending physician are dangerous in the hands of the layman. The simplest treatment, in my mind, will be the use of bromide of soda, administered with an expectorant. For a child up to one year of age give from one to two grains, a teaspoonful every three hours; for a child from 1 to 5 years old the dose can be increased to from three to five grains at the same intervals. The expectorant should include sirup of ipecac, sirup of tolu, sirup of squilla and tincture of paregoric in sufficient quantities to make a mixture of about one ounce. Of this about 20 drops should be given in addition to the bromide of soda. More or less violent bronchial complications usually accompany whooping cough, especially in winter, and the expectorant will act upon the bronchial tubes and relieve the congestion there. This treatment will lessen the violence of the whoop and alleviate the suffering, which is all that can be done.

It is highly essential that the child should receive the best possible food. The fits of vomiting which frequently follow the severe coughing spells sap the child's strength, and it requires the stimulant of good food—not of whisky or other liquors. The strongest foods in small quantities are best, such as the juice of a stake or concentrated beef extract. Care should also be taken that the child's clothing is clean and sanitary requirements are respected.—Dr. E. J. Conlin.

How to Strengthen the Voice and keep it in Good Order.

Live naturally, avoid alcoholic stimulants, keep the skin clear, breathe through the nose, read blank verse aloud, speak loudly to a person at a distance, speak softly to one near, get plenty of sleep, eat figs and mind strain. Go into a large hall with a friend. Get him to go as far away as he can and talk or sing to him. If singing, be careful your words reach him. Don't take lozenges or any preparation for the voice. Feed carefully and keep your stomach in order. These rules are based on 20 years' public talk in the largest halls and vast private teaching.

Use cold water as a gargle every morning on rising. This acts as a tonic, stimulating and strengthening the larynx and contracting the tonsils. Habitually breathe through the nose, especially when entering or leaving a crowded room. I have practised the above simple rules for 12 years, and, although I speak six or seven hours five days each week, I scarcely ever have throat trouble. Sudden hoarseness can be relieved by allowing a piece of borax about the size of a pea to dissolve in the mouth. This usually restores the voice like magic, and for an hour or two afterward the voice is clear. Sniffing scents or flowers previous to singing should be avoided. Hoarseness due to a cold is best treated by a Turkish bath. In the hot air chamber the voice becomes clear and natural, and, though the hoarseness may return, it may be taken as an indication that the bath has done good. In chronic cases several baths are necessary to effect a cure.—T. S. C. in Boston Globe.

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Orange Jelly.

To make an excellent orange jelly, pour over half a box of gelatine half a pint of cold water and let it soak two hours. Peel ten oranges removing every bit of the white part, cut the pulp into small pieces and put in an earthen bowl with the juice saved from cutting up the fruit. Add two small cups of sugar to the soaked gelatine, and a pint and a half of boiling water. Turn these over the prepared oranges. As the mixture cools, stir occasionally until it will just pour, then turn into molds to form. If the oranges are too sweet, one lemon may be substituted in place of an orange.

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Salted Pistachio Nuts.

Pistachio nuts may also be salted in exactly the same way that almonds are salted. They may be cut into strips and used in connection with candied and sliced limes, strips of angelica and candied Malaga grapes to decorate a mould of blanc mange. Where the almond is used the pistachio may usually be substituted, though it is not worth while to use this more expensive nut in macaroons or any baked dish, where the delicate flavor would be destroyed in cooking.

How to Remove Ink From Carpets.

Dip a clean sponge in milk and sponge the ink spot, cleansing the sponge in clean water before putting it again in the milk, so as to avoid smearing it; continue the operation until all the ink is removed; then wash the milk out of the carpet.

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HOW TO MAKE CODFISH ROLLS.—Mix one box of shredded codfish on one pint of pickled fish with one pint of stale bread crumbs; add one saltspoon of white pepper, the juice of one lemon and two whole unbeaten eggs. Work well together (it should be moist enough to hold together). When well mixed form into rolls, dip in egg and then into bread crumbs, and fry in smoking hot fat. Serve with tomato sauce.

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How Moody Beat A Rival.

"One Saturday afternoon young Moody was dispatched to make a collection from an establishment whose credit was under suspicion. While on the train he discovered that the representative of another firm, to whom the same store was deeply indebted, was hastening to the same place on the same mission," says William R. Moody, writing of his father, Dwight L. Moody, in a series of articles in The Saturday Evening Post. "A continuous ride to the town would break into Sunday, and it was one of Mr. Moody's principles not to travel on the Sabbath. It was necessary for him, therefore, to spend Sunday at some point and resume his journey Monday morning. The other collector did not have such scruples, but planned to proceed, arrive on Sunday morning, and thus secure his claim the first thing on Monday morning, which would probably shut out Mr. Moody's firm. However, where business was involved Mr. Moody never hesitated, and yet his business pride was at stake and it was rather hard for him to see the other man win. Consequently he determined to do what he could, legitimately, to get even chances. It was in the early days of railway travel and changes were frequent; so at one of those changes Mr. Moody and his rival took a walk, and Mr. Moody engrossed him so in conversation that he missed his train, and thus both men got to the town at the same time on Monday."

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IT NEVER FAILS TO MAKE SICK PEOPLE WELL.

Paines Celery Compound

Is A Great Physician's Prescription.

It Possesses Life-Giving Virtues Unknown to Other Medicines.

All Classes of Our People Speak of Its Marvellous Cures.

The blessing of life—good health, depends upon the perfect action of the nervous currents and the vigor of the circulation and the quality of the blood.

If you are rundown, feel without energy, lifeless, useless, fretful and despondent, one or two bottles of Paine's Celery Compound effect a wonderful change. Constipation will no longer give you disquieting thoughts; your appetite will come back; the blood will be made pure; sleeplessness, nervousness and headaches will be things of the past. This is the happy experience of tens of thousands of men and women in Canada.

The great and ever increasing demand for Paine's Celery Compound as a health builder tells the story of the continued confidence and faith placed in it by our people.

Paine's Celery Compound must not for an instant be classed with the ordinary patent of the day; it is an eminent physician's prescription that gives new life, vigor and strength when all other remedies fail. The use of one bottle is sufficient to convince the most hardened and skeptical.

EVERY MOTHER SHOULD Have it in the House

For common ailments which may occur in every family. She can trust what time indorses. For Internal as much as External use. Dropped on sugar it is pleasant to take for colds, coughs, croup, colic, cramps and pains.

I have used your Anodyne Liniment in treating our infant (only six months old) for colic, and our little three year old daughter for summer complaint and bowel diseases generally, and found it to be excellent. JOHN L. INGALLS, American, Ga.

JOHNSON'S ANODYNE LINIMENT

Relieves Every Form of Inflammation. Originated in 1810 by an old Family Physician. No remedy has the confidence of the public to a greater extent. Our book on INFLAMMATION free. Price 25c. L. S. JOHNSON & CO., Boston, Mass.

Parsons' Pills

"Best Liver Pill made." Positively cure Bilelessness, Sick Headache, all Liver and Bowel complaints. They expel impurities from the blood. Delicate women find relief from using them. Price 25c. L. S. JOHNSON & CO., Boston, Mass.

Ask for KENDRICK'S LINIMENT.

WHEELER'S BOTANIC BITTERS

A reliable and effective medicine for cleansing the blood, stomach and liver. Keeps the eye bright and skin clear. Cures headache, dizziness, constipation, etc. Purely Vegetable, large bottles, only 25 CENTS.

GRIPPE'S LEGACY.

Shattered Nerves
AND
Weakened System.

A Montreal Gentleman Tells About It.

Mr. F. J. Brophy, a well-known employee in the money-order department at the general post office in Montreal, tells about his case as follows:

"I had a very severe attack of La Grippe, which left me all run down, very nervous, without appetite, and extremely weak. Very often I could not sleep at night, and I was much troubled with profuse perspiration, which naturally caused me much annoyance. Learning of the good effects of Milburn's Heart and Nerve Pills, I began taking them, and much to my gratification they have braced me up, invigorated my entire system, and made me like a new man. I am now all O.K., and I highly recommend these pills to anyone suffering as I did."

Milburn's Heart and Nerve Pills cure palpitation, nervousness, sleeplessness, weakness, anemia and general debility.

CURE ALL YOUR PAINS WITH

Pain-Killer.

A Medicine Chest in Itself.

Simple, Safe and Quick Cure for

CRAMPS, DIARRHOEA, COUGHS,
COLDS, RHEUMATISM,
NEURALGIA.

25 and 50 cent Bottles.

BEWARE OF IMITATIONS.
BUY ONLY THE GENUINE.
PERRY DAVIS'

MONT. McDONALD

BARRISTER, Etc.

Princess St. St. John

GEM POCKET PRINTER

and LINEN MARKER.

A complete miniature Printing Office consisting of 3 Alphabets of Rubber Type, Linotype, and full directions, all packed in a neat case. Useful to every home for marking linen; also for printing cards, envelopes, etc. Every pocket should possess one. Mailed, post-paid, for only 15 cents. An elegant present with order for three copies. Satisfaction guaranteed, or money refunded. Address: BEECHER & CO., Toronto, Ont. (Please mention this paper.)

SILK

We've purchased all the remnants of silk from the largest silk house in Canada, and are mailing them in packages each containing about 100 pieces of beautiful, in new patterns and brilliant colors, enough to cover over 200 square inches. Not a yard like those for fancy work. One package by mail, 15 cents or 2 for 25c. silver, Johnson & McParlane, 110 Yonge St., Toronto.

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