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The Home

THE CARE OF CHILDREN'S HAIR.

Mothers should teach their children to care for their hair as early as possible. If the little girl is coaxed into the habit of giving her locks a hundred strokes with a stiff brush every morning and evening, and braiding them loosely for bed, the foundation for a future beautiful head of hair will be laid. Counting the strokes will lighten the task for her, and she will soon become accustomed to it and make it a part of her daily toilet. Too many children are allowed to go to bed with their hair in a tousled condition, only to have it jerked and untangled hastily when school time comes around. Such a practice is disastrous to the nerves of a sensitive child and ruinous to the hair. Teach the little daughter to take care of her hair and at the right time, and also to keep her brushes and comb in the proper state of cleanliness. These articles should be as strictly personal as the tooth brush. Never allow one child to use the other's hair-brush. Diseases of the scalp are most contagious, and the brush is the surest germ agent.—Morning Star.

THINGS WORTH KNOWING.

That salt is not to be added to oatmeal until it has boiled about fifteen minutes.

That a lump of butter dropped into boiling molasses or maple candy will prevent it from running over.

That a piece of lace or thin muslin, starched and put over the holes or worn places in lace curtains will show very little and improve the appearance of the curtains.

That a handful of salt, thrown into the tepid water with which straw matting is wiped up, will make it look extra fresh and clean.

That the yolk of an egg gives richness to the milk you pour over asparagus; beat it well, add butter, salt and pepper, as usual.

That an ounce of alum stirred into hot milk makes a fine bath for parts affected with rheumatism. The curds which form when the mixture gets cold makes an excellent poultice as one could wish.

That all white wool articles are thoroughly cleansed by rubbing with dry flour. Shake well afterwards.

That a silver spoon, knife or fork put into a glass jar or dish, will temper it so that it can be filled with anything hot, even to the boiling point.

That a raw egg, swallowed, will usually detach any foreign substance, like fish-bone, if lodged in the throat.

That ink-spots on linen can be removed by dipping the article in pure melted tallow. Wash out the tallow, and the ink will come with it.

That a teaspoonful of ammonia in the water in which silver is washed will keep it brilliantly bright.

That fresh lard will remove tar from either hands or clothing. Wash with soap and water afterwards.

That it takes less sugar for fruit and preserves if put in after they are well cooked.

That wet cooking soda, spread upon a thin cloth and bound over a corn will remove it

That a de of equal parts of brimstone, saltpetre, and lard, if bound about a felon, will cure it. Renew as soon as it gets dry.

That a preparation of one ounce of flower of sulphur and one quart of soft water, if applied thoroughly to the scalp, night and morning, will remove every trace of dandruff and render the hair rich and glossy.

That a cloth wrung out of tepid water will not injure the most delicate wood.—'Vicks Magazine.'

To remove the odor of fish or onions from a frying pan, put a little vinegar into the pan and heat it over the fire.

Clean the sink with kerosene, applying the oil on a cloth, and you will find that dirt and grease are removed as if by magic.

CATSUP COMMENTS.

A granite or porcelain lined kettle should be used in making catsup. The vegetables, or fruits, should be very ripe, but solid and free from decay, and put through a colander, then through a sieve. Pound, mix and sift together all condiments before adding them to the pulp. Pour the catsup while hot into bottles, cork and seal, then when cool place in a cool, dry place. Catsup must be stirred constantly to prevent burning.

Glass or stone jars are preferable to any other. Catsup should be sealed in half-pint bottles. Pickles need not be sealed, but must be kept well covered, as exposure to the air softens them and vitiates the vinegar.

GRAPE FRAPPE.

To a pint of grape juice add two cupfuls of sugar and four cupfuls of water. Boil ten minutes, and when cool add one cupful of orange juice and the juice of two lemons. Strain through cheesecloth, add a quart of ice water and freeze to a mush.

GRAPE MARMALADE.

After washing ripe grapes, squeeze the pulp into one dish, putting the skins to cook with very little water. Stew the pulp until the seeds separate, then press through a sieve or colander to remove the seeds. Add to the skins and allow three-fourths of a pound of sugar to one pound of fruit, and cook until thick.

GRAPE CATSUP.

Cook grapes till tender, strain through a sieve and to five pounds of pulp add three pounds of sugar, one-half a tablespoonful each of cinnamon, cloves, allspice, and pepper, with one-half a teaspoonful of salt.

What Sulphur Does.

FOR THE HUMAN BODY IN HEALTH AND DISEASE.

The mention of sulphur will recall to many of us the early days when our mothers and grandmothers gave us our daily dose of sulphur and molasses every spring and fall.

It was the universal spring and fall "blood purifier," tonic and cure-all, and mind you, this old-fashioned remedy was not without merit.

The idea was good, but the remedy was crude and unpalatable, and a large quantity had to be taken to get any effect.

Nowadays we get all the beneficial effects of sulphur in a palatable, concentrated form so that a single grain is far more effective than a tablespoonful of the crude sulphur.

In recent years research and experiment have proven that the best sulphur for medical use is that obtained from Calcium (Calcium Sulphide) and sold in drug stores under the name of Stuart's Calcium Wafers. They are small choclate pellets and contain the active medicinal principal of sulphur in a highly concentrated effective form.

Few people are aware of the value of this form of sulphur in restoring and maintaining bodily vigor and health; sulphur acts directly on the liver, and excretory organs and purifies and enriches the blood by the prompt elimination of waste material.

Our grandmothers knew this when they dosed us with sulphur and molasses every spring and fall, but the crudity and impurity of ordinary flowers of sulphur were often worse than the disease, and cannot compare with the modern concentrated preparations of sulphur, of which Stuart's Calcium Wafers is undoubtedly the best and most widely used.

They are the natural antidote for liver and kidney troubles and cure constipation and purify the blood in a way that often surprises patient and physician alike.

Dr. R. M. Wilkins while experimenting with sulphur remedies soon found that the sulphur from Calcium was superior to any other form. He says: "For liver, kidney and blood troubles, especially when resulting from constipation or malaria, I have been surprised at the results obtained from Stuart Calcium Wafers. In patients suffering from boils and pimples and even deep-seated carbuncles, I have repeatedly seen them dry up and disappear in four or five days, leaving the skin clear and smooth. Although Stuart's Calcium Wafers is a proprietary article, and sold by druggists, and for that reason tabooed by many physicians yet I know of nothing so safe and reliable for constipation liver and kidney troubles and especially in all forms of skin disease as this remedy."

At any rate people who are tired of pills, cathartics and so called blood "purifiers;" will find in Stuart's Calcium Wafers, a far safer more palatable and effective preparation.

Get the Doctor Quick!

When accidents happen in the house quickly get the bottle of Pond's Extract—*the old family doctor*. Always ready—always sure, at any time, day or night. A bottle on the medicine shelf is like having a doctor in the house. When pain racks the body it relieves and cures. Imitations are weak, watery, worthless; Pond's Extract is pure, powerful, priceless.

Sold only in sealed bottles under buff wrapper.

ACCEPT NO SUBSTITUTE.



Sick Headache, Biliousness, Dyspepsia, Coated Tongue, Foul Breath, Heart Burn, Water Brash, or any **Disease of the Stomach, Liver or Bowels.**

Laxa-Liver Pills are purely vegetable; neither gripe, weaken nor sicken, are easy to take and prompt to act.

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