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will find

Weaver's Syrup and Cerate

invaluable to cleanse the blood
Davis & Lawrence Co., Ltd., Montreal.

Save your Horse

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**FELLOWS'
LEEMING'S
ESSENCE.**

It Cures
Spavins, Ringbones,
Curbs, Splints, Sprains,
Bruises, Slips, Swellings,
and Stiff Joints on Horses.
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A good thing is worth a fair price and
the cheapest.

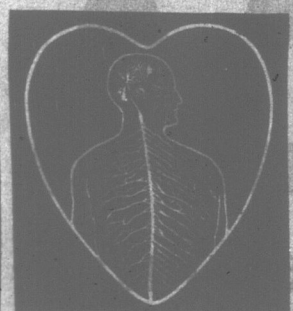
BUT

An inferior thing is dear at any price.
Compare our Curriculum, equipment,
individual instruction, experienced teachers
and large patronage for trained help with
any other school, and we know which school
you will attend.

Students admitted any time.
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**KAULBACH & SCHURMAN,
Chartered Accountants,
MARITIME BUSINESS COLLEGES**
Halifax and New Glasgow, N. S.

MILBURN'S Heart and Nerve Pills.



Are a specific for all diseases and dis-
orders arising from a run-down condi-
tion of the heart or nerve system, such
as Palpitation of the Heart, Nervous
Prostration, Nervousness, Sleepless-
ness, Faint and Dizzy Spells, Brain Fag,
etc. They are especially beneficial to
women troubled with irregular men-
struation.
Price 50 cents per box, or \$1 for 100.
All dealers, or
THE T. MILBURN CO., LIMITED,
Toronto, Ont.

The Home

HOUSEHOLD HINTS.

Keep all pieces of clean tissue paper,
no matter how wrinkled, to polish
mirrors or windows.

Turpentine sprinkled among clothes
or put about a closet will prevent
moths abiding as well as exterminate
cockroaches.

Clean the keys of the piano with a
soft cloth dampened with alcohol, and
wipe quickly with a clean, dry cloth.

Take a day to overhaul the door and
window screens, if they were not cleaned
and mended when put away last fall.

It is said a few drops of oil of pep-
perment placed in mouse holes will
keep the pests away, since the odor is
offensive to them.

Drive nails through spools to hang
cloths on in the attic or woodshed. It
will prevent many a torn place when
things are taken down in the dark.

A large packing box, having the cov-
er hinged for a lid that will fit
closely, provides a desirable chest for
winter clothing, if carefully lined with
tar paper throughout.

Bagdad portiers unless cleaned in
gasoline, should be ripped apart when
washed. Soap should not be rubbed
on them, and the stripes should be
washed separately, quickly rinsed and
dried.

Not soap, but ammonia, should be
used in the water with which windows
are washed, if clear, bright glass is
desired. It is stated that lamp chim-
neys rubbed with dry salt, after wash-
ing, will acquire unusual brilliancy.

Sacks made of several thicknesses of
newspaper pasted together are moth
proof for clothing, provided the gar-
ments are thoroughly brushed and
shaken so no moth eggs are lodged in
them. These sacks should be paired
together, not tied.

Never use corn meal to clean a car-
pet, as it will attract vermin. Instead,
for the weekly sweeping try handfuls
of damp salt. Mating is best cleaned
by wiping with cloths wrung out of
warm, not hot, salt water.

Clean the straw matting with warm
water, in which oxalic acid has been
dissolved, applying it with a scrubbing
brush, then rinse carefully with clean
water, using a soft cloth and wipe dry.
Clean but a small space at a time.

In patching cracks in plastering, if
plaster of Paris is mixed with vinegar
instead of water it can be handled
better, as it will not set so quickly as
when water is used. Strong hot vine-
gar will remove paint from window
glass.

Exact copies of sotty broadsides of the
three French Louis periods can now
be obtained in cretonnes from 30 cents
to 60 cents a yard, in linen taffetas, 20
cents to \$1.25, and art-tickings at 25
cents, which make charming cushion
covers, window and door draperies.

SELECTED RECIPES.

Carrot Pudding.—One cup of grated
raw potatoes, one cup of raw carrots,
grated; one cup of brown sugar, one
cup of powdered suet, a pinch of salt,
one cup of cleaned currants, one and
a-half cup of flour, one teaspoonful of
soda and a dash of spice. Steam from
three to four hours.

Old-fashioned Brown Betty.—Two
cups of chopped-up apples, one cup of
bread-crumbs, a couple of teaspoonfuls
of butter. Put a layer of apples over
the bottom of a pudding dish, one you
can bake and serve in, and sprinkle
sugar and then butter, either melted or
in tiny dabs, and cinnamon or nutmeg;
then sprinkle bread-crumbs, and con-
tinue until you wind up with a layer
of crumbs. Bake for three-quarters of
an hour and brown.

NEEDS OF THE HAIR

The first and greatest needs of the
hair are cleanliness, friction and ven-
tilation. Give your hair a sun bath
once in a while and the silky strands
will fairly laugh with happiness. For
some crazy reason there are many in-
dividuals who will not wash their
heads often enough to keep the hair
decently clean. We are not water ani-
mals and do not need to soak our top-
knots every day, but it is a pretty plain
fact that once every week or two the
hair should be carefully washed. If
there is an inclination to dandruff or

if the hair is subjected to an unusual
amount of dust a weekly shampoo is
an absolute necessity.

By using eggs instead of soap there
is no danger whatever of causing the
hair to become harsh or brittle. Eggs
are as clean as soap, and the sul-
phur contained in them acts as a tonic
to the growth. When eggs are used
the water should be very hot and the
hair rubbed vigorously so that the
eggs will make good live suds. No
soap is necessary.

When the hair persistently suffers
from loss of vitality it is usually from
one or more of the following causes.
Uncleanliness, lack of care, anxiety,
worry, late hours, overstudy, want of
exercise or disease. Dyspepsia is re-
sponsible for many thinned-out halos.
The hair, being the most delicate of
the body's formation, is the first to
show that the body is not receiving
sufficient nourishment. The use of
harmful restoratives or dyes will fre-
quently cause the hair to become gray
and broken. One cannot be too care-
ful what one rubs into one's thought
dome.

The coloring matter of the hair is
made up of the mineral ingredients in
the pigment of the cells. These min-
erals change with age and health, and
vary greatly in individuals. Blond
hair contains a large proportion of
magnesia, while iron predominates in
black hair, and sulphur rules supreme
in brown and chestnut. When these
minerals fall the hair becomes white.
It is impossible to retard these changes
by applying pomatum containing
these minerals.—Exchange.

A small quantity of borax added to
the cold starch in starching shirts,
collars, cuffs and pillow shams, will
give them additional stiffness.

AT FIRST GLANCE.

It Would Appear That Local Remedies
Would be Best for Cure of
Catarrh.

It would seem at first glance that
catarrh being a disease of the mucous
membrane, that salves, sprays, etc.,
being applied directly to the membranes
of the nose and throat, would be the
most rational treatment but this has
been proven not to be true.

The mucous membrane is made and
repaired from the blood and catarrh
is a blood disease and any remedy to
make a permanent cure must act on
the blood, and when the blood is puri-
fied from catarrhal poison, the secre-
tions from the mucous membrane will
become natural and healthy.

In this climate, thousands of people
seem scarcely ever free from some
form of catarrh; it gets better at
times but each winter becomes gradu-
ally deeper seated and after a time the
sufferer resigns himself to it as a
necessary evil.

Catarrh cures are almost as numer-
ous as catarrh sufferers, but are nearly
all so inconvenient and ineffective as to
render their use a nuisance nearly
one who has used douches, sprays and
powders will bear witness to their in-
convenience and failure to really cure.

There are a number of excellent in-
ternal remedies for catarrh, but prob-
ably the best and certainly the safest
is a new remedy, composed of Red
Gum, Blood Root and similar antiseptic
remedies and other valuable catarrh
specifics.

This remedy is in tablet form, pleas-
ant to the taste and sold by drug-
gists under the name of Stuart's
Catarrh Tablets, and anyone suffering
from catarrh may use these tablets
with absolute assurance that they con-
tain no cocaine, opiate nor any poison-
ous mineral whatever.

A leading druggist in Albany speak-
ing of catarrh cures says, "I have sold
various catarrh cures for years, but
have never sold any which gave such
general satisfaction as Stuart's Catarrh
Tablets. They contain in a pleasant,
concentrated form all the best and
latest catarrh remedies, and catarrh
sufferers, who have used douches,
sprays and salves, have been aston-
ished at the quick relief and perman-
ent results obtained after a week's use
of Stuart's Catarrh Tablets." All
druggists sell full sized packages for
fifty cents.

Get the Doctor Quick!

When accidents happen in the home
quickly get the bottle of Pond's Ex-
tract—the old family doctor. Always
ready—always sure, at any time, day
or night. A bottle on the medicine
shelf is like having a doctor in the
house. When pain racks the body it
relieves and cures. Imitations are
weak, watery, worthless. Pond's Ex-
tract is pure, powerful, precious.

Sold only in sealed bot-
tles under buff wrapper.

ACCEPT NO SUBSTITUTE.

Treated by Three Doctors

for a

Severe Attack of Dyspepsia.

Got No Relief From
Medicines, But Found It At
Last In

Burdock Blood Bitters.

Mrs. Frank Hunt, Morrisburg,
Ont., was one of those troubled
with this most common of stomach
troubles. She writes:—"After
being treated by three doctors, and
using many advertised medicines,
for a severe attack of Dyspepsia,
and receiving no benefit, I gave
up all hope of ever being cured.
Hearing Burdock Blood Bitters so
highly spoken of, I decided to get
a bottle, and give it a trial. Before
I had taken it I began to feel better,
and by the time I had taken the
second one I was completely
cured. I cannot recommend Bur-
dock Blood Bitters too highly, and
would advise all sufferers from
dyspepsia to give it a trial."

The King of Terrors Is Consumption.

Any Consumption is caused by neglect-
ing to cure the dangerous Coughs
and Colds.

The balsamic odor of the newly
cut pine heals and invigorates the
lungs, and even consumptives im-
prove and revive amid the perfume
of the pines. This fact has long
been known to physicians, but the
essential healing principle of the
pine has never before been sepa-
rated and refined as it is in

DR. WOOD'S NORWAY PINE SYRUP.

It combines the life-giving lung-
healing virtue of the Norway Pine
with other absorbent, expectorant
and soothing Herbs and Balsams.

It cures Coughs, Colds, Hoarse-
ness, Bronchitis, and all affections
of the bronchial tubes and air pas-
sages. Mrs. M. B. Lisle, Eagle
Head, N.S., writes:—"I have used
Dr. Wood's Norway Pine Syrup for
coughs and think it is a sure remedy,
the best we have ever used. A num-
ber of people here have great faith
in it as it cures every time."

Price 25 cents per bottle.

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