

THE UNION ADVOCATE.

ESTABLISHED 1867.

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W. N. DUCHESMIN L. B. MCMURDO
Manager. Managing Director.

NEWCASTLE, N. B., DEC. 24, 1909.

CHRISTMAS

Before another issue of The ADVOCATE shall reach our subscribers, Christmas will have come and gone, and we, therefore, take this opportunity of wishing everyone many happy returns of the day. It is a wise and good thing to observe Christmas Day. It helps one to feel the supremacy of the common life over the individual life; and, Henry Van Dyke says, it reminds a man to set his own little watch, now and then, by the great clock of humanity which runs on sun time.

But, as Van Dyke points out further, there is a better thing than the observance of Christmas Day, and that is keeping Christmas.

Are you willing to forget what you have done for other people, and to remember what other people have done for you; to ignore what the world owes you, and to think what you owe the world; to put your rights in the background, and your duties in the middle distance, and your chances to do a little more than your duty in the foreground; to see that your fellow men are just as real as you are, and try to look behind their faces to their hearts, hungry for joy; to own that probably the only good reason for your existence is not what you are going to get out of life, but what you are going to give to life; to close your book of complaints against the management of the universe and look around you for a place where you can sow a few seeds of happiness—are you willing to do these things even for a day? Then you can keep Christmas.

Are you willing to stoop down and consider the needs and the desires of little children; to remember the weakness and loneliness of people who are growing old; to stop asking how much your friends love you, and ask yourself whether you love them enough; to bear in mind the things that other

people have to bear on their hearts; to trim your lamp so that it will give more light and less smoke, and to carry it in front so that your shadow will fall behind you; to make a grave for your ugly thought, and a garden for your kindly feelings, with the gate open—are you willing to do these things even for a day? Then you can keep Christmas.

Are you willing to believe that love is the strongest thing in the world—stronger than hate, stronger than evil, stronger than death—and that the blessed life which began in Bethlehem nineteen hundred years ago is the image and brightness of the Eternal Love? Then you can keep Christmas.

DEAFNESS CANNOT BE CURED

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever: nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by Catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free.

F. J. CHENEY & Co., Toledo O.
Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

WAKE UP NEW BRUNSWICK

THE EDITOR OF UNION ADVOCATE.

SIR:

Permit me to draw your attention to what I consider a most backward state of affairs in this community and one which should be remedied without delay. At present there is only a tri-weekly mail service between Newcastle and Redbank a distance of fourteen miles and including seven settlements where as it would be an easy matter to have a daily mail service and keep in touch with what is doing in the rest of our Dominion to say nothing of the remainder of the world. I think any place where one cannot get a Daily Paper to learn what is doing in our House of Parliament besides keeping posted in the various markets and general news of the world is a splendid place to pack up traps and leave, and I am not surprised that so many young men have left the Province and that others are thinking of doing the same. A newspaper is a great means of education and ought to be seen in every home. Then the merchants and tailors are hampered and cannot take advantage of the markets as they could if they were in close touch with the outside world and all this because for six months the communities are cut off and isolated, more like eskimaux than enterprising Canadians. I hear there is wide-spread dissatisfaction over this state of affairs in several quarters but action is what is wanted and not simply grumbling. I think all that is required is to point out this matter to the Member representing the County and it will be remedied at once.

MERCHANT.

The hook worm develops sleepiness and incapacity for work. Now if they could only sneak a few into the gas and electric light meters.

In the course of his aeronautical experiments M. Bierioli has met with fifty accidents.

A TRIP TO ALASKA

A trip to Alaska is one seldom undertaken by people in the British Isles, and of the many bookings undertaken by the Grand Trunk Railway officials in London, few tickets show the destination to be that part far north of Canada, where coal and gold, together with meteorological observations, are often supposed to be the chief reason for the existence of that land. That such a trip can be made with little out of the ordinary fatigue of travelling is well proved by a recent communication sent to Mr. Fred. C. Salter, European Traffic Manager of the Grand Trunk Railway from Mr. Brouley Challenger, F.R.G.S., who has just returned from the north-western limit of the North American Continent. The letter has an added interest by reason of the fact that on the day of the official opening of the Grand Trunk Railway's new offices at 17-19 Cockspur Street, S.W., Mr. Challenger was the first person to book a passage with the Company for Canada. On Dominion Day (July 1st) the trip was planned and provision made for the journey, and, in the first week in October, back in England again, the well-known geographer has been pleased to write to the Grand Trunk Railway expressing his entire satisfaction with the easy way in which the journey was accomplished. After thanking the railway officials for making his means of transportation pleasant and comfortable, he says: "I was very pleased, indeed, with both the road and rolling stock of your Company, and in my opinion it is second to none on the Continent of America. The arrangements you made for me very much added to my comfort and enabled me to reach my destination in the quickest possible time, and I must say I experienced the greatest civility from the Company's staff during my passage on your road. The route you worked out for me was a most interesting one, and coming back as I did, over the Rockies and the Great Lakes, I did not travel over a single mile a second time except the short run between Sarnia and Toronto. With you being good enough to send me particularly 'Round the World Tours,' I am thinking that next spring I may have another run out to the West, and if I do, I should like to return home via the East." Thus the whole of Great Britain is quickly put in touch by this great railway system, with what frequently is said to be the uttermost parts of the earth—Dublin (Ireland) Daily Express, Oct. 19, 1909. 3 wks.

Mrs. Josephine C. Perry, a widow at Harwich, Conn., has a flock of what are known as 'religious fowl,' and which answer to only call. When Mrs. Perry wishes to feed her flock she gathers them together by singing or whistling a 'familiar hymn,' 'Come Ye Sinners Poor and Needy,' and every bird of the place comes running.

ABSOLUTE SECURITY.

Genuine

Carter's Little Liver Pills.

Must Bear Signature of

Brentwood

See Post-Office Wrapper Below.

Very small and easy to take at all ages.
FOR WEAKNESS, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORPID LIVER, FOR CONSTIPATION, FOR RASHES, FOR SLOW SKIN, FOR THE COMPLEXION.
CURE SICK HEADACHE.

Personal.

[For other Personals see page 1.]

Mrs. Gupta, of Newburyport, Mass., came this morning to spend Christmas with her brothers James and Adam Stewart.

Miss Edith MacLean, daughter of Mr. and Mrs. Henry MacLean has after an absence of two years, returned from Brandon, Man.

Wm. Flannery, superintendent of construction work on the Drummond wharves, left this morning to spend Christmas at his home in Breckin, Ontario.

Miss Jean Aitken, who for the last year had been visiting her sister, Mrs. Dr. Horatio Walker of Los Angeles, came home this week. En route she visited her brother Max in Montreal.

Misses Gertrude Clarke, of Sackville Ladies' College; Jean Robinson and Bertie Ferguson of the Halifax Ladies' College; Nan Creaghan of Charlotte-town; and Julia Major, Ida Gillis and Katie Donovan, from Normal School, are home for the Christmas vacation.

CASTORIA.

The Kind You Have Always Bought

Bears the Signature

Wm. D. Mitchell

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CHATHAM JUNCTION.

Under New Management since Sept. 1st, 1909. Terms moderate.

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CHRISTMAS STAMPS

HELP CANADA'S NEEDY CONSUMPTIVES

THE net proceeds from stamps sold will be used for the extension of the work of the Muskoka Free Hospital for Consumptives. The available beds were trebled as the result of last year's Stamp Campaign.

BUY THEM. USE THEM. HELP THE GOOD WORK ALONG. THE BEST INVESTMENT YOU EVER MADE. ONE CENT EACH.

Not a single patient has ever been refused admission to the Muskoka Free Hospital for Consumptives because of his or her inability to pay.

EVERY STAMP SOLD IS A BULLET IN THE WARFARE AGAINST TUBERCULOSIS.

If not on sale in your town, write J. S. ROBERTSON, Sec.-Treas. National Sanitarium Association, 347 King St. W., Toronto. All information furnished and stamps mailed promptly on receipt of order.

CHRISTMAS STAMP CAMPAIGN

THE 1909 BATTLE AGAINST THE DREAD WHITE PLAGUE.

Available Beds in the Muskoka Free Hospital for Consumptives Increased Three-Fold as a Result of Last Year's Sale of Christmas Stamps. The Number Can Be Doubled This Year If Everyone Will Help.



STIMULATED by the success of a year ago the National Sanitarium Association have made large preparations for the sale of the Christmas Stamp of 1909-10, issued on behalf of the Muskoka Free Hospital for Consumptives.

Nearly \$8,000.00 was netted from last year's sale, making it possible for the trustees to increase the available beds for needy patients from an average of fifty-five a year ago to one hundred and forty, the accommodation to-day.

The trustees are hopeful that they may bring the accommodation up to 300 beds as the outcome of this year's sale of this little one cent messenger of hope and healing.

The Christmas Stamp, as a means of fighting the dread white plague, had its origin in Denmark in 1904, the sale from which has financed a hospital for consumptives in that country. The idea was taken up by the Red Cross Society of the United States in 1907, and interest has grown each year.

A year ago a Christmas stamp of special design was put in circulation by the Muskoka Free Hospital for Consumptives with the success already indicated in this article.

The price of the individual stamp is only one cent, but what wonderful things can be accomplished by so tiny an instrument. There is no reason why everyone who writes a letter, addresses a postcard, mails a newspaper or parcel from this day out should not use one of these stamps.

The educational value of the stamp appearing on every piece of mail matter would be enormous. One can hardly figure up the material results. It would mean a routing of the enemy

Tuberculosis that would bring hope and joy and gladness to thousands of homes and communities in all parts of Canada.

The stamp of 1909 is more beautiful than that of a year ago. The design is as shown in this article, but printed in red and green, and is of same size as the regular government postage stamp.

This Christmas stamp will not carry any kind of mail, but any kind of mail will carry it—and carry too the happy Season's Greetings from sender to receiver. The stamps will be done up in envelopes of ten, twenty-five, fifty and one hundred for ordinary selling, and large users will be supplied in quantities. The price for ten or for one thousand is a cent each.

The banks, departmental stores, drug stores, book and stationery stores and many other stores will sell them. Women's clubs, church organizations, bible classes and Sunday schools, public schools, and many other organizations and individuals will help this year as last year.

There would seem to be no reason why everybody everywhere may not help in forming an army of willing workers to sell these stamps all over the Dominion. The Muskoka Free Hospital for Consumptives is in the fullest sense a national institution caring for patients from every province in Canada.

The first issue of the stamp for this year is one million, and these will be put into circulation immediately, but there can hardly be any reason why the issue should not be increased many times over before Christmas.

The direction of the sale of Christmas Stamps is in the hands of Mr. J. S. ROBERTSON, Sec.-Treas. National Sanitarium Association, 347 King Street, West, Toronto, who will give prompt reply to any enquiries regarding the stamp.

To All Our Friends and Patrons we wish A Merry Christmas and Happy New Year.

H. WILLISTON & Co.,
Newcastle, N. B.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of

Wm. D. Mitchell