

A New Year's Promise.

"As thy days, so shall thy strength be."

BY MARIE POE.

Softly through the midnight stealing, Music stirs the listening ear, Merry bells in concert pealing Welcome to the opening year.

Though his love still veils thy sorrow, All its steps to him are known, Through each joy and care and sorrow, Light for thee, by him is sown.

Troubles, dangers, may assail thee, Rough and thorny be thy way; But that promise cannot fall thee, God himself shall be thy stay.

"Strength in weakness," now while pressing Onward to the promised land; To the endless years of blessing Evermore at God's right hand.

The children enjoy the INTELLIGENCER, its stories, puzzles &c.

More than one pair of eyes grew dim, as they watched her select one of the best. As her papa lifted it out, and placed it upon the floor, she returned him the money.

How Edith Began the New Year.

BY LIZZIE MAY SHERWOOD.

What can be the matter with Edith? Here she stands by her window looking out towards the west. The sun is just sinking out of sight, and he has painted the sky, as he often does, with the most beautiful colors.

But Edith, though she is looking with wide-open eyes in that very direction, evidently sees nothing. If she did, and was her own joyous self, she would clap her hands, and run away to find mamma, or grandma, or somebody, to enjoy the scene with her.

Only three days since Santa Claus brought her so many costly presents. One from Uncle Bob away across the sea—a beautiful doll which could play the sweetest tunes, on the cunningest of pianos.

No, little reader, she is neither selfish nor ungrateful, nor is she unhappy; the fact is, Edith is doing some very hard thinking. The secret was made known the next afternoon, when she rushed in from the street, with flushed cheeks and sparkling eyes, exclaiming:—

"We've got it! We've got it, mamma! The very best papa had in the store. It's all painted red, and green, and gold, and has silver rods, and 'General Grant' on each side, and it only cost me a dollar. Oh, I'm so happy!" and she danced over to grandma, to bestow on her a loving hug.

"Edith, child, how excited you are," mamma said, a trifle reproachfully. "You have forgotten, surely, that neither grandma nor myself have the least idea of what you mean."

"Forgive me, dear mamma!" and Edith put up her sweet mouth for a kiss. "I did not tell you my plan, because I wished you to be surprised as well as poor Jim. Won't he be surprised, though!" and forgetting that she had not yet told her secret, she clapped her hands, and skipped gaily round the room.

Edith is one of the most active members, the president proposed that each member single out some poor child, and make him happy on the first day of the glad New Year.

Edith had two dollars in her "bank," and had intended sending her Cousin Bertha a New Year's gift; but Bertha would have no lack of presents, she knew, and she must help poor Jim. But how? That was what caused such sober thinking on her part.

Her papa asked where the money came from, and when she had told him he held up the crisp, new bill, saying to the gentlemen, as he did so, "This little midget wants to give every cent she is worth to buy Jim Jewett a sled. There's her sacrifice for you."

More than one pair of eyes grew dim, as they watched her select one of the best. As her papa lifted it out, and placed it upon the floor, she returned him the money.

"If you will go to the parsonage tomorrow morning, Edith, I will give you a warm overcoat my dear boy used to wear. It will be about right for Jim, and it better be doing him good than hanging in the closet for the moths to destroy.

"Well, I can not very well afford to be behind in this business," said Uncle Ned. "Come along with me, Edith, and we'll see what we can do in the line of boots."

"Nor I," said another; "here's fifty cents to get the little fellow a scarf and mittens."

It would be hard to tell who was the happier of the two, that bright New Year's day—Jim, in his warm clothes, dashing down the hill on his new sled, always in advance of the rest, or Edith, watching from the window.

No one will gainsay that a beautiful complexion is a most desirable possession. It transforms the homeliest features, diffusing the witchery of its beauty over the entire face, though notably enhancing the expression of the mouth and eyes.

The faded, tawny complexion of the average American woman, at an age when health should be at its height, and, consequently, color—color suggestive of the delicate pink of deep sea shells—is a lamentable fact, and may be largely accounted for by intemperance at the table.

The variety, abundance and so called "good cheer" which characterize the boards of the upper and middle classes in this country are proverbial, as well as the consumption of "innumerable indigestible compounds" which enslave the appetite, and, as Felix Oswald, in his "Physical Education," caustically remarks, "tempt one to eschew all symbolical interpretation of the Paradise legend, and ascribe to the eating of forbidden food."

To fully realize the pernicious effects on the general health of overloading the stomach—effects which are duly recorded on the skin and complexion—one should have an intelligent understanding of the purpose of food.

Says a leading hygienic writer and physician: "If our tables do not supply the elements which go to make healthy bodies—by the formation of proper blood-corpuscles, out of which

the various tissues are made—we must be content to have faded cheeks, flabby muscles, dull, sunken eyes, toothless gums, and bare scalps; nor deem it strange if what we have left is little more than a bundle of nerves.

It is not our purpose to give a lengthy dissertation on this subject, but rather to emphasize the importance of proper food in proper quantities. If, day after day, more food is taken into the stomach than the bodily organs can readily assimilate, the residue accumulates in such quantities as to overburden the organs which eliminate the waste matter from the system.

A fine complexion, then, such as nature delights to bestow on those who honor her laws, means denying the appetite, and duly choosing that it is wiser to "eat to live than to live to eat."

Home Hints.

If the necessity for cutting hot bread be imperative, the moist unpleasantness may be obviated by using a hot knife for the purpose.

To keep cake from sticking to the pan, without using paper, after greasing the pan, sift a little flour in, then turn it over and shake out all you can.

CEMENT TO MEND CHINA.—Take a very thick solution of gum arabic, and stir into it thick plaster of paris until the mixture is of proper consistency. Apply with a brush to the edges of the china-ware, and stick them together. In a few days it will be impossible to break the article in the same place. The whiteness of the cement renders it doubly valuable.

Young Folks' Column.

Conducted by C. E. BLACK, CASE SETTLEMENT, KINGS CO., N. B.

PUZZLE DEPARTMENT.

Attempt the end, never stand in doubt, Nothing's so hard but search'll find it out.

- The Mystery Solved. (No. 50.) No. 295.—1. Job 38 : 28. 2. Job 39 : 18. 3. Gen. 2 : 11, 12; etc. 4. Eccles. 7 : 20. 5. Exodus 22 : 18. 6. Gen. 8 : 22.

The Mystery.—No. 1.

N. B.—Puzzles and Solutions, Letters, Essays, Queries, etc., are respectfully solicited. Address as above.

No. 1.—BIBLE QUERIES.

- 1. Where is the word "posters" mentioned in the Bible? 2. Find the word "partridge." 3. Where is the riddle, "Out of the eater came forth meat, and out of the strong came forth sentences?" 4. Where have we an account of an animal speaking? 5. To whom did the Lord say: "Do not drink wine nor strong drink?" 6. Where is the verse: "Seek the Lord and his strength, seek his face continually?"

No. 2.—WHO WERE THEY?

- 1. Gold armour and retinue all could not save, His mighty discovery was turned to a grave. 2. He read a great poem before a great fight, He climbed up a cliff and died on the height. 3. Amid many a nation and peril he strayed, Saved once by a compass, and once by a maid. 4. Shrewd and miserly, witty and wise, He drew down fame by a string from the skies.

En. Y. F. C.

The Mystical Circle.

With this issue we begin the work of another year. We look back upon the past four years with a degree of pleasure. We trust they have been profitably spent. It was our aim to do a good, pleasant, and profitable work. To those who so nobly aided us by their contributions, etc., we extend our hearty thanks; and ask for a continuance of their aid in the year's work which is now before us.

motives are in view, we do not favor them. We wish to seek a higher and nobler aim—the good of all mankind. Let the prize be ever so small, or of little value, when competed for in a proper manner, I think it tends to do good. In a recent issue "Van" offered some good suggestions. As yet, we have not heard from any of our young friends upon this matter; but we have heard from an old friend to the INTELLIGENCER who sends you good news dear young friends. To help along the work during the year he has offered three book prizes worth at least \$1.00 each.

Our Literary Circle.

RULES OF ESSAY COMPETITION FOR THIS WEEK.

- 1. All communications, or essays, must not contain more than 500 words on any subject. All subjects to be named by us. 2. Competitors not to exceed 18 years of age; and a statement to that effect to accompany each contribution. Parents or other friends to guarantee that the contributions are the bona fide work of the young persons who forward them. 3. Competitors to write legibly, and on one side of the paper only, giving name and address in full on front page of each contribution. A non-descriptive name can be used, but the names and addresses of prize-winners must, in all cases, be printed in full. 4. Two prizes will be given. One for the best essay from those between 15 and 18 years of age; one for the best under 15. The winner of a prize will not be eligible to obtain another for six weeks. 5. The Editor's decision in all cases to be final. All communications to be received within three weeks from date. Address C. E. BLACK, etc.

QUESTION DEPARTMENT.

Who is the present President of France? —History Student.

M. Sadi-Carnot is the present President of France. He was elected on Saturday, Dec. 3rd, 1887. He is spoken of as a man of the highest integrity, of profound devotion to the republic, and one fully qualified to take up the duties from which M. Grevy, the late President, withdrew. He was born at Limoges, Aug. 11th, 1837, and was educated at the Ecole Polytechnique and the Ecole des Ponts et Chaussées.

THE ENVY of her friends, a lady who uses "Lotus of the Nile" Perfume.

A Sluggish Liver

Causes the Stomach and Bowels to become disordered, and the whole system to suffer from debility. In all such cases Ayer's Pills give prompt relief.

After much suffering from Liver and Stomach troubles, I have finally been cured by taking Ayer's Cathartic Pills. I always find them prompt and thorough in their action, and their occasional use keeps me in a perfectly healthy condition.—Ralph Weeman, Annapolis, Md.

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Ayer's Pills, INVIGORATED.

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On and after MONDAY, November 28th, 1887, the Trains of this Railway will run daily (Sunday excepted), as follows:—

Table with 2 columns: Train Name, Time. Includes Day Express, Accommodation, Express for Sussex, Express for Halifax and Quebec.

A Sleeping Car runs daily on the 18 00 train to Halifax.

On Tuesday, Thursday, and Saturday, a Sleeping Car for Montreal will be attached to the Quebec express, and on Monday, Wednesday and Friday, a Sleeping Car will be attached at Moncton.

Table with 2 columns: Train Name, Time. Includes Express from Halifax & Quebec, Accommodation, Express from Sussex, Day Express.

All trains are run by Eastern Standard Time. D. POTTINGER, Chief Superintendent, Railway Office, Moncton, N. B., November 22nd, 1887.

I was given up by the Doctors but am nearly cured by GATES' MEDICINE.

GATES' MEDICINE.

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KENNETH MCGILNARY. The above statement was sworn to as correct in every particular, by the above named Kenneth McGilnary, before me, at Spring Hill, this 4th day of August, 1887. R. DRUMMOND, J. P.

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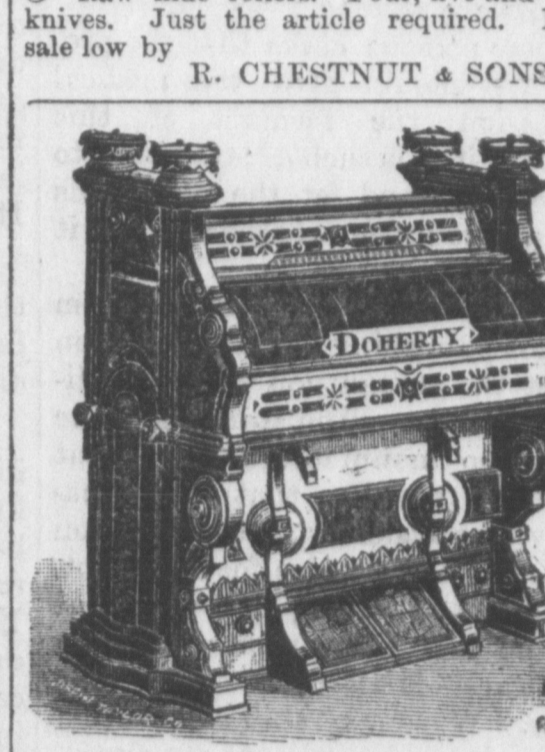
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FRANCIS C. D. BRISTOWE, Organist Christ Church Cathedral, Fredericton (late of H. M. Chapels Royal) London, England, Fredericton, N. B., Aug. 1887.

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