

## Constipation

Demands prompt treatment. The results of neglect may be serious. Avoid all harsh and drastic purgatives, the tendency of which is to weaken the bowels. The best remedy is Ayer's Pills. Being purely vegetable, their action is prompt and their effect always beneficial. They are an admirable Liver and After-dinner pill, and everywhere endorsed by the profession.

"Ayer's Pills are highly and universally spoken of by the people about here. I make daily use of them in my practice."—Dr. E. E. Fowler, Bridgeport, Conn.

"I can recommend Ayer's Pills above all others, having long proved their value as a cathartic for myself and family."—J. T. Hess, Leithsville, Pa.

"For several years Ayer's Pills have been used in my family. We find them

### Effective Remedy

for constipation and indigestion, and are never without them in the house."—Moses Grenier, Lowell, Mass.

"I have used Ayer's Pills for liver troubles and indigestion, during many years, and have always found them prompt and efficient in their action."—L. N. Smith, Utica, N. Y.

"I suffered from constipation which assumed such an obstinate form that I feared it would cause a stoppage of the bowels. Two boxes of Ayer's Pills effected a complete cure."—D. Burke, Saco, Me.

"I have used Ayer's Pills for the past thirty years and consider them an invaluable family medicine. I know of no better remedy for liver troubles, and have always found them a prompt cure for dyspepsia."—James Quinn, 30 Middle St., Hartford, Conn.

"Having been troubled with constipation, which seems inevitable with persons of sedentary habits, I have tried Ayer's Pills, hoping for relief. I am glad to say that they have served me better than any other medicine. I arrive at this conclusion only after a faithful trial of their merits."—Samuel T. Jones, Oak St., Boston, Mass.

### Ayer's Pills,

PREPARED BY  
Dr. J. C. Ayer & Co., Lowell, Mass.  
Sold by all Dealers in Medicine.

**PALMO-TAR SOAP**  
UNDEVELOPED FOR  
NURSERY PURPOSES  
SKIN & SCALP DISEASES  
Price 25 Cents Large Cake  
ALL DRUGGISTS KEPT  
DAVIS & LAWRENCE, CO. MONTREAL, PROP.

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There is a new departure in the treatment of disease. It consists in the collection of the specifics used by noted specialists of Europe and America, and bringing them within the reach of all. For instance the treatment pursued by special physicians who treat indigestion, stomach and liver troubles only, was obtained and prepared. The treatment of other physicians, celebrated for curing catarrh were procured, and so on till these incomparable cures now include disease of the lungs, kidneys, feeble weakness, rheumatism and nervous debility. Ask your druggist for them. Those who cannot procure these remedies from their druggist may remit the price to Hospital Remedy Co., 303 West King St., Toronto, and the remedy will be shipped to them direct. (The price is one dollar each). Descriptive catalogue sent on receipt of stamp to pay postage.

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The Most Successful Remedy ever discovered, as it is certain in its effects and does not blister. Read proof below.

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BROOKLYN, N. Y.,  
CLEVELAND BAY AND TROTTER BIRD HORSES.  
ELMWOOD, ILL., Nov. 20, 1888.

Dr. R. J. KENDALL CO.  
Dear Sir: I have always purchased your Kendall's Spavin Cure by the half dozen bottles. I would like prices in larger quantity. I think it is one of the best remedies on earth. I have used it on my stallions for three years.

Yours truly,  
CHAS. A. SYDNER.

**KENDALL'S SPAVIN CURE.**

BROOKLYN, N. Y., November 5, 1888.

Dear Sir: I desire to give you testimonial of my good opinion of your Kendall's Spavin Cure. I have used it for lameness, self sores, and spavins, and I have found it a sure cure, I cordially recommend it to all horsemen.

Yours truly,  
A. H. GUNTER,  
Manager Troy Laundry Stables.

**KENDALL'S SPAVIN CURE.**

SALT WINTER COUNTRY, OHIO, Dec. 15, 1888.

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Gentle: I feel it my duty to say what I have done with your Kendall's Spavin Cure. I have cured twenty-five horses that had Spavins, ten of Ring Bone, nine afflicted with Big Head and seven of this jaw. Since I have had one of your books and followed the directions, I have never lost a case of any kind.

Yours truly,  
ANDREW TURNER,  
Horse Doctor.

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**SOLD BY ALL DRUGGISTS.**

### Pluck and Prayer.

There wasn't any use o' fretting,  
An' I told Obadiah so,  
For ef we couldn't hold on to things,  
We'd just got to let 'em go.  
There were lots of folks that'd suffer  
Along with the rest of us,  
An' it didn't seem to be worth our while  
To make such a drefless fuss.

To be sure the barn was 'most empty,  
An' corn an' potatoes scarce,  
An' not much of anything plenty an' cheap  
But water—an' apple-sass.  
But, then—as I told Obadiah—  
It wa'n't any use to groan,  
For flesh an' blood couldn't stan' it; an' he  
Was nothing but skin and bone.

But law! ef you'd only heard him,  
At any hour of the night,  
A prayin' out in that closet there,  
I 'twould have set you crazy quite.  
I patched the knees of those trousers  
With cloth that was noways thin,  
But it seems as ef the pieces were out  
As fast as I set 'em in.

To me he said mighty little  
Of the thorny way we trod,  
But at least a dozen times a day  
He talked it over with God.  
Down on his knees in that closet  
The most of his time was passed;  
For Obadiah knew how to pray  
Much better than how to fast.

But I am that way contrary  
That ef things don't go quite right,  
I feel like rollin' my sleeves up high  
An' gittin' ready to fight.  
An' the giants I slew that winter  
I ain't going to talk about;  
An' didn't even complain to God,  
Though I think that he found it out.

With the point of a cambric needle  
I drew the wolf from the door,  
For I knew that we needn't starve to death  
Or be lay because we were poor.  
An' Obadiah he wondered,  
An' kept me patchin' his knees;  
An' thought it strange how the meal held out,  
An' stranger we didn't freeze.

But I said to myself in whispers,  
"God knows where His gifts decends;  
An' tism't always that faith gits down  
As far as the finger-ends."  
An' I wouldn't have no one reckon  
My Obadiah a shirk,  
For some, you know, have the gift to pray,  
And others the gift to work.

—JOSEPHINE POLLARD.

### The Sabbath-School

#### INTERNATIONAL LESSON.

Third Quarter—Lesson III.—August 4.  
SAUL CHOSEN OF THE LORD.—1 Sam. 9: 15-27.

GOLDEN TEXT.—By me kings reign and princes decree justice.—Prov. 8: 15.

GOD'S GUIDING PROVIDENCE.—Vers. 15-21. Saul was living with his father, somewhere in Benjamin, probably at Gibeah. His father's asses had strayed away. Saul with one servant, went forth in search of the asses, and after seeking two or three days in vain, they drew near to Ramah, where Samuel lived.

Some young women drawing water from a well outside of the city directed them to Samuel, who was going out of the gate to a sacred festival. Now the Lord had told Samuel in his ear. The revelation was made privately to Samuel. I will send thee a man. God controlled the influences which led Saul in that direction. That he may save my people out of the hands of the Philistines. The Philistines were harassing and oppressing the Israelites. Because their cry has come unto me: as recorded in last lesson. And when Samuel saw Saul. This verse follows closely on ver. 14, the statements of verses 15 and 16 being parenthetical. The young Saul and his servant came up to accost the seer; Samuel impressed by the great stature and splendid beauty of the stranger asks his Master silently, "Lord, is this then he of whom thou whisperest me yesterday, to whom the destinies of thy people were to be confided?" The words Behold the man, etc., were the silent answer of God to the silent prayer of his old servant. Saul drew near to Samuel in the gate. The open space or market-place at the gate of the city. Go up before me. Addressed to Saul only. Dr. King the young stranger to precede him to the public place of sacrifice was a sign of distinguished honor from one of Samuel's rank to a young unknown wayfarer like Saul. Unto the high place: the hilltop, where people were assembled at a sacrificial festival. For ye shall eat with me. Will tell thee all that is in thine heart. Thine inmost thoughts and aspirations: not merely about the asses. For thine asses... set not thy mind on them. Be not anxious about them. For they are found: and even if they were not, the loss is of no account, for on whom is all the desire of Israel? And Saul answered and said. He was filled not only with awe, but humility, as he contrasted his present condition with the prospects held out to him. A Benjaminite, of the smallest of the tribes. The warlike tribe of Benjamin, the smallest except Manasseh, at the time of the numbering in the wilderness was reduced to insignificance by the terrible slaughter recorded in Judg. 20: 46.

God's guiding providence. In this story we have an illustration of how God guides men and controls affairs without interfering in any way with the free will and choice of men. He guides by the free will of men, and not by overbearing it. Stray asses led Saul to his kingdom. A shower, it is said, decided the fate of Europe at the battle of Waterloo. F. W. Robertson says that the barking of a dog affected his whole life, changing his purpose from a military life to the ministry. A storm at sea destroying the Armada changed the course of history in England.

THE NOMINATION OF SAUL FOR KING.—Vers. 22-27. And Samuel... brought them into the parlor: a room at the high place specially used for sacrificial feasts. Made them sit in the chiefest place. Save them a place at the head of those who were invited. About thirty persons. Only the more distinguished citizens would be specially invited to the chamber. And Samuel said unto the cook. The very piece of meat set before Saul at the Ramah banquet was no chance piece, but one which, owing, no doubt, to its being considered the choicest, had been carefully set aside for him when the sacrificial feast was being prepared. The shoulder. The right leg was the priest's portion, which Samuel had received. The reservation of the leg for Saul was a mark of honor. Josephus calls it "a royal portion." Kept for thee since I said. I have kept in reference to the festival for which I have arranged. And when they were come down: after the sacrificial feast was over Samuel communed with Saul upon the top of the house. On the housetop they would be open to the public view, so that all could see the honor Samuel showed his guest, while they would have opportunity for undisturbed conversation. How much Samuel told Saul we do not know; but doubtless they talked over the political and religious situation, the danger from the Philistines, and the greater danger from the departure of Israel from the true God, and various ways of dealing with these vital issues. He may have instructed him also in the duties of a king, and the best way of assuming his new duties. About the spring of the day: the dawn. Samuel called Saul to the top of the house. And they went out... abroad: i. e., out of the house. Bid the servant pass on: so that Samuel might be alone with Saul. Thereupon, producing a vial of oil, he poured it on his head, adding the kiss of homage, and telling him that Jehovah had anointed him to be captain over his inheritance. The prophet named three incidents which would happen to Saul on his return, as signs that Jehovah was with him; the first, an assurance of the safety of his father's cattle, as the prophet had said; the second, a present which was to be an earnest of the future offerings of the people; the third, the descent of the spirit of Jehovah upon him, causing him to prophesy, and turning him into another man. All these occurred as foretold.

Why Saul was chosen. He was a Benjaminite. By selecting a king from this least and nearly extinct tribe, divine wisdom designed to remove all grounds of jealousy among the other tribes. Saul was tall and commanding in person; size impresses the imagination of many people. He is conjectured to have been not less than seven feet high, sinewy from farm exposures, in the prime of manly vigor, and in his bulk of massive strength looking "every inch a king." Saul had in him the possibilities of a great, noble useful king. He had the military instinct, a capacity for generalship. Saul was a popular idol. He had the power of attracting and holding men by a personal magnetism of leadership.

PREPARATION OF SAUL FOR HIS KINGDOM.—Sam. 10: 6-10. In addition to his natural qualifications, Saul was specially prepared to assume his kingdom by the Holy Spirit of God, who "turned him into another man," and "gave him another heart." In the Old Testament, "the heart is represented as the centre of the whole mental and physical life; of will, desire, thought, perception, and feeling." The expressions used describe, in a new heart in the New Testament sense, but "a change in mental power and energy," a capacity for ruling and leading the people of which before he was destitute.

THE ELECTION OF SAUL TO BE KING.—1 Sam. 10: 17-25. It was very important for the fame of Samuel that the nomination of a king should not seem to be determined by any partial favoritism on his part. In due time, therefore, the tribes were convened at Mizpeh for the choice of a king by lot. Thus Saul, the choice of whom had hitherto been a secret, was openly elected to be king; and Samuel told the people the principles of the kingdom, the constitution, and wrote them down in a book.

THE INAUGURATION OF SAUL.—1 Sam. 11: 15. Some of the people the roughs, the evil-minded, refused to acknowledge Saul as king, and he himself went to his home in Gibeah holding his peace till his hour should come. It was not long. Israel was attacked by an invading army of Ammonites from the East under Nahash. Saul summoned the warriors of the nation; and 330,000 men assembled around his standard. A great victory was gained, which established the confidence of the people in the new leader, and his authority was confirmed. He still had the advice and counsel of Samuel. He thus entered upon a career that might have ended in untold usefulness and blessedness.

PRACTICAL HINTS.

God's guiding providence is over all men and all events. The smallest things rightly used may lead to the largest issues.

Outward advantages,—a stately form, beauty of feature,—are all advantages to those who use them aright. But he is to be measured by his own greatness, not by the height of the pedestal.

God sends to men not the best absolutely, but the best they are willing to use.

When God gives a young man the benefit of fair and excellent counsels of one who is experienced and devoted to him, then there is reason for bright hopes in the future.

There is scarcely a limit to the possibilities in our lives.

If God has a great work for us to do, the Holy Spirit comes to prepare us for the work.

The proof of our election to a work is in the accomplishing of the work.

God has called each of us to be a king and to enter upon our kingdom. We have control of many forces and opportunities; we can be king over our passions, our natures, our bodies; "all things are ours" if we are Christ's.

A Word to Mothers.

Let boys assist in the housekeeping. How often do we see a poor, tired mother exhausting her strength and vitality in efforts to accomplish her daily task about the house, while, at the same time, a big, strong youngster is loitering in an easy-chair or lying upon the sofa! Why should he not lend a helping hand to his overworked and tired mother? and why should he not be encouraged and induced to lighten the mother's burden, by going an errand, performing numberless little actions required during the day, taking labor off her hands that he is perfectly able to dispose of, anticipating wants that would be suggested by a loving and affectionate heart? Had the mother, in his earlier days, taught her boy to lend his aid in trifling household matters, when he grew apace in years his reason and duty and love would naturally suggest to him in what manner and on what occasions his service would be welcome and opportune; nor would he consider that such actions detracted from his manhood, but make him feel that, by contributing to his mother's ease, he would be performing a good and noble action. The result of such training, on the part of a mother, would often keep the boy out of mischief, would make him handy, and an adept in domestic matters, would produce a feeling of solicitude from his careworn mother, and last, but not least, cause him to have more consideration for his future wife in her struggles and efforts about the home circle.—Donahoe's Magazine.

A Surprised Father.

A fine-looking man of noble physique, and clad in an overcoat, gloves, and stout boots, was walking out the other day with his little three-year-old daughter, a pale-faced child, with bare neck and arms, and morocco slippers. A neighbor, meeting them, began to ask, with great apparent concern, after the father's health.

But I am glad your little one does not inherit your feeble constitution. Feeble constitution! exclaimed the astonished parent. Why, I was never sick a day in my life; while, as to my daughter, we fear she has her mother's consumptive tendencies.

Indeed! replied his friend, with a sly twinkle of the eye, you take extra care of yourself from the cold, while she goes with a bare neck and in pasteboard shoes. I inferred that it was you that inherited the mother's consumptive tendencies, and not she.

To make a gloss on white linen mix up cold water starch and add to it a very small quantity of borax and four or five drops of turpentine. Iron the articles until perfectly dry, after which damp the breast again with a damp cloth, and iron again, rubbing hard until a brilliant gloss is obtained.

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Allow your Clothing, Paint, or Woodwork, washed in the old rubbing, twisting, wrecking way. Join that large army of sensible, economical people, who from experience have learned that James Pyle's Pearline, used as directed on each package, saves time, labor, rubbing, wear and tear.

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They are genuine and we guarantee satisfaction in their use.

One gallon will give one coat to fifty-five square yards of unpainted wood, and two coats to thirty-five square yards.

The sale of these paints for the last four years have increased wonderfully and no complaints made. For sale by R. CHESTNUT & SONS.

Is hereby given that all communications in respect to matters affecting the Department of Indian Affairs, should be addressed to the Honorable E. Dewdney as Superintendent General of Indian Affairs, and not as Minister of the Interior, or to the undersigned. All Officers of the Department should address their official letters to the undersigned.

L. VANKOUGHNET,  
Deputy Superintendent-General of Indian Affairs.  
Department of Indian Affairs,  
Ottawa, 11th May, 1889.

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**CARTER'S LITTLE LIVER PILLS.**

Sick Headache and relieve all the troubles incident to a bilious state of the system, such as Dizziness, Nausea, Drowsiness, Distress after eating, Pain in the Side, &c. While their most remarkable success has been shown in curing

Headache, yet CARTER'S LITTLE LIVER PILLS are equally valuable in Constipation, curing and preventing this annoying complaint, while they also correct all disorders of the stomach, stimulate the liver and regulate the bowels. Even if they only cured

**ACHE**

is the bane of so many lives that here is where we make our great boast. Our pills cure it while others do not.

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