If you have a kind word-say it, Throbbing hearts soon sink to rest; If you owe a kindness-pay it, Life's sun hurries to the West.

Can you do a kind deed-do it, From despair some soul to save; Bless each day as you pass through it, Marching onward to the grave.

If some grand thing for to-morrow You are dreaming-do it now; From the future do not borrow; Frost soon gathers on the brow.

Speak thy word, perform thy duty, * Night is coming deep with rest; Stars will gleam in fadeless beauty,

Grasses whisper o'er thy breast. Days for deeds are few, my brother, Then to day fulfil thy vow;

If you mean to help another,

Do not dream it-do it now.

Thoughts and Extracts on Amusements.

BY REV. ARTHUR T. PIERSON, D. D.

Doubtful indulgences. "The laws of | wings of the wind. God cover a thousand less crimes than thousand more." - Edward Irving. with such doubtful amusements do not the world.

amusements, as on the whole unseemly | enjoyment. for a true disciple. And the agreeunanimous and suggests the guidance legitimate ways, in accord with their of the Spirit of God.

The criterion of lawfulness or unlawfulness. Mrs. Wesley said, "Whatever weakens your reason, impairs the tenderness of your conscience, obscures | bloom to bloom, loving the sunshine, your sense of duty, or takes off the relish of spiritual things; in short, what- honey; the owl winks and blinks and ed by present troubles, or cast down ever increases the authority of your body over your mind, that thing is sin to you, however innocent it may be in | belong to the ruminating class, some itself." No wonder John and Charles to the æsthetics, some to the metaphy-Wesley were such mighty men, fed on sical and reflective; let every one pursue such "mother's milk"!

"She that liveth in pleasure is dead idiosyn-craziness. while she liveth' Revised Version: "She that giveth herself to pleasure." There is a deadening influence in pleasure De Funiak Springs seemed determined The enterprises also that cost us the seeking. The finer instincts of our nature are cultivated by consideration to divert him. At last a wag told an for others and forgetfulness of self. Because pleasure magnifies self, makes one's own indulgence a chief end, dallies with principle in order to indulge inclination, nothing is more surely deadening to all the noblest instincts and attributes of our being than simple pleasure seeking. Never do we find real spiritual vitality in any man or woman given to pleasure. "When the crozier became golden, the bishops became wooden.'

Pleasure is next door neighbor to sin. Innocent recreation becomes dissipation when carried to excess, and as Dr. Arnold says, "Amusement becomes day's duties."

centerpieces of wood are put by builders | legitimate work, but it will become a process of construction till the key- for resumption of our toil. - Star. stone is put in. Just such is the use that Satan makes of pleasure to construct evil habits upon. The pleasure lasts, perhaps, till the habit is fully formed; but that done, the structure may stand eternal. The pleasures are sent for fire wood and the hell begins in this life." - S. T. Coloridge. This is we have ever culled from literature. The thought is awfully true, and suggestive. How often do we see men indulging a sinful or harmful pleasure. the dregs of bitter remorse, disease, torment, remain.

Pleasures must be guided and guarded by consideration for others (Rom. 14; 15:1-4). Paul concedes that the weak as well as the strong, exist even in the the mistakes that short-sighted people church. The liberal conscience must often make by turning to a verse in consult the narrow and illiberal con- the fourth chapter of the first of whatever your circumstances may be, you ever spoken them? science; the enlightened and independsuperstitious. Some have self-control brethren; and his mother called his you would be there; if he required thing well, tell her so. It does not moderate indulgence may betray into with sorrow." For some reason or first put it therein; if he required the bread is good," or "you have swept sion, or sore, derives as much benefit perience and self-restraint. Paul never on the brow of her child, and calls him render, his loving hand would not have shine in the heart of a servant. Try from the healing, soothing action of was more a hero than when, himself "sorrowful." Yet the very child who weakened your strength in the way. the words of commendation on the swelling of the neck, stiffness of the a giant in keeping the body under sub- was born in tears and christened with This little verse will show what you the members of your own family. joints, throat and lungs, are relieved

weak.

serving God and man is never an unhappy man. He is after something beside and beyond pleasure; but pleasure comes in serving. As the architectural maxim is: "do not construct ornament, but ornament construction."

Heavenly bliss may be enjoyed in foretaste, but only by those who have senses exercised to discern both good and evil, and who have cultivated a keen relish for holy pleasures and fellowships. Fifty miles off the shores of New England, seasick cattle have been observed on ocean vessels, made almost wild with joy as they scented the clover

own temperament and taste. The cattle lie on the grass and chew the cud; the bird sings, perched on the treetwig; the butterfly wings his way from attracted by bright hues, and sipping meditates; and no one of them can by to-day's discouragements. Every understand the other. Some men his own idiosyncrasy-or, if you please,

Some people seem to lack the laughing faculty. A gloomy misanthrope at not to laugh. Every effort was made uproariously funny story, which compelled explosive merriment on the part of everybody else. This man could have been some wet eyes up in that not but feel the impulse to laugh, or at least to smile, but he resorted to picking his teeth as a diversion.

The ethics of amusement. Trench finely suggests that the very etymology of certain words has an ethical lesson. Amusement - A-musis - turning temporarily from the muses, -the patrons science, art, etc., in order to return to severer studies. Relaxation-the unbending of the boy to relieve tension and preserve elasticity. Recreationthe re-creating of the faculties exhaustreveling when encroaching upon next ed by the waste of work. When amuse ment takes this, its normal place, it Pleasures and habits. "Centers or will not only never interfere with our under an arch of stone while it is in positive prepartion of body and mind

Sorrows Turned into Joys.

BY REV. T. L. CUYLER.

We often make sad mistakes as to what is best for us. We often hide our richest blessings under a pall, and decorate with garlands our temptaone of the most remarkable excerpts tions, or the sources of our spiritual sorrows and shame. The poor old patriarch Jacob was shrouded in gloom, when he wailed out "All these It becomes the basis of a habit that gone; Simeon is gone; and they have great and tender Physician for whom dens of a pasterate are upon him. cannot be shaken off at will. Then the carried away also Benjamin, who bore others are so busy. Once you could would make the preparation of the pleasure gradually ceases, the power to in his boyish face the photograph of take your place in his vineyard and next sermon much easier, if he could enjoy declines, the pain more than beautiful Rachel. He calls his lot a feel yourself of some little use to God know that the last had been helpful to over-balances the gratification, perhaps' sad one. But the returning caravan and man, but now something whispers any poor, struggling one. How can he it is all anguish and agony; but the is almost in sight which brings to him to your heart that you are a cumberer know it if no one had told him? But habit is formed and the evil cup is still | the full sacks from Egypt's granaries, | of the ground, and can render nothing | you say he ought to be above needing eagerly sought and drained, though and the joyful invitation to go and to the Lord for all his benefits toward words of encouragement. He is not now it has lost its sweetness, and only see his long-lost Joseph as Premier of you. Those wise men must have re- above this. He is human, very human, is just before the day-dawn. What

into the greatest mercy of his life. We have a striking illustration of Chronicles. There we read that and however weak you may feel. If ent must regard the ignorant and "Jabez was more honorable than his he needed you just now in the vineyard your hired girl. If she has done a enough to avoid excess, but their name Jabez, saying 'Because I bore him money from your purse, he would have cost you much to say: 'Bridget, your immoderation those who have less ex. other she puts the mark of her grief service that health and strength can the room nicely;" but it leaves sun- as his master in a like predicament, jection, he renounced pleasures that he la sad name, grew up to be the glory of can render to the Lord :-

might safely indulge, lest they become her household. He outstripped all his a stumbling block to them that are brethren! God honored him with so many blessings, and his career was so The highest pleasures come unsought. bright and beneficient, that people Arthur Harwick says: "A shadow fol- must have wondered how he ever came lowed flies before me; a shadow from to have so doleful a name. His hiswhich I flee pursues me." Pleasure is a tory was like the April shower that shadow of which service is the real | begins with weeping clouds, but ends in substance. He who is absorbed in brilliant sun-bursts and in rainbows painted on the sky. We are often as blind as that He-

brew mother, and make the same egregious mistakes. We persist in naming things sorrows, which turn out to be rich blessings in disguise. Who ever congratulates a man on the loss of his fortune, or the failure of his ambitious schemes? Yet while his purse is being emptied, his soul may be filling full with God's grace. More than one man has been bankrupted into spiritual wealth. Be careful how you tell a sick friend that his sickness is a great affliction-when it may be sent of God to soften his heart, to fields that sloped down toward the sea, bring him to reflection and repentance. and whose fragrance was borne on the | Let us be careful how we condole with every weeping mother whose darling The range of amusement depends on | child has found its angel-wings, and the laws of men; but really cover ten the slope of our faculty. At Inver- flown away to the arms of Jesus. If snaid is a cataract with three distinct | we wish to sympathize with any par-The questions arising in connection leaps. Most people see in it only a ent, let it rather be with her whose waterfall. A delicate musical ear can living children are fooling away life in proceed from any real conviction of detect in that cataract all the notes of frivolity, or are hardening into the rightness, or even sincere doubt of ex- a musical scale. A poetic, musical sins that may yet break the heart of pediency; but, rather, from a disposi- gentleman went there by the hour, her who bore them. A thousand tion to evade duty, shirk self-denial, sitting entranced as he heard the choral times over have I pitied more the and compromise between Christ and voices, from the deep bass to the sweet | mother of a living sorrow, than I have soprano, which he detected in that roar | pitied the mother of a departed joy. There is a consenus communis chris- and rush of waters. To him it was an Parents, spare your tears from those tianorum-a general agreement of spir- anthem. A most exquisite singer of who have gone up to the sinless "high itually-minded and intelligent disciples | Europe says that the sea always moans | school" of Christ in glory ; spend them all through the ages, which is of itself a in a minor key. It is worth while to on those children who are yet alive, sufficient condemnation of the theater, train our faculties, if only to make but are still untouched by repentance, ball-room, card-tables, and kindred them capable of ministering greater or unconverted to God. Don't stop with weeping over their impenitence. Froude's story of "The Cat's Pilgrim- Strive to win them by kind counsels ment among the most consecrated age" is a fine fable to illustrate the and prayers, and by a holy example, speople in all times has been wonderfully right of people to find enjoyment in all to the Saviour; then your sorrow may be turned into joy. The Bible is like a vast orchard,

where precious fruit is often hidden behind the leaves. This story of the leaves-has many a golden teaching. It teaches us not to be frightentrue, deep Christian life begins in griefs over sin and in sharp conflicts with temptation. A religion that has had too easy a birth, seldom grows into a strong victorious Christ-likeness he who never weeps over sin, will never sing for joy, or chant harvesthymns over full leaves of blessings. most anxiety and toil and self-denial. are those that like Jabez, "enlarge their borders," and yield the aftercrops of large results. There may prayer-room in Jerusalem, where the little band met after their Master had left them; they were sowing in tears, to reap with joy before the next day's sun went down. Never despair of a good cause! Never despair of a great heaven-directed reform, even when the powers of hell are striving to strangle it. Never despair of a child. The one that fills you with most solicitude, and occasions your most fervent prayers, may yet gladden your life with joys beyond your highest hopes. Never despair of a soul, as long as you can plead with God for that soul, or strive to bring it into a full view of Christ. Let us all learn that God is tensthousand-fold wiser and more farsighted than our poor, foolish fears. And also let us never name our children or our good undertakings sorrowful, until we know how they are going to turn out, and what our heavenly Father intends to make of them.

A Patient Heart

FOR THE SICK AND INFIRM.

they gave Christ themselves."

to the Master a very precious offering.

"My full day's work is done, And this is all my part-I give a patient God My patient heart."

Or is it an impatient one you offer to Him just now? Perhaps you feel inclined to say, "Did you know all, you would not wonder at my fretfulness. There is this worry and that worry and the other, and infirmities have laid hold upon me, and nothing goes on as it would do were I well enough to see to things. Nobody cares about a poor creature like me, and I am all alone. But even if it were possible that not one of your fellow-creatures cared about you, which I think in your heart you know they do, still you would be the object of untold love, unbounded compassion, everlasting remembrance. You are the object of such love, at this moment, amid all the anxieties and weakness, it is as true that God loves all alone, do not forget that the great, wise, merciful Lord has said, "Certain-

ly I will be with thee.' Friend, if your Master loves you so truly, and is with you now, can you not bring forth the fruit of patience? True, the way seems long and mysterious, and past your finding out, but what he is doing he will explain to you hereafter; just now what he asks of you is patient faith. "I sometimes envy the flowers by my bedside their freedom from pain, and wonder why I should suffer so, and they should look so fair and calm and untroubled," said a christian whom God chose for the furnace of affliction; the beautiful roses could not respond to his teachings of pain, but her immortal soul could and did, and he was shaping her into his own glorious image while he was acquainted with grief. Ah! those words remind us of a won-

derful cure for impatience. Since the dear Lord has Himself been a Man of Sorrows, since Jesus wept, shall the disciple murmur to tread in his footsteps and learn what it is to watch and wait in Gethsemane? Ask the Redeemer to teach you the prayer he Jabez -if you turn it out from under lifted there; breathing those words in sincerity, the fever of fretful unrest will leave you, and you will show to others how, even in tribulation, God can give to his children a calm and patient | Scripture truths is like planting seeds. It will help you likewise to be

patient when your remember that the roughest, hardest post is given to those whom the commander most trusts and honors. The hardest lesson is given to the scholar who will do the | resolving. teacher most credit. It is not because glorified God in the sunshine, that now he gives you the highest training of all-to be made perfect McPherson. through the things you suffer. All things work together for good to them that love God, and when you take the assurance of God's Holy Word that even this pain, this weakness, this for service. - The Advance. trouble is working out for you blessing and joy and sunlight unspeakable, will you not put by the fretting, and, lifting holy hands of prayer, humbly, trustfully, adoringly bring to-day to your patient God a patient heart? "Oh impatient ones," cried a good minister now in the Land where there is no unrest, "do the leaves say nothing to you?" He pointed out that their glory is not the creation of an hour; every leaf-stem has a cradle in which is an infant germ, and rocking winds and rain as well as sunshine will cease its beauty by-andworking for you; accept his winds and his rain, believe in his present love and in his unshadowed hereafter, and deny not to him who is mindful of his own a patient heart .- The Quiver.

Encourage Somebody.

I ask you, my reader, are not you, am not I, more ready to criticise than All of us want to give something to to commend? Do we not discover God. You hear of others giving time, | faults more easily than the things money, service, and it is a grief to you | which are commendable ! Look at that things are against me." Joseph is that you have nothing to render to the anxious, care-worn pastor. The bur-Pharaeh's kingdom. His dark hour joiced; they could bring the new born like yourself. Adverse words sting Saviour gold, frankincense and myrrh; him as they sting you. There is that he baptized as a sorrow, has grown but a little Sunday-scholar said to me patient teacher. It is your child whose once, "The shepherds did better still- | mind she trains and whose faults she corrects, day by day. Encouraging deprives one of rest and sleep, It is in your power to-day to bring | words from her patrons are a source of | but, if allowed to continue, is liable to wonderful inspiration to her. Have develop more serious trouble in the

Many a daughter's soul has been soured by it.

by a mother's petulance. Many a boy has been scolded away from home who might have been retained. Not to endorse flattery do we write. There is a plain line of distinction between flattery and proper and deserved commendation. It is the encouraging word that needs to be spoken. It is easily spoken; but it is a motive of

wondrous power. The words of caution and blame may sometimes have to be spoken. Speak | follows :them not until they are necessary. In a multitude of cases they will not be necessary if you speak first the words of encouragement. Human hearts respond to kindness as plant and flower respond to sunshine. Try kindness. -Rev. E. Rogers, in Free Baptist.

It is often asked, Why must trials be endured by Christians? Why not allow them to enter heaven "upon as that God lives, and as to your being flowery beds of ease?" Why not give them an easy time on earth as well as an easy portion in eternity? The answer is, because God sees such a course is not best for their highest development here, or for their greatest honour hereafter. Afflictions test principles and strengthen character. Day Express from Halifax and The fiery furnace attests the power of endurance. The prize is won through tribulation. Perfection is wrought through suffering. The jewels in the crown of glory emit a brighter lustre electricity and heated by steam from the through the setting of a varied earthly experience. The severe discipline brings out more richly the sustaining and comforting grace of God, makes Christ sweeter and more welcome and glorious upon life's close.

Random Readings.

The sins of youth are the shadows of old age.

He prays best who works best. Vice versa. He works best who prays

Peace and comfort are Christ's great encouragement to faithfulness and obedience.—Baxter. It is not until we have passed through

the furnace that we are made to know how much dross there is in our composition .- Colton. The advantages of treasuring up

Every one is prolific of new and often original truths. If we could only live as well as we wish, what happy and prosperous lives we would have. But doing is very

much more difficult than desiring and Do not expect commercial payment you have failed, but because you have for the real benefits you may render mankind. Doing good is the great way of enriching character. - Dr. S. J.

> Never suffer the social interests of the church to interfere with the spiritual. The church is not a club; it is an avenue of divine grace, an agent

> It is the cross that makes the peace so sweet. Amid the tears of grief, peace keeps her silent place like the rainbow upon the spray of the cataract. -Horatius Bonar, D. D.

> Giving for God is not the only way o gain heavenly mindedness; but our unwillingness to give for him may stand in the way of our entering into fuller blessing.—Rev. P. L. Hunter.

The higher and more consecrated the individual life the clearer will propably be its recognition of its dependence bye to unfold. And thus is God upon and guidance by the God who is acknowledged in all its ways. - Cumberland Presbyterian.

The surest method of arriving at a knowledge of God's eternal purposes about us is to be found in the right use of the present moment. Each hour comes with some little fagot of God's will fastened upon its back .- F. W.

Infinite as are the varieties of life, so manifold are the paths to saintly character, he who has not found out how directly, or indirectly, to make everything converge toward his soul's sanctification, has as yet missed the meaning of this life.

Dyspepsia has driven to an early and even suicidal grave many a man, who, if he had tried the virtues of Ayer's Sarsaparilla, would be alive to-day and in the enjoyment of health and competence. Sufferer, be warned in season, and don't allow the system to run

A distressing cough or cold not only way of Congestion or Laryngitis, or Try the words of commendation on perhaps Consumption. Use Baird's Balsam of Horehound.

> The Horse-noblest of the brute creation-when suffering from a cut, abra-



INTERCOLONIAL RAILWAY

WINTER ARRANGEMENT.

N and after MONDAY, 30th Decem. ber, 1889, the trains of this Railway will run daily (Sunday excepted), a

TRAINS WILL LEAVE ST. JOHN.

Day Express for Halifax and Camp-Accommodation for Point du Chene 11.10 Fast Express for Halifax Fast Express for Quebec & Montreal 17.00 Express for Eussex.....

A parlor car runs each way daily on express trains leaving Hallfax at 7.1 and St. John at 7.30 o'clock. Passengers from St. John for Quebec and Montreal eave St John at 17.00 and take sleeping car at Moncton. The trains leaving St John for Mon-

treal on Saturday at 16 20, will run to destination on Sunday.

TRAINS WILL ARRIVE AT ST. JOHN.

Fast express from Montreal and Fast Express from Halifax 15.50 (ampbellton..... 19.25 Express from Haiitax, Pictou and

The trains of the Intercolonial Railway o and from Montreal are lighted by

Mulgrave 23.30

All trains are run by Eastern Stand

D. POTTINGER, Chief Superintendent Railway Office, Moncton, N. B. 27th December, 1889.

All Rail Line to Boston. &c. Short Line to Montreal, &c.

ARRANGEMENT OF TRAINS In Effect April 7th, 1890.

Eastern Standard Time.

LEAVE FREDERICTON. 6.05 A. M. - Express for St. John, and intermediate points, to Vancebore, Bangor, Portland, Boston, and points West; St. Stephen, St. Andrews, Houlton, Woodstock, and points north.

A. M - For Fredericton Junction, St John and points east. 3.20 P. M. - For Fredericton Junction, St John, connecting at the June tion with Fast Express via Shor Line for Montreal and the West, Houlton and Woodstock.

RETURNING TO FREDERICTON. From St. John 6.15, 8.55 a. m.; 4.45 p. m. Fredericton Junction 7.45 a. m. 12.50, 6.25 p.m.; McAdam Junction, 11.05 a. m.; 2.20 p. m.; Vanceboro, 10.45 a.m.; 12.10 p.m.; St. Stephen, 9.00, 11.55, a. m.; St. Andrews, 6.30

ARRIVE IN FREDERICTON. 8.55, a. m., 2.00, 7 20 p. m. LEAVE GIBSON.

8.00 A. M. - Mixed for Woodstock and points north. ARRIVE AT GIBSON. 5.55 P. M.-Mixed from Woodstock, and

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