#### Not to Myself Alone,

"Not to myself alone," The little opening flower transported cries; "Not to myself alone I bud and bloom; With fragrant breath the breezes I per

And gladden all things with my rainbow The bee comes sipping, every eventide, His dainty fill; The butterfly within my cup doth hide From threatening ill.

"Not to myself alone," The circling star with honest pride doth "Not to myself alone I rise and set; I write upon night's coronal of jet

His power and skill who formed our myriad

A friendly beacon at Heaven's open gate, I gem the sky. That man might ne'er forget, in every

His home on high."

"Not to myself alone," The heavy-laden bee doth murmuring hum; 'Not to myself alone, from flower to I rove the wood, the garden, and the

With busy care. Content if he repay my ceaseless toil

And to the hive at evening weary come

"Not to myself alone,"
The soaring bird with lusty pinion sings; Not to myself alone I raise my song; I cheer the drooping with my warbling And bear the mourner on my viewless

I toid the hymnless churl my anthem learn And God adore; I call the worldling from his dross to tarn, And sing and soar."

"Not to myself alone," The streamlet whispers on its pebbly way; 'Not to myself alone I sparkling glide; I scatter health and life on every side, And strew the fields with herb and floweret

I sing unto the common bleak and bare, I sweeten and refresh the languid air In droughty June.'

"Not to myself alone;"-O man forget not thou-earth's honored Its tongue, its soul, its life, its pulse, its In earth's great chorus to sustain thy part!

Chiefest of guests at Love's ungrudging Play not the niggard; spurn thy native

And self disown; Live to thy neighbor; live unto thy God; Not to thyself alone.

## A Parable of Growth.

If the summer has any message to man more prevalent and persuasive than another it is this: "Grow." On every hand, by processes secret, silent, persistent, life is pushing on to its consummation. So noiseless, so regular, so gradual is growth, that, before we are aware, the plant, over whose first leaves we exclaim in joy, has burst into bloom and perfected itself in seed. Is it not worth while to give heed to this annual parable of the summer How many written words of God it reenforces and illustrates. They, too who are Christ's are to "grow up into him, in all things."

While it is true, to a degree, that growth, both physical and spiritual, is spontaneous, inevitable, a matter not of choice but of nature, it is far more true than is sometimes recognized that the judgment and the will are immediately concerned in securing the highest results in human development. The Apostle Peter urged the Christians of his time to "Long for the spiritual milk which is without guile," that they "might grow thereby, unto Salvation."

In other words, they were to plan for growth, and to co-operate in securing it. It is only half the truth that Mr. Henry Drummond utters when he

"One would never think of telling a boy to grow . . . . . A boy not only grows without trying, but he cannot grow if he tries. No man by taking thought has ever added a cubit to his stature: nor has any man by mere working at his soul ever approached nearer to the stature of the Lord Jesus. The stature of the Lord Jesus was not itself reached by work and he who thinks to approach ats mystical height by effort is really receding from it.

The fact is, Scripture commands men to grow and thus unfolds another side of the matter of which sight is lost in the sentences quoted. It is ours to fulfil the conditions of growth. We are to keep ourselves in that element in which, alone, growth is possible, love is both soil and atmosphere for Christian growth. We are to feed ourselves upon the element by which alone growth can be nourished; truth is the soul's food; and love is to "abound yet more and more in knowledge." We are to continue those activities by means of which, though energy is put forth, life is re enforced and growth perpetuated; and such activities have their imitative in the soul's power of self-

determination. In no particular is this power to secure and control growth more important than in respect to symmetry. In the world of lower life normal growth is symmetrical. How much more should this be the case in the higher life of the spirit. It is "into" Christ that we are to grow up. His "fulness" is at once our ideal and our opportunity; "grace overagainst grace." Each splendid aspect of his many sided perfection is an example for us, and of him it reveals the worst of him.behind each grace in him, at which we Religious Herald.

aim, there lies a store of power, awaiting our appeal, for the achievement of that specific likeness to him. Tennyson said of the 'Iron Duke' that he 'stood four square to all the winds that blew.' So ought every Christian character to stand full, strong, solid on every side; each quality balanced by its opposite; each grace springing out of the one next before it in the order of life and growth, and at the same time nourishing the one next beyond itself; each virtue thus vitally related to every other, the character a co-ordination.

Such symmetry of character is not to be secured apart from thoughtful selfscrutiny and wisely directed self-nur ture. Some tendencies will have to be relentlessly repressed; others will need to be nourished as tenderly and carefully as do plants not indigenous to the soil. But the gain and the glory of character thus perfected is worth, both to the gainer and the Lord, more For man, for man, the luscious food I than all it costs of prayer and care. The power of our Lord's character over men is its symmetry. The weakness of modern Christian life is this: It is partial and one-sided in its development. - Chris. Inquirer.

## Deserters from Christ's Army.

In large sections of our cities homes are being supplanted by boarding houses. Their occupants, whose busi ness is in stores, shops, and offices, are uncertain as to their stay. The restraints and inspirations of home, society, and religion have largely lost power with them, and by so much they are of less value to themselves or others. These boarding house sections are the most difficult of all fields for Christian work. Their people are not so poor as to call for missionary service. They are simply irresponsive and irresponsi ble. Churches formerly flourishing have become choked and withered as this kind of population has occupied their territory. Nor do these people remain stationary in their indifference. Positive vices follow the breaking up of home-life and relaxing the sanctity of the Sabbath. The worst foes of society enters it through the door of the boarding-house.

Yet, if Christians so placed by necessity would realize their opportunity, this most difficult problem might be easily solved. God calls none to more important service than those in city boarding-houses. If you would do your part in it, your way is plain. Find out by business-like inquiries the church within reach where you can do the best service. Make the acquaintance of the pastor and secure a sitting. Go into the Sunday-school and take a class if the way is open. The best people in the community you will find there Be there regularly and promptly. Visit your scholars, and cultivate the acquaintance of teachers to whom you are attracted. In these ways friendships are soon formed and are abiding. Of course, you will soon take your letter and unite with the church.

Your influence in the right direction among the people with whom you associate will soon be felt. Your invitations to them to attend church with you need not be obtrusive. Only let them see that you find there satisfaction peace, and a useful field of service. A railroad conductor once went on an excursion to a Southern city. They arrived on Saturday night. An attractive trip had been planned for the more than usual care with his attire. A friend said to him:

"Of course you are going with us on the excursion?"

"No," he replied, quietly; "I am going to church; that is my habit on

Another questioner received the same reply.

Soon comment on it began to pass around, and discussion followed. When he set out for church he was accompanied by one hundred and fifty men whom his quiet example had turned from a Sunday excursion to the place

Any one is to be commiserated who has not a home that he can call his own But if your lot is in a boarding-house, and you abide faithful, you have noble mission. You can foster in it the graces of a christian home. You can make it an ally of the church. You can help to prepare its inmates to make homes for themselves. And if you have removed from one home to another, you can make the new one a new link to bind the community to the church and to God; and so you can enrich the people among whom you have come to dwell, and strengthen the stability of the state, and enlarge and ennoble your own life. If you will do this, the time to begin is the first week of your settlement in your new quarters. Every week's delay brings you nearer to the company of deserters from Christ's army .- The Congregationalist.

When a man's temper gets the best

## Self-Watching

Many people are prone to watch the

ways of others, but greatly neglect to

watch themselves. The first is easy, the second is hard; that is, it is hard if the task be carefully and thoroughly has been done. done. Self is so complex, mysterious, subtle and deceptive, that it requires a keen vision, great alertness and uncompromising severity, to successfully watch its motives, its habits, its biases, its jealousy, its conceit-in short, its manifold tendencies and workings. What a field for exercise this is! How broad its range! How intricate it is! How full of difficulties! Who can execute, satisfactorily, such a great task? Who can so keep his eye on his wonderful self that he shall all the while detect, at once, the upspringing of wrong motives, unholy desires, evil ambitions, revengeful purposes, unbrotherly wishes, and cruel surmisings? | would stay another night at the And if any man could be found able to | Castle. Seeing that he seemed perdo this, will he succeed in keeping the | plexed, she said wrong motive from displaying itself in action? Will he always be able to prevent the evil thought from escaping | Chancellor, "I have never, since I through the avenue of speech? Where shall we find such a person? We search | twenty hours from my wife before." for him in vain! Oh, how weak we are in the presence of our own strange, awful selves! Need we wonder that David said, "Set a watch, O Lord, before my mouth; keep the door of my lips?" David trembled before the marvelous power of his own self, and felt utterly inadequate to the task of so watching himself that all points should be successfully guarded against a harmful outbreak. In a letter to his | elements to render its possessor morose | what is right; it will always be right to parents shortly after he began preaching Edward Payson thus wrote: "I | tially cheery, pleasant, joyous. It re- | D. D. beg you to pray for me most earnestly moves all that terrifies and darkens, | Do your children attend the preach and importunately. I seem to be and substitutes whatever tends to ing service! Do you ever question walking on a hair, and hardly dare go lighten, beautify, sweeten, and make them to find out what they really have down to breakfast or dinner lest I the heart leap for joy. The curse of understood? Do you concern yourself should say or do something which may sin is removed, because it has been about their behavior in and around disgrace the ministry or hurt the cause | borne by Christ, the wrath of God toof religion." How scrupulously care- ward the sinner has been quenched in ful was his self-watching, lest he might | the blood that cleanses from all sin, harm the cause of his Lord! O God, the sin that separated the soul from be Thou our help !-Herald.

Death. Recently, in a religious paper, I ob served an obituary notice in which death was spoken of as the "dread and | the trees of the field clap their hands." awful monster." It has set me to thinking. Is it true that death is some. him," "Christ dwells in his heart by thing to be contemplated with horror, faith," "is formed in him the hope of and looked forward to with fear and glory," and "all things are his because despair? If so, then is all our profession of faith in vain-all our trust in God for everything he needs on earth, Christ and immortality a sham. over the graves of our dead ones we may write, omne finitum est, it is indeed | blessed one beyond. What a falsifier true that death is a hideous monster. But if we are enabled, by faith in his Master, what a stumbling block to puzzle ourselves, it is our own fault. Christ, to carve on the monument, re- others in the way to heaven, and what And we may always be sure, whatever surgat, then the 'dark angel" is dark an offense to "the little ones" in Christ's no more, but is resplendent with the fold is the professor who has nothing glory and light of immortality. Death to exhibit but a glum religion.-The for the Christian is a transition from earth to heaven, from darkness to light. It is passing from the fleeting pleasures of time to the endless and certain bliss of eternity; it is a journey from a foreign land, back to the fatherland. The fact Whittier has said :--

"Alas! for him who never sees

and he but echoed the teaching of Christ. Let the dying Christian, when his eyes are fast growing dim, cry, with next day. In the morning this gentle- Job, "Iknow that my Redeemer liveth, man was observed to be taking rather and that on the latter day he shall stand upon the earth; and thoughworms destroy this body, yet in the flesh shall I see God." For now is Christ risen and become the first fruit of them which sleep .- Arthur O.

Noble Souls. ness of the brotherhood of man, these souls obey the impulse of the divine shiftlessness .- Telescope. in themselves, and the wedding feast is gayer, happier, because they are there; their presence cools life's fever of ambition, haste, and greed. In their presence the tongue of slander, misrepresentation, pique, is silent, because they speak an unknown languit, while the strangers who meet them in life's journeyings feel their hearts burn within them with new love, new sympathies, new experiences. Never for them is the neglected opportunity. What man thinks of them is never their standard of action, but ever present before them is the measure of God's trust by the blessing and opportunities life gives them, - Christian

## Simple and Devoted.

It is difficult to retain simplicity of life and devotion to religious duty when burdened with business, fortune and honor; but it can be done, for i

Lord Hatherly was an eminent lawyer and a learned Lord Chanceller, but for forty years he was a Sunday. school teacher among the poor at Westminster. Even while Lord Chancellor of England, he was to be found every Sunday, seated among the poor working-men's children reading and explaining to them the Scriptures.

But the great man's life was as wonderful to its simplicity as in its devotion to duty. Once, by special invitation of Queen Victoria, he visited her at Windsor Castle, and remained over night. On the morning of his departure, the Queen said she wished he

"Why do you hesitate, my lord?" "Your Majesty," answered the Lord was married, been parted four and "Oh, I won't keep you, then !" exclaimed the Queen, with that ready sympathy which is one of her traits.

Lord Hatherly returned home, and when again the Queen invited him to Windsor, she was careful to ask him to bring Lady Hatherly.

## Glum Religion.

sullen, unattractive, glum. It is essen- do what we want to .- C. H. Parkhurst God has been removed, the peace of God that passeth all understanding keeps the mind and heart, the spirit of love takes possession of the whole man, "the mountains and the hills break forth unto Him into singing, and all "There is now no condemnation to he is Christ's;" he has the promise of safe conduct through the vale of death and an eternal home with God and all of the Saviour, what a caricaturist of Treasury.

Young people are apt to think poverty a great disadvantage, a great hardship, while the fact is otherwise. To the young man of limited means and pluck, poverty is exactly the The stars shine through the cypress | stimulus he needs to develope his capabilities. But for their poverty, it is a question if Benjamin Franklin, Horace Greeley, Henry Wilson, Abraham Lincoln, and James A. Garfield would have been known outside the states in which they were born, Had they been born rich, doubtless like many other rich young men they would have depended on their wealth, taken things easy, and never have developed their great qualities of mind and heart. So, young man of limited means, do not despair, do not waste time in wishing you were rich. Thank God for good health, fair natural abilities, a There are brave, sympathetic souls free country, and go to work. Discard who go through life scattering sunshine | tobacco, strong drink, the theater, and fragrance, to whom the present is games of chance, lottery tickets. Be the time for action. Conscience of honest, industrious, wide-awake, and their own purity, integrity, each soul you will in due time be the possessor they meet is but another child of God, of the ability to work, habits of inhaving need of what they can give. dustry, economy, sobriety and frugal-They give themselves as the gift. Out ity, which for a young man in a country | Colds, etc. of a heart overflowing with kindly im- like this are a greater fortune than pulse, throbbing with the conscious- the wealth of a Vanderbilt, if accompanied with habits of dissipation and

Conscience. Let me remind you that God is ever present, and sees the inmost thoughts; and while He allows every one to act freely, He gives to such as earnestly age. The grave is but the body's re- and honestly desire to do right all ceptacle, so clearly do they see above needed strength and encouragement to do it. Therefore, do not cheat yourself by doing what you suspect may be wrong. You are as much accountable to your Master for an ento them is the neglected moment, never lightened exercise of your conscience as you would be to me to use due diligence in taking care of a bag of money which I might send by you to some one else. If you were to throw it upon deck, or into the bottom of the coach, you would certainly be culpable; but, | are two of the articles entering into the if you packed it carefully in your composition of Parmelee' Pills.

trunk, and placed the trunk in the usual situation, it would be using common sense. So in the exercise of your conscience; if you refuse to examine whether an action is right or wrong, you voluntarily defraud yourself of the guide provided by the Almighty. If you do wrong, you have no better excuse than he who had done so willingly and willfully. It is the sincere desire that will be accepted .- Amos Lawrence.

# Random Readings.

The unrest of this weary world is its unvoiced cry after God .-- Munger.

Things that are exceptional cannot be depended upon. For steady illumination a lamp is better than a rocket. - Talmage.

Most people would succeed in small things if they were not troubled with great ambitions. - Longfellow.

Pardon cannot be brought either with money or work. It is a free gift and always on the ground of repentance and faith.

It is frequently said that man was made for happiness. The truth is man was made for duty. Happiness is the natural result of duty faithfully

Humility is the first lesson we learn from reflection, and self-distrust the first proof we give of having obtained a knowledge of ourselves. - Zimmer-It will be a part of the joy of heaven

The religion of Jesus has in it no that there we shall always want to do

the church?

Recalling the patience and longsuffering of the Heavenly Father towards us will often restrain the hand moved to punish, and silence the tongue prompt to censure.

More dear in the sight of God and angels than any other conquest is the conquest of self, which each man, with the help of heaven, can secure for himself.—Dean Stanley.

Our daily life should be sanctified by doing common things in a religious way. There is no action so slight or so humble but it may be done to a great purpose or ennobled thereby .-George Macdonald.

God gives us always strength enough and sense enough for what he wants us to do; if we either tire ourselves or we are doing, that we cannot be pleasing him if we are not happy ourselves. -Ruskin.

The Psalms come from all epochs in the history of Israel; they are of all the characters that lyric poetry can assume; but the pervading thought of them all is the mercy, the justice, the redeeming love of the one God, whose law is enshrined in the life of Israel.-

The Christ of the Gospel history is certainly a great being in the effects produced by his life and death. This greatness in the effects finds its proper explanation in the greatness of himself. Compared with his all other greatness, except that of God himself, dwindles into insignificance.

Jesus Christ is the true centre of gravity; and it is only as the forces of humanity are pivoted on him that they are in balance. And the oscillations of humanity are perceptibly shortening as the time of the promised equilibrium draws near. What no earthly forcelegislative, judicial, executive, academic, æsthetic-has ever been able to accomplish, or ever can accomplish, the Prince of Peace is serenely achieving .- Rev. George Dana Boordman, D. D., in Christian Statesman.

#### Minard's Liniment cures

For Cholera, Cholera Infantum, Summer Complaint, Cramps and Pains in the Bowels, there is no remedy that can be more relied upon than Kendrick's Mixture, for children or adults.

"Oh, if I had only taken this medicine earlier in life, what years of suffering it would have saved me !" was the touching exclamation of one who had been cured of rheumatism by the use of Ayer's Sarsaparilla. Scores of such cases are on record.

Fagged Out .- None but those who have become fagged out, know what a depressed, miserable feeling it is. All strength is gone, and despondency has taken hold of the sufferers. They feel as though there is nothing to live for. There, however, is a cure-one box of Parmelee's Vegetable Pills will do wonders in restoring health and strength. Mandrake and Dandelion



INTERCOLONIAL RAILWAY

ON and after MONDAY, 9th June 1890, the trains of this Railway will run daily (Sunday excepted), a follows :-

TRAINS WILL LEAVE ST. JOHN.

Day Express for Halifax and Camp-Accommodation for Point du Chene 11.00 Fast Express for Halifax .... Fast Express for Quebec & Montreal 16.3

parlor car runs each way on express trains leaving Falifax at 630 and St. John at 7.10 o'clock. Passenge from St. John for Quebec and Month leave St John at 16 35 and take sleepin leeping cars are attached to through night express trains between St. John

TRAINS WILL ARRIVE AT ST. JOHN.

Express from Halifax (Monday excepted) ... Fast express from Montreal and Quebec (Monday excepted) ... 830 ccommodation from Point du

Day Express from Halifax and (ampbellton..... Express from Halliax, Pictou and

The 6.30 train from Halifax will arrive the express from Montreal and Quehec but neither of these trains run on Monday A train will leave Fussex on Monday at 6.47, arriving at St. John at 8.30. The trains of the Intercolonial Railway to and from Nontreal are lighted by ectricity and heated by steam from the ocomotive All trains are run by Eastern Stant

D. POTTINGER, Chief Superintendent Railway Office, Moncton, N. B.

6th June, 1890.

All Rail Line to Boston. &c. Short Line to Montreal, &c.

ARRANGEMENT OF TRAINS In Effect June 30th, 1890.

Eastern Standard Time. LEAVE FREDERICTON. intermediate points, to Vanceboro, Bangor, Portland, and point West; St. Stephen, St. An

drews, Houlton, Woodstock, and 3.05 P. M. - For Fredericton Junction, 8

RETURNING TO FREDERICTON 6.25 p.m.; McAdam Junction, 10 a. m.; 2.15 p. m; Vanceboro, 10.3 a. m.; St. Stephen, 7.40, 1124 a. m.; St. Andrews, 7.00 a.m. ARRIVE IN FREDERICTON.

1.15, 7.15 p. m. LEAVE GIBSON. 7.00 A. M. - Mixed for Woodstock points north. ARRIVE AT GIBSON. .45 P. M. - Mixed from Woodstock, an

J. HEATH. Gen Pass. & Ticket Agent. Gen. M.



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