

GOOD Food - - Digestion - - Complexion

are all intimately connected—practically inseparable. Though the fact is often ignored, it is nevertheless true that a good complexion is an impossibility without good digestion, which in turn depends on good food.

There is no more common cause of indigestion than lard. Let the bright housekeeper use

COTTOLENE

The New Vegetable Shortening and substitute for lard, and her cheeks, with those of her family, will be far more likely to be "Like a rose in the snow."

COTTOLENE is clean, delicate, healthful and popular. Try it.

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Wellington and Ann Streets,
MONTREAL.

D. FOWLER'S
EXT. OF
WILD STRAWBERRY
CURES
*** COLIC ***
*** CHOLERA ***
*** CHOLERA-MORBUS ***
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*** DYSENTERY ***
AND ALL
SUMMER COMPLAINTS
OF
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PRICE 35 CTS
BEWARE OF IMITATIONS

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Bicycles.

We have several Bicycles on hand from last year which we will sell at a Bargain to any one in want on easy terms. We prefer having other goods and are reminded of the woman in Harvey Settlement who is now living happily with her ninth husband, a convincing proof of the wisdom of the old injunction "If at first you don't succeed, try, try again." Now this is our last try and if not sold this month we will either auction them off or send them to Newfoundland.

"Come early and get a Bargain."

R. CHESTNUT & SONS.

New England Conservatory

Founded by Dr. Eben Tourjee, Carl Paetzel, Dr. Eben Tourjee, Carl Paetzel, Dr. Eben Tourjee, Carl Paetzel.

The leading Conservatory of America. In addition to its unequalled musical advantages, exceptional opportunities are also provided for the study of *Elocution, the Fine Arts, and Modern Languages*. The admirably equipped Home is a safe and inviting residence for lady students. Calendar Free.

FRANK W. HALE Gen'l Manager.
Franklin Square, Boston, Mass.

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PER S. S. WINTEROP FROM NEW YORK.

17 Cases General Hardware and Mechanics Tools
3 Bundles Sand Paper.
1 Crate Ice Cream Freezer.
1 Box Liquid Gold Paint.
Just received and for sale by
R. CHESTNUT & SONS.

SINGINATI BELL FOUNDRY CO

SUCCESSORS IN BUYER BELLS TO THE
BLUMYER MANUFACTURING CO
BELL CHURCH SCHOOL FIRE ALARM
No duty on Church Bells.
Robt Eng. Co., Amherst, N. S., Agents.

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Send for Price and Catalogue.
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The Sabbath-School.

INTERNATIONAL LESSON.

Third Quarter-Lesson X. - Sept. 3.

PAUL SHIPWRECKED.—Acts 27: 30-44.

GOLDEN TEXT.—*God is our refuge and strength, a very present help in trouble.*—Ps. 46: 1.

THE VOYAGE. As soon as a sufficient company of prisoners bound for Rome could be gathered to go under one military escort, Paul was sent with them. This required about 20 days.

THE STORM. Several delays occurred, and a change of vessels was made, so that much time was consumed. They had been about two months on the journey when a terrific storm arose and they were driven for 14 days at the mercy of the wind.

THE CALM WITHIN. Hope had given out. At this point God sent his angel to Paul, doubtless in answer to prayer, to reassure him of his promise that he should preach the Gospel in Rome. God's plans are carried out. The Jews and the Romans had plans of their own, but those plans were compelled to carry out God's plan. The men at length consented to "lighten the ship," by casting away its freight and all unnecessary tackling and furniture. Thus, our treasures often become our burdens; and he only is wise who, to save his soul, consents to give up all else. Observe how one godly man saves many ungodly men. Ten righteous men would have saved Sodom.

THE WRECK.—Vers. 30-38. On the fourteenth night of the storm, by the sound of breakers, and the shawling of the water, they learned that they were near some land. Anchors were cast out of the stern, keeping the bow of the ship toward the shore in case they should drift upon it. *And as the shipmen.* The sailors who could get at the small boat, and determined to save themselves. Paul (who had seen through the plan) said to the centurion and soldiers, who would be thus left to destruction. *Except these abide in the ship, ye cannot be saved.* The sailors understood managing the ship; the soldiers could have done nothing. Here we see an object lesson where divine decrees are harmonious with human freedom of the will. *The soldiers cut off the ropes.* Rendering the escape of the sailors impossible. *While the day was coming on.* And there was nothing to do but to wait for the dawn. *Paul besought them all to take meat.* Food. All would have their strength fully taxed. *This day is the fourteenth.* ... continued fasting. They had scanty rations, without regular meals. *This is for your health.* Paul means that the preservation of his fellow-passengers depended on their keeping up their strength. *For there shall not, etc.* This was a proverb denoting exemption from the slightest harm. *He took bread, and gave thanks.* This was a special opportunity for Paul to point these heathen to the true God. *He began to eat.* He himself did what he advised them to do. *Then were they all of good cheer.* In this humane counsel we see the human side of the Christian Gospel finely illustrated. The apostle by exemplifying a grateful spirit helps to awaken it in their hearts. *They lightened the ship, and cast out (by casting out) the wheat into the sea.* There were two reasons why it was important to throw it overboard, the ship was to be run aground, and it was desirable to make it draw as little water as possible. In every life there are storms, but God is in the storm. The source of comfort in the storm is faith in God as a loving, wise, powerful Father. Christianity cares for the body as well as for the soul. Note the power of a good example, and the blessedness of being in good company.

THE ESCAPE.—Vers. 39-44. *They knew not the land.* ... *Creek with a shore.* A sandy shore. *And when they had taken up...* loosed the rudder bands. Ancient ships were steered by two large paddles, one on each quarter. When anchored by the stern in a gale, it would be necessary to lift them out of the water and secure them by lashings or rudder bands, and to loose these when the ship was again got under way. *Hoisted up the mainsail.* Rather, foresail. This was the sail which was employed for speed, and would be the most useful in driving the ship forward. *Made toward shore.* With the foresail set, they could steer the vessel. *A place where two seas met.* ... *The soldiers' counsel was to kill the prisoners.* The Roman soldiers were answerable with their lives for the detention of their prisoners. And they thought it would be poor comfort to escape from drowning only to be put to death by the sword. *The centurion willing (wishing) to save Paul.* Paul by his character is the means of saving others. *They which could swim, etc.* The swimmers were to plunge in first, so as to get to the beach and be in readiness to help their comrades. *And so it*

care to pass. The wind threw them landwards, and at last by the aid of the swimmers all were saved, and—at a spot which, owing to the accurate fidelity of the narrative, can still be exactly identified—nearly three hundred drenched and shivering, and weather-beaten sailors and soldiers, and prisoners and passengers, stood, on that chill and stormy November morning, upon the desolate and surf-beaten shore of the island of Malta. God's promises do not relieve us of the necessity of using means, but are the best reason why we should use all the means in our power. Happy are they who reach the shores of heaven, even though it be with the loss of all things else. When any calamity has been suffered, the first thing to be remembered is, how much has been escaped.

PAUL'S WORK IN MALTA. The inhabitants of the island were very kind to the survivors of the wreck. Paul as usual made himself useful and aided in gathering sticks for the fire. In one bundle was a viper, which, aroused by the heat, darted out of the fire and fastened to Paul's hand. The natives judged from this that Paul must be a great criminal, whom justice would not permit to live, even though it failed to destroy him by the storm. But they soon changed their minds and thought he was a god. Thus the seeming evil worked good, and enabled Paul to preach the Gospel to willing hearers, and to work miraculous cures for the sick. In return the people gave them all that was necessary in their destitute condition. Here again Paul was the means of blessing to his companions.

PRACTICAL HINTS.

To the poorest and most obscure come opportunities of doing good.

God rewarded these people for their unselfish kindness by sending them healing of their bodies and salvation for their souls.

The commonest service that would help his fellow-men is not beneath even an apostle.

Paul, in the very act of doing good, suffered evil. But it was unable to harm him.

We have a precious picture here of a noble Christian man, cheerful, courageous, thoughtful for others, who was in one sense, by his Christian character, the saviour of the vessel, for the hope he inspired; and his calmness and his obvious trust in God were elements without which, probably, the voyage would not have been successful. His faith was a principal means of safety for many.

W. C. T. Union.

OUR MOTTO.—*If God be for us, who can be against us.*

A Menace to Our Homes.

BY W. JENNINGS DEMOREST, N. Y.

The gilded, alluring death-traps that are set for unwary youth on our most frequented thoroughfares, and protected by an infamous license, call loudly to an outraged people for suppression. How long will the people submit to see bright and promising young men drawn into these vortices of destruction? How long will the people fold their arms and allow this curse of alcoholic poison to encircle and destroy their homes? How long will they stand inactive and see the hopes and expectations they had concentrated on their once manly boys blighted and blasted by the serpent of intemperance?

Listen to the maudlin, incoherent mutterings of the drunken semblance of a man whom you once called your son. Hear him curse his wife and children, and perhaps strike them down in his maddened, drunken frenzy. "My son come to this!" "Never!" you say. Yes, your son, your bright, manly boy, may be allured into one of these dens of vice, one of these magnificent gilded saloons with easy couches, lace curtains, beautiful pictures, cut glass, and other evidences of elegant and costly luxury.

"No harm can come to me here," whispers his excited and youthful fancy. "My mother could not object to these beautiful surroundings. My sister would be pleased and charmed with the enchanting strains of music, and all from the latest operas. Why! this is all free from the coarseness and brutality that I have heard so often described. I am sure no one need have any fear of contamination here, in this beautiful saloon."

Finally, the clanking of glasses intermingled with the music soon becomes too tempting to longer forbear. "Give me my ginger ale," says this new victim; and this is followed, soon after, by something stronger and still stronger, till his brain is fired with the last potations he becomes mirthful, then reckless and vindictive, and then—

"What have I done?" he asks, as he stands before the bar of justice next morning.

"You are charged with murder," answers the judge.

"What! I charged with murder! Is that the ending of my last night's spree? My God! What will my parents say! Can this be true?"

"Yes," says the policeman by his side. "I saw you plunge a knife into the heart of a man, and the man is dead."

"What! You do not mean to say I did it! It was the wine that inflamed my brain! It was the saloon that did it! I should have known better than to have allowed myself to be entrapped by the cursed allurements. Why did you not stop me?"

"The fact is, young man, you were in a frenzy and too quick for me. You would not be controlled. With a wild yell you defied everyone around you, and with a desperate lurch you put the knife straight into the man's heart."

"Oh! why are such places allowed to entice the unwary? God have mercy on my soul, and save others from the fate that is sure to follow the young men that frequent the saloon."

Fathers and mothers, what have you to say to this not overdrawn picture of what may happen to one of your own household?

USE SKODA'S DISCOVERY

The Great Blood and Nerve Remedy.

Woman's Practical Argument

"What brings you here, Mary?" said Truesdell to his wife, as she entered the liquor shop.

"It is very lonesome at home, and your business seldom allows you to be there," replied the meek and resolute wife. "To me there is no company like yours, and as you cannot come to me, I must come to you. I have a right to share your pleasures as well as your sorrows."

"But to come to such a place as this!" expostulated Tom.

"No place can be improper where my husband is," said poor Mary. "Whom God hath joined together let no man put asunder."

She took up the glass of spirits which the shopkeeper had poured out for her husband.

"Surely you are not going to drink!" said Tom in huge astonishment.

"Why not? You say that you drink to forget sorrow, and surely I have sorrows to forget."

"Woman, woman, you are not going to give that stuff to the children!" cried Tom, as she was passing the glass of liquor to them.

"Why not? Can children have a better example than their father's? Is not what is good for him good for them also? It will put them to sleep and they will forget that they are cold and hungry. Drink, my children, this is fire and bed, and food and clothing. Drink; you see how much good it does your father!"

With seeming reluctance, Mary suffered her husband to lead her home, and that night he prayed long and fervently that God would help him to break an evil habit and keep a newly formed but firm resolution.

His reformation was thorough, and Mrs. Truesdell is now one of the happiest of women, and remembers with a melancholy pleasure her first and last visit to the dram-shop.

Minard's Liniment cures

Diphtheria.

Mrs. Harry Pearson, Hawtrey, writes: For about three months I was troubled with fainting spells and dizziness which was growing worse, and would attack me, three or four times a day. At last my husband purchased a bottle of Northrop & Lyman's Vegetable Discovery, from which I derived considerable benefit. I then procured another, and before it was used my affliction was completely gone, and I have not had an attack of it since.

MINING NEWS.

Mining experts note that cholera never attacks the bowels of the earth, but humanity in general find it necessary to use Dr. Fowler's Extract of Wild Strawberry for bowel complaints, dysentery, diarrhoea, etc. It is a sure cure.

It may be only a trifling cold, but neglect it and it will fasten its fangs in your lungs, and you will soon be carried to an untimely grave. In this country we have sudden changes and must expect to have coughs and colds. We cannot avoid them, but we can effect a cure by using Bickle's Anti-Consumptive Syrup, the medicine that has never been known to fail in curing coughs, colds, bronchitis and all affections of the throat, lungs and chest.

Palpitation of the heart, nervousness, tremblings, nervous headache, cold hands and feet, pain in the back, and other forms of weakness are relieved by Carter's Iron Pills, made specially for the blood, nerves and complexion.

A Short Road to health was opened to those suffering from chronic coughs, asthma, bronchitis, catarrh, lumbago, tumors, rheumatism, excoriated nipples or inflamed breast, and kidney complaints, by the introduction of the inexpensive and effective remedy, Dr. Thomas' Electric Oil.

BURDOCK

Regulates the Stomach, Liver and Bowels, unlocks the Secretions, Purifies the Blood and removes all Impurities from a Pimple to the worst Scrofulous Sore.

BLOOD

→ CURES ←
DYSPEPSIA. BILIOUSNESS. CONSTIPATION. HEADACHE. SALT RHEUM. SCROFULA. HEART BURN. SOUR STOMACH. DIZZINESS. DROPSY. RHEUMATISM. SKIN DISEASES.

BITTERS

INTERCOLONIAL RAILWAY.

1892. WINTER ARRANGEMENT. 1893

ON and after Monday the 17th October, 1892, the trains of this Railway will run daily (Sunday excepted), as follows.—

TRAINS WILL LEAVE ST. JOHN.

Express for Campbellton, Pugwash, Pictou and Halifax, 7.00
Express for Halifax, 13.30
Express for Sussex, 16.30
Through express for Pt. du Chene, Quebec, Montreal and Chicago, 16.55

A parlor car runs each way on express trains leaving St. John at 7.00 o'clock and Halifax at 7.00 o'clock.

Passengers from St. John for Quebec and Montreal take through sleeping cars at Moncton at 19.40 o'clock.

TRAINS WILL ARRIVE AT ST. JOHN.

Express from Sussex, 8.25
Express from Chicago, Quebec and Montreal (Monday excepted), 10.25
Express from Pt. du Chene & Moncton, 10.25
Express from Halifax, Campbellton and Pictou, 11.00
Express from Halifax and Sydney, 12.30

The trains of the Intercolonial Railway between Montreal and Halifax are lighted by electricity and heated by steam from the locomotive.

All trains are run by Eastern Standard time.

D. POTTINGER,
Chief Superintendent.

Railway Office,
Moncton, N. B., 29th June, 1892.

900. SALARY and Commission to Agents, Men and Women, Teachers and Clergymen to introduce a NEW AND POPULAR STANDARD BOOK

Testimony of 19 Centuries, to Jesus of Nazareth.

The most remarkable religious book of the age, written by 300 eminent scholars, Non-sectarian. Every Christian wants it. Exclusive territory given Apply to THE HENRY BILL PUBLISHING CO., NORWICH, CONN.

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ASSETS, \$2,250,000 00

Premium Income, 504,394 00

Interest Income, 111,500 00

Surplus over Liabilities, 176,000 00

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REV. WM. DOWNEY,
General Agent, F'ton, N. B.

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Just Received by Rail.

5 cases Grindstone Fixtures,
2 " Shelf Brackets,
2 " Porcelain Door Knobs
2 " Mrs. Potts Sad Irons,
1 " Japanned Thumb Latches,
1 " Hat and Coat Hooks,
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1 " Drive Wall Points, reliable, safe
4 " General Shelf Hardware,
1 " Hook and Eye Hinges,
12 Kitchen Pumps.

R. CHESTNUT & SONS.

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NEW GOODS AT

WM. JENNINGS',
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Fashionable Spring Overcoatings in Venetians and Worsteds, Fancy Silk Vestings, Fancy Trousers and all the novelties in Spring Suitings.

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1000 PACKAGES TEAS.

FINE VALUES

CHEESE, CODFISH, HAMS,

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SAL SODA, BISCUIT SODA

A.F. Randolph & Sons

McNally Again.

Read Extraordinary Prices Below.

"Three more car loads of Chairs, Bedsteads, Bedroom Suits, and Fancy Furniture, just received. New Upholstered Goods are being turned out of upholstery department daily."

PRICES.—Walnut Parlor Suits in Tapestry with Plush trimmings, \$25.50, Solid Oak Chamber Suits, \$25.00, French Paneled Antique Oak Bedsteads with engraved head and varnished side rails \$1.85, Woven Wire Mattresses, \$2.65, Dominion Copper Wire Bed reduced to \$4.50, Oak Chairs 30cts., Case and Perforated Seat Chairs 65cts., Oak Bent Rockers, 50cts., Platform Rockers, \$3.50, Bamboo easels, 90cts., Bamboo Fancy Tables, \$1.25, Good Strong Lounges with Steel Springs and Tapestry Covering, \$4.50, Soft Stuffed Easy Chair, \$4.00, Ivory Ware 10 pieces Toilet Sets, \$2.25, Dinner Sets, \$4.30, Polished Castor 5 bottles 95cts., Silver Plated Castor 16 inches high 5 engraved bottles stamped quadruple plate only \$2.75. Special new lines in Polished Oak and Walnut Chamber Suits, Secretaries, Sideboards, Hall Racks, Book Cases, Roller Top Desks, Pictures, Easels, Window Shades, China, Silverware, Fancy Goods, 6 Childrens Carriages, came in late, \$7.50 to close them out.

We employ no peddlars but make our prices sell the goods. Come and see us before you buy. Orders by mail promptly attended to and satisfaction guaranteed. Remember the place, 112 and 154 Que Street, Fredericton.

JAMES G. McNALLY.

James D. Fowler

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GOLD, SILVER,

GOLD FILLED, &

NICKLE CASES

—FROM—

\$250 to \$1.50 each

Best Value in the City.

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Fredericton, Dec. 19, 1888.

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