

Bread Upon the Waters.

"Cast thy bread upon the waters; for thou shalt find it after many days."—ECCLES, xi, 1.

'Mid the losses and the gains,
'Mid the pleasures and the pains,
'Mid the hopes and the fears,
And the restlessness of years,
We repeat this passage o'er—
We believe it more and more—
Bread upon the waters cast
Shall be gathered at the last.

Gold and silver, like the sands,
Will keep slipping through our hands;
Jewels, gleaming like a spark,
Will be hidden in the dark;
Sun and moon and stars will pale,
But these words will never fail;
Bread upon the waters cast
Shall be gathered at the last.

Soon like dust, to you and me,
Will our earthly treasure be;
But the loving words and deeds
To a soul in bitter need,
They will not be forgotten;
They will live eternally—
Bread upon the waters cast
Shall be gathered at the last.

Past the moments slip away,
Soon our mortal powers decay,
Low and lower sinks the sun,
What we do must soon be done;
Then what rapture, if we hear
Thousand voices ringing clear;
Bread upon the waters cast
Shall be gathered at the last.

—Baptist Weekly.

The Race For The Crown.

BY THEODORE L. CUYLER, D. D.

So run that ye may attain, was the great Apostle's exhortation to his fellow-Christians at Corinth. Or, if literally translated, so run as to win the prize. He drew his illustration from the Isthmian games, that were celebrated in their neighborhood, when the stripped racer, before a vast crowd of spectators, ran for a chaplet of laurel or of pine. Every one who wants to conquer sin and win a Christian life in this world and eternal life in the next world must imitate the Isthmian racer. In this vital matter no one can afford to fail. A failure in worldly schemes may be humiliating; failure in character means self-destruction. If there is joy among the angels of heaven when an immortal soul is saved there may also be joy among the devils in hell when a soul is lost.

In the Christian race the first essential is a right start from the right point with the right purpose. The right point to start is the cross of Jesus Christ, and the right beginning is genuine repentance and a genuine grasp of Christ as the only Savior. The more thorough the conversion the stronger for the race; a half conversion makes less than half a Christian. A man must break with his old self, old habits and old sins before he can become "a new creature." And this new life must be dominated with a single honest purpose, and that is to obey Jesus Christ as his only Master. The Isthmian racer kept his eye on the chaplet of pine, and a purse of gold flung down on the track would not detain him to stoop after it. My friend, if you are setting out on a godly life, your eye must be steadily on Christ; and the moment that you begin to love any one or anything more than you love him, the moment that you make money, or promotion, or social or sensual pleasures your goal, you begin to lose headway. "This one thing I do," said the grand old athlete of faith, "I press on toward the goal for the prize of the high calling of God in Christ Jesus. If you do not set out with the single honest determination to serve Christ, whether rich or poor, high or humble, popular or unpopular, you will soon play truant or become a laggard in the race. Those Greek combatants went into severe training, were required to practice abstinence from intoxicants and luxurious food, and had to strip off all entangling garments. The Master's injunction to you is "If any man will come after me, let him deny himself. Some young converts start with too heavy a load, or entangle themselves with favorite sins that trip their feet, and soon lead them to backslide. I have watched the career of thousands, and almost every backslider that I have ever known was the victim of one or more besetting sins. They would not make a clean breach with their besetting sins, and very soon gave up following Christ.

Must I give up this practice, or that amusement, or that indulgence? Yes, assuredly you must if they are wrong in themselves and hinder your Christian life. Listen to the voice of conscience on all such points. As you regulate your watch by the sun, regulate your conscience by the Bible. When you are in any doubt about a question of casuistry give your Master the benefit of the doubt and take the safe side. Even surrender your right to do things not sinful in themselves,

L. D. C. Restores the Stomach to Healthy Action.

provided that by so doing you may take a stumbling block out of another's path, and by so doing advance your graces. It might not smirch me to witness a clean play in a theater, but by my presence there I give my sanction to theatrical amusements, and some young man who saw me there might make it a warrant for his becoming a theater goer at whatever cost to his purity. Daily food is a lawful necessity; but indulgence in table luxuries may sensualize you; and oftentimes a day of fasting has been profitable to both body and soul. Certain luxuries of domestic life may be lawful in themselves, yet to give them up in order to have more money for Christ's service or in order to discountenance social extravagance is a dictate of Christianity. John Wesley had a right to possess silver plate, but he refused to do so, as he said, "while so many poor people were lacking bread." The most unpopular doctrine to preach in these times and the hardest one to practice is the good old apostolic doctrine of self-denial. The daily battle of Christian principle is with that artful, subtle, greedy sinner, self. The highest victory of grace is to follow Christ over rugged paths of self-denial, and this is mainly to be done in the little every-day words and acts of life, for the great occasions that demand sublime sacrifices are very rare. There is more pulp than pluck in too many Christian professors. Strive for a piety that will stand a pinch, that can work up stream against social currents, that sets its face like a flint in the straight, narrow road of righteousness. Paul "kept his body under," and dealt to his old carnal appetites smashing blows. "Wherefore," he exclaims, "let us lay aside every weight, and the sin which doth so easily beset us, and let us run the race that is set before us." How can a Christian make headway when he is enervated with luxuries, or overloaded with the "cares of this world," or bandaged with the manacles of fashion, or entangled with besetting sins? The Greek racer might as soon attempt to win the chaplet when running in a sack.

Bear in mind, my friend, that your success in winning the crown will depend upon yourself. Do not misunderstand me. I do not pretend that any Christian is for any moment of his life independent of the divine aid. But when Jesus is so willing, yes, so desirous to aid you, when he both promises and offers his omnipotent help, it is entirely your fault if you do not advance every day toward the mark for the prize. God's grace will not act on you as a mere passive object as the winds acted on the sails of the "Vigilant." Your entire dependence upon Christ's help is coupled with an entire free agency. If he helps you to run, you yourself must do the running. There is a true sense in which it depends upon yourself as to what position you occupy, how much influence you possess, how much service you render your Master, how much spiritual joy you have, and just how much progress you make in pure, sweet, happy and holy living. There is no luck and no magic in religion. If you hamstring yourself and cut your sinews you will lose the race. If you nourish your strength daily on Bible food, if you starve out your selfish and sensual passions, if you set your face like a flint toward the crown, and keep your inner life "hid with Christ," then neither men nor devils can rob you of that crown. It will be no idle boast for you to say, "I can do all things through Christ who strengthens me."

The racer in the old Grecian games commanded the breathless attention of assembled thousands. You, too, humble as you are, will not be left alone, for ever around and above your pathway is a countless "cloud of witnesses." The general assembly of the firstborn in Heaven look down upon you, and, best of all, you are ever in your loving Master's eye. He will watch every step, note every slip, pity every weakness, lift off the daily load or help you to carry it, cheer you with his smile, and stretch out his everlasting arm to protect you through every danger. Keep your eye on Jesus. Put your feet firmly on the path that leads straight on, up many a steep cliff and through some days of tempest, but on, and still on, until the heavenly gate opens to give you welcome. And then if you have been "faithful unto death" you shall receive the crown of glory that fadeth not away.

True sorrow for sin always contains at the outset a hidden germ of joy—because the wound drives the sufferer to the physician.—Van Oosterzee.

God has made us to feel that we may go on to act. If, then, we allow our feelings to be excited, without acting from them, we do mischief to the moral system within us.—J. H. Newman.

K. D. C. Relieves Distress After Eating.

The wise Preacher.

Will plan his work.
Will work his plan.
Will do his level best.
Will be a soul-winner.
Will wear a short face.
Will not try to be an angel.
Will be a man of on work.
Will expect to be growled at.
Will not preach party politics.
Will have a live prayer meeting.
Will not seek fame as a lecturer.
Will not recognize social cliques.
Will not mistake noise for power.
Will get hungry like other mortals.
Will not covet newspaper notoriety.
Will go around with both eyes open.
Will be neat in personal appearance.
Will be the friend of the young folks.
Will do pastoral work systematically.

Will steer clear of the corner grocery.
Will not organize his church to death.
Will look after the poor most tenderly.
Will have a due measure of backbone.

Will religiously mind his own business.
Will be a sensationalist in the best sense.

Will be no less a citizen because he is a minister.
Will not counsel too often with Bro. Despondent.

Will have a good word to say of his predecessor.
Will make it uncomfortable for churchly drones.

Will not visit so incessantly as to lead to mental dissipation.
Will not get the dumps every time he is criticised adversely.

Will insist upon due system in the church's financial department.
Will not apologize every time he takes up a benevolent collection.

Will not feel it to be his duty to straighten out all the kinks in town.
Will not fire his biggest sermon guns during the first two months.

Will not go around insisting that his present charge is much below his grade.
Will study current events and use them to give point and pith to his sermons.

Will fairly startle folks with sanctified inventions for pushing church work.
Will identify himself with the social, educational, and industrial interests of his town.

Will not be more "popular with worldly 'outsiders'" than with his consecrated members.
Will not go around town looking for some protruding object against which to bump his head.—Michigan Advocate.

A Man of Prayer.

Bishop James lived in an atmosphere of prayer. While yet a very young preacher, when asked why he prayed so long in public services, his answer was, "Because I love to pray." The members of his family testify that not infrequently, when at home, he would spend much of the night in devotion. He would write letter after letter, until the usual bedtime approached, when the family would retire and leave him, with the understanding that he would quickly follow. When he did not come, his daughter, ever watchful of him, knowing how weary he was, would call to him, "Papa, do come; you need your rest." "Yes, my dear, directly." To each call the answer was, "Directly." And there, in the back parlor, with the lights turned low, as the small hours tripped in, might the man of God be found, alone, and wrestling with the Angel of the Covenant. His work was among men, but the roots of that activity penetrated to those depths whence flow the life giving power and freshness of all saving work.—Life of Bishop James.

The Insight of Service.

Some Christians are forever standing idle in the market-place—not because they are not willing to labor for the Master, but because they do not know what to do. If some pressing service would only offer itself, some task confront them with immediate necessity of doing, how gladly they would accept the commission, how eagerly they would set about the task! They long to serve, but they actually know not where nor how to begin. So they stand idle, while the precious hours of the day are wasting.

Other Christians scarcely seem to find time for all things that wait their doing. Service crowds upon service, opportunity upon opportunity. It is always lo here, and lo there, somewhere to go, something to do, some one to help.

What makes the difference? Why is it that service comes readily, invitingly, [availably] to some, and seems forever eluding others? It is because

K. D. C. Cures Midnight Dyspepsia.

the more men do the more they perceive what might be done. Active Christians acquire what may be called the insight of service. The performance of each task opens the doorway to another. It is because the idle Christians wait so persistently or something that seems to them suitable, that they gradually grown blind to all opportunities for doing good. Let them do anything at first—if it be no more than to enter the vineyard and tread the grass out of the Master's paths—and they will soon perceive tasks enough that are suitable and needful. It is idleness that spins cobwebs before the eyes of men. What can I do? is the weak cry of man who has never really tried to do anything with all his mind and heart and strength. The first genuine task he performs—no matter whether it seems just suited to him or not—will be his open sesame to all manner of good and blessed works. Let there be no more helpless self-distrustful folding of the idle hands! Do something, do it heartily do it thoroughly, and in the doing of it you will find that you have attained, in the measure of your faithfulness, to the insight of service.

—Zion's Herald.

Be Prompt.

Don't live a single hour of your life without doing exactly what is to be done in it, and going straight through it, from beginning to end. Work, play, study, whatever it is, take hold at once and finish it up squarely; then to the next thing, without letting any moments drop between. It is wonderful to see how many hours these prompt people contrive to make of a day. It is as if they picked up the moments the dawdlers lost. And if ever you find yourself where you have so many things pressing upon you that you hardly know how to begin, let me tell you a secret. Take hold of the very one that comes to hand, and you will find the rest will all fall into line, and follow after like a company of well drilled soldiers; and though work may be hard to meet when it charges in a squad, it is easily vanquished if you can bring it into line.

You may have often seen the anecdote of the man who was asked how he had accomplished so much in his life. My father taught me, was the reply, when I had anything to do, to go and do it. There is the secret—the magic word, now!—The Lutheran.

Work.

Seek your life's nourishment in your life's work. Do not think that after you have bought or sold or studied or taught, you will go into your closet and open your Bible and repair the damage of the loss which your daily life has left you. Do those things, certainly, but also insist that your buying, or selling, or studying or teaching shall itself make you brave, patient, pure and holy. Do not let your occupation pass you by and only leave you the basest and poorest of its benefits, the money with which it fills your purse. This is the life that, indeed, "catches the quality of the life of God," and still it is a life possible to every one of us.—Phillips Brooks.

1. The Bible is first of all a record of historical facts, called doctrines.
2. The first and fundamental doctrine is that of a personal Creator.
3. The second great doctrine is man's creation in the likeness of his Maker, thus becoming morally responsible, and subject to God's holy law.
4. The doctrine of sin is simply a statement of fact concerning man's conduct and consequent condition.
5. The centre of the system of doctrines, is that of redemption. It begins in Eden when the promise is given that the seed of the woman should bruise the serpent's head, and culminates with the cross, when Christ says, "It is finished."
6. The Old Testament teaches the same as the New.
7. All the doctrines concerning man's future state, are simply statements of man's personal relation to God, as determined by his acceptance or rejection of our Lord and Saviour, Jesus Christ.

What led you to give your heart to Christ? the pastor asked. It was mother's patience, the daughter replied. She is always serene. One day, nothing went wrong, very wrong, and she kept about her work with a song on her lips. Mother, I exclaimed, a bit provoked, "I believe you would sing if one of us were dead." "Yes, my child, if I thought you were safe with Jesus, I could sing then too." It was too much for the daughter, she sought her mother's Christ. There patience had its perfect work.

The Worst Disease—Dyspepsia, The Best Cure K. D. C.

To BE ALWAYS doing things for God, and not to mind because they are such very little things, is the mark of one far on his way toward perfection. He has got over ambition's craze for greatness, and is willing not to be known to any but his Maker. He is content to fill a humble place till his Master, whose is the kingdom and the glory, needs him somewhere else. He finds everywhere and in all things opportunity to imitate the Saviour, and he is so taken up with this that he has no leisure to look on the work given to somebody else and wish that it might be his. Happy obscurity! Blessed insignificance! Glorious effacement of self!

Random Readings.

A doubt is the heaviest thing man ever tried to lift.

Sink your well in time of drought—H. J. Hastings.

Every day of a Christian's there is new music in his heart.

Every good man's life convinces some sinner that the Bible is true.

In this world, it is not what we take up, but what we give up, that makes us rich.—Beecher.

Those who desire proof that the Gospel is from God need only to note its effects.

Just as summer is the outburst of spring, so worship is the outburst of divine life in man.—Davies

"Let us not be weary in well doing." How much we could accomplish if we would carry out this injunction of the apostle.

No matter how much the wicked get, they only get it to lose, but whatever a good man gets he is going to keep. The devil cannot pick the lock that guards the treasures of the righteous.—Ram's Horn.

"We are nearer the Light in proportion as our religion has made us more and more lovely, more and more tender, more true and more safe to deal with."—Laura Ormiston Chant.

All the blood in the body makes the entire round of the circulation in twenty seconds, so that three times in every minute all the red globules of the blood, which are the oxygen-carriers, must each have its fresh modicum of oxygen.

Minard's Liniment for Rheumatism.

A PROMPT CURE.
GENTLEMEN.—Having suffered over two years with constipation, and the doctors not having helped me, I concluded to try B. B. B., and before I used one bottle I was cured. I can also recommend it for sick headache.
ETHEL D. HAINES,
Lakeview, Ont.

There are cases of consumption so far advanced that Bickle's Anti-Consumptive Syrup will not cure, but none so bad that it will not give relief. For coughs, colds and all affections of the throat, lungs and chest, it is a specific which has never been known to fail. It promotes a free and easy expectoration, thereby removing the phlegm, and gives the diseased parts a chance to heal.

Safe, Certain, Prompt, Economic.—These few adjectives apply with peculiar force to Dr. Thomas' Electric Oil, a standard external and internal remedy, adapted to the relief and cure of coughs, sore throat, hoarseness and all affections of the breathing organs, kidney troubles, excoriations, sores, lameness and physical pain.

ITCHING AND BURNING

Sores All Over Her Body. Suffering Endless. Doctor Useless. Cured in 4 Weeks by Cuticura.

Your most valuable CUTICURA REMEDIES have done my little girl so much good that I feel like saying this for the benefit of those who are troubled with skin diseases. She was troubled with itching, burning sores. When I took her to the doctor the first time, he called it the Italian itch, and said he would cure her in two weeks. When the two weeks were up, he called it eczema, and in that time she was worse than before. He doctored her for three months, and she was so bad that we did not know what to do. He did not do her any good. I saw the advertisement of CUTICURA in the paper, and I said to my wife, "I am going to try them." Mind what I say, she was so black with sores that we had to soak her clothes to take them off. But there was no end to it. She had it all over her body, back, legs, arms, in between her fingers. She did not have it on her head. But after taking your CUTICURA REMEDIES for two weeks the itch stopped, and in four weeks the sores were all gone. I enclose her portrait. I am more than pleased with your CUTICURA REMEDIES, as they speedily cured my daughter, and if anybody asks me about your remedies, I will uphold them wherever I go.
CHARLES M. GRONLIE,
Conshohocken, Montgomery County, Pa.



Why Suffer One Moment From torturing and disfiguring skin diseases, when a single application of the CUTICURA REMEDIES will, in the great majority of cases, afford instant relief in the most agonizing of itching, burning, scaly, crusted, pimply, and blotchy skin, scalp and blood diseases, with loss of hair, and point to a speedy, permanent, and economical cure.

Sold everywhere. Price, CUTICURA, 75c; SOAP, 35c; RESOLVENT, \$1.50. Prepared by the POTTER DRUG AND CHEMICAL CORPORATION, Boston. "How to Cure Skin Diseases," 64 pages, 50 illustrations, and testimonials, mailed free.

PAINS AND WEAKNESSES Of females instantly relieved by that new, elegant, and infallible Antidote to Pain, Inflammation, and Weakness, the CUTICURA Anti-Pain Plaster.

Agents to sell our choice and special varieties, both in bulk and retail, to off-r, where are controlled by us. We pay commission on sales at once for terms, and secure territory.
MAY BROTHERS, New York.
12-21-10

A Friend

Wishes to speak through the Register the beneficial results he has received from a regular use of Ayer's Pills. He says: "I was feeling sick and tired, and my stomach seemed all out of order. I tried a number of remedies, but none seemed to give me relief until I was induced to try the old reliable Ayer's Pills. I have taken only one box, but feel like a new man. I think they are the most pleasant and easy to take anything I ever used, being so fine sugar-coated that even a child will take them. I urge upon all who are

In Need

of a laxative to try Ayer's Pills. Boothbay (Me.) Register.

"Between the ages of five and fifteen I was troubled with a kind of salt-rheum or eruption, chiefly confined to the legs, and especially to the bend of the knee above the calf. Here, running so formed which would scab over, and would break immediately on moving. My mother tried everything she could think of, but all was without avail. Although a child, I read in the paper about the beneficial effects of Ayer's Pills, and persuaded my mother to let me try them. With no great faith in the result, she procured

Ayer's Pills

and I began to use them, and soon noticed an improvement. Encouraged by this, I kept on till I took two boxes when the sores disappeared and have never troubled me since."—H. Chippin, Real Estate Agent, Roxbury, Mass.

"I suffered for years from stomach and kidney troubles, causing very severe pains in various parts of the body. None of the remedies I tried afforded me a relief until I began taking Ayer's Pills, and was cured."—Wm. Goddard, Notary Public, Five Lakes, Mich.

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Wiley's Emulsion of Cod Liver Oil

Answers all these requirements: 1st. Nothing but the purest and finest Norway Cod Liver Oil used. 2nd. Cod Liver Oil and Hypophosphite in a palatable and readily digested form, has always been recognized as the best remedy for Coughs, Colds and disease of the Lungs. 3rd. Wiley's Emulsion is without a question the best value in the market. Large bottle for the money, equal to most preparations of twice the cost.

PRICE, 50 CTS
Six Bottles \$2.50.

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150,000 Lumberman's Boot Caulks
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Agents to sell our choice and special varieties, both in bulk and retail, to off-r, where are controlled by us. We pay commission on sales at once for terms, and secure territory.
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12-21-10