

You can't go on losing flesh under ordinary conditions without the knowledge that something is wrong, either with digestion or nutrition. If the brain and nerves are not fed, they can't work. If the blood is not well supplied, it can't travel on its life journey through the body. Wasting is tearing down; Scott's Emulsion is building up. Its first action is to improve digestion, create an appetite and supply needed nutrition. Book free.

SCOTT & BOWNE, Belleville, Ont.

POCKET MONEY

Is a luxury within your reach! People in your town are constantly sending for Rubber Stamps. You could get the orders and make the profit. We want to tell you about it; you will be interested. WATSON & CO. Sherbrook, P. Q. and Derby Ls. Agents Wanted in U. S. and Canada.

FALL GOODS.

Fashionable Overcoatings

—IN—

BEAVERS

MELTONS,

VICUNAS,

AND NAPS

Suitings in Scotch and Canadian Tweeds, Fancy Worsted and Serges.

Fine Worsteds Trowserings

WM. JENNINGS

MERCHANT TAILOR.

CARD OF THANKS

—AND—

Change of Business

McMURRAY & CO., wish to return their sincere thanks to the public for their generous patronage for the past 17 years they have been in business. And as we have decided to make a change in our business we therefore ask all indebted to us over six months to call at once and settle their accounts before June 1st, and all those whose accounts are standing over one year after that date will be placed in the hands of an attorney for collection. In order to reduce our stock at once we have decided to sell our large stock of Organs, Pianos, Sewing Machines and Fancy Goods at a Great Reduction, as all must be sold if possible by July 1st. We have on hand a large stock of Organs manufactured by Karm, Dominion and Doherty, also a number of second hand Organs and Pianos that must be sold regardless of cost, also a very large stock of Sewing Machines, The White, New Home, New Williams, Climax New Ideal, Queen and Standard.

McMurray & Co.

P. S. Orders by mail will receive our attention. McM. & Co.

HER MAJESTY'S DIAMOND JUBILEE carries "Queen Victoria Her Life and Reign" into every home. Persons who never sold books, take orders for. Preface the most eloquent of Lord Dufferin's achievements. No book so highly praised. We need more canvassers. Easy to make \$15.00 to \$30.00 a week. -Cooks on time. Prospects free to canvassers. A trial will cost nothing, and it may fill your empty pocket-book. The Bradley-Garretson Co. Ltd. Toronto, Ont.

VIRGINIA FARM FOR SALE 800 ACRES. Land lays well. Well watered. Large amount of hard wood timber; near railroad. Dwelling and outbuildings. Price only FIVE THOUSAND DOLLARS, Good title. Write for free Catalogue.

B. R. CHAFFIN & CO., Richmond.

RECENTLY KNOWN SINCE 1826 BELLS HAVE FURNISHED 25,000 BELL CHURCH BELL AND OTHER CHIMES. C. McNEELY & CO. GENUINE WEST-TROY N.Y. BELL-METAL CHIMES, ETC. CATALOGUE & PRICES FREE.

UNLIKE OTHER BELLS, OURS ARE MORE DURABLE, LOWER PRICES, OUTSTANDING CATALOGUE. TELL US WHY. Write to Cincinnati Bell Foundry Co., Cincinnati, O.

THE LARGEST ESTABLISHMENT MANUFACTURING CHURCH BELLS & CHIMES. BELLS, METAL, COPPER AND TIN. BELLS FOR FOUNDRIES, BALTIMORE, MD.

The Sabbath-School.

INTERNATIONAL LESSON.

First Quarter—Lesson XIII.—Mar. 28

REVIEW.

THE BOOK. Acts 1 to 9:31. Review the chief facts about the book of the Acts.

TIME.—About 10 years. From May 18, A. D. 30, to A. D. 40.

PLACES.—Jerusalem, the Mount of Olives, Samaria, and the country between Gaza and Jerusalem, Azotus, Caesarea, Damascus, Arabia.

PERSONS.—Christ, the Apostles, Matthias, Stephen, Philip, Barnabas, Saul, the Ethiopian, Candace, Ananias, Sapphira, Simon Magus, a lame man, Caiaphas, the Sanhedrim, Gamaliel, Ananias of Damascus, a multitude of disciples.

EVENTS.—The ascension, the promise of return, the ten days' prayer meeting, the descent of the Spirit on Pentecost, speaking in unknown tongues, multitudes converted, great generosity, a lame man cured, trial before the Sanhedrim, imprisonment, release by the angel, death of Ananias and Sapphira, appointment of deacon, martyrdom of Stephen, the great persecution, the mission to Samaria, Simon Magus, the false disciple, the conversion of Saul.

REVIEW BY PERSONS, EVENTS, AND PLACES.

Where have we been with Peter? J. M. O. T., P., H. of S. S.

Who were with him? J. The A., The S., L. M., S., A. and S., P. S. M.

Name some of the things we saw him do.

Name the principal persons about whom we have studied.

Which ones were good? Which ones were bad?

Name the good actions to be imitated. Name the bad actions to be avoided.

Which, in your estimation, were the three greatest events?

We have learned something about the following things. Tell what you can about each of them.

A long prayer meeting. Tongues of fire. A crowd of many nationalities. A scene at the temple gate.

A man preaching. A man in prison. An almost perfect community. A generous man. Two false disciples.

Seven men chosen for a special work. A man stoned to death. A man trying to buy the unbuyable.

Two men in a chariot. A man persecuting. A man struck down by a sudden light.

The above may be used for both oral and written reviews. Questions may be written on slips of paper, and distributed, or the whole list may be written on paper or the blackboard, and each scholar answer the whole.

REVIEW BY WORD PICTURES.

This is especially good for the younger classes. Or in the older ones different scholars may give the word pictures. For example:—

1. A hill-top, near a village, overlooking a city. Twelve men are gathered together. One spreads out his hand and suddenly rises up into the sky and soars out of sight. The eleven gazing. Two angels appear and speak to them.

2. I am in an enclosure, surrounded by beautiful buildings. Crowds of people are thronging the place. I see two men going through a beautiful gateway. Now they stop. Some one is asking them a question. They answer it. The man gets up, leaps, and runs, and shouts. Who were the three men, and what was done?

3. I see a dark, bare, but small underground room. I notice two men in it. It is night. A strange being suddenly appears. He is silently opening the doors, and the two men go out into the street. I look again. It is daylight. I see the same two men in a kind of colonnade with rows of pillars. Listen, they are talking very earnestly. Pretty soon some police officers come and stop them, and lead them away. I look again, and see the same two men in a large room, with richly dressed men sitting in a circle around it. One of them makes a speech. The two men are beaten and sent away. Can you name the men, the places, and what was done in each place?

4. A company of leading men sitting round a hall. A court sits. Witnesses. The prisoner, with a face shining like an angel's. An earnest speech. A mob. A vision. Stones thrown. A young man guarding some garments. A dying prayer.

MATHEMATICAL REVIEW.

Multiply the number of days between the Resurrection and Ascension () by the number of the apostles who witnessed his Ascension (), divide by the number of days between the Ascension and Pentecost (), add the number elected to the apostleship (), divide by the number of different nationalities that heard their native languages spoken at Pentecost (), multiply by the

number of false disciples mentioned in this quarter's lessons (), multiply by the number of apostles at the Beautiful Gate (), add the number of persons mentioned with the name Ananias (), subtract the number of days Saul was in Jerusalem at his first visit after his conversion (Galatians) (), multiply by the number of foreign synagogues mentioned as in Jerusalem (), add the year A. D. in which the Spirit was bestowed at Pentecost (), add the number first elected as deacons (), subtract the number studying Isaiah in a chariot (), square the result (), subtract the number of converts on the day of Pentecost (), multiply by the number of disciples after the healing of the lame man (), and the result will be the population of Galilee at this time according to Josephus, and approved as true by Hon. Selah Merrill.

Why will you allow a cough to lace your throat or lungs and run the risk of filling a consumptive's grave, when, by the timely use of Bickel's Anti-Consumptive Syrup the pain can be allayed and the danger avoided. This Syrup is pleasant to the taste, and unsurpassed for relieving, healing and curing all affections of the throat and lungs, coughs, colds, bronchitis, etc., etc.

Know Your Pupils.

Know thyself is a good maxim for any teacher. Knowing your pupils is especially necessary in Sunday-school teaching; for the teacher who knows his pupils, their environments, their mental and spiritual attainments, can best minister to the needs of each. The teacher should know the home life of each pupil, whether it be one of poverty or plenty; of ignorance or intelligence; of vice or good morals. The street arab needs something different from the pupil who is daily in school and blessed with a good home. One who lives amid vice and drunkenness must not be approached as should one who lives in a refined and religious home; while to a sensitive child of poverty the teacher must often talk differently from what he would to a child of plenty.

The bent and quality of a pupil's mind should also be studied. Without knowledge of this the teacher will often teach at random. Some pupils have logical minds, and are reached through reasoning; others are emotional, and are moved through the emotions. Some are of an investigating turn, and they are standing "Whys?" To reach, move, and convince these minds, the teacher must thoroughly know them; and the one who has this knowledge will, to that extent, be a successful teacher.

Above all, the teacher should know each pupil's spiritual condition and needs. Some pupils must be shown their need of a Saviour; others know it, but must be led to give their hearts to Jesus. Some need to be shown their sins, and the pardoning power of the Saviour; others, the loving care of Jesus for those who honestly try to love and serve him.

To know one's pupils requires time and tact. Inviting the class to the teacher's home draws them to him and inspires confidence on the part of the pupils. Visiting the members of the class in their homes enables the teacher to learn the home life and surroundings of each.

But not by these means only will the teacher really know his pupils. To do this he must meet them alone. This can best be done by inviting each one singly to the teacher's home; give him a hearty welcome, have that which will interest him, make the visit as informal as possible. Then, in time, with tact and kindness, the teacher will fully learn the pupil: his nature, his education, his aspirations, his inner life, his spiritual condition, and his soul's need. And, knowing his pupil, he will find the avenue to his heart and inspire a love for Jesus, and an earnest desire to be of service to him.—Rev. John D. Rumsey, in Baptist Teacher.

The Happiest Man in London.

This man was found living in a single room, with his sick wife. For twenty-five years the wife had been paralyzed, and her husband had been her nurse, her protector, her support, and most of all, her lover all the time. She could scarcely speak, and her only strength of expression lay in her eyes, looking straight out, clear and shining. I got up early in the morning, you see, sir, said Temple, and I make our breakfast and attend to her. Then before I start to work—I'm in an engineer's employ—I just board her up in bed so she can't fall out. I'm back at dinner hour, and we have it together. Then when I leave work my evening soon passes. There's usually a bit of cooking to be done, and washing up, and the room to be seen to. An invalid must have things clean about her; it isn't just agreeable to

lie and look at everything dirty. I like Lucy to keep bright—but there she always is—and if occasionally she gets down, I soon cheer her up, don't I, Lucy? I said I'd love her, comfort her, honor and keep her, in sickness and in health. I've tried, and we've been happy. Sir, love does it all. You'll want to comfort her, you'll have to honor her, and if sickness come, you'll love her all the better. From her bed there came a strange sound. It was something between a sob and a laugh. Her husband's words had moved the wife to tears, but the face was radiant with the joy in her upturned eyes. Temple laid his hand upon hers, hers which could give no answering pressure. Sir, he said, I can't wish you better happiness than I have had. I wish you as much. And I take it I'm about the happiest man in London.—Ladies' Home Journal.

Teachers' Meetings.

Too much cannot be said on the subject of the teachers' meeting. In 'The Sunday-school Times' Lucy Sandys describes one in which each member answers to the roll call with a thought on some point in the lesson, or quotes another portion of Scripture to explain one of its apparent difficulties. Thus the secretary calls inquiringly, Mr. Brown? Our Mr. Brown neither answers nor raises his hand, but sits quietly. On reading over the lesson I specially noticed this thought brought out in verse four; or, I find that in one of the other Gospels there are some additional verses which explain verse five.

This method not only insures a previous study of the lesson—a most important point—but, as these thoughts are jotted down by the secretary and freely commented on in their order in the discussion which follows, a very much more interesting and instructive lesson study.

But be it ever remembered that the object of this study is not alone to make the truth clear to the teachers' minds, but also to enable them to teach these truths simply and intelligently to their scholars; for many an exposition which would satisfy the advanced mind of the teacher would be as so many meaningless words in the ears of the average scholar.

The Profit of Giving.

Some years ago a good woman lived in Connecticut, who had a beautiful flower garden in which she took a great pride. This is told of her in one of our exchanges. I republish it because of the lesson we may learn from it.

She fastened two large baskets on the outside of her fence next the road and every morning they were filled with cut flowers—the large, showy kind in one basket and the delicate, fragile ones in the other. All the school children going by helped themselves and studied the better for it, and the business men took a breath of fragrance into their dusty offices, and helped the day along. Even the tramps were welcome to all the beauty they could get in their lives.

You cut such quantities, some one said to her, aren't you afraid you will rob yourself?

The more I cut the more I have, she answered. Don't you know that if plants are allowed to go to seed, they stop blooming? I love to give pleasure, and it is profit as well, for my liberal cutting is the secret of my garden. I'm like the man in Pilgrim's Progress:

A man there was (though some did count him mad), The more he gave away the more he had.

Luck Has Never Helped Any Person.

In replying to the query, Does not luck sometimes play a goodly part in a man's success? Edward W. Bok, in the 'Ladies' Home Journal,' writes:

Never. Henry Ward Beecher answered this question once for all when he said: No man prospers in this world by luck, unless it be the luck of getting up early, working hard, and maintaining honor and integrity. What so often seems, to many young men, on the surface, as being luck in a man's career, is nothing more than hard work done at some special time. The idea that luck is a factor in a man's success has ruined thousands: it has never helped a single person. A fortunate chance comes to a young man sometimes just at the right moment. And that some people call luck. But that chance was given him because he had at some time demonstrated the fact that he was the right man for the chance. That is the only luck there is. Work hard, demonstrate your ability, and show to others that if opportunity comes within your grasp you are able to sue it.

The Ex-Convict.

Bishop Whipple, in an article on prison reform tells the following touching story: Years ago I was holding service on the frontier. I saw in the congregation a man, who, when a boy, lived in my native town, and was sentenced from there to the State's prison. It was evident, from the look of dread on his white face, that he knew me, and feared my recognition. After service, without waiting to disrobe, I walked down the aisle, and took him by the hand. I did not call him by name, but, turning to the curious by-standers, said, We knew each other when we were boys, and it is a pleasant thought that we meet here to-day, to tell and hear the story of Christ's love. The dread vanished from the man's eyes; and, when we were left alone, he said, with tears: I can never forget your kindness to-day. I am trying to live a Christian life, and no one knows that I have been in prison.

The Divine Measuring Rod.

Let us measure our duty in giving. What shall be the measuring rod? 1. Your capacity. She hath done what she could.

2. Opportunity. As ye have opportunity do good unto all men.

3. Your convictions. That servant which knew his Lord's will and prepared not himself, shall be beaten with many stripes.

4. The necessities of others: If a brother or a sister be naked, or destitute of daily food, etc.

5. The providence of God. Let every man lay by him in store as God has prospered him.

6. Symmetry of character. Abound in this grace also.

7. Your own happiness. It is more blessed to give than to receive.

8. God's glory. Honor God with your substance.—Watchman.

Easy to Take Easy to Operate

Are features peculiar to Hood's Pills. Small in size, efficient, thorough. As one man said:

Hood's Pills

"You never know you have taken a pill till it is all over."—J. C. I. Hood & Co., Lowell, Mass.

The only pills to take with Hood's Sarsaparilla.

INTERCOLONIAL RAILWAY

18 SUMMER ARRANGEMENT. 1895

ON and after Monday the 7th October 1895, the trains of this Railway will run daily (Sunday excepted), as follows.—

TRAINS WILL LEAVE ST. JOHN.

Express for Campbellton, Pugwash, Pictou and Halifax,.....7.00
Express for Halifax,.....13.10
Express for Quebec and Montreal,.....16.30
Express for Sussex,.....16.40
Passengers from St. John for Quebec and Montreal take through sleeping car at Moncton at 19.30 o'clock.

TRAINS WILL ARRIVE AT ST. JOHN

Express from Sussex,.....8.30
Express from Montreal and Quebec (Monday excepted),.....10.30
Express from Moncton (daily),.....10.30
Express from Halifax,.....15.50
Express from Halifax, Campbellton and Pictou,.....18.30
Accommodation from Moncton,.....24.30

The trains of the Intercolonial Railway are heated by steam from the locomotive, and those between Halifax and Moncton, via Lewis, are lighted by electricity. All trains are run by Eastern Standard time.

D. POTTINGER, General Manager. Railway Office, Moncton, N. B.

New Goods.

JAMES R. HOWIE

PRACTICAL TAILOR.

I BEG to inform my numerous patrons that I have just opened out a very large and well-selected stock of NEW SPRING CLOTHS, consisting of English, Scotch and Canadian Tweed Suitings, Fine Corkscrew and Diagonal Suitings, Light and Dark Spring Overcoatings, and all the latest designs and patterns in Fancy Trousers from which I am prepared to make up in FIRST CLASS STYLE, according to the latest New York Spring and Summer Fashions, and guarantee to give entire satisfaction.

PRICES MODERATE.

MEN'S FURNISHING DEPARTMENT

My stock of Men's Furnishing Goods cannot be excelled. It consists of Hard and Soft Hats of English and American make, in all the novelties and Staple styles for Spring Wear. White and Regatta shirts, Linen Collars, Silk Handkerchiefs, Braces, Merino Underwear, Hosiery and well selected assortment of Fancy Ties and Scarfs, in all the latest patterns of English and American designs.

Rubber Clothing a specialty

Jas. R. Howie

192 Queen St., Fredericton. Tel. 20.

USE Wiley's Emulsion

—OF—

GOD LIVER OIL

—AND—

HYPOPHOSPHITES

The Best for Lung Diseases.

—AT—

Wiley's Drug Store

James D. Fowler

Watches, Watches

WATCHES,

GOLD, SILVER,

GOLD FILLED, &

NICKLE CASES

—FROM—

\$200 to \$1.50 each

Best Value in the City

*REMEMBER THE PLACE

JAMES D. FOWLER,

Opposite Post Office, Fredericton, N. B. Fredericton, Dec. 19, 1888.

ISAAC PITMAN SHORTHAND

Is used by more writers than all other systems combined.

It is the most up-to-date system, because the best shorthand intellects are employed in its revision and improvement.

The Shorthand Instructor (Part I, 50c., and Part II, 75c.) recently published, present the latest developments in shorthand Science.

Send for them and for catalogues of our Business and Shorthand courses of study.

S. KERR & SON, Oddfellows Hall.

GATES' INVIGORATING SYRUP.

LaGrippe Conquered.

Dartmouth, Sept. 24th, 1895. Messrs C. Gates, Sons & Co. Middle-ton, N. S.

This is to certify that while living at Belmont, in Colchester County, about 17 years ago, I took a heavy cold and had severe cough and an attack of Bronchitis, which reduced me very much—was very bad for a month, friends feared my going into decline. I procured some of your Bitters and Syrup which I took and soon began to improve, and kept on gaining till I fully recovered. Five years ago I was seized with an attack of LaGrippe, which reduced me so much that I could scarcely walk without falling over. I then took Eighteen bottles of your Bitters and Syrup, which built me up and made me thoroughly well. We continue to use your medicines and never think of being without them in the house.

I am willing to make oath to the truthfulness of the above statement.

Yours very sincerely,

HENRY ARCHIBALD.

Sold everywhere at 50c per bottle.

SLED SHOE STEEL.

Just received direct from the manufacturers:

1 Car Sled Shoe Steel, 1 Car Refined Bar Iron, 1 Car Wire Nails, 1 Car Grind Stones, 1 Car Sheathing Felt and Paper, 50 Coils Rope, 25 doz. Galvanized Pails, 40 doz. Team Bells 200 Boxes Horse Nails.

Wholesale and Retail, JAMES S. NEILL

BOARDERS WANTED.

MRS. WM. DOWNEY, King St. near York, provides good board with large pleasant rooms, to Lady Normal School Students. She can also accommodate a few transients.