In Pain?

In the Back?
Then probably the kidneys.
In the Chest?
Then probably the lungs.
In the Joints?
Then probably rheumatism.

No matter where it is, nor what kind; you need have it no longer. It may be an hour, a day, or a year old; it must yield to

Dr. Ayer's Cherry Pectoral Plaster

Immediately after applying it you feel its soothing, warming, strengthening power.

It quiets congestion; draws out inflammation.

It is a new plaster.

A new combination of new remedies. Made after new methods. Entirely unlike any other plaster.

The Triumph of Modern Medical Science.

The Perfected Product of years of Patient Toil.

Placed over the chest it is a powerful aid to Ayer's Cherry Pectoral in the treatment of all throat and lung affections.

Placed over the stomach, it stops nausea and vomiting; over the bowels, it controls cramps and colic.

Placed over the small of the back, it removes all congestion from the kidneys and greatly strengthens weakness.

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THERE IS NO KIND OF PAIN OR ACHE, INTERNAL OR EXTERNAL, THAT PAIN-KILLER WILL NOT RELIEVE.

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PERRY DAVIS & SON.

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Mr. W. A. Russel, the Popular District Agent for the Singer Sewing Machine Company, Proves that Doan's Kidney Pills Cure Kidney Ills.

This is his statement: "I suffered for five or six years with pains across my back, headaches, dizziness, and kindred kidney troubles. I got very bad, and when driving would often have to stop the horse, as the pains were so severe that I could not stand them. I tried a great many medicines, but they did me no good. I then got Doan's Kidney Pills at Watson's drug store, took them for one month, and am completely cured. I regard the cure as a remarkable testimony to the virtues of Doan's Pills, and am only too glad to recommend them to all sufferers from kidney trouble in any form."

Doan's Kidney Pills are a never-failing remedy for Bright's Disease, Diabetes, Dropsy, Backache and Weak Back, Gravel, Sediment in the Urine, and all Urinary troubles of children or adults. Price 50c. a box, 3 for $1.25, all druggists. The Doan Kidney Pill Co., Toronto, Ont.

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The Sabbath-School.

INTERNATIONAL LESSON.

First Quarter, Lesson 2. Jan. 8, 1899.

CHRIST'S FIRST DISCIPLES. —JOHN 1: 35 46.

Study Chapter 1: 35 51 and Matthew 4: 18 25.

Commit Verses 35-37.

Golden Text,—Behold the Lamb of God.—JOHN 1: 36.

HISTORICAL SETTING.

Time.—February, A. D. 27, directly after the temptation in the wilderness.

Place.—Bethabara (or Bethany in R. V. and best texts, but not the one on the Mount of Olives) Probably two closely joined villages, one included in the other.

The villages were doubtless at the ford of the Jordan nearly opposite Jerico, where one of the great roads crosses the river, or at a ford of a stream that enters the Jordan near the same place.

Rulers.—Tiberius Cæsar, emperor of Rome. Pontius Pilate, governor of Judea. Herod Antipas, tetrarch of Galilee.

Jesus.—Thirty years old, just entering upon his ministry.

John the Baptist.—Thirty and one half years old, having preached six or eight months in the wilderness.

SUBJECT: THE SON OF GOD ENTERS UPON HIS WORK FOR MAN.

JOHN PREPARES THE WAY BEFORE HIM.—John 1: 19 34; Mark 1: 1 8; Luke 3: 1 18 John was the voice of the one crying in the wilderness, "Prepare ye the way of the Lord." John is called "a voice" because he was the utterer of God's thought.

He prepared the way by preaching repentance and reformation as the one condition of the coming of the kingdom of heaven to themselves or their nation. He pointed to Jesus as "the Lamb of God which taketh away the sin of the world."

THE BAPTISM OF JESUS.—Vs. 32, 33; Matt. 3: 13 17; Mark 1: 9 11; Luke 3: 21, 22. This was Jesus' public entrance upon his work. The Holy Spirit came upon him in a visible form, showing that he was filled with the Spirit, and a voice from heaven testified that he was the Messiah.

THE TEMPTATION OF JESUS.—Matt. 4: 1 11; Mark 1: 12,13; Luke 4: 1-13. Jesus was tempted "like as we are, yet without sin." He must be tested and proved for his own sake, and for others whom he would help in temptation. No one can enter upon the great world of life and usefulness without first being tempted and tried. All who would become strong and useful must gain their power largely through victory over temptation.

JESUS GAINS HIS FIRST TWO DISCIPLES THROUGH JOHN THE BAPTIST. —Vs. 35 40. Jesus must begin his work by first gaining some disciples. After his 40 days' experience of temptation in the wilderness, Jesus returned to Bethabara, where John was baptizing. John recognized him, and pointed him out to his disciples as the Messiah. *The next day.* After the first testimony and recognition of Jesus. *Two of his disciples.* One was Andrew (v.40). The other was probably the Apostle John himself. *Behold the Lamb of God!* John saw in Jesus the fulfilment of Isaiah's prophecy of one who should be led as a lamb to the slaughter; the one prefigured by the Passover Lamb, and the Lamb of the daily sacrifice. *And they followed Jesus. Then Jesus turned.* He met them half way in their search. So the Lord always welcomes and waits for those who seek him. *What seek ye?* "What does he seek?" "What is his aim in life?" is the test question for any man. *Rabbi.* The title applied to the recognized Jewish teachers. *Where dwellest thou?* Where do you make your home, so that we can see and talk with you? *Come and see.* He desires that every one should come and examine. He asks not for blind following.

Only by going to Christ, and experiencing for ourselves, is it possible to understand the fulness of blessing. The test never fails.

Abode with him that day. The rest of the day. *It was about the tenth hour,* i. e., about 4 o'clock p. m., according to Jewish reckoning from sunrise to sunset; or 10 o'clock a. m., according to the Roman reckoning, which is the one we now use, counting from midnight and midday. *One of the two....was Andrew.* He belonged to Bethsaida and was a disciple of John the Baptist. Of his subsequent history and labors nothing is certainly known.

HOW JESUS GAINED HIS THIRD DISCIPLE.—Vs. 41, 42. *He first findeth.* The first thing he did after he left Jesus was to find his brother. *We have found the Messias.* The Greek spelling of the Hebrew word Messiah, which is the same as the Greek Christ, both meaning anointed. The Messiah was the one whom God had promised, and appointed to be the king, the high priest, the prophet of Israel and the world, and whose coming as their king and Saviour was longingly expected by the Jews, and had been announced by John as at hand. *And he brought him to Jesus.* With him, as with all who find Jesus, the first desire was to make known to those they loved their new-found treasure. *Thou art Simon.* That is your present name. *Son of Jona.* The true reading is John. *Thou shalt be called Cephas.* Cephas is Aramaic, the modernized form of the Hebrew language, commonly used in Palestine at that time. This language would not be familiar at Ephesus, where John wrote, therefore he translates it for them in Greek. *Which is by interpretation, A stone.* Peter is Greek for a stone or rock. This was a prophecy of Peter's future life and career.

HOW JESUS GAINED HIS FOURTH DISCIPLE.—Vs. 43, 44 *Jesus would go,* was minded to go *forth into Galilee.* There had been his home and there were the friends and acquaintances of years. His heart went out towards them. His first disciples had their home in Galilee. *Findeth Philip.* Jesus seeks him out. He must have seen something in him which would make him a useful disciple. It is interesting to note in how many ways Jesus gained followers. Four out of the five mentioned in this chapter were brought to him by friends. One he himself summons without their help. It is still so in our day. *Bethsaida* at the mouth of the upper river of Jordan where it enters into the Sea of Galilee, on both sides of the river.

HOW JESUS GAINED HIS FIFTH DISCIPLE.—Vs. 45, 46 *Philip findeth Nathanael.* Doubtless an old acquaintance. The young disciple does not wait, but as soon as he has found Christ begins to declare his discovery to others. *We have found him,....And the prophets, did Jesus of Nazareth.* This is the language, not of the evangelists, but of Philip. Joseph was the reputed father of Jesus, and Philip supposed this was true.

Can there any good thing. Any eminent, great personage, and grand movement. *Come out of Nazareth.* Because Nazareth was a small town. Nathanael's surprise may have arisen from his expectation that the Messiah was to come from Bethlehem as foretold, and not from Nazareth. *Come and see.* That was the true answer to such an objection. Soon after this he met Jesus,

PRACTICAL SUGGESTIONS. Vs. 35 36. Note the self renunciation of John, willing to yield up his apparent success for the honor of his Master and the salvation of men. Each one should examine himself, —"What am I seeking in life, in business, in pleasure? Am I seeking Jesus or self?

The two disciples were drawn to Jesus because of what he was. The hungry man is attracted to the place where there is food, the chilly man to fire. Nothing is so permanently attractive to men as the gospel, and Jesus is its center and power.

The first desire of those who come to Jesus is to have others come. The first ones to be sought are those nearest to us.

This is the method by which the gospel is spread throughout the world. It is on the principle of the leaven

If only each one who now accepts Jesus as Saviour would get one other person to do the same it would not be long before the whole world would become truly Christian. If you want to see how this power of unit grows, just take a pencil and figure out how many years it would take for the whole world to be converted, if each year each disciple were to win one other to follow the Lord. Suppose that you start with only ten million true disciples, how long would it take to Christianize the world? Would one hundred years accomplish the task? Much less. The whole would be done in seven years!

V. 45. Note the value of testimony from experience. It is not theory so much as fact that convinces us.

Cured.

A young woman was staying in a distant city, where she made few acquaintances. She had money, but homesickness and insufficient occupation were unfriendly conditions to health of mind or body. At length she felt obliged to call upon a physician and ask his advice.

It happened that the doctor whom she consulted was a religious man as well as a skillful one. He understood her symptoms, and when she complained that she was a victim to the blues, he astonished her with this original prescription: David Sones lives at 140 Dash street. He is ill, and confined to his bed, and very poor. Call there, show sympathy with him and his family, and read the bread and butter psalm to him; and when you go away, leave a small sum of money in his hand.

Of course, he had to explain to the amazed lady that the Scripture he had so oddly named was the One hundred and third Psalm, and that the heartening and rejuvenating effect of it - fifth verse and all —made it to him just what he called it. Of its virtue in this case he seemed to have no doubt.

But the very idea of doing as he recommended was as distasteful to the young woman as it was surprising.

Why, how rude and intrusive the man would think me to break in upon him so, a perfect stranger! she said, I could not do such a thing.

She went from the doctors office disappointed and displeased, but thinking. The very bluntness of the advice had stirred her stagnant spirits, and she was already beginning to forget her own ailment. The storm of protest in her mind gave her a bad hour or two, but finally something—she could hardly tell what—compelled her to surrender to the doctor's orders.

She found the sick man, and, after kindly talking to him about himself, and encouraging him to hope for recovery and for better days, she opened her Bible to the psalm. Her lips were dry, and the first three or four verses were pronounced like a mechanical exercise, but farther on her voice and mood mellowed. The force and beauty of the words aroused her, and she read the last verses of the psalm with real feeling.

A woman, who had entered the room, and listened, sat in the corner, weeping She was a recent lodger, and had tried in vain to find work at her trade as a dressmaker, and had become discouraged. The young lady had already earned the gratitude of three strangers. With feelings entirely new to her, she remained in the poor tenement, conversing with the sick man and his wife and their needy friend, until she had quite gained their confidence, and then left them with encouraging words and a small gift of money.

Thoroughly interested now, she, in a few days, secured orders for the discouraged dressmaker, and work not long after came in so abundantly that the family were placed above want. The sick man, relieved of his anxieties, soon recovered. A shadowed home had been brightened by an involuntary kindness.

It was a lesson that the complaining young woman never forgot. Her experiences—thanks to the good doctor's counsel—had exploded the vain notion that it is useless to try to do good unless you feel like it. A brave effort to cure the blues had resulted in opening her heart to an unselfish act, and to a broader view of her relations to less fortunate souls about her.—Youth's Companion.

Some Girls that I Know.

Ada was the musician of our class, but that is not the reason we are so proud of her.

First of all, she is brave. When she became a Christian she had to face the opposition of a great many friends. And it was the kind of opposition that is hardest. Her friends did not quarrel with her; they laughed at her and said her religious streak wouldn't last long. But Ada mentally resolved that it should last, and started out on that long battle against her faults. She has succeeded so well that even the most reluctant have been obliged to own to her improvement.

She is always kind to all helpless creatures. She would have the house quite filled with stray dogs and cats, if the other members of the family did not demur. She is helpful in many ways. Most girls dread the task of calling on the sick. Ada never expressed dislike but goes with her cheery smile and handful of flowers wherever she thinks she can do good, and her presence is a real benediction in the home of sorrow.

She does not shrink from doing very prosaic work, but is willing to do anything that she thinks will help, and more than one has had her quiet, unobtrusive assistance.

She had much to struggle against when she began the Christian life, but she never looks for a way around a duty, so the hard things are becoming easier day by day.

Among many other good qualities she is weaving into her character a quiet perseverance that will lead her to success.—Margaret Gorden, in Christian Standard.

Enlist the Children Now.

There are no prejudices to be dislodged. They need no argument or urging. Let them know the need, and let them have a chance to give They are ready to respond when the claims of the work are understood. The disposition to give has been implanted in the human soul by the Divine hand. But, like any other disposition, it needs to be cultivated. Many a devoted worker and generous giver of mature years can look back to the time when he was a child, and spoke as a child, and thought as a child, and understood as a child; and can trace the source of his interest in this work, which grew with his growth and strengthened with his strength, to what he did then. And if he has put away childish things now that he is a man, it has only been to aid the cause in ways better suited to his enlarged capacity. Children can give before they can do anything else. They can give before they can pray or make speeches. They ought to be taught to give from infancy. If they are so taught, there will be no difficulty with them ever after. Having been trained up in youth in the way they should go, when they are old they will not depart from it. It is not an uncommon thing for grown people to say: I have no interest in missions. Why not? Simply because they were not enlisted in their youth. David Livingstone used to say that the time would come when rich men would think it an honor to support whole stations of missionaries, instead of spending their money on hounds and horses They must be taught right in their childhood, or they will not do this,—Christian Standard.

Illustrating God's Promises.

Have you ever seen, or perhaps made one of, a party who were going to explore a dark, deep cavern? They will stand out in the sunlight, and the attendants, who know the journey they are going to make, pass around among them and put into the hands of each a lighted candle. How useless it seems! How pale and colorless the little flame appears in the gorgeous flood of sunlight!

But the procession moves along. One after another enters the dark cavern's mouth. One after another loses the splendor of daylight, In the hands of one after another the feeble candlelight comes out bright in the darkness, and by and by they are all walking in the dark, holding fast their candles as if they were their very life—totally dependent upon what seemed so useless half an hour ago.

That seems to me to be a picture of the way in which God's promises of consolation to which we attach very little meaning at first, come out into beauty and value as we pass on into our lives.—Bishop Brooks.

Try, Try Again.

For night-sweets, cold sage tea.

For pains in the stomach, a hot water bottle.

For pneumonia symptoms, hot water bottles in the hands, under the knees, under the arms, and at the soles of the feet.

For sprains or burns, tincture of arnica.

For a cut artery, a small cord or a handkerchief tied tightly between it and the heart.

For bilious colic, soda and ginger in hot water.

For tickling in the throat, gargling with salt and water.

For cold in the head, powdered borax snuffed up the nostrils.—Ruth Hall, in Good Housekeeping.

A FAMOUS PHRASE.—The origin of the famous phrase, The hand that rocks the cradle is the hand that rules the world, was in this wise:—Artemus Ward and some friends were in the habit of meeting together each evening, and one night the question arose: What rules the world? Various opinions were expressed One of the number —Mr. William Ross Wallace—retired from the room and sitting down, wrote the following lines:—

"They say that man is mighty;
He governs land and sea;
He wields a mighty sceptre
O'er lesser powers that be.
But a mightier power and stronger
Man from his throne has hurled;
And the hand that rocks the cradle
Is the hand that rules the world."

To succeed one must sometimes be very bold and sometimes very prudent.

Lingering Coughs that seem to stick to you in spite of all you can do, are promptly cured by Dr. Wood's Norway Pine Syrup. Price 25c.

Earache Cured.

"I was troubled with Earache for a long time and could get no ease until I tried Hagyard's Yellow Oil, which made a complete cure." Miss Anna Chapman, South River Ont.

Mrs. Celeste Coon, Syracuse N. Y., writes: "For years I could not eat many kinds of food without producing a burning, excruciating pain in my stomach. I took Parmelee's Pills according to directions under the head of 'Dyspesia or Indigestion.' One box entirely cured me. I can now eat anything I choose, without distressing me in the least." These Pills do not cause pain or griping, and should be used when a cathartic is required.

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Every one warranted, and if no satisfactory after 3 months trl will refund the money. All must be sold at once as we want the room at

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The Best for Lung Diseases.

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RUN DOWN

GATES'

LIFE OF MAN BITTERS

BUILT ME UP.

Waterford, Digby Co., Nov. 1895
C. GATES, SON & Co.

GENTLEMEN.—Two years ago I was run down, I lost my appetite and became so weak that I could not work. Tried many medicines without receiving any benefit. I then got your **Life of Man Bitters and Syrup** which built me up so that I have remained well ever since.

Very respectfully,
DELANEY H. GRAHAM

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I BEG to inform my numerous patrons that I have just opened out a very large and well-selected stock of NEW SPRING CLOTHS, consisting of English Scotch and Canadian Tweed Suitings, Fine Corkscrew and Diagonal Suitings, Light and Dark Spring Overcoatings, and all the latest designs and patterns in Fancy Trouserings from which I am prepared to make up in FIRST CLASS STYLE, according to the latest New York Spring and Summer Fashions, and guarantee to give entire satisfaction.

PRICES MODERATE.

MEN'S FURNISHING DEPARTMENT
My stock of Men's Furnishing Goods cannot be excelled. It consists of Hard and Soft Hats of English and American make, in all the novelties and Staple Style for Spring Wear. White and Regatta shirts, Linen Collars, Silk Handkerchiefs Braces, Merino Underwear, Hosiery and well selected assortment of Fancy Ties and Scarfs, in all the latest patterns of English and American designs.

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