

YOUNG PEOPLE'S SOCIETIES.

NEW BRUNSWICK.

Officers of the F. B. Y. P. U.
President, M. L. Gregg; Vice Presidents, 1st District, Geo. Currie; 2nd Dis., Allen Rideout; 3rd Dis., Miss Jane J. Robinson; 4th Dis., Luther Smith; 5th Dis., I. E. Vanwart; 6th Dis., Rev. A. J. Prosser; 7th Dis., Miss Aggie Cummings; Cor. Sec., Rev. F. C. Hartley; Treas., T. A. Lindsay; Rec. Sec., L. A. Fenwick, B. A.; Asst. Sec., Miss Ina Roach; Auditor, Miss Gertrude Hartley.

NOVA SCOTIA.

Officers of the F. B. Y. P. U.
President, Rev. A. W. Currie, Vice Presidents, Rev. G. M. Wilton, Miss Etta VanHorne, Mrs. Geo. Phillips; Secretary, Miss Lizzie V. Prosser; Treasurer, Miss Lavinia M. Sargeant.

The Nova Scotia Young People's Union.

The Sixth Annual Meeting of the Free Baptist Young People's Union of Nova Scotia convened at Barrington on Saturday, Sept. 2nd, 1899, at 7:30 p. m. Rev. J. K. West was in the Chair. After devotional exercises, the minutes of the previous meeting were read and approved. In behalf of the Barrington C. E. Society, Miss Winnifred Crowell, in well chosen words, extended a hearty welcome to visiting delegates and members of the Union. Then followed a response by Mrs. A. M. McNinch, which was much appreciated.

The Cor. Sec'y and Treasurer's reports were read and adopted.

RESOLVED, That the Secretary's bill be paid.

RESOLVED, That a hearty vote of thanks be extended to our untiring Secretary (Miss L. V. Prosser) for her five years of valuable service.

The Secretary's report showed a membership of 609; 14 Y. P. S. of C. E.; 2 Junior S. of C. E.; Active membership 459, Associate 131, Honorary 19. During the year 13 of the members have united with the churches. After singing, Rev. Joseph E. Wilson reported his visit as delegate to the F. B. League of N. B., which was an interesting occasion.

Rev. G. F. Currie, in his most pleasing manner, told of the work done in his province, and read a paper from the Sec'y of F. B. Y. P. U. of N. B. conveying their hearty christian greetings.

Rev. Joseph E. Wilson gave an excellent address, subject: "When and where are Y. P. Societies needed in our fields." An exercise by 12 juniors of the Barrington Society was listened to with marked attention. Solos were well rendered by Miss Susie Harding and Mrs. Geo. Phillips. The choir rendered appropriate music in a pleasing manner.

After a profitable season of the Convention closed with prayer.

We cannot estimate how much good has been done by our societies in the past year, but this we do know—the good seed has been sown, and we believe at some time it will yield a bounteous harvest.

The best part of a Christian life is not in what it does, but in what it is—the quiet light that shines out in the character, not the act, but the spirit that is in the act; not the service rendered, but the love that is in the service and inspires it; not the work that is done, but the motive that makes the work sacred.

"Light is life's truest and best expression."

O, what a joy it is to have this heavenly light, to know that God loves us and dwells by His Spirit in our hearts! And, surely, next to the joy of having the light ourselves, is the joy of being used to give light to others. May every C. Endeavor in the coming year make it the business of life to bring as many souls to Jesus as possible, kindling lights wherever we go, that shall burn brightly on the earth when we have gone to shine in the presence of Jesus in heaven.

A. E. VANHORN,
Sec'y pro tem.

The following are the officers of the Union for the present year:

President, Rev. D. T. Porter; vice-presidents, A. M. McNinch, J. W. Freeman, Mrs. Geo. Phillips; rec. and cor. sec'y, Mrs. A. M. McNinch; treas., Miss L. M. Sargeant; programme committee, Mrs. A. M. McNinch, Miss Marion Hopkins, Mrs. G. E. Gosline, Miss A. E. VanHorne.

From the Press Committee.

DEAR FELLOW WORKERS:

You will remember that in our letter of the 13th inst. we asked the societies for reports, and other matter for publication. We wish to urge you once more to tell us something of your work. A number of very encouraging letters have been received, giving us, as we asked, the names of different Corresponding

Secretaries. Have you sent yours? If not, will you let me know this week something of your work and plans, or at least your Cor. Sec'y's name and address?

We have received through the Cor. Sec'y of League a report from the Society at Fredericton Junction. We are glad to hear of the very healthy condition of this young society and wish it "God speed." Let us remember that our growth, both as individuals and societies, is largely in proportion to our service; and if we, as societies, have spiritual strength, we will have numerical and financial power.

Your Press Com. has thought it advisable to establish in our column A Question Box, in which any question pertaining to society methods and work, our League affairs, or any reasonable query regarding denominational matters will be answered.

Mail your questions to the chairman of this Com., signed—your name need not appear unless you wish it. The question can appear either over your initials or any pen-name you choose. We would be glad to have any of our readers help us in the answering of these questions. When ways of working or practical committee helps are asked for there might be an indefinite number of answers. Give us your idea on the subject. A reasonable amount of good natured discussion is invited on any of the questions or answers.

Our aim is to interest and help all our readers. Of course all our young people read "Our Paper" and "Our Column" in "Our Paper", and we want it to be a real help to them. We especially want the help and co-operation of the different societies in this matter. The Press Com. can do very little without their help. Do not leave it to the other societies either, see that you have some part in the good work. There is no better way of being helped, than by helping, you know. For instance, get your Cor. (or Rec.) Sec'y to write us a letter (and read it at your next meeting to get the approval of all, if you wish), then let him ask any of the members who are perplexed or puzzled over any point to write a question, explaining the situation plainly, and pass it to him to be forwarded to the Press Com. Perhaps some Committee chairman would like some suggestions for her Committee work. By asking for help in this way I think our workers all over the province would come to her aid in such a way as to fairly deluge her with practical hints and methods. Try it, and look for your help in a month's time. You know our column only appears fortnightly, so we will try to have all the questions answered at least four weeks after they are received.

Do not forget or neglect this matter now. Remember that it is for your consideration we write this—and let us hear from you soon.

Address all matters pertaining to this work to,

A. GERTRUDE HARTLEY,
Chairman Com.
250 Duke St.,
St. John West.

Fredericton Junction Society.

As our society has reported only once since its organization three months ago, our friends would, perhaps, like to hear from us again.

During the past three months we have been blessed, and the outlook for the future is certainly encouraging.

Our weekly meetings are well attended. We have good order, and the general interest is good.

Last evening, Sept. 8th, was our monthly business meeting, and three persons were received as active members.

We have, at present, nineteen active members, and hope to receive more soon.

Our prayer as a society is, that as we grow in numbers, we may also grow in grace, and be enabled to do a good work for the Master.

EDNA G. ALEXANDER,
Cor. Secretary.

How to Kill a Y. P. Meeting.

Wait until Saturday evening to appoint a leader. Otherwise let the one who is to find a leader, during the most interesting part of the preceding meeting, reach over the backs of two seats and ask some one to lead the next meeting. (In a loud whisper.) Don't have any special one to play, but take the first one who comes along. Wait for some of the stragglers so that the leader may not seem to be punctual. Have plenty of references read, give long ones, and never ask for a thought on them.

If the subject is a soul-stirring one, don't ask if there is anyone present ready to follow Christ. There might be some waiting for just such an entreaty. Call on some one who will make a long prayer rather than for sentence prayers, the honest desires of needy souls.

Testimonies are not always

in fluent language, so call on the pastor to explain something in the lesson, this will occupy the time. Drag the meeting out for as great a space of time as possible.

If there are young people present not members, invite them to live more social lives, to come out to the socials; but not to live more earnest lives, following Christ.

Religion is for women and children, never mention such a subject to a young man, but pray that he may not enter the saloon that you have licensed to sell. Expect committees to work without ever informing them that they are on such committees. Never have a meeting of the committees. Do not attend the mid-week prayer-meeting. The church members should turn out to the prayer-meeting only in small numbers; then there will be no encouragement for young converts. If active members are going away, do not make Christ your daily conversation and win others to keep up the work in the society and the church, but let the society die. This is a tried and proved recipe.—The Free Baptist.

That Sunday Spin.

BY ROBERT J. BURDETTE

And so, my boy, you were too tired, after a hard week of hard work, to go to church Sunday morning, and mounted your wheel and went on a century run for a rest? And got home at 7 o'clock p. m. so dead tired that you could not go to church in the evening? And, defending your way of spending the day, you quote the words of the Savior, The Sabbath was made for man.

So it was, my son; so it was. So was the buzz saw. And not two years ago I saw a man with every one of his fingers and a part of his thumb gone from his right hand, just because he made wrong use of a good buzz saw. The buzz saw was in its place, doing good work for man, to which end it was made.

It was fulfilling its destiny. It was doing the thing to which it was appointed. It didn't move out of its place a hair's breadth to do the man harm. It just kept on sawing wood, and the man couldn't—or rather didn't—wait until the buzz saw was through its work. He transgressed it (transgressus—trans across; gradi, step—to step across); he reached over it, when he should have gone around it. And when he drew back his hand, which he did immediately, he didn't have the thing he reached for, and he didn't have the fingers he reached with. He had not only gained something, but he had lost something. And more than that, he had lost something that he will never get back again in this world.

Ah, my boy, I don't want to shut you up in a dingy boarding house, a hot room, the dusty city, and the smelly, dirty streets, all the time. But when you go out into God's country for God's fresh air, and rest of body and peace of mind, don't run over God's Sunday to get these things. He has them for you; no one else can give them to you. But you don't want to trample on some of his greatest blessings to get the lighter ones. I have no more objection to your riding to church than you have to my walking on Sunday. If the Reverend Malachi Ezraman, A. M., D. D., LL. D., drives to church in his carriage, or uses the street cars, there is no reason why you should not spin decorously up to the church on your wheel. There is no reason why you shouldn't anyhow, no matter what the Doctor does. If he wants to ride to church let him. If I could ride as well as you do, I shouldn't walk unless I preferred it, which I certainly do. But you didn't ride to church. You passed the doors of three or four nice country churches on your spin, and never so much as paused at one of them. You didn't go out for fresh air and rest and peace of mind. You went out because you were too lazy to go to church, or too selfish, or too mean, or just because you didn't want to. And the meanest thing in the whole business is that, after running away from church, after denying God the reverence and love and worship on his own day which is his due, after riding over the Bible, you try to sneak a passage out of it to justify your treachery. Ah, my boy, not half a dozen verses away from the one you quoted you will find what use the Lord of the Sabbath made of it for man. Do you use the day for man as he did, and you may write that text across your heart, and have it graven on the handle bars of your wheel, and ride a thousand miles every Sunday if you can, and God and man will bless you for it. But don't go racing and chasing over the whole countryside all Sunday, having a jolly good time all by yourself and all for yourself, and then come back quoting Scripture to prove that you were on a missionary tour all the time.

The Sabbath was made for man; indeed it was; and so was Monday, Tuesday, Wednesday, Thursday, Friday and Saturday. And it does seem to me that, as God made all of them, he ought to have a goodly portion of at least one of them. The Sabbath was made for man. So was corn, but not to make into whiskey. So was the sea, but not for piracy. The Sabbath and corn and the sea were made for man, not for the devil. Remember that, my boy.

Do You Think?

Every moment of life ought to be employed in useful labor or useful rest. Killing time is a method of suicide; for, as quaint Benjamin Franklin says, Time is the stuff that life is made of. The use of much of our time is decided for us, but the spare moments which we employ according to our own will have most to do with the development of character. The best employment for our leisure moments is thinking. The reading of good books is commended and commendable, but reading is worthless except as it furnishes food for thought. This age is afflicted with a reading habit that loads the mind with a mass of crude material which it is unable to use, and much of which is useless. Almost every order of life subsists upon material gathered by others. Innumerable plants and animals have drawn from earth and air the substance that sustains and renews your body. But none of this enters your being in the form given it by the life that gathered it. It must be ground up and dissolved, and assimilated to the various forms of matter that compose your body. Which things are an allegory. Most of the substance of your thought is taken from the thoughts of others, but it must be comprehended and analyzed and moulded into your own forms of thinking before it becomes any valid part of your intellectual life.

If we are compelled to choose between thinking and reading, it is better to think. A thought really your own even if it be crude, is worth far more to you than the finest thoughts of others. Reading is not the only source of food for thought. You can find it in earth or sea or sky, in the vast meaning of the incidents and relations of daily life, in your own complex and wonderful being. If we have time for reading, we must still think as we read. Ideas become our own only by our personal mastery of them. Novel ideas need to be scrutinized with peculiar care. A delight in that which is novel, especially when it is adroitly expressed in choice and beautiful language, oftensweeps men from their intellectual anchorage. When you encounter what seems a new and striking idea, first strip it of all its ornament; then weigh it; ascertain its metes and bounds; take it to pieces and put it together again; test it in every possible way before you let it pass current in your thought.

Think toward an end. The uncontrolled rambling of the fancy is not thought. A fact to be understood, a problem to be solved, a duty to be determined, some worthy end must stimulate the mind to action. Then our mental powers must be restrained from endless excursions in quest of nothing in particular, and concentrated upon the matter in hand. It will be an aid to thought if we think with notebook and pencil in hand, jotting down our thoughts as we proceed. This will enable us to hold before us constantly the end of our thinking and each step in its progress. A thought, when written down, can easily be examined and tested, and one thought thoroughly tested is worth a legion of untried conjectures. Each thought can be made clear and definite, so that it will have a fixed place in our mental furnishing. Gaps in our thinking can be detected and filled, and the mind can be taught to move, not by leaps and bounds, but by a regular and systematic progress.—Epworth Herald.

Suppose there are hypocrites in the church; does that make your sinning any safer?

If the garments of salvation don't fit, it is pretty good evidence that the persons wearing them have never come to the measure of the stature of the fulness of Christ.

You need not cough all night and disturb your friends; there is no occasion for your running the risk of contracting inflammation of the lungs or consumption, when you can get Bickel's Anti-Consumptive Syrup. This medicine cures coughs, colds, inflammation of the lungs, and all throat and lung troubles. It promotes a free and easy expectoration, which immediately relieves the throat and lungs from viscid phlegm.

The use of Hall's Hair Renewer promotes the growth of the hair, and restores its natural color and beauty, frees the scalp of dandruff, tetter, and all impurities.

Mr. G. O. ARCHIBALD'S CASE.

Didn't Walk for 5 Months. Doctors said Locomotor Ataxia.

Milburn's Heart and Nerve Pills. Cure a Disease hitherto regarded as Incurable.

The case of Mr. G. O. Archibald, of Hopewell Cape, N. B., (a cut of whom appears below), is one of the severest and most intractable that has ever been



reported from the eastern provinces, and his cure by Milburn's Heart and Nerve Pills the more remarkable from the fact that he was given up as incurable by worthy and respected physicians.

The disease, Locomotor Ataxia, with which Mr. Archibald was afflicted is considered the most obstinate and incurable disease of the nervous system known. When once it starts it gradually but surely progresses, paralyzing the lower extremities and rendering its victim helpless and hopeless, enduring the indescribable agony of seeing himself die by inches.

That Milburn's Heart and Nerve Pills can cure thoroughly and completely a disease of such severity ought to encourage those whose disorders are not so serious to try this remedy.

The following is Mr. Archibald's letter:

Messrs. T. Milburn & Co. assure you that my case was a rare one, and had it not been for Milburn's Heart and Nerve Pills I should have been dead long ago.

"I was under the care of Dr. Melrose, who said I had Locomotor Ataxia, and gave me up as incurable."

"Dr. Solomon, a well-known doctor of Boston, told me that nothing could be done for me. Every one who visited me thought I never could get up."

"I saw Milburn's Heart and Nerve Pills advertised and thought I might as well try them as anything else. I saw them in the paper, and when I had seen them when taking those wonderful pills—I got out of my room, and saw working hard every day, you know me."

"I am agent for P. O. V. Augusta, Maine, and have sold subscribers in 80 days and won a prize."

"Nothing else in the world but those pills, and I do not have an equal anywhere."

"The seven boxes I took have me the full use of my legs and strength and energy and better than I have enjoyed in a long time."

G. O. ARCHIBALD.

Hopewell Cape, N. B.

In addition to the statement, Archibald, we have the endorsement of two well-known merchants of Cape, N. B., viz: Messrs. J. E. and E. J. Brewster, who certify to the genuineness and accuracy of the given above.

Milburn's Heart and Nerve Pills, a box, or 3 for \$1.25, at all druggists, or sent by mail T. M. Co., Toronto, Ont.

INTERNATIONAL S. S. CO.

3 trips a week from

BOSTON

Commencing May 31st, the steamers of this company will leave St. John for Eastport, Lunenburg, Portland and Boston every MONDAY, WEDNESDAY, and FRIDAY mornings at 8:45 o'clock (standard). Returning, leave Boston every MONDAY, WEDNESDAY and FRIDAY mornings at 8 o'clock, and Portland at 6 p. m. Connection made at Eastport with steamers for St. Andrews, Calais and St. Stephen. Freight received daily up to 5 o'clock.

C. E. LAECHLER, Agent

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A SILVER PLATED TEAPOT.

Consumer's of National Blend without doubt the best Blend Tea on the market, when you have been twenty pounds you will receive Silver Plated Teapot free of charge. The cheapest house in town to buy.

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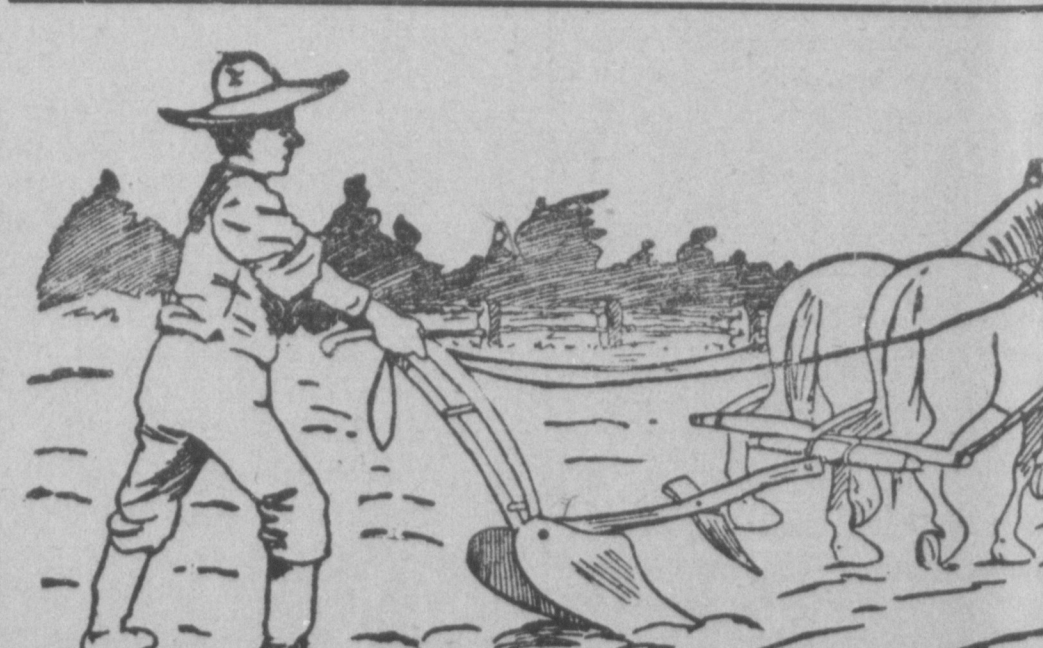
MEN'S FURNISHING GOODS, TRUNKS,

VALISES, BAGS, ETC., ETC

The Fit Reform Wardrobe

C. H. THOMAS & CO.

167 Queen St. Fredericton, N. B.



I am a farmer located near Stony Brook, one of the most malaria districts in this State, and was bothered with malaria for years, so I could not work, and was always very constipated as well as that I could do nothing but shake. I must have taken about a dozen of quinine pills besides dozens of other remedies, but never obtained any permanent benefit. Last fall, in peach time, I had a most severe attack of chills and then commenced to take Ripans Tablets, as my friend's advice, and the first box made me all right and I have been without them since. I take one Tabule each morning and sometimes when I feel more than usually exhausted I take two a day. They have kept my stomach sweet, my bowels regular and I have not had the least touch of malaria nor splitting headache since commenced using them. I know also that I sleep better and am more refreshed than formerly. I don't know how many copies of Ripans Tablets will help, but I do know they will cure any one in my condition I was and I would not be without them at any price. I honestly consider them the cheapest-priced medicine in the world. They are also the most beneficial and the most convenient to use. I am twenty-seven years of age and have worked hard all my life same as most farmers, both early and late and in all kinds of weather and I have never enjoyed such good health as I have since last fall. My neighbors have all remarked my improved condition and said, "Say, John, what are you doing to look so healthy?"

WANTED.—A case of bad health that RIPANS will not benefit. They banish pain and give relief. Note the word RIPANS on the package and accept no substitutes. 10¢ a box or 12 boxes for \$1.00. May be had at any drug store. Testimonials will be mailed to any address for 5 cents, forwarded to the Ripans Company, 6 Spruce St., New York.