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Suggestions For The Prayer-Meeting Committee.

Y. P. S. C. E.

"Take my intellect and use
Every power as Thou shalt choose."

1. To select leaders and topics for the prayer meeting.
2. To keep a list of the part taken by each member.
3. To help new and timid members by asking them to take some specified part in the meetings.
4. To see that the meeting does not drag.
5. To pray for the meeting before coming to it.
6. To welcome new members and strangers.
7. To assign special subjects of prayer to certain ones.
8. To help the regular church prayer meeting by taking part and requesting others to do so.
9. Advise pastor and president of all meetings of committee, and confer with them frequently.
10. To meet with the leader for a little prayer service ten minutes before the prayer meeting.
11. "Praying always."

St. John Society.

Dear Fellow Endeavorers:—

We wish to tell you that our society is still living down here in the midst of fog and rain.

Since meeting you all at the League we have been going on much the same, or no I think somewhat better, for the inspiration which came to us there could not fail to help us do better work.

So we think we feel a change in our meetings, a more cheerful service. The meetings are becoming better attended now that the winter months are coming, and we are planning to do good work this year.

Our meeting last Friday evening was lead by the Look-out committee and the preceding one by the missionary committee. We found both of these to be helpful.

Trusting that you may all "walk worthy of the vocation to which you have been called," We are

Your friends of Waterloo St. Society.

ANNETTE FLOYD.
Cor. Sec

Bible Study.

The long evenings of the fall and winter afford a good opportunity for our Endeavorers to undertake some definite and systematic Bible study. May I in this article suggest a few courses which seem to me helpful?

How would it do to take up a history of New Testement times? Let it extend from 175 B. C. to 70 A. D. This is the period intervening between our old and new Testaments. It would begin with the persecutions of the Jews by the Greeks under Antiochus Epiphaus trace the rise of the Asmonean House under which religious and political independence are finally gained, and trace the loss of the latter under Roman power, through which Herod attains his greatness; give an account of the condition under Roman rule, and trace the development of the Messianic hope and its outcome in the destruction of Jerusalem 70 A.D. This course will give the rise and development of the political religious parties of Juda, such as the Saducees, Pharisees, Essenes and Zealots. It will give a knowledge of the political, social and religious life that will furnish a background for understanding much in the life of Jesus and the early church.

To take this course some literature would be necessary. Prof. Mathews little book, "New Test. Times" (published by McMillan, 75 cts) would serve as text book and gives *in loco* all necessary references. Or Riggs "History of the Jewish people," during the 'Maccabean and Roman period," (published by Scribners, $1.00) covers the period. Josephus is very helpful and each member would of course read the Apocrypha of the old Testament especially 1. 11 Macca. Mathews' book had better be used as a text because it is prepared for study and has all references. It would not be too expensive for any one wishing to understand his Bible.

Or, a course in the Life of Jesus would be most helpful. Here one must have a "Harmony of the Gospel." That of Stevens and Burton, which is the best is published now for the benefit of Sunday school workers for 50 cts, with this, one should have such a book as Rhees' "Life of Jesus of Nazareth," which is meant for a text book, giving references, to the Gospel and other works, published by Scribners and costs about $1.00. Stalkers little book might be used instead. It is brief but good and cheaper, the former is preferable. Any life of Christ such as Edersheine, Farrar and Geikie could be used for references.

A study could be carried on with profit that would give one a good survey of the four gospel. Let the aim be to understand the conditions which called forth each gospel. Study the purpose, plan and contents of each. This would mean a careful reading of each gospel and a mastery of it. Use as a text to guide, Burton's "Purpose and Plan of the Gospels" (It is published in pamplet form, price 40 cts.) Any bible dictionary would be good. Hastings is the best. Or any introduction to the New Test, would be helpful.

Or, why not study the Life and works of Paul! Here use the handbook of Prof. Burton, entitled "The life and Letter of the Apostle Paul," which is prepared for Bible study work. (price 40 cts.) This will mean a careful reading of each Epistle or letter of Paul, and a mastery of its contents. The conditions under which it was written, its purpose, plan and contents will be studied. This course coupled with that of the Gospel gives one a comprehensive survey of the New Testament. There are many other books but I have named only those which are within the reach of every member and which are sufficient to guide in the study of the scriptures

I would like to mention a course in the study of the Prophets of Israel. Begin with Amos and pass down till after the exile and return. It is simply impossible to understand these great souls without some knowledge of their times When they are viewed in their historical settings they live for us. But this would be the most difficult course of all and would not be likely to succeed without an extra good leader. Then the works are many and most of them are not within the reach of the ordinary Endeavor member. The best work in English is that of George Adam Smith "The Minor Prophets" in two volumes and "Isaiah" also in two volumes and the price is about $1 00 per volume. It is published in the Expository series and a minister should have them if he had nothing else on the old Testament. Cornill "Prophets of Israel," 25 cts., is good but brief and rather radical in its views. Driver's "Isaiah" in "Men of the Bible," series, price, 65 cts., and Cheyne's "Jeremiah" in the same series are excellent. Prof. Willet's little book on the Prophets is good (price 40 cts.,) and the second and third volumes of Kents History of Israel are good for the historical side.

I hope you may plan to do some work in Bible study, if not one of these courses then some other. We need just such work as this to deepen our spiritual life and to fit us for more intelligent work. Our testimonies would be richer and more helpful after such study.

W. C. KEIRSTEAD,
131 So. D. Hall.
U. of Chicago.

White Hands.

Six young ladies of a graduating class were gathered around a window overlooking pleasant grounds, and talking very eagerly about the future. Their plans were various, reaching onward with no thought of grief or sorrow. Wealth, admiration, fame were among the attainable. Music and art would each have its devotee. One would continue her studies at a higher institution; another would become the mistress of a beautiful home.

One had not spoken, and when the question, a second time, was asked impatiently, Louise, what are your plans? her answer was eagerly awaited.

I shall help my mother said quiet Louise.

O-o oh, we all mean to do that, of course, said one; but what plans have you? You can't mean just to stay at home in a poky way, and not try to do anything.

Girls, said Louise, I do mean to do just that, for the present, at least. My business shall be to help my mother in any way it is possible for me to help her.

A glance at the puzzled faces around her, and she continued:

Shall I open my heart to you a bit, and let you read a sad passage from it? You remember Stella Morton? You remember that I once visited her during vacation? Her home was very pleasant, and a large family of brothers and sisters made the days pass merrily. Our pleasures kept us so much out of doors that we saw little of Mrs. Morton—a delicate, quiet lady, already to bestow sympathy when needed. I noticed that the girls were not so tidy and helpful about the house as I had been taught to be; but I did not see who supplied all deficiencies, I thought little about it. One day a picnic had been planned, and I heard the girls impatiently commenting upon the illness of the one servant, as it threw upon them some disagreeable household duties. How Mrs. Morton ever accomplished the delicious lunch we ate that day, only such over-worked mothers can explain, the little assistance given by Stella and Alice must have been most unsatisfactory.

We returned by moonlight, so tired that we went to our rooms without seeing any one, if, indeed any one was up at that hour. By and by—I don't know how long we had slept—a frightened voice called Stella, who shared my room, and soon we all knew that gentle, tired Mrs. Morton was alarmingly ill. At sunrise she was gone, without hearing the voices so full of love and sorrow. Girls, I can't describe Stella's grief; she placed her own delicate hand beside the thin, toil-stained dead one, and said: See, Louise, at what cost mine is so fair; and I have been vain of my white hands. She kissed the cold fingers again and again.

One day I found Stella at her mother's work-table holding up some unfinished piece, evidently left in haste. Louise, she said, mother asked me to do this, and I really meant to; oh, why didn't I do it at once!

You can't understand what an impression all this made upon me, and when a few days later, I was called home by the failing of my own mother, the feeling was intensified. Mother was very ill, and as hope grew fainter my distress was hardly less than Stella's. One night when my sister and I were too anxious to sleep, I told her about Stella, and we then pledged ourselves to take from mother every possible care, and to make our home our first object. To make the promise more binding and real, we exchanged rings, Mother's illness made it seem more natural and easy at first, and everything moved on so smoothly that I really think she regained her health more quickly. All the mending and sewing was done promptly, under her direction, and we always silenced her by saying we liked to do it. She seldom knows what is prepared for tea or breakfast; we beg her not to inquire for we know that she enjoys little surprises. The boys and the dear baby are better and happier for having so much of her time and attention.

Last summer I visited Stella again. She is the light of the home. Only for the discipline I passed through could I understand how she was able to accomplish so much. Once, when I expressed something of this to her, her eyes filled with tears, as she asked: Do you suppose she can see us—that she knows what I am trying to do? Her hands were not fair and delicate, but I thought them more beautiful. Why, girls, I never see a pretty hand now without wondering whether it has a right to be fair and white. So I am going home to help mother; I shall be happy because I know it is my duty.

As Louise finished speaking, the retiring bell sounded: Not a word was spaken, but the kiss which each bestowed upon the flushed face of the earnest speaker told of the impression her words had made Those mothers alone can tell whether the influence was lasting.—Everybody's Magazine.

Doing Well Depends on Doing Completely.

"If I were a cobbler it would be my pride,
The best of all cobblers to be;
If I were a tinker, no tinker beside
Should mend an old kettle like me."

It is a rule that a workman must follow his employer's orders, as a writer in the Living Age says, but no one has a right to make him do discreditable work. Judge M., a well-known jurist living near Cincinnati, loved to tell the following anecdote of a young man who understood the risk of doing a shabby job, even when directed to. He had occasion to send for a carpenter, and a sturdy young fellow appeared.

I want this fence mended. There was some unplaned boards—use them. You need not take time to make it a neat job. I will pay you only a dollar and a half.

Later, the judge found the man carefully planing each board. Supposing that he was trying to make a costly job, he ordered him to nail them on just as they were, and continued his walk. When he returned, the boards were all planed and numbered, ready for nailing.

I told you this fence was to be covered with vines, he said, angrily; I do not care how it looks.

I do said the carpenter, gravely, carefully measuring his work. When it was done, there was no other part of the fence as thorough in finish.

How much do you charge? asked the judge.

A dollar and a half, said the man, shouldering his tools.

The judge stared. Why did you spend all that labor on that fence, if not for money?

For the job, sir.

Nobody would have seen the poor work on it.

But I should have known i was there. No; I'll take only a dollar and a half. He took it and went away.

Ten years afterwards, the judge had a contract to give for the erection of several magnificent public buildings. There were many applicants among the master builders, but the face of one caught his eye.

It was my man of the fence, he said. I knew we should have only good, genuine work from him. I gave him the contract, and it made a rich man of him.

It is a pity that boys and girls are not taught in their earliest years that the highest success belongs only to those whose work is most sincerely and thoroughly done.—The Interior.

Remember Absent Youth.

Many of our young people are absent from home, some of them for the first time, attending school. The faithful pastor will not forget them in his prayers Not long ago a mother explained her regular attendance at the Wednesday evening prayer meeting on the ground that as her two sons, both absent from home, were almost sure to be prayed for, she felt that she must be present to join in the prayer and enjoy it. Young people who are thus remembered in their absence from home are almost sure to discover the fact, and the result must be beneficial. Every tie that binds the hearts of the young people to the old home church should be sacredly cherished. Young people should be made to know that, of all places in the world, the home church is the place in which they are most tenderly thought of.—United Presbyterian.

From Duty To Affection.

Kindly actions begun from a sense of duty blossom into affection, and afford some of the sweetest pleasures earth can bestow. Active industry, at first painful and arduous, unfolds our powers and comes to be the source of keenest satisfaction. Purity of thought, word and deeds, sought at first from a knowledge of its righteousness, comes at last to be the natural air which the spirit loves to breathe. This duty of every kind, containing within it the germs of delight and beauty, will, if cherished, develop the sweetest flowers and richest fruits, and the good and beautiful thus clasp hands and claim kinship forever.

A Bit of Fire on the Hearth.

There is nothing which gives so much cheer and is so potent in driving away the blues as a bit of an open fire on a chill night in the fall. The blaze on the hearth is the household center, it draws everyone to its genial warmth, and chairs are brought up to form a circle around it, while the evening paper is read, the children study their lessons, and the young people discuss plans in low tones, so that their elders may not be disturbed. The fire of logs or of soft coal is so living, so sympathetic, it is so alluring as it falls apart or flares up in a brighter blaze, it is so full of the true spirit of domestricity that no steam radiator of furnace heat can take its place.

In finding your work in the world you may find that your first work should be to do up some odd chores around home.

Do not let stale flowers remain in a room.

Dyspepsia is difficult digestion, due to the absence of natural digestive fluids. Hood's Sarsaprilla restores the digestive powers.

By using Hall's Hair Renewer, gray, faded, or discolored hair assumes the natural color of youth, and grows luxuriant and strong, pleasing everybody.

The great demand for a pleasant, safe and reliable antidote for all effections of the throat and lungs is fully met with in Bickles Anti-Consumptive Syrup. It is a purely Vegetable Compound, and acts promptly and magically in subdueing all coughs, colds, bronchitis, inflammation of the lungs, etc. It is so palatable that a child will not refuse it, and it is put at a price that will not exclude the poor from its benefits.

ONE WAY OF SHOWING INFERIORITY.—Showing due deference toward others is an indication of self-respect. Failing to give respect to those who deserve it is an indication of a lack of self respect. Those who are deservedly looked up to by their fellows are pretty sure to be those who are most ready to give due deference to all whom they meet, or with whom they have any dealings. Those on the contrary, who habitually fail to give deference to others even to those who are most worthy of it, are those who have neither honor from their fellows nor a right estimate of themselves. It requires and marks a man above the average in the community to be able to know and to do his duty in accordance with the apostolic injunction, Render to all their due: tribute to whom tribute is due; custom to whom custom, fear to whom fear; honor to whom honor. But any boor, whatever his title, can show his inferiority by his lack of self-respect, or of respect for his equals or superiors.

Insist on yourself; never imitate. Your own gift you can present every moment with the cumulative force of a whole life's cultivation; but of the adopted talents of another you have only an extemporaneous half possession. That which each can do best, none but the Maker can teach him.

No one needs to be told to try to cure a cough. But any one will be glad to be told of a means of cure which will be thorough and lasting. Dr. Pierce's Golden Medical Discovery is a medicine which can be confidently relied on to cure diseases of the organs of respiration. It cures obstinate, deep-seated coughs, bronchitis and bleeding of the lungs. It cures when nothing else will cure, and the local physician says: "There is nothing more that we can do."

There is no alcohol in "Golden Medical Discovery," and it is absolutely free from opium, cocaine and all other narcotics.

The dealer, tempted by the little more profit paid by less meritorious medicines, will sometimes try and sell a substitute when the "Discovery" is asked for. No substitute medicine will satisfy the sick like "Golden Medical Discovery." It always helps. It almost always cures.

"Two years ago a severe cough started on me and I was also bothered with catarrh," writes Mr. F. Skjod, of Danewood, Chisago Co., Minn. "I could not sleep nights, as the cough was worse at night. I tried several cough medicines, but to no avail, until a year ago, when I got so bad I could not breathe through my nose at times. I then tried Dr. Pierce's Golden Medical Discovery. After taking eight bottles of Dr. Pierce's Golden Medical Discovery, and at the same time using Dr. Sage's Catarrh Remedy, I am a well man. I can thank Dr. Pierce for my good health, and will recommend his medicines to any one suffering from the same trouble."

Dr. Pierce's Pleasant Pellets cure constipation.

DR. WOOD'S

NORWAY PINE SYRUP

A positive cure for all Throat, Lung and Bronchial diseases.

Healing and soothing in its action.

Pleasant to take, prompt and effectual in its results.

Mr. Chas. Johnson, Bear River, N.S., writes: "I was troubled with hoarseness and sore throat, which the doctors pronounced Bronchitis and recommended me to try Dr. Wood's Norway Pine Syrup. I did so, and after using three bottles was entirely cured."

Take Dr. Wood's Liver Pill before retiring. They will work while you sleep, overcome pain, curing biliousness, dyspepsia, sick headache and dyspepsia and make you feel better in the morning.

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JULY 18TH

—:o:—

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IN

Blouse Waists.

In order to effect a speedy clearance of all our Blouses, we have marked them all at 50 cents, 75 cents and $1.00.

The former prices were from 85 cents to $2.25.

Duridg this sale no Blouse will be allowed oul on approval or exchanged. You may take them upstairs and try them on.

Remember these prices are for cash only.

—:o:—

JOHN J. WEDDALL.