

I Coughed

"I had a most stubborn cough for many years. It deprived me of sleep and I grew very thin. I then tried Ayer's Cherry Pectoral, and was quickly cured."
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Sixty years of cures and such testimony as the above have taught us what Ayer's Cherry Pectoral will do.

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pounds of flesh; Will bring you back

to health.

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ores.

Stephen Wescott, Freeport,

gives the following experience

Burdock Blood Bitters.

was very much run down in

and employed our local physi-

who attended me three months;

my leg broke out in running

with fearful burning. I had

running sores at one time

my knee to the top of my foot.

medicine I took did me no

so I threw it aside and tried

When one-half the bottle

I noticed

the leg by the

and by the

had finished

my leg

perfectly heal-

my health

improved.

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The Sabbath School

INTERNATIONAL LESSON

Fourth Quarter Lesson 12, Dec. 22, 1901

THE PASSAGE OF THE RED SEA.—Exodus 14:13-27.

GOLDEN TEXT.—I will sing unto the Lord for he hath triumphed gloriously.—Ex. 15:1

HISTORICAL SETTING.

Time.—According to the common chronology, B.C. 1491; according to the Brugsch, B.C. 1300; Price, 1276. They started the morning of the 15th of Adib (last of March or first part of April). The crossing of the Red Sea was several days later.

Place.—They started from Succoth and Rameses, districts in Goshen, along the Wady Tumilat. The crossing was through the northern end of the Red Sea. The place may have been the present Gulf of Suez, or the sea may have extended much farther north, and the crossing have taken place somewhere near the present Bitter Lakes.

ALL READY FOR THE START.—Our last lesson left the Israelites celebrating the first Passover feast. They were strengthened by food. They were dressed for the march. They had packed up all the things they could take with them. They had engaged in worship. Their courage and faith had been stimulated. And now the hour had come. While they were still engaged in celebrating their first Passover feast, at midnight the Lord smote all the firstborn of Egypt from the firstborn of Pharaoh to the firstborn of the captive. The whole land was in intense excitement. Pharaoh could not wait till morning before he sent to Moses, and bade him be gone with all the people.

THE GATHERING OF THE CLANS.—The first journey of the Israelites was from Rameses to Succoth (12:37). These are not towns, but districts. The land to Rameses, is spoken of as identical with Goshen. From all portions of this land the people assembled at Succoth, as their place of rendezvous. There is no reason to suppose that all the Israelites, one or two million, arrived at the place of rendezvous in one day.

THE MARCH OUT OF EGYPT.—There were three great routes from Egypt to Palestine,—the Philistia Road, the Wall Road, and the Red Sea Road.

1. The Philistia Road was the northern road, and crossed the line of the lakes which form the bed of the modern Suez Canal just north of Lake Ballah. It runs along the Mediterranean Sea, and is the shortest, easiest, and best watered route,—but it would be necessary to pass through the country of the warlike Philistines.

2. The Red Sea Road, "the Way of the Wilderness of the Red Sea" (13:18), was the road which swept across the wilderness, between the two arms of the Red Sea, from the Gulf of Suez to the head of the Gulf of Akabah. It is to-day the great route of the pilgrim caravans of Mecca.

The Great Wall. The next important fact in understanding this story was the great wall, nearly 1500 miles long, built to defend China from the invasions of the Tartars on the north. There is evidence that, at the time of the Exodus, a great wall extended from Pelusium on the Mediterranean across the whole isthmus to the Gulf of Suez. It was east of, and nearly parallel with, the present Suez Canal. It was dotted with fortification, and was the defense of Egypt against invasion from the east.

The First Choice of a Route. The Israelites first moved toward the northern or the Philistia route. This seemed the nearest and safest way. From Succoth the Israelites went north-easterly to Etham, a district on the edge of the desert. Etham means fortification, and is the name given to the line of fortification on the great wall described above. The Israelites were confronted by this great wall with its garrisons and the desert. They realized, too, that without weapons or training it would be impossible to conquer the Philistines trained armies, if they continued on that route.

The Short Turn. The best route for many reasons was the southern or Red Sea route. Therefore, from Etham they made a sharp turn, by the command of God, and were led southward by the pillar of cloud and of fire, which here first appears to be their guide. They returned to the western or Egyptian side of the lakes, and marched along their shores toward the Red Sea. This seems strange at first, but we are to remember that on the Egyptian side were pastures and water and roads, but on the other side was the great wall and the deserts.

The pillar of cloud and of fire.—

From this time the march of the

Hebrews was divinely guided by a pillar of cloud by day and of fire by night, rising high above the host, a conspicuous object that could be seen not only by the marshaled host, but by the scattered companies of women and children.

PHARAOH'S ATTEMPT TO BRING BACK THE FUGITIVES.—Vs. 13-18. The Israelites marched southerly to reach the gates through the great wall which opened into the Red Sea Road to Palestine. They had, of course, permission to go through, but when they reached the place they found they were caught in a trap. Pharaoh had changed his mind. The gates through the wall were closed. The wall coming down to the water prevented them from going around the head of the sea. On two sides were high mountains. In front of them the wide expanse of the sea.

Why Pharaoh Pursued Them.—Several days have now passed since the Israelites were given their freedom. The laborers were moved from their places. When, therefore, Pharaoh saw that the Israelites had turned back, as if afraid, and were again in Egypt, he thought they were bewildered and in his power. He therefore sets out to overtake the fugitives. The sight was enough to arouse the greatest fear in the people. Moses prayed and encouraged the people, for the Lord had promised to fight for them, and declared that "the Egyptians whom ye have seen to-day, ye shall see them again no more for ever" (14:13). *Wherefore criest thou unto me? speak unto the children of Israel, that they go forward.* God had promised. It was now no time to stop and pray. It was time for action. The command is not without its application to modern times. You pray for a reform, for the conversion of the heathen, for the salvation of a friend. It is right, but also the word from God is: Go forward, work the reform, give liberty, use the means. God is always ready to exert his power for his cause.

CROSSING THE RED SEA.—Vs. 19-23. The night came on. The Israelites in the light went toward the sea. The Egyptians followed them in the darkness slowly. But the flaming fire that led the Israelites also made known to the Egyptians where the fugitives were. Hence 19, *the angel of God.* That is the real presence of God, manifested in the pillar of cloud and fire. It was never mere cloud and fire, but God's angel in them, a living power that guided the nation by this outward manifestation. The real presence removed, and with that the pillar of the cloud removed. *And it was a cloud and darkness to them (to the Egyptians) but it gave light... to these (the Israelites).* It was now near night, and the cloud surrounded the Egyptians like a dense fog, which made it too dark for them to know what was going on among the Israelites. *And Moses stretched out his hand.* With the rod in it (v. 16), to show that the miracle was from the God of Israel. *And the Lord caused the sea to go back by a strong east wind.* Any easterly wind, from northeast to southeast, would be called an east wind in Hebrew. This was probably a northeast wind. *And the waters were a wall.* Protecting them. *And the Egyptians pursued, and went in after them.* They were unaware of the danger. *All Pharaoh's horses, his chariots and his horsemen.* The men who rode in the chariots. *In the morning watch.* The morning watch of the Hebrews, at this period of their history, lasted from 2 a. m. to sunrise. Sunrise in Egypt, early in April, would take place about a quarter to six. *The Lord looked unto.* We supposed that side of the pillar-cloud toward the Egyptians was suddenly and for a few moments, illuminated with a blaze of light. The sudden flash out of the dark cloud dazzled and frightened them. *And took off their chariot wheels.* The wheels ran off the axles, so that the body of the chariot dragged upon the ground. *The Lord fought for them.* Compare the promise of Moses (v. 14) If this were so, it was of no use to persevere, and accordingly they began their retreat.

THE DESTRUCTION OF PHARAOH'S HOST.—Vs. 26, 27. *Stretch out thine hand.* Showing that the power was from God. *Overthrew the Egyptians.* It is nowhere said that Pharaoh himself was drowned in the sea. He was overthrown in his army. *The sea returned to his strength.* Better, as in margin of R. V. "to its wonted flow."

CONFIRMATION FROM THE MONUMENTS OF EGYPT.—There are continually coming from Egypt confirmations of the Exodus, which are interesting. The mummy of Rameses II. has been discovered with suggestions that he was the Pharaoh of the oppressors. Twice the name "Israel" has appeared on the monuments.

THE PLACE OF CROSSING THE RED SEA.—Several different theories have been propounded. Dr. Trumbull, in his *Kadesh Barnea*, strongly confirms the traditional place at the northern end of the Gulf of Suez. The Israelites crossed near the town of Suez, on extensive shoals which run toward the southeast, in the direction of Ayun Musa (the Wells of Moses). The distance is about three miles at high tide. The Egyptians, in the darkness, probably did not know that they were on the bed of the sea, and counted it safe to go where the fugitives in the light were ready to go.

On the other hand, quite a number with Principal Dawson think that the crossing was somewhere over a part of this chain of lakes. Principal Dawson thinks the crossing was through the southern part of the Bitter Lakes, between station Fayid, on the railway, and station Geniffa.

CHRISTMAS LESSONS FROM THE EXODUS

I. Like the Israelites, the world was under the bitter bondage of sin.

II. Jesus Christ came into the world as the great Deliverer.

III. One of the great difficulties in the way was that many of the people did not realize their need deeply enough to make them willing to throw off their bonds.

IV. Jesus, like Moses, wrought great miracles to show them the goodness and the power of God, who called them from the bondage of sin to the glorious liberty of the sons of God.

V. When they were in the dark and felt the powers of evil and the threatnings of conscience, and knew not which way to turn, then they were bidden to go forward, for if they thus trusted God, the way would open before them.

VI. He sent his Holy Spirit to be their light and guide, like the pillar of cloud and of fire.

VII. Conversion to Christ, like the crossing of the Red Sea, is the great era and epoch of any life.

VIII. This act is from God who only can regenerate the heart, but it is also the act of faith and obedience on the part of men.

IX. Conversion, like the Exodus, is but the beginning of a new life. So was Christ's coming into the world but the beginning of its redeeming. Many trials, many joys, much discipline, many victories, many good deeds, lie between the beginning and the promised land.

Twelve Thousand Barrels.

A few days ago a gentleman pointed out a bonded warehouse to me and remarked that it contained 12,000 barrels of whiskey. I began to think:

12,000 barrels of liquid war, Breeding anguish in its flow;

12,000 barrels of hell on earth, Cursing the day of many a birth

12,000 barrels of frenzied mind Scorning the laws of human kind

12,000 barrels of blind deceit, Snaring the path of youthful feet;

12,000 barrels of sister's tears Rolling down through coming years;

12,000 barrels of brothers' blight, 12,000 barrels of stormiest night;

12,000 barrels of heaviest sighs, 12,000 barrels of broken ties;

12,000 barrels of cunning lies, 12,000 barrels of orphan's cries

12,000 barrels of pressing cares, 12,000 barrels of widows' tears;

12,000 barrels made of staves, 12,000 barrels of drunkards' graves;

12,000 barrels of intense pain, 12,000 barrels of terror's reign;

12,000 barrels of impure thoughts, 12,000 barrels of broken hearts;

12,000 barrels of honor vain, 12,000 barrels of blackest stain;

12,000 barrels of ruined lives; 12,000 barrels of—I'll say—well,

12,000 barrels of death and hell.

Rev. U. G. Foote.

EVERY HOUSEKEEPER must often act as a family physician. Pain-Killer for all the little ills, cuts and sprains, as well as for all bowel complaints, is indispensable. Avoid substitutes, there is but one Pain-Killer, Perry Davis'. 25c. and 50c.

The essential lung-healing principle of the pine tree has finally been successfully separated and refined into a perfect cough medicine. Dr. Wood's Norway Pine Syrup. Sold by all dealers on a guarantee of satisfaction. Price 25 cents.

If a child eats ravenously, grinds the teeth at night and picks its nose, you may almost be certain it has worms and should administer without delay Dr. Low's Pleasant Worm Syrup this remedy contains its own cathartic.

Mrs. Celeste Coon, Syracuse, N. Y., writes: "For years I could not eat many kinds of food without producing a burning excruciating pain in my stomach. I took Paralee's Pills according to directions under the head of 'Dyspepsia or Indigestion.' One box entirely cured me. I can now eat anything I choose, without distressing me in the least." These Pills do not cause pain or griping, and should be used when a cathartic is required.

The Century Magazine

will make of 1902 a year of

HUMOR

Contributors to the year of Humor

Mark Twain, F. P. Dunne (Mr. Dooley), Joel Chandler Harris (Uncle Remus), Edward W. Townsend (Chimmie Fadden), George Ade, Ruth McEnery Scurr, James Whitcomb Riley, Paul Laurence Dunbar, Gelett Burgess, Frank R. Stockton, Tudor Jenks, Ellis Parker Butler, Carolyn Wells, Harry S. Edwards, Chester Bailey Fernald, Charles Battell Loomis, Oliver H. Ford, Elliott F. War Albert Biglow Paine, Beatrice Heiford

Reminiscences and Portraits of

P. toleum V. Nasby, Josh Billings, Mark Twain John G. Saxe, Mrs. Partington, Miles O'Reilly, Hans Breitmann, Artemus Ward, Orpheus C. Kerr, Bill Nye, Frank R. Stockton, D. nold G. Mitchell, H. C. Barker, Sam Slick, Eugene Fed, Richard Grant White, Capt. George H. Derby (John Phoenix), Oliver Wendell Holmes, Mortimer Thompson (Q. K. Philander Dosticks, P. B.), Bert Harbo.

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Ripans Tabules are a common sense, effectual cure for dyspepsia, biliousness, heartburn, headache, constipation, dizziness and all disorders of the stomach, liver and bowels. They are intended for the use of men, women and children everywhere, and have proved beneficial in the majority of cases. It is not claimed that they will perform miracles, but some of the cures which they have effected amount almost to that. Easy to take and prompt in action, they have no rival as the best remedy for the every-day ills of humanity.

A MEDICINE WHICH PROLONGS LIFE.

"I have used Ripans Tabules for a number of years and would not be without them. I was troubled with indigestion and constipation, and have noticed since I have been using them that I am getting rid of those terrible bilious spells which confined me to bed on account of the distress. Of late I have not had any. I had just got over a bad spell of bilious fever and was sitting on the step, when a neighbor came to me and remarked how fat I looked. I told him I had just got over the fever and that I was afraid to eat anything on account of indigestion. He said I would try them, and from then I haven't been without them. I can eat anything, providing I finish with a Tabule instead of dessert. I feel very thankful that I have found something that will prolong my life."

GASTRIC TROUBLES.

"I had suffered three years at least from gastric troubles. I could not sleep at night. My head ached and my feet would be cold as ice. My bowels were not regular and I would have such cramps from gases forming on my stomach that I would faint away. I was in such distress that I would have sooner died than live. About three months ago I was suffering and felt as if I obtained some for me from the nearest drug store and I would not now be without them. They relieved me of all the foul gases that formed in my stomach and they move my bowels regularly. I have no more headaches and can sleep well; in fact, I feel as light as the air which I breathe, and that is saying a good deal for a woman who weighs 100 pounds. I am sorry that I did not commence using the Tabules a year ago, for they would have saved me a great deal of pain and suffering."

One gives relief

A Ripans Tabule, now and then, will benefit the wisest man. And if dyspepsia is their own ordinary condition. The family bottle, 60 cents, comes as a supply for a year.

The First-aid drugstore, 60 cents, comes as a supply for a year.