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LEND A HAND.

Will the ministers who promised
to write for The Young People's
department kindly do so?

We will be glad to hear from all
the Secretaries, telling us what
their societies are doing.

Also we would like to have short
and pointed suggestions on the
work of any of the committees.
Methods that have helped in your
Society work will help somebody
else. If you have a good thing,
pass it along.

D. A. VANWART
Woodstock
Ch. Press Com.

The C. E. Hand—The Social Com-
mittee.

BY MISS LAURA EITMAN.

There are some strangely wise
and observant persons who read in
the hand of a stranger what we
who are less keen, will learn only
through acquaintance. That prom-
inent characteristics of the dispo-
sition are portrayed in the hand, is
something we do not consider, and
yet it is true.

We sigh for beautiful, shapely
hands, not that they may be the
index to a perfect heart, for purity
of soul may be legibly written on a
brown, horny hand, as on a small
white one.

If the observing world judges us
so, what think you should be the
features of the C. E. hand to reflect
truly the beautiful mind of the
Christian Endeavor? We have all
heard of the beautiful hands that
were neither white nor small, but
were fair because of noble service
and loving deeds, and such, I mean
must be the hands of Christian En-
deavor,—crossed and recrossed by
the lines of love.

As a sculptor would model after
a slender, white palm and tapering
fingers with rosy tips, so an artist
might choose pale, languid faces
and dreamy eyes if he wished to
photograph your committee. But
as mere pictures are not the mis-
sion of any Endeavor, and the
very name denies their ability to
become cold chiseled marble, the
charm of the C. E. hand lies in its
strength and skill to labor.

And what do we understand by
its labor? The Master's work, to
be sure—winning souls. For the
members of the social committee
must just as surely be jewel gather-
ers for the King as the Lookout
or Prayer meeting committees, but
in their own peculiar way, for have
we not many members in one body
and all members have not the same
office.

Do you remember when you
first heard it said that man was
created social being? God saw that it
was not good for man to be alone, so
gave him a companion, and together
they went astray. Since then, the
story of companionship in sin, has
been daily repeated. Few go to
heaven or hell alone, we
travel in companies one way or the
other. When Satan wins one soul,
he knows it means the victory multi-
plied, for "no man liveth to him-
self and no man dieth to himself."
If there is ever a time when a man
is unfit to meet temptation, it is
when he is lonely, and ruin, in the
guise of friendship ensnares him,
when salvation, in the same guise,
might have won him to life had the
Christian but made the effort.

It is to meet this that the social
committee must be prepared, it is
the hand outstretched to help over
these dangerous places, and must
cope with the social committees
that sin has stationed on all sides.
Not that "social" and "sinful" are
synonymous terms, and young Chris-
tians are not insensible to friend-
ship and good "times" though they
fail to find its gratification in clink-
ing glasses, and the gaieties of the
world. Some of the brightest mem-
bers on the roll must compose the
committee; veritable sunbeams
they are whose rays of light have
no occasion to glimmer through the
crannies of a bushel. If their
tactics are successful, they arouse
the Endeavorers to a mutual inter-

est in each other, and in the out-
sider! and the outsider an in-
terest in the Endeavorers. Accom-
panying the invitation to come to
the social, is the invitation to come
to the Endeavor prayer meeting,
and underlying both is the invita-
tion come to Christ.

Think not that the C. E. Hand
is merely an attachment for hold-
ing the money bag, and is extended
only for contributions. Not every
effort will reap to Christian Endeav-
or its financial reward, but better
treasures will fall into that out-
stretched palm. Christian Endeav-
or must have no shade of worldli-
ness attached to her garments, and
to gratify the desires of the social
nature without the after taste of
gall, or the sting of guilt is by no
means an unworthy service. But
the work is not done when the last
guest has departed from the social
gathering, for other duties await
the untiring hand, that knows no
resting hour.

"The captive's ear may rest upon
the galley,
The soldier sleep beneath his plumed
crest,
And peace may fold her wing o'er
hill and valley.
But thou, O Christian, must not
take thy rest."

Sociability must not confine itself
to a crowd, and a word for Christ
need not always consist in a class
meeting recital of how many years
you have traveled the good old road.
A sunny chat, in his name, may
sometimes prove just as well your
Christian experience. Souls are
held more often than we think by a
cordially extended hand, and as go-
astray for lack of it, I do not know
but he who so reflects the sunshine
of God's love, and smiles a soul in-
to heaven, will be as richly reward-
ed as though he had preached that
soul there.

And who can measure the good
of a handshake, if given in the
right way? Someone has observed
that "the hand and the fist are
identical, but that it makes a mighty
difference which a man shakes."

Well, the difference is almost as
great in the way one shakes the
hand. There isn't very much cordi-
ality in the tips of the fingers,
neither is the pump handle action
entirely satisfactory but a warm,
hearty grasp of the hand, with a
genial face and kindly word is al-
most irresistible.

Then let the C. E. Hand scatter
freely these cheap but invaluable
influences; these mustard seeds
that are the kingdom of heaven.
Be not sparing with the word, the
smile, the grasp of the hand, though
results may not almost be apparent.
Nature gives us a hundred blossoms
for one apple, but do not pluck the
flower, for you may be destroying
the fruit. Then do not withhold a
blossom from the tree of love, for
it may be the fruit of an immortal
soul.

The Christian Endeavor Pledge.

BY ELLA L. DENKINSAT.

This pledge is broad and com-
prehensive, strong and exacting,
yet tender and loving. It is the
declaration of young hearts avowing
their allegiance to a God of Love,
and expressing their dependence for
support upon a higher power. This
Pledge is the foundation upon which
all true Christian Endeavor is built,
unless we enter honestly and
earnestly into the spirit of it, we
can not succeed as Endeavorers.

Trusting in the Lord Jesus Christ
for strength. No self assurance of
holding out faithful, but a trust
that the dear Lord will give us
strength to withstand all tempta-
tions.

I promise him that I will strive
to do whatever he would have me
do. I will make it a rule of my life
to pray and read the Bible every
day. Should an earthly parent die,
having a will, his child would never
think of trying to carry out that
will without first reading and care-
fully studying it, just so with the
will of our blessed Master, how can
we promise to do whatever he
would have us do, without studying
that will, not reading his Testament,
just for the sake of going over so
many verses or chapters, but pray-
ing as we read, that he may give
us a perfect understanding.

And to support my own Church
in every way, especially by attend-
ing all her regular Sunday and mid-
week services, unless prevented by
some reason which I can conscienti-
ously give to my Saviour.

To keep in perfect and constant
touch with the Church is the duty
of every Endeavorer. Has not the
Saviour acknowledged the Church
as his bride? Could any organiza-
tion ever come quite so close to
him?

To separate the Endeavor and the
Church, would be spiritual death to
the Endeavor. Indeed the Endeavor
is but the Church at work through
her young people, then all the meet-
ings of the Church should be espe-
cially dear to the heart of the En-
deavorer.

As an active member I promise

to be true to all my duties, to be
present at and take part aside from
the singing, in every Christian En-
deavor prayer meeting, unless hin-
dered by some reason which I can
conscientiously give to my Lord and
Master. This part of the Pledge is
especially trying to young Endeav-
ers, yet it is absolutely necessary to
their spiritual growth. Oftentimes
we think we haven't the strength to
perform the duties assigned us, but
let us remember trust is not in our
own strength, but in the Lord Jesus
Christ, and the blessing will surely
follow. As our Pledge requires, let
us fail not to be present at each con-
secration meeting. Consecrating
ourselves anew to the Lord, praying
that our imperfect service may be
each month made more acceptable.
Let us never absent ourselves from
these meetings, unless we have an
excuse which we are willing to give
our Master.

If we do this how few vacant
seats would be among us

Yet there are circumstances,
under which, it would be more
Christlike to stay away than to at-
tend. Though in that event let us,
through the kindness of some friend
send a verse of scripture, to be read
in response to our name at roll call,
reminding our brothers and sisters
in the Lord, that though we are
obliged to be absent from them in
the body, our fond spirit is dwelling
ever near them.

Let each one of us, ever keep this
sacred and sacred Pledge in mind.
Write it upon the table of our hearts
and let it shine out in our lives,
that the world may know, ours is a
joyous labor of love for the Father
in Heaven.

"For Christ and the Church," willing
offerings made,
Time and Talents and Gold for the
dear Master's sake;
We will render the best we can bring
unto Him,
The heart's wealth of love that will
never grow dim."

The Helpful Endeavorer.

How may I be helpful in the
Christian Endeavor Society and al-
so in my every day life is what
many Christians are asking? Every
one has felt a difference in the
spirit on a meeting led by one per-
son to that led by another.

What is the difference? Is it
not that the one is so filled with
the Christian spirit of helpfulness
that every day in countless ways
he cheers and helps others and
when he leads a meeting everyone
cannot help but feel that the true
Christian spirit is leading him.
While the other one, although wish-
ing to help, lets every-day cares
worry him so the Christian Spirit
is crowded out and he feels that he
is helping no one not even himself.
And when he leads in a meeting
not having the right spirit himself
he cannot give to others.

Then to help others he must see
that he has the right spirit himself.
We all know how much the
kind loving word and loving look
helps when one is tired and wor-
ried. So if we cultivate this Chris-
tian spirit we are sure to help others.

The Habit of Kindness

I know of a home in which the
very atmosphere is so charged with
harmless loving-kindness that it is a
delight to be a guest therein. I
have been a guest in that home for
weeks at a time, and I never heard
a single harsh, unkind word spoken
to or about any one. One day I
said to the sweet and gentle mis-
tress—

Do tell me, if you can the secret
of the beautiful and unflinching kin-
dness that forms a part of the very
atmosphere of this home.

Why, I do not know that there is
any secret about it. It is a kind of
a habit with us, you know that
some people fall into the habit of al-
ways complaining; others form the
habit of always speaking sharply;
while still others are habitually
moose, and sulk continually. Now,
it is just as easy to form a good
habit as a bad habit; and, if one
would only think so, it is just as
easy to form the habit of kindness
as it is to form the habit of unkind-
ness. When I was a little girl at
home, my father had his children
sing nearly every day,

Oh, say a kind word if you can,
And you can, and you can;
Oh, say a kind word if you can,
And you can, and you can.

If any one spoke an unkind word
in the house, some one would be
sure to sing these lines, and so we
came to speak kindly nearly all the
time. So much happiness came
from it that I resolved when I
came into the possession of a home
of my own the habitual kindness
should be the rule there.

It is a rule that will bring peace
and joy to any home, and, as I said be-
fore, any one can cultivate the
habit of kindness.

A Missionary Dog

One night in the Scottish high-
lands, when the snow was deep upon
the mountain side, a shepherd found
that two of his flock were still out
in the storm. Calling his faithful
collie, or shepherd's dog, he roused
her from her warm kennel where
she was lying with her young, and
pointing through the open door he
held up two fingers and said, "Go."
Well she understood his meaning,
and gave one pitiful look at her
litter of pups, and then one appealing
glance at him, but there was no re-
sponding in his look. Quietly and
promptly she passed out
through the open door in the dark
and winter night. It was late in
the night when the shepherd was
roused by a scratching on the door,
and as he opened it, there was one
of the lost sheep, and the tired dog
dragged herself through the door
and lay down once more in her ken-
nel with her young. He carefully
nursed the tired sheep, and then
pointing his finger through the
open door, he called: "One is still
lost. Go!"

Tenderly she gazed once more at
her young. Longingly she clung to
her little brood, pleadingly she gazed
into the shepherd's eyes and
seemed to say, "Must I go again?"
But still there was no reprieve in
that glance. There was but one
message and that was, "Go." And
slowly she dragged herself again to
the door and went forth into the
darkness. The dawn had come be-
fore the shepherd was again awak-
ened to find the lost sheep there, and
the poor dog scarcely able to drag
herself to her corner and lie down
to die. As she pressed her little
one to her breast and gasped out
her last breath, he gently patted
her head, and tried his best to say,
"Good and gentle servant, you did
your best." She was but a dog.
For her there was no heaven, no
crown of bright reward, no higher
motive than obedience. Beloved,
with so much more for us shall we
be less faithful than a shepherd's dog?

Life Hints

Find your purpose and fling your
life out to it. Try to be somebody
with all your might.

What is put into the first of life
is put into the whole of life. Start
right.

The first thing to do, if you have
not done so, is to fall in love with
your work.

Don't brood over the past nor
dream of the future; but seize the
instant and get your lesson from
the hour.

Necessity is the priceless spur.
Give a youth resolution and the
alphabet, and who shall place limits
to his career?

Don't wait for extraordinary op-
portunities; seize common occasions
and make them great.

A great opportunity will only
make you ridiculous unless you are
prepared for it.

The lucky man is the man who
sees and grasps his opportunity.

The world always listens to a
man with a will.—Success.

PALATABLE AS CREAM.—"The D. &
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hemorrhages, is with the greatest ben-
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ness, sick headache, and all affections
of the organs of digestion. Price 25
cents. All druggists.

For five years Japanese imports
have exceeded exports at the rate of
\$30,000,000 to \$40,000,000 a year.

Milburn's Sterling Headache Pow-
ders contain neither morphine nor
opium. They promptly cure Sick
Headache, Neuralgia, Headache,
Headache of Grippe, Headache of deli-
cate ladies and Headache from any
cause whatever. Price 10c and 25c.

German bankers have reversed
their business policy which led to
enormous investments in foreign
countries and have become ultra
conservative.

So rapidly does lung irritation spread
and deepen, that often in a few weeks
a simple cough culminates in tuber-
cular consumption. Give heed to a
cough, there is always danger in delay,
get a bottle of Bickel's Anti-Consump-
tion Syrup, and cure yourself. It is
a medicine unsurpassed for all throat
and lung troubles. It is compounded
from several herbs, each one of which
stands at the head of the list as exert-
ing a wonderful influence in curing
consumption and all lung disease.

Hall's Hair Renewer contains the
natural food and color-matter for the
scalp, curing grayness, baldness, dand-
ruff, and scalp sores.

Brave and Tender

A year or two ago there was a
shipwreck at St. Margaret's Bay,
England; and the life-line brought
sailor after sailor to shore, amid
the cheers of the rescuers. At last
only the captain remained on board.
The line was ready, the signal was
given; but the answering jerk did
not come. Again and again, for a
quarter of an hour, the question
passed along the line without reply.
At last, when hope was nearly dead,
the signal came; and the captain
was hauled, dripping, to shore. He
picked himself up, drew a small,
wet, quivering dog from his breast
pocket, and set it tenderly down.
Then he looked around, and said
in simple apology, "I couldn't find
the little brute anywhere!"

Use what talent you possess.
The work of the world is done
mostly by ordinary ability while
geniuses are waiting for splendid
opportunities.

No matter if you are hidden in
an obscure post, never content your-
self with doing your second best,
however unimportant the occasion.
—Gen. Phil. Sheridan.

HANDICAPPED.

The man who started to run a race in
chains and fetters would be visibly han-
dicapped. No one would expect him to
succeed. The man who runs the race of
life when his digestive and nutri-
tive organs are diseased is equally
handicapped. In the one case his
strength is over-
weighted, in the other it is under-
mined. Success demands above
all else a sound stomach.

Doctor Pierce's
Golden Medical
Discovery cures
diseases of the
stomach and other
organs of diges-
tion and nutrition.
When this is done
food is perfectly
digested and as-
similated and the
body receives strength in the only way
in which strength can be given—by the
nutrition derived from digested and as-
similated food.

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describe with pen," writes James B. Ambrose,
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"I was taken with what our physicians here
said was indigestion. I doctored with the best
around here and found no relief. I wrote to
you and you sent me a question blank to fill out,
and I did so, and you then advised me to use
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three bottles and I felt so good that I stopped,
being cured. I have no symptoms of gastric
trouble or indigestion now."

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as good."

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