LEMON SNAPS.

Cream a large cup of sugar with two-thirds of a cup of butter; add half a teaspoonful of soda dissolved in two tablespoonfuls of hot water; flavor with lemon juice and a little of the grated yellow rind and add flour enough to roll out thin. Keep the dough as cold as possible and the cakes will be nicer and crispier. Take just enough dough each rolling to make a large pan full of cakes. If the dough is soft and more flour is added the cakes will be a failure. This can be avoided by keeping the dough chilled.

SKIN-TORTURED BABIES

And Tired, Fretted Mothers

Find Comfort in Cuticura Soap and Ointment

When All Other Remedies and Physicians Fail.

Instant relief and refreshing sleep for skin-tortured babies and rest for tired, worried mothers in warm baths with Cuticura Soap, and gentle anointings with Cuticura Ointment, purest of emollient skin cures, to be followed in severe cases by mild doses of Cuticura Resolvent. This is the purest, sweetest, most speedy, permanent and economical treatment for torturing, disfiguring, itching, burning, bleeding, scaly, crusted and pimply skin and scalp humours, with loss of hair, of infants and children, as well as adults, and is sure to succeed when all other remedies and the best physicians fail.

The agonizing itching and burning of the skin, as in eczema; the frightful scaling, as in psoriasis; the loss of hair and crusting of the scalp, as in scalled head; the facial disfigurement, as in acne and ringworm; the awful suffering of infants, and anxiety of worn-out parents, as in milk crust, tetter and salt rheum,—all demand a remedy of almost superhuman virtues to successfully cope with them. That Cuticura Soap, Ointment and Resolvent are such stands proven beyond all doubt. No statement is made regarding them that is not justified by the strongest evidence. The purity and sweetness, the power to afford immediate relief, the certainty of speedy and permanent cure, the absolute safety and great economy have made them the standard skin cures and humour remedies of the civilized world.

Cuticura Resolvent, liquid and in the form of Chocolate Coated Pills, Cuticura Ointment and Cuticura Soap are sold throughout the world. Depots: London, 27 Charterhouse Sq.; Paris, 5 Rue de la Paix; Australia, R. Towns & Co., Sydney; Boston, 137 Columbus Ave. Potter Drug & Chemical Corp., Sole Proprietors.

☞ Send for "How to Cure Skin Tortures," etc.

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FLEET-FOOTED DOGS.

Comparatively few people realize of what remarkable speed dogs are capable. Some remarkable statistics in regard to this have been gathered by M. Dusolier, a French scientist. After pointing out the marvellous endurance shown by little fox terriers, who follow their masters patiently for hours while the latter are riding on bicycles or in carriages, he says that even greater endurance is shown by certain wild animals that are akin to dogs. Thus the wolf can run between fifty and sixty miles in one night, and an arctic fox can do quite as well, if not better. Nansen met one of these foxes on the ice at a point more than seventy miles northwest of the Sanikow territory, which is 480 miles from the Asiatic coast.

Eskimo and Siberian dogs can travel forty-five miles on the ice in five hours, and there is one case on record in which a team of Eskimo dogs travelled six and a half miles in twenty-eight minutes. According to M. Dusolier, the speed of the shepherd dogs and those used in hunting ranges is from ten to fifteen yards a second. English setters and pointers hunt at the rate of eighteen to nineteen miles an hour, and they can maintain this speed for at least two hours. Fox hounds are extraordinarily swift, as is proved by the fact that a dog of this breed once beat a thoroughbred horse, covering four miles in six and a half minutes, which was at the rate of nearly eighteen yards a second. Greyhounds are the swiftest of all four-footed creatures, and their speed may be regarded as equal to that of carrier-pigeons. English grey-hounds, which are carefully selected, and which are used for coursing, are able to cover at full gallop a space between eighteen and twenty-three yards every second.—*Our Animal Friends.*

SOMETHING ABOUT GIVING.

"Aunt Lena, if I were rich, I would give ever so much to the poor!" said Bessie, who had just finished reading about a wealthy lad's charitable act toward the poor.

"And what would you give them, Bessie?" asked her Aunt Lena.

"O food and clothes to make them comfortable; and to please the little boys I would give them lots of balls, sleds, and tops; and to the litlle girls I would give boxes and boxes of dolls," Bessie answered. "But why don't you give the poor some of these nice things now?" Aunt Lena asked, stroking one of the girl's long curls.

"Why, auntie, you know I have no money!" exclaimed Bessie, widely opening her brown eyes.

"But you have three dolls, any one of which would no doubt make little Mary Flanagan very happy," auntie said.

"But I think ever so much of all my dolls, and I couldn't bear to part with one," said the little girl.

"Then you would like to be rich, so that you could give to the poor only such things as you would not miss out of your great abundance? Is that true charity to the poor, little niece?" and Aunt Lena took the rosy-cheeked face between both hands.

"No-o, auntie," said Bessie, and then jumped up.

"Where are you going, Bessie?"

"I am going to dress Rosamond and Rosalie, my two next best dolls, and give to Mary Flanagan and Kate Humel, and I think I will shine the runners of my sled and give it to Katie's little brother, Johnnie, for though I dearly love to coast down the hill, I think he will enjoy it more, for he has never had a sled."—*Olive Plants.*

A BUTTERMILK BATH.

There is nothing that equals fresh buttermilk for removing tan, freckles, sunburn, or moth spots. It has the great advantage that it does not injure the skin, but renders it soft like a little child's. Take a soft cloth or sponge and bathe the face, neck, and arms thoroughly with buttermilk before retiring for the night, then wipe off the drops lightly. In the morning wash it thoroughly, and wipe dry with a crash towel. Two or three such baths will take off all the tan and freckles. It will keep the hands soft and smooth. The acid of the buttermilk in this connection is very efficacious.—*Family doctor.*

HEALTH FOR BABY IN WINTER.

Winter is coming on when baby will of necessity be confined to the house a great deal. Unless his constitution is rugged the close confinement will soon tell on his health. An occasional dose of Baby's Own Tablets will act as a safeguard during the winter months. If begun before the winter arrives mothers can be reasonably certain that their little ones will retain good health during the months of indoor confinement. Baby's Own Tablets cure indigestion, sweeten the stomach, break up colds, prevent croup, regulate the bowels and keep baby healthy and happy. Concerning the Tablets, Mrs. G. G. Sawyer, Clarenceville, Que., says: "I have used Baby's Own Tablets for my little girl and find that they are the very best medicine that I can give her."

Baby's Own Tablets are sold at 25 cents a box by all medicine dealers or may be had direct by addressing The Dr. Williams' Medicine Co., Brockville, Ont. Remember they are guaranteed to contain no poisonous drugs—they cannot possibly do harm and always do good.

DIED AT HIS POST.

A few weeks ago an engineer, whose train was approaching the city of Montreal, Canada, saw a large dog standing on the track ahead. The dog was barking furiously. The engineer blew his whistle, yet the hound did not budge. The train thundered on, and the poor creature crouched low. In another instant the dog was struck and hurled high in the air. Some bits of white muslin on the cowcatcher caught the engineer's eye, and so, halting the train, he ran back to the spot where the accident had occurred. By the side of the dead dog was a dead child, which probably had wandered on the track and fallen asleep. The poor, watchful guardian had given its signal for the train to stop, but, unheeded, had died at its post, a victim to duty.—*Pluck.*

FOR A BEE-STING.

One of the best possible remedies for a bee-sting is the juice of a roasted onion. Roast the onion in the ashes, if possible, and squeeze the juice out, hot as can be borne, on the affected part. This simple remedy, applied in time, has been known to save life.—*The Household.*

To remove the scales of a fish, dip it quickly into boiling water.

COUGHING ALL NIGHT.

It's this night coughing that breaks us down keeping us awake most of the time, and annoying everybody in the house. Lots of people don't begin to cough until they go to bed. It gets to be so that retiring for the night is an empty form, for they cannot rest.

Adamson's Botanic Cough Balsam makes life worth living to such people by its soothing effect on the throat. The "tickling sensation" promptly disappears when the use of the Balsam is begun, and the irritation goes with it. This medicine for coughs hasn't a disagreeable thing about it, anp does efficient service in breaking up coughs otit fong standing. It is prepared from barks, roots and gums of trees, and is a true specific for throat troubles.

Handling coughs is a science that every one should learn. Not knowing how to treat them has cost many fortunes and many lives. In Adamson's Balsam there are the elements which not only heal inflammation, but which protect the inflamed parts from further irritation. The result of this is that the tendency to cough does not manifets itself, and you are surprised at it. Afterward you would not be without Adamson's Balsam at hand. This remedy can be tested. 25 cents at any druggist's.

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Dyspepsia, Boils, Pimples, Headaches, Constipation, Loss of Appetite, Salt Rheum, Erysipelas, Scrofula, and all troubles arising from the Stomach, Liver, Bowels or Blood.

Burdock Blood Bitters

Burdock Blood Bitters

Mrs. A. Lethangue, of Ballyduff, Ont., writes: "I believe I would have been in my grave long ago had it not been for Burdock Blood Bitters. I was run down to such an extent that I could scarcely move about the house. I was subject to severe headaches, backaches and dizziness; my appetite was gone and I was unable to do my housework. After using two bottles of B. B. B. I found my health fully restored. I warmly recommend it to all tired and worn out women."