

Our Young People

This department is in the interest of the Free Baptist Young People's Societies.

OFFICERS

F. B. Y. P. League of New Brunswick.

PRESIDENT, Rev. A. D. Paul, Gibson.
VICE-PRESIDENTS: First District, Ernest Bloods worth, Second District, Rev. F. A. Currier, M. A. Third District, Rev. F. C. Hartley, Fourth District, Miss Florence Alexander, Fifth District, J. G. Perry, Sixth District, Miss S. B. Dunfield, Seventh District, J. C. McNichol.
RECORDING SECRETARY, Rev. A. A. Rideout, Marysville.
ASSISTANT RECORDING SECRETARY, E. G. Parlee, St. John.
CORRESPONDING SECRETARY, Rev. F. C. Hartley, Fredericton, N. B.
TREASURER, T. A. Lindsay, Woodstock.
AUDITOR, S. H. Hagerman, Fredericton.
PRESS COMMITTEE, Miss Gertrude Hartley, (Chairman), St. John, West; A. F. Brehaut, Fredericton, N. B.; Miss Helen Snow, Palmer, Mass.

F. B. Y. P. Union of Nova Scotia

PRESIDENT, Rev. J. E. Gosline, Barrington.
VICE-PRESIDENTS, Rev. J. W. Smith, Miss Etta VanHorne, Mrs. Chas. Ross.
RECORDING and CORRESPONDING SECRETARY, Mrs. A. M. McNinch, Chegoggin, Yarmouth Co.
TREASURER, Mrs. G. M. Nelson, Pubnico Head Yarmouth Co.

OUR TOPIC TALK.

May 17.—The lad with the loaves and fishes. John 6:9-13.

Christ was not satisfied with a mere feeling of sympathy for the hungry multitude; he put his sympathy into action and fed them. Nor did he wait to procure more and better provisions; he used the material at hand.

As Jesus distributed to the multitude by means of the disciples, so to-day he would minister to the needy world through the medium of Christians. Most of us feel that we have only a few loaves and fishes with which to meet the demands. Philip said these are not enough, and he was right. The food itself was utterly inadequate for the occasion, but Christ was sufficient.

The disciples did not know that Christ's presence could give increased power to that which men call helplessness, but this miracle should have taught them that truth. Have we learned it? Have we learned that all earthly means can be made sufficient only in Christ? Our sense of inadequacy may become the beginning of a divine strength; for just as the disciples, by bringing him their weakness, had it converted into power, so do we, by consecrating to him such ability as we have, receive a touch which transforms our weakness into strength.

The giver profits as much as the recipient. The fragments gathered up left with the disciples more than they had at first. It is a joyous profiting. He who ministers Christ, the bread of life, to needy souls, has a happiness which knows no bounds. S. J. C.

NOTES.

The following notes, culled from the Y. P. page in the *Morning Star*, may be read by us with as much profit as by our sister workers across the "Line." While busy with external cleaning, let us not forget the internal cobwebs.

Springtime has come. House-cleaning time. A good time to have a general cleaning up and cleaning out in your society.

Hunt up all your unused, impracticable, useless plans and methods of the past. Sweep them all away. Be merciless. Be impartial. Some may be precious to you, but, if useless, your society has no use for one of them.

Make room for new plans, new methods, new thoughts, new suggestions. Do not find place for everything which may be proposed. Do not admit everything which has been tried, however

successfully, in another society. "One man's food may prove another man's poison." What may help another society may wreck ours.

Be careful. Our young people's papers have many excellent suggestions as to what can be done, as to what should be done. This is true. It is also true that they sometimes describe and suggest things which your society, for various reasons, cannot safely attempt. Weigh carefully, pray over, consider, talk over new plans before you even advocate them in your work.

Keep down (it is hard work sometimes to do this) that enthusiastic, lively, impetuous, self-willed member who, having seen or heard of something new, at once wishes to have it tried. The plan may have been seen in a magazine, a weekly; it may have been tried by another society; it may have had its birth in the profound and mysterious recesses of his own brain. He wishes at once to push it through. Do not be too conservative. Do not be too radical. Do not be too enthusiastic, too impetuous, too easily led.

Clean out. Select. Reject. Time is wasted (also money, energy, talent — perhaps, young lives) in the trying of impracticable schemes, new plans, suggested ideas, "peculiar things," simply because some one has thought them out who wants their own way. Time is gained when we adopt plans likely to help our own society: likely to help, to strengthen, to succeed. Always suspicion plans which are not born out of prayerful thought. God waits to tell us what to do. We need to wait to hear his voice.

Never accept new plans and methods which will not bear the closest light of the Holy Spirit. Avoid all doubtful, questionable, uncertain plans. Avoid all compromises with right. Do not consult Mr. Policy too much. He is a dangerous advisor. Do not be led away into possible or even probable financial, social, entertainment success without looking at the probable, possible, spiritual results. Divine approval is more important than seeming success. Let your amusement your fun, your laughter be rational, pure, recreative, developing, soul-strengthening, faith-increasing, and love-deepening, man-ennobling, God-glorifying.

Some Ways of Improving Our Societies.

How often we hear such questions asked as: How can we make our Endeavor more interesting? or, How can we get the members and others to take a deeper interest in our Endeavor work? Let me give two or three practical suggestions in answer to the above questions. These I have learned from experience by visiting Endeavor societies throughout the province. I do not purpose to say anything new, but merely to bring the minds of the readers of the *Banner* a few things many of them know.

In the first place, the active members should be present every night and take part. Now I do not mean by that to be present and read a verse or make a few remarks merely for form's sake or because the pledge requires it. I mean much more than that. It in reality implies:

1. Prayer before going to the meeting. A few words of earnest, thoughtful prayer to prepare the heart for a blessing, to remove all worldly cares from our minds, may do a vast amount of good

towards making our meetings more spiritual.

2. Preparation of the lesson before going. This is one of the most important parts of our Endeavor work. Do not leave the lesson till you go to the meeting and there talk *ex tempore* for ten minutes and, in reality, say nothing. It is little wonder that our meetings are sometimes dull when its members do not live up to the spirit rather than the letter of the pledge.

3. Let your remarks be short and to the point. Of course this implies careful preparation. If you have nothing to say, keep your seat and don't take up the time that might be better filled by others. All the active members are expected to take part, and this is impossible where there are a few members who speak too long.

Just a word or two as to the duty of active members. Be in earnest. No man ever yet attained any degree of worldly success who worked in a half-hearted way. And how much more ought we, when so much depends on our work; when we may be the means of saving a soul from death and hiding a multitude of sins, how much more ought we to be in earnest, even when our own souls and those of others depend on it? Christ wants no sluggards in his vineyard. Be consistent. It has been said that more harm is being done to Christ's kingdom by inconsistent Christians than by the liquor traffic. What an awful charge to lay at the doors of professing Christians! Fellow-Christians, are you by your inconsistency marring Christ's kingdom? If so, cast off your hypocritical cloak and put on one stamped "out and out for Christ," or do not profess to be a Christian. Let us be sure that we realize that part of our pledge which says, "that so far as I know how I will endeavor to lead a Christian life."

And now just a few words about the associate members. It devolves on the active members to get them and take care of them. As associate members they are trained to become active members. Get them to take part either by a short prayer, a few remarks, or even by reading a verse of suitable Scripture. It will give them a greater interest in the work and make them more thoughtful, until at least they will realize Christ's need for them and become active members in his service.

If we want to have good Endeavor meetings we must go to them expecting a blessing, with our hearts prepared for it, and a desire to help others by a few carefully prepared words on the lesson.

IN, BUT NOT OF, THE WORLD.

There is a plant called samphire, which grows only on cliffs near the sea. But, though it grows near the salt waves, yet it is never found on any part of a cliff which is not above the reach of the tide. On one occasion a party or shipwrecked sailors flung ashore were struggling up the face of precipitous rocks, afraid of the advancing tide overtaking them, when one of their number lighted upon a plant of samphire, growing luxuriantly. Instantly he raised a shout of joy, assuring his companions by this token that they were now in safety. The sea might come near this spot, and perhaps cast up its spray, but would never be found reaching it. Such is the position of a soul in Christ; justified and united to him, the person may be in full sight still of the world's threatening and angry waves; but he is perfectly safe and cannot be overwhelmed. —A. Bonar.

"I sleep well enough at night,
And the blamest appetite
Ever mortal man possessed."

Riley's farmer is the very picture of a man advanced in years, yet in the enjoyment of perfect health. A good appetite, good digestion and sound sleep, are the chief factors in

a vigorous old age. Life is sustained by food, when it is properly digested and assimilated. When digestion fails, there is a loss of nutrition which soon shows itself in physical weakness, nervousness, sleeplessness, etc.

Doctor Pierce's Golden Medical Discovery cures diseases of the stomach and other organs of digestion and nutrition. It strengthens the body in the only way possible, — by enabling the assimilation of the nutrition extracted from food.

"I used ten bottles of Dr. Pierce's Golden Medical Discovery and several vials of his 'Pleasant Pellets' a year ago this spring, and have had no trouble with indigestion since," writes Mr. W. T. Thompson, of Townsend, Broadwater Co., Montana. "Words fail to tell how thankful I am for the relief, as I had suffered so much and it seemed that the doctors could do me no good. I got down in weight to 125 pounds, and was not able to work at all. Now I weigh nearly 160 and can do a day's work on the farm. I have recommended your medicine to several, and shall always have a good word to say for Dr. Pierce and his medicines."

The Common Sense Medical Adviser, 1008 pages, in paper covers, is sent free on receipt of 31 one-cent stamps to pay expense of customs and mailing out. Address Dr. R. V. Pierce, Buffalo, N. Y.

EYE GLASSES

Anything the matter with your eyes? Can't see as well as you used. If so, call at

Wiley's DRUG STORE.

and get your eyes tested. Won't cost you anything to find out. No charge for consultation.

FIRST CLASS LINE OF
SPECTACLES
AND
EYE GLASSES
TO SELECT FROM.

WILEY'S

206 Queen St., FREDERICTON, N. B.

Every Mother

is called upon to cure
Cuts—Sprains—Bruises.

Painkiller

does it rapidly. Nothing like it for children. A few drops in hot sweetened water cures

Cramps—Colic and
Summer Complaint.

There's only one Painkiller, PERRY DAVIS.