IT IS BETTER.

6

Keep a smile on your lips; it is better To joyfully, hopefully try,
For the end you would gain, than to fetter Your life with a moan and a sigh.
There are clouds in the firmament ever The beauty of heaven to mar,
Yet night so profound there is never But somewhere is shining a star.

Keep a song in your heart; it will lighten The duty you hold in your hand;
Its music will graciously brighten The work your high purpose has planned.
Your notes to the lives that are saddened

May make them to hopefully yearn, And earth shall be wonderfully gladdened By songs they shall sing in return.

Keep a task in your hands, you must labor; By toil is true happiness won;
For foe and for friend and for neighbor, Rejoice there is much to be done.
Endeavor, by crowning life's duty With joy-giving song and with smile,
To make the world fuller of beauty Because you were in it a while.

-Selected.

EASY WHEN WE'RE YOUNG.

An old teacher was once taking a walk through a forest with a scholar by his side. The old man suddenly stopped and pointed to four plants just at hand. The first was just beginning to peep above the ground and the second had rooted itself pretty well into the earth, the third was a small shrub, while the fourth and last was a full-sized tree. The tutor said to his young companion:

"Pull up the first."

The boy easily pulled it up with his fingers. "Now pull up the second."

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The youth obeyed, but not so easily.

"And now the third."

THE KING'S HIGHWAY.

God will put up with a great many things in the human heart, but there is one thing He will not put up with in it—a second place.— John Ruskin.

If a pastor goes home to his church or circuit all dried up in his experiences, manifested by dry sermons, his church can rest assured he has been resting—from prayer. He has not with joy drawn water from the wells of salvation.

"We do not worship a dead Christ; we worship a living Christ, who enters into these lives of ours, and saves them, and sways them, and uplifts them to an ultimate perfection of strength and purity and beauty."

"The rise in the road is never as steep when you come to it as it looked when you saw it ahead."

"Christianity is a religion that will not keep; the only thing to do with it is to use it, spend it, give it away."

"Be sure that straightforwardness is more than a match at last for all the involved windings of deceit."—*F. W. Robertson.*

"The first untruth, the first profane word, the first evil of any kind, makes a pathway for others to follow. Be careful to guard against the first sin."

"The only question worthy of immortals is not what I can get out of life but what can I put into life."

"Fidelity in trifles and an earnest seeking to please God in little matters is a test of real devotion and love."

He that is choice of his time will be choice of his company, and choice of his actions.— Jeremy Taylor.

"What must I do to be saved, Believe on the Lord Jesus Christ, and thou shalt be saved."—Acts 10:30, 31.

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If your foot slip, you may recover your balance, but if your tongue slip, you cannot recall your words.—*Telugu Proverb*.

"Remember that your best friends are your father and mother, and have nothing to do with those who think otherwise."

"The habit of saving is a significant trademark upon any young man's life. And the habit of saving time is more important than the habit of saving money."

"Putting up with things that cannot be helped means courage; putting up with things that can be helped means cowardice.—Lutheran Young People.

"Every time that we yield to temptation,

It is easier for us to do wrong; Every time we resist temptation,

It is easier for us to be strong."

No one can ask honestly or hopefully to be delivered from temptation unless he himself has honestly and firmly determined to do the best he can to keep out of it.—John Ruskin.

"Censure and criticism never hurt anybody. If false, they cannot harm you unless you are wanting in character; and if true, they show a man his weak points, and forewarn him against failure and trouble."

Nothing is sweeter than love, nothing more courageous, nothing higher, nothing wider, nothing more pleasant, nothing fuller nor better in heaven and earth, because love is of God and cannot rest but in God.—*Thomas A. Kempis.*

Am I to thank God for everything? Am I to thank him for bereavement, for pain, for poverty, for toil?—Be still, my soul, thou hast misread the message. It is not to give thanks for everything, but to give thanks in everything.—George Matheson, D.D.

The boy had to put forth all his strength and use both arms to uproot it.

"And now," said the master, "try your hand upon the fourth."

But lo! the trunk of the tall tree grasped in the arms of the youth, hardly shook its leaves.

"This, my son, is just what happens with our bad habits. When they are young we can cast them out readily, but only divine power can uproot them when they are old.—Ex.

A HINT TO BOYS.

I stood in the store of a merchant the other day when a boy came in and applied for a situation.

"Can you write a good hand?" he was asked.

"Yaas."

"Good at figures?"

"Yaas."

"That will do; I do not want you," said the merchant.

"But," said I, when the boy had gone, "I know that lad to be an honest, industrious boy. Why don't you give him a chance?"

"Because he hasn't learned to say, 'Yes, sir,' and 'No, sir.' If he answered me as he did when applying for a situation, how will he answer customers when he has been here a month?"—Pittsburg Christian Advocate. "Once having determined in your conscience that you are sailing under the right colors, nail them to the mast."

Instead of a gem or even a flower, cast the gift of a lovely thought into the heart of a friend.—*George MacDonald*.

"It is the way of the transgressor that is hard. Christ's yoke is the only straineasing harness we can ever wear."

To keep calm and fair-minded toward those whom we dislike is a duty which is none the less real because difficult."

Never make a plan without seeking God's guidance; never achieve a success without giving God the praise.—A. T. Pierson.

He who is false to present duty breaks a thread in the loom and will find the flaw when he may have forgotten the cause.—H, W. Beecher.

Know the true value of time; snatch. seize, and enjoy every moment of it. No idleness, no laziness, no procrastination: never put off till tomorrow what you can do to-day.—*Earl* of *Chesterfield*. The short paragraphs used in this issue were selected from "The Presbyterian Record," which is an excellent monthly of about 44 pages. 68,000 copies are published monthly. Sample copies can be obtained free by addressing The Presbyterian Record, Y. M. C. A. Building, Montreal.

PATIENCE.

Sir Robertson Nicoll says on patience as a Christian grace: "Patience, of which our Lord speaks, is not the mere patience of nature. It is the patience of grace. It is the patience of hope and faith. It is not mere doggedness and resolution. It is something more than fortitude; it is the patience which not only keeps our true selves, but makes our true selves. It is a great thing to have the courage necessary to resist trouble. It is a far greater thing to have the patience that takes something out of trouble, something which makes a new character, something which anneals the spirit, something which gives a new power of discerning and loving and reverencing. To remain under pain and trouble and to live in spite of them is something, but far greater is the achievement which permanently enriches the soul."—Alliance Weekly.