

CANADIAN RED CROSS SOCIETY.

We are requested by the Red Cross Society to publish the following list of articles for the help of those who wish to contribute to their work:

The Red Cross Society is organized to collect money and goods for the relief of the sick and wounded in the war.

Head office and receiving warehouse, 77 King Street East, Toronto.

Needs of the Society:

1. **MONEY.** This is the first and most urgent need of the Society. It can at any moment be converted into the most necessary supplies and can be easily sent to any place.

2. **OTHER SUPPLIES.** As some persons—more especially the women of the country—can give work and not money; and as some goods are better made by hand than bought, the following suggestions are offered to individuals and working parties who are desirous of helping.

Women organized for sewing should not spend money on buying the supplies which have simply to be shipped away as bought, as these can be better bought at headquarters, but they are recommended to spend money on materials to work up into such garments as shirts, pyjamas, dressing gowns, bed jackets, night shirts; or socks, wristlets, mitts, cholera belts and scarves; or kit bags, all of which require careful making.

All the articles enumerated under A, B, C and D are needed unless notice to the contrary is sent out.

A.—Garments.

In making these garments, Butterick's patterns are approved by the British Red Cross Society and should be used. Sets of 5 patterns will be issued to any women's society applying for them to the Superintendent of Supplies, 77 King St. East, Toronto, enclosing 10 cents for mailing. These patterns are presented to the Red Cross Society by the Butterick Publishing Co., and should only be used in Red Cross work.

This must not be understood to mean that no other patterns are useful, but these are suggested to standardize the work.

The following garments are required:—

Bed jackets (No. 129), flannel or eiderdown.

Pyjamas (No. 130), flannelette or lightweight flannel.

Night shirts, surgical (No. 133), cotton or flannelette.

Dressing gown (No. 132), heavy flannel or eiderdown.

Day shirts (No. 7003), lightweight flannel or flannelette (detachable collar, at least 16 1-2 inch). This pattern requires a 2 inch box pleat in the back.

All collars should be at least 16 1-2 inches, and should vary up to 18 inches. Mark all garments with size of collar and tie up each size in a separate parcel.

Bed socks—Cut two pieces of eiderdown the shape of a foot of a sock or moccasin, but considerably larger, and with four inches of leg. Sew the two pieces together down the back, along the sole, and over the top of the foot, leaving an opening in the leg at the front. Hem or face the top of the leg so as to form a casing, and in this run a tape, leaving the ends long enough to tie. When complete the socks should look like a pair of overshoes, or large boots.

B.—Knitted Goods.

Knitted Cholera Belts—Cast on 100 to 150 stitches, No. 13 steel needles; knit 3 inches rib-

bed, knit on to No. 9 bone needles, and knit 8 inches plain; knit on to the steel needles again and rib for 3 inches. Sew up the back. Cast on and take off loosely. Fingering yarn No. 5, in natural or pale grey; soft quality.

Cast on and cast off very loosely.

Many men prefer woven belts. These can be obtained in three sizes, wholesale, for less than 30 cents each. Flannel belts are also used.

Socks.—With heels, are best; in three sizes, 10 in., 10 1-2 in. and 11 in. foot. For the British army these are made in heavy grey yarn of good quality (wheeling), and sizes are distinguished in the following way:—

Socks with 10 in. foot have six rows of red wool in the ribbing about one inch from the top of the leg of sock.

Socks with 10 1-2 inch have similar stripe in bright blue wool.

Socks with 11 inch foot have similar stripe in white wool.

With 4-ply yarn use No. 14 steel needles, casting on about 64-72 stitches.

The toe should be very carefully finished so that there is no "ridge" in casting off. "Darning in" the stitches when reduced to 20 is the most satisfactory method of finishing the toe.

Socks knit of poor quality wool are almost worthless.

Scarves—72 inches long, 9 inches wide, in grey of khaki. Loose stitch.

Sleeping or Balaclava Cap.—(A very simple pattern)—No. 9 bone needles. 4-ply yarn in grey or khaki.

Begin with 48 stitches and knit two laps of 48 stitches each, 2 inches deep of 2 and 2 rib, 96 stitches in all. Then join the flaps by knitting on to four needles.

Knit 10 stitches of 2 and 2 rib.

Cast off 30 stitches and leave a space 1 1-2 inches deep, then cast on 30 stitches again and knit as before six inches before shaping the top. To shape the top knit two stitches together every alternate stitch. Knit one row plain. Repeat these two rows until only about 30 stitches are left on the needles, then decrease every other stitch each row.

Wristlets—Grey or khaki. 4-ply fingering. No. 14 steel needles. (4).

Cast on about 60 stitches; rib for 9 inches. Cast off loosely. A hole for the thumb may be left if desired, so that the wristlet can be used as a mitt.

Mitts—3 oz., of 4-ply yarn. Grey or khaki. 6 needles, No. 14.

Knit like ordinary man's glove, but cast off fingers and thumbs after knitting 2 inches, leaving tops open.

C.—Hold Alls or Kit Bags.

Kit Bags or Hold Alls—(To hang over soldier's cot in hospital.)

Coarse linen or canvas, about 16 inches x 24 inches, with rings at corners to hang by. Pockets containing comb, brush, tooth-brush and paste. Towels, wash-cloth, soap. Pair of pyjamas and socks, and soft slippers. Also 12 sheets of paper, envelopes in rubber band, and pencil, etc.

D.—Bedding.

No pillows or pillow slips required.

Sheets, 60 x 90. Ready laundered. Good quality not necessary.

Towels—Huckabuck or Turkish.

Washcloths—Assorted.

Blankets—Grey or brown. 80 x 60.

E.—Medical Supplies.

Pneumonia jackets—Of cotton wool and cheesecloth, should only be made under direction of nurse or doctor.

Bandages—Bandages 2 in., 2 1-2 in., 3 in.

and 4 in., to be made of good factory cotton or old sheets in good condition. Length, 5 yards, to be used as outside bandages. No other bandages should be made, as they will be bought with medical supplies.

Handkerchiefs—(for the hospital)—Should be of unhemmed cheesecloth, 18 x 18, laundered. Tie up in dozens.

Men's handkerchiefs, of ordinary size, ready laundered, are also acceptable. Tie up in dozens.

Money is urgently needed to purchase rubber goods, invalid foods, drugs and other hospital appliances.

Packing and Shipping Directions:—

1. Launder all cotton goods, also socks and belts, carefully, before sending them.

2. Tie up all articles in dozens or half-dozens, according to size and material.

3. Bed socks, socks, wristlets, mitts and gloves should be lightly sewn together in pairs, not pinned. Bandages should be fastened by safety pin.

4. Lists of contents should be placed inside and outside every parcel, and a copy also forwarded by mail to the destination of the package.

5. Almost all railways and express companies are carrying Red Cross packages free of charge, but charges should be paid at point of despatch and the receipt forwarded to the secretary, 77 King St. East, Toronto, who will make, in due time, a general application for refunds.

6. To avoid expense and trouble in handling packages, it is suggested that no single package should weigh more than 150 pounds.

7. As far as possible, only one kind of article should be packed in each package; e.g., a case of sheets, a case of socks, etc., etc.

8. Small parcels can always be sent in to the head office, or provincial receiving centres, but no large shipments of goods should be made without consulting the head office as to the correct destination of the goods, as shipping instructions must vary with the season.

A SAD OCCURENCE.

Kenneth H. Barr, son of Mr. and Mrs. Fred Barr, of Lower Queensbury, York County, while crossing the river on the ice opposite Hammondville December 14th, skated into an air hole and was drowned. It was a great shock to the whole community. The funeral service was held at the Baptist church at Macinqua on the 17th, conducted by Rev. A. E. Allaby, assisted by Revs. Mr. Thompson (Congregationalist), and S. A. Baker of Fredericton. A large congregation gathered and a very affecting service was held. Selections were sung by the choir and by Dr. Robinson and Rev. S. A. Baker. Brother and Sister Barr have the sincere sympathy of the whole community. Kenneth Barr was 21 years of age, and was highly respected by all who knew him.

We appreciate the many good words for the Highway—it encourages us, but don't puff us up, but make us feel more like humbling ourselves at the feet of our blessed Master who permits us to work for Him.

When a young evangelist who receives his education at "Brush College," but has splendid natural ability as a preacher, comes out with B. D. to his name, we know that it only means—bought dignity.—Rev. W. E. Smith.