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KEEP THE TONGUE.

Keep it from unkindness. Words are sometimes wounds. Not very deep wounds always, and yet they irritate. Speech is unkind sometimes when there is no unkindness in the heart; so much the worse that unintentionally pain is caused.

Keep it from falsehood. It is so easy to give a false coloring, to so make a statement that it may convey a meaning different from the truth while yet there is an appearance of truth, that we need to be on our guard. There are very many who would shrink from telling a lie who yet suffer themselves in such inaccurate or exaggerated or one-sided statements that they really come under the condemnation of those whose "lying lips are an abomination to the Lord."

Keep it from slander. The good reputation of others should be dear to us. Sin should not be suffered to go unrebuked, but it should be in accordance with the Scripture method: "Go and tell him of his fault between thee and him alone." And it should be borne in mind that what is too often considered as merely harmless gossip runs dangerously near, if it does not pass, the confines of slander. A reputation is too sacred to be made a plaything of, even if the intent be not malicious.—Selected by Mrs. R. Moffatt in Holiness Era.

BIBLE READING.

Our only safeguard amid the babel of opinion around us is a fuller and more accurate knowledge of Holy Scripture. This alone will enable us to distinguish, in teaching new to us, the true from the false. And it is not too much to hope that such fuller knowledge will not only preserve us from disquietude, but will reveal to us a nearer and a clearer view of the Son of God, and thus work in our hearts and lives a richer likeness to Him. And this is the true aim of all Biblical scholarship.—Joseph A. Beet.

"WATCH AND PRAY."

We need to watch our prayers as well as for the answers to our prayers. It needs as much wisdom to pray rightly as it does faith to receiv, the answers to our prayers.

We met a friend the other day, who had been in years of darkness because God had failed to answer certain prayers, and the result had been a state bordering on infidelity.

A very few moments were sufficient to convince this friend that these prayers had not been entirely unauthorized, and that God had never promised to answer such prayers, and they were for things which this friend should have accomplished himself, in the exercise of ordinary wisdom.

The result was deliverance from a cloud of unbelief which was almost wrecking a Christian life. There are some things about which we do not need to pray, as to take the light which God has already given.

Many persons are asking God to give them peculiar signs, tokens and supernatural intimations of his will. Our business is to use the light that He already has given, and then He will give whatever more we need. "Days of Heaven on Earth."—A. B. Simpson.

OBITUARY.

Harry R. Graham.

On January 5th at the home of his parents, Thomas and Bertha Graham, of Lower Royalton, Harry L. Graham entered into rest in his 21st year. Some weeks before his death he met with an accident while working on a bridge being constructed. He was sent aloft on a derrick and fell a considerable distance, striking a plank which broke and let him into the stream. The fall caused appendicitis to develop and when operated upon the doctors found the appendix in a gangreneous condition. Harry put up a brave fight for life, but though everything was done which loving hands could do the gangrene spread and his suffering became intense and he prayed and desired others to ask the Lord to take him. Some time before his death he told his mother he was going to make a change in his life and later requested others to meet him in heaven. He much regretted that his failing strength would not allow him to be baptized

Much sympathy is felt for the bereaved family. Interment was made in the cemetery at Tracy Mills. Rev. H. R. Beil conducted the services, being assisted by Rev. I. F. Reirstead.

Henry Thomas.

On February 2nd, at Centreville, N.B., Henry Thomas passed away from this life in the seventy-second year of his age, after a nillness of about three weeks. The cause of his death was a general breakdown. He leaves to mourn his wife, four sons and two daughters also a host of friends. He had been an earnest Christian for several years and expressed his desire to depart and be with Christ.

Interment was made in the Centreville cemetery on Tuesday, 5th inst. The sermon was preached by RRev. I. F. Keirstead, of Royalton, assisted by Rev. H. R. Bell. Much sympathy is felt for the widow and bereaved family. "Blessed are the dead which die in the Lord."

REASONS WHY WORRY IS WRONG.

- 1. Because it is fruitless— It accomplishes nothing. "Which of you by being anxious can add one cubit to his stature?" Matt. 6:27, R. V.
- "There is no reward for worry, there is much reward for rest."
- 2. Because it Injures Our Bodies. "A merry heart is a good medicine; but a broken spirit drieth up the bones." Prov. 17:22.
- 3. Because it Causes Us to Make Mistakes. When our hearts are agitated we cannot have a sound judgment.
- 4. Because It Leads to Sin.—"Fret not thyself; it tendeth only to evil doing." Ps. 37:8, R. V. Worry leads almost invariably to impatience and irritability.
- 5. Because it is Unlike Jesus.—We read of Christ being grieved, sorrowful, etc., but never of His being worried; and when we are seen anxious and troubled, it reminds those around us "more of the absence of Jesus than of His presence within us."
- 6. Because it Interrupts Our Communion with God. F. B. Meyer says: "Two things come between our souls and unshadowed communion with God—sin and care. We must be as reso lute to cast our care on the Lord as to confess our sins to Him, if we would walk in the light as He is in the light."
- 7. Because it is Disobedience to God, who says, "In nothing be anxious."—Phil. 4:6. "The fruit of the Spirit is Peace."—H. G. in Bright Words.

TRUSTING THE PROMISES

'Behold, I give unto you power * * * over all the power of the enemy; and nothing shall by any means hurt you."—Luke 10:19.

Now use your authority. Have you been doing it? Step in where He leads you. "Every place where the sole of your foot shall tread upon, that have I given you." Let us take what the Master has won. Asking meant taking; it doesn't mean pleading with God. He is far more eager than ever we are. It means that in the Name of Jesus Christ, the blood-stained, the sinscarred, the Calvary-torn Jesus Christ, in His Name taking what He has won back. He gave us the right to use His Name, and we ought to appropriate and take in His Name, house after house, and square foot of ground after square foot of ground, and man after man,-to take these from the enemy in Christ's great Name.— S. D. Gordon.

GOD CARES! DO WE?

Forget not that your first and principal busi ness as a disciple of Christ is to give the Gospei to those who have it not. He who is not a missionary Christian will be a missing Christian when the great day comes of bestowing the rewards of service. Therefore ask yourselves daily what the Lord would have you do in connection with the work of carrying the news of salvation to the perishing millions. Search carefully whether He would have you go yourself to the heathen, if you have the youth and fitness reequired for the work. Or, if you cannot go in person, inquire diligently what blood mort gage there is upon your property in the interest of foreign missions, how much you owe to the heathen because of what you owe to Christ for redeeming you with His precious blood. I warn you that it will go hard with you when your Lord comes to reckon with you, if He finds your wealth hoarded up in needless accumulations instead of being sacredly devoted to giving the Gospel to the lost.—Sel.

"Life must be lived on the installment plan, a day at a time. God promises no grace for tomorrow, but supplies help for today. The habit which some people have of living life in future tenses involves them in a host of difficulties and discouragements. It has been justly remarked that if men were called to face the work of a whole life at any moment, the strongest man would fail; but because the work is divided into fragments, the weakest man if he has courage, is able to carry the load. The true way fo living is to take one day at a time, and to live that day with God."

Do good while you can. The opportunity which offers itself today may be gone tomorrow. Speak the kind word now; hold out the helping hand; show yourself a brother indeed. All around you, and likely enough under your own roof, there are souls which need the very services that you can easily render. You are defrauding them of their just claims, and, what is more, you are doing yourself an irreparable damage. The life of absolute selfishness which you are leading will inevitably deaden all the finer sensibilities of your heart, and make you a poor shrunken creature, of little use to God or the world. We beg you to beware of being overtaken by such a fate.—Pittsburg Christian Advocate.