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YOUNG PEOPLE'S PAGE

"Let no man despise thy youth"—I. Timothy 4-12

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HAVE COURAGE, MY BOY, TO SAY "NO."

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You're starting, my boy, on life's journey, Along the grand highway of life; You'll meet with a thousand temptations, Each city with evil is rife. This world is a stage of excitement, There's danger wherever you go-But if you are tempted in weakness, Have courage, my boy, to say, "No."

The bright, ruby wine may be offered No matter how tempting it be, From poison it stings like an adder, My boy, have the courage to flee. The billiard saloons are inviting, Decked out in their tinsel and show, But if you are tempted to enter-Have courage, my boy, to say, "No."

In courage alone lies your safety, When you the long journey begin; Your trust in the Heavenly Father, Will keep you unspotted from sin. Temptation will keep on increasing, As streams from a rivulet flow, But if you'd be true to your manhood, Have courage, my boy, to say, "No."

-Anon

MEN WHO WIN

I once knew a man who would figure and and the deeds he intended to do, but when the time came to get into the game he never put anything through.

He would dream with a smile of the afterawhile, and the deeds he would do "pretty soon." He was all right at heart, but he never would start—he never could get quite in tune.

If he would have done half the things he'd begun, he'd be listed among those of fame; but he didn't produce, so he was of no use good intentions do not win the game.

It is easy to dream and to plan and to scheme, and let them drop out of sight, but the men who put through what they start out to do are the men who win out in the fight.— Edgar L. Jones in "Sunshine."

KEEP YOUR MIND By Grenville Kleiser

Keep your mind filled with strong, constructive, productive thoughts. Begin each day with a clear mental picture of what you most desire to accomplish, then earnestly work to that end. Every day there should be something greatly conceived and achieved. The more resolutely you stand upon the affirmative side of truth and righteousness, the more rapidly and surely will these supreme qualities be developed in your character and life. You can not too often reiterate to yourself the importance of right planning, right thinking and right doing. Waste no time on antipathies and antagonisms. Give your thought principally to practical things. Right interests and activities will keep your life sane and happy. Substitute performance for procrastination.—Free Methodist.

"In the world ye shall have tribulation: but be of good cheer; I have overcome the world." —John 16:33.

FACTS ABOUT THE CAMEL

Many Americans know just about three facts concerning the camel: he has a remarkable hump on his back, he is used as a beast of burden, and he can go without drinking longer than most animals.

To the Arab the camel means far more. Not only can he carry his master and most of his worldly goods, but he can supply, when necessary, nearly all the fundamental essentials of life.

The camel's flesh is decidedly edible. When young, it tastes like veal; and the hump, Arabs say, has the flavor of beef. The milk is excellent and nutritious, though it supplies no butter.

Food and drink are worth much; but this wonderful beast goes farther. He supplies much of the natives' clothing. Every summer the long hair is shorn and woven into a variety of articles—chiefly clothing and tent coverings. It was in camel's hair garments that John the Baptist appeared as a preacher. The thick hide of the camel makes good leather.

Food. drink, shelter, clothing, draft service, docility and reliability—surely this is a great deal from one animal. And what would the Arab do without him!-Our Dumb Animols.

"LOOK UP"

By M. McBrien, Amherst, N. S. Dear soul, so tempest tossed, and vexed, and tried,

Your loving Saviour's ever at your side, He knows those burdens, sees the tears that start,

Each leaves its impress on his loving heart. Alone you seem to stand at times for right, And oft your walk must be "by Faith, not sight."

Temptations goad you to a broader way, But always His dear voice you must obey.

Because he loves you so, he "checks" to guide; He knows you'll follow on, whate'er betide, And that no human claim could break the

Betwixt your heart and that of your dear Lord.

Each pleasure that for him you've laid aside, Each earthly gain, his love has you denied, Tenfold you shall receive, and in that land Well satisfied, your soul will understand.

When Satan whispers to you, "Does it pay?" And strews his tinselled lures along your way, Look up, away beyond his wiles and see The thorn crowned brow of Christ of Cal-

vary, To win your race, to gain your crown, to stand

Redeemed, and just to kiss his nail-pierced hand,

Will mean so much to you, 'twill well repay The "hardness" you endure for him today.

"Difficulties and obstacles are God's challenges to our faith. When hindrances confront us in the path of duty, we are to recognize them as vessels for faith to fill with the fulness and all-sufficiency of Jesus."-A. B. Simpson.

GLEANINGS

Associate Editor: MISS WYONETTA SARGESON

"Beware in your prayer, above everything, of limiting God, not only by unbelief, but by fancying you know what He can do. Expect unexpected things, above all that we ask or think."—Andrew Murray.

"Our Father, who seeks to perfect His saints in holiness, knows the value of the refiner's fire. Only the molten mass releases its alloy or takes perfectly its new form in the mold."—Arthur T. Pierson.

"Heroes are forged on anvils hot with pain, And splendid courage comes but with the test. Some natures ripen and some natures bloom Only on blood-wet soil; some souls prove great

Only in moments dark with death or doom."

I CAN TRUST

I know not why my path should be at times So straitly hedged, so strongly barred before; I only know God could keep wide the door; And I can trust.

I find no answer often when beset With questions fierce and subtle on my way, And often have but strength to faintly pray; But I can trust.

I often wonder, as with trembling hand, I cast the seed along the furrowed ground, If ripened fruit will in my life be found; But I can trust.

I cannot know why suddenly the storm Should rage so fiercely round me in its wrath; But this I know-God watches all my path, And I can trust.

I may not draw aside the mystic veil That hides the unknown future from my sight; Nor know if for me waits the dark or light; But I can trust.

I have no power to look across the tide, To see while here the land beyond the river; But this I know, I shall be God's forever; So I can trust. -Anon

IF I HAD MY LIFE TO LIVE OVER AGAIN

When I was but a lad, I went to hear the noted orator, Colonel Bain, of the State of Kentucky. I sat and listened, as I always do, with keen interest, to a public speaker. One thing impressed me that I have never forgotten. He said if he had his life to live over again, he would marry the same girl he married when just a young man.

I am now in what is termed the middle part of life's span from the cradle to the grave. In fact, I may be starting down the western slope. I am wondering about life itself. What are the things that stand out with great significance? Lord Byron was once asked what he would change if he had to live life over again. He replied by saying, "Nothing: unless not to have lived at all." We certainly would not agree with this statement. I have enjoyed life. I have seen many