PAUL'S IDEA OF ENOUGH

"Having food and raiment let us be therewith content." 1 Tim. 6:8.

YOUNG PEOPLE'S PAGE

"Let no man despise thy youth"—I. Timothy 4-12
Editor: REV. W. H. MULLEN, Westchester, N. S.

THE SINNER'S BIBLE

Speech is a mirror of the soul; as a man speaks, so is he.

EDITORIAL

TEN REASONS FOR BEING THANKFUL

1, For Life Itself.

"For thou hast delivered my soul from death: wilt not thou deliver my feet from falling, that I may walk before God in the light of the living?"

2. For Sufficient Food.

"Take no thought, saying, What shall we eat? or, What shall we drink? . . . for your heavenly Father knoweth that ye have need of all these things."

3. For Clothing.

"Why take ye thought for raiment? . . . if God so clothe the grass in the field . . . shall he not much more clothe you, O ye of little faith?"

4. For a Safe Place to Stay.

"And the work of righteousness shall be peace; and the effect of righteousness quietness and assurance for ever. And my people shall dwell in a peaceable habitation, and in sure dwellings, and in quiet resting places."

5. For Kind Friends.

"A friend loveth at all times . . . and there is a friend that sticketh closer than a brother."

6. For a Fruitful Land.

"He that tilleth his land shall be satisfied with bread . . . for the earth which drinketh in the rain that cometh oft upon it, and bringeth forth herbs meet for them by whom it is dressed, receiveth blessing from God."

7. For Freedom from Fear of Cruel Oppressors.

"I will both lay me down in peace, and sleep: for thou, Lord, only makest me dwell in safety."

8. For Allied Victories and Final Victory which is Near.

"Thine, O Lord, is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heaven and in the earth is thine; thine is the kingdom, O Lord, and thou art exalted as head above all."

9. For the Privilege of Being a Child of God.
"The Spirit itself boards

"The Spirit itself beareth witness with our spirit, that we are the children of God: and if children, then heirs; heirs of God, and jointheirs with Jesus Christ."

10. For the Assurance that "God is Still on the Throne."

"God is our refuge and strength, a very present help in trouble. Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea; though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof."

THE SIN OF WORRY

Worry hurts more than work, and, as Christians, we have no right to be the victims of worry, anxious care, depression and forebodings. Instead of complaints, let us try supplications, let us tell them to Jesus, and spread out our needs with "the presence chamber of the Almighty," where alone peace and strength abide.—George Muller.

Verna Patriquin\$5.20

Our burden is God's estimate of our carrying capacity.

DISTRICT NO. 1 Y. P. RALLY

The young people of District No. 1 are meeting for a Rally at Fort Fairfield, Maine, Oct. 13-15. Rev. and Mrs. B. C. Cochrane are the special workers. A great Rally is anticipated so plan to be there!

Y. P. RALLY, DISTRICTS NO. 2, 3

A combination Young People's Rally of Districts Nos. 2 and 3 will be held in the R. B. Church at St. John, N. B., October 6-8. Special speaker to be announced. Come!

RALLY ENTHUSIASM

Recently, in a short item on this page, we used the expression "a push and a prayer"—an expression which might well be used as a slogan for our Y. P. Rallies. We certainly should pray over these fall young people's gatherings, but oftentimes a good push is needed as much as the prayer. Success will come only as a result of the active co-operation of all—coupled, of course, with the blessing of God.

Our rallies are getting off to a good start with Dist. No. 4 leading the way. Y. P. Editor is sorry that he did not receive notice of dates and speaker for the latter rally, but we understand it has been held, and we hope with good success. Next in order will be the union rally of Districts 2 and 3, over the week-end of Oct. 6-8. announced on this page; and finally the rally of Dist. 1, Oct. 13-15, notice being already given.

What do you say, young people! Let's go! The more we put into these efforts the more blessing we will receive and the more our home societies will benefit. Let us stir up some genuine enthusiasm, and let us keep that enthusiasm.

PRAYER FOR OCTOBER

Carmen Malone
Dear God and Father of us all,

With grateful hearts we give thanks For beauty left in meadows, leas—

For blue fringed gentians on brook banks. For gorgeous woodland tapestry

Which every brilliant fall tree weaves In changing from a springtime green To crimson, russet golden leaves.

Dear God and Father of us all,
With humble hearts we would give praise
For crops that have been gathered in

Throughout the mellow harvest days.

Oh, let us in this new month learn

To seek the needy, love, and share, And grow more worthy to receive

Thy gracious gifts—this our prayer.

—Y. P. Standard.

FOR LOVE'S SAKE

The story is told of an old man who went around selling little boxes of "cement which could mend all family jars and even broken hearts." Some laughed and had him pass on. Others opened the tiny box for which they had paid a trifle, and found a small piece of paper on which was written the one word "love." Yes. it is the sure and only cure for family jars and broken hearts!—Evangelical Christian.

RALLY DELEGATES

The Y. P. Association at Beulah recommended that each society try to pay the way of at least one delegate to its district rally. This is a fine thought, and our societies would do well to follow the suggestion. Indeed, in what better way could several dollars of society funds be spent?

MINUTE BIOGRAPHIES OF GREAT CHRISTIANS

ADAM CLARKE

It will be most difficult to condense to one column even the broad outline of so great a character as Dr. Adam Clarke, LL.D., F.S.A.

Youth

Adam Clarke was born in the little town of Moybeg, Ireland, in 1760. As a boy he was given strict religious training, and by his own statement was led early "to read and study the Bible." His formal education, however, seemed to get off to a bad start, as young Adam was considered too stupid to learn. It was not until a fellow student made a cutting remark respecting his slowness that Adam began to exert himself, and reveal the genius beneath his placid exterior.

Conversion

Adam Clarke's religion had been only a formal cloak until he came under the influence of the Methodists in 1777, in which year he was genuinely converted at the age of 17.

Preaching

He soon felt the call to preach, and was influenced to attend Kingswood School, founded by John Wesley. At the age of 22 he became a circuit preacher, having been approved by Wesley himself. So young did Clarke appear that everywhere he went he was known as the "little boy," but his youth detracted not one whit from the depth and challenge of his messages. He was very active in the Channel Islands of Guernesy and Jersey, and promoted with great interest the work in the Shetland Islands. Clarke later rose high in the ranks of the fast spreading Methodist movement, serving three times as president of the English General Conference, and four times as president of the Irish Conference.

Writings

Clarke progressed far in classical learning since it was his conviction that one does not "fulfil the design of his Creator who does not cultivate his mind in all useful knowledge, to the utmost of his circumstances and power." He considered it part of his calling to bring this great knowledge to bear on the interpretation of the Bible. Clarke wrote several great works including a Biographical Dictionary, The Succession of Sacred Literature, Memoirs of the Wesley Family, and three volumes of Sermons; but his greatest work beyond all doubt is his Commentary on the whole Bible.

It is difficult to conceive of the tremendous amount of labor involved in such a work. Besides literally translating every word from the original Hebrew and Greek tongues, he compared each expression with the corresponding word in the Chaldee, Syriac, Arabic, Persian and Ethiopic manuscripts. Furthermore, he found so many allusions to the literature, arts, and science of the Old World civilization, that he could not adequately explain the Biblical reference until he had a working knowledge of their jurisprudence,