

living that we have never discovered before. If you never knew you had a body you will discover you have one when you begin to fast. The human will crave and cry for help, but we must not an dare not give in to it.

b. Fasting will give us a power that perhaps will not come to us any other way. When confronted by the demon possessed boy the disciples could not cast the devils out of him, although they had tried. Jesus said, "This kind goeth not out except by prayer and fasting". It might well be that most of the difficult cases that confront us in the world of spiritual and physical problems, could be resolved by the action and power of fasting. Prayer does not avail in some cases, but if we went further than praying and entered the realm of fasting, I wonder how soon some of our problems would disappear.

c. Fasting will further give us an insight into a fuller revelation of God's will. We will always be aware of a potential field of usefulness in the service of God. The future will hold for us a constant area of investigation in all matters respecting God's will. If fasting is in God's program for us, then by this exercise we will certainly have a clearer and brighter vision of the work of God to which we have been called.

IV. THE PROGRAM OF FASTING

It is difficult to determine or to discern what ought to be the individual attitude in this matter. We have many opinions perhaps, but we should at least be inspired to begin (if we haven't already) a system of fasting whereby we sense that this is God's will for me. Far be it from me to suggest to another when and how to fast—I must discern the will of God for my own life. But it would be wise, I think, to devise a program that will lead each one of us as Christian ministers to "make full proof" of our ministry.

In conclusion let me say that I believe these desperate days demand a desperate program to offset them. We all know the power of evil, the effects of materialism, the apathy of people towards Christianity, the apparent helplessness of the Christian church in the midst of such terrible chaos. What are we to do? Shall we resign ourselves to the situation and say nothing can be done? No, I believe that fasting added to our spiritual life will stem the tide of wickedness and we shall see God working for us in a new way. Dare we face the challenge of fasting and say with the help of God, I will endeavour to seek His will in this matter and take upon myself the responsibility to be ready to do what He would have me do in relation to this great spiritual exercise.

*Pastor, Saint John, N. B.

THE SHEPHERD'S LEADING

By F. B. Meyer

"He Leadeth Me." What a wondrous link between these two personal pronouns! The chasm between the Shepherd in glory and his poor sheep on earth might seem to be an infinite one, but it is bridged by this one sweet, tender word, "leadeth." As in the East the shepherd always precedes his flock to discover the greenest patches of grass and the least stony path, so does Jesus ever keep in front of the soul that trusts and loves him. And it is our part to allow as short a distance as possible between his footsteps and our own.

We take a long time ere we learn that the place of usefulness and blessedness is in following the lead of Jesus. We are so much more likely to imitate some scheme which our own judgment may have passed, after our hearing of

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AN OUTSTANDING DAY AT INGOMAR

Sunday, June 18, was a very special day on the Shelburne district. Beside it being District Meeting Sunday, it was the organization and dedication of the Ingomar Church. There were four services held throughout the day. The first service, "the love feast", was conducted by Rev. H. C. Mullen. The presence of God was very real in this service with the message and testimonies setting a high pattern for the program of the day. The morning was given to the organization of the church when fourteen ministers, including Bible Students, were on the platform. Five persons comprised the charter members of the church at Ingomar. Most of the ministers shared in the service but the meeting was high-lighted when the pastor, Rev. William Burbury, extended the right hand of fellowship and Rev. John Stevens delivered the organization message. The words of welcome by Brother Burbury and the charge by Brother Stevens struck a deep chord of responsibility, both to the new church and to all of us who witnessed this occasion.

Stirring messages in song were rendered by singers in the church at Ingomar and by others on the district. In the afternoon, Rev. R. H. Nicholson delivered the dedicatory message and Rev. H. R. Ingersoll, denominational superintendent, commended the pastor, the new church, and the people on the district for their fine work, bringing the closing evangelistic message of the day which was very much in keeping with our purpose in building new churches.

From a casual reading, thus far, there would seem to be nothing outstanding about this event—just another small church in one of the many villages in Nova Scotia. However, when one looked at the church building that had been erected, which is almost clear of debt, immediately there was an impression, that if such a small group could accomplish so much materially there will certainly be real spiritual results in the future. The Church Building is 25 x 40 in size and neatly finished. The seating capacity of about one hundred and fifty was expanded somewhat when chairs were placed in the aisle to accommodate late comers. Remembering the crowded church, as I write this report, and seeing again the Pastor standing before his Five Members in their New Church Building, a prayer rises in my heart, "Lord give us more Home Mission Pastors and People like these".

—R. H. Nicholson

MRS. H. C. SANDERS WRITES

Dear Highway Friends:

Just a few lines to let you know our new address, we are not settled yet, but have a smaller house and very near to our new church on Spring St.

God is blessing us. We have had Rev. H. E. Mullen as our evangelist in 2 weeks meetings, and have seen some souls saved and saints blessed.

We are deeply grateful to each and everyone, who have "put their shoulders" under our church building and hope that you will continue to pray for us.

Yours in Jesus,

Mrs. H. C. Sanders,

1 Donald Ave.

Amherst, N. S.

The King's Highway