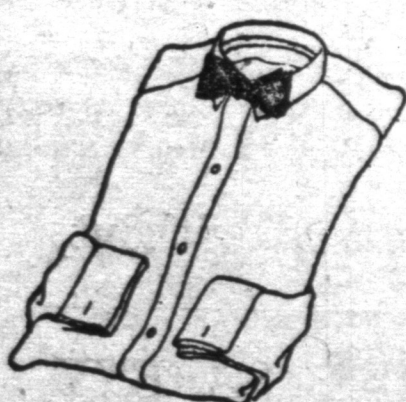


What to Give—Here's the Answer



A SHIRT ALWAYS ACCEPTABLE

Mothers, Wives and Sweethearts!

Every man, down in his heart, has a longing for a nice

DRESS SHIRT.

We are showing, this Christmas season, a wide range in the latest colors, in Plain Broadcloths and colors of Blue, Peach, Mauve, White, Pale Pink Checks, stripes Blue and White, and Sand shade. It's the finest Christmas Gift there is for any man. \$1.25 to \$3.00.

THE GIFT SUPREME—A HANDSOME CRAVAT



Christmas morning without a Necktie would be incomplete to a man—it is the ONE thing he always looks for.

Our range of Silk and Wool Stripes and Checks (non-creasable), Moga-dores, Oriental designs, and Knitted

Neckwear offers you exceptional values and selections at moderate prices.

These are individually boxed.

SHOP EARLY and get the full benefit of our complete assortments.

Prices from 35c up to \$1.50.

A Gift Supreme—A Handsome Pair of GLOVES

—in Wool or Mocca, lined or unlined. It's the finest Christmas Gift there is for any man.

Buy a Man's Gift in a Man's Store

COME here, where you will find a glorious array of the things a man needs. Perhaps you know just what you want for John or Bill or Henry. Perhaps you have not made up your mind yet as to what you are going to give. Then we can serve you twice for we can make suggestions. Tell us what you want to pay and we will show you something that will make him hit the ceiling with joy on Christmas morning. This is a man's store and we know what a man wants. Do your buying for the men folk at this store.

ALWAYS AN ACCEPTABLE GIFT—HOSIERY

No man ever has more socks than he wants; his chifonier drawer always finds room for another pair.

He can put his foot in hosiery bought at this store with an eye to comfort and service.

Colorful Stripes and Checks are in great favor just now; and we have a range in Cashmere, as well as plain shades, that will please you.

We have attractive individual boxes for all Christmas Hosiery.

The Early Shopper gets the best assortment.

BELTS AND SUSPENDERS

A handsome Grained Leather Belt with a pair of Garters in a decorative Christmas box are acceptable to any man.

Price \$1.75

MEN'S and BOYS' GOLF HOSE.

85c to \$1.65

A THING OF BEAUTY—AND USEFUL TOO

SCARVES to protect the collar, give warmth and comfort, and add to that well-dressed appearance are among the many things HE would like for Christmas.



We have for your approval a wide range of plain colors in Silk and Knitted Scarves as well as a big assortment of Multi-colored Stripes and Plaids that are being favored by Fashion just now.

An acceptable and useful gift, individually boxed.

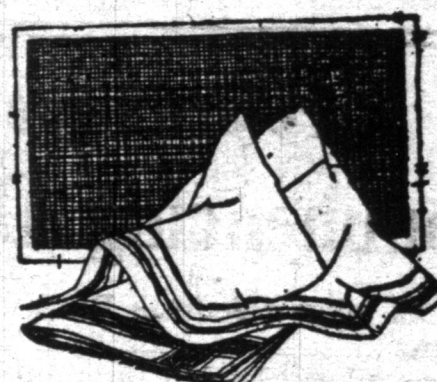
CUFF LINKS are always acceptable.

50c to \$1.00.

HANDKERCHIEFS ARE ALWAYS ACCEPTABLE

We have them in Ladies' and Men's and Children's.

Who ever heard of Santa Claus going away without leaving Handkerchiefs? Certainly Christmas would be incomplete without some.



Our Handkerchief stock this year is overflowing with everything that's appealing in the way of plain and figured White Linens, Plain Colors, and Fancy Patterns—and the prices are moderate.

Our assortment will astound you.

The earlier you shop the better will be the selection.

Ladies' Handkerchiefs... 5c to \$1.50 box
Men's Handkerchiefs (in boxes) 10c to 75c
Hanki Doll (Ladies') \$1.45
Hanki Doll (Children's) \$1.20

Made up of six Embroidered Handkerchiefs and Doll.

A CAP IS ALWAYS ACCEPTABLE

You cannot go astray in size as these Caps can be made to fit any size of head from 6 1/2 to 7 1/2.

Priced from \$1.00 to \$2.75

A CIGARETTE CASE and a pair of GARTERS made up in a Christmas box. These make the finest gift for any young man. Price \$1.50

Suspenders, Armbands and Garter Sets \$1.45
Garter and Armband Sets 75c
Armbands 35c and 40c

SUITS F.O. SMITH OVERCOATS

Depot House Block

"Walk Down and Browse Around

SUSSEX, N. B.

DEVOTED ATTENDANTS

One of the most pathetic figures during the last hours of Queen Alexandra was the aged Miss Charlotte Knollys, who had been in attendance upon Her Majesty for fifty-five years. During all that time, throughout the greater part of Alexandra's life in England, Miss Knollys rendered service of striking devotion, receiving in return the deep affection of her Royal mistress.

Perhaps there has been no parallel in the history of Royal houses for such a long and loving association as this. The Queen and Miss Knollys had grown old together and were almost inseparable, the latter being more of a personal friend than a servant. Miss Knollys, of about the same age as Alexandra, has also been feeling the ravages of time, and lately has been relieved of more than one round of her secretarial duties. Queen Alexandra suffered a great blow in June when she lost another old friend, General Sir Dighton Probyn, wearer of the Victoria Cross, who was the controller of her household. He was 91, and had served Alexandra faithfully for fifty-two years. To the last, although his tall figure was bent and frail, he insisted upon discharging the duties. Something of his mistress' affection for him was shown on his 91st birthday. When he opened the gate to the church in Sandringham for his Queen on that day, she stopped and tenderly kissed him.

EAT AN APPLE A DAY

The old doggerel, that commended the eating of an apple a day if it was desired to keep the doctor away, has been revived in many forms this year when on all sides the eating of apples is being generally commended. Special efforts are being made throughout the whole of Canada to induce the more extensive use of apples, and certainly the apples themselves as displayed in local stores are enticing in their beauty. Apples are plentiful this year and may be obtained at all sorts of prices. Ontario re-

fuses to their low price and the fact that they store well as an inducement to the housekeeper to lay in a goodly stock. They are not as cheap in New Brunswick as in Ontario, but the average price of the last few years is maintained. Those who look back to the days when they got an apple for a cent have forgotten the fact that the apple was not as highly cultivated as the apple of today, and that transportation, all the many things that account for the higher cost of foodstuffs had not been invented. Five cents for an apple seems a good deal, but taking this in connection with the fact that five cents is a great deal less than the doctor's visit will cost, it is a very small price to pay for health. Then, too, Miss Preston, a noted food demonstrator, recently defined an apple as a "food, a tonic, a condiment, and a cosmetic," again a fine bargain for a few cents. An eminent English physician is quoted as declaring that if one wants to retain youth and to increase the mental vigor, eat plenty of apples, and remembering the price of the apple as against the many tonics advertised for this very purpose, the apple certainly wins the day. Raw or cooked the apple is the very King of Canadian fruits and the efforts to bring it to its fullest appreciation in the eyes of its countrymen is a laudable one. Anyway, it is all part of the effort to acquaint Canadian people with the value of their own productions, and as such should be generally accepted and adopted.

A SPICE OF DANGER

An Englishman was recently invited by a New York man to accompany him on a hunting trip to Long Island. "Large or small game?" laconically asked the Britisher, who had hunted in every other quarter of the globe. "You don't expect to find lions and tigers on Long Island, do you?" queried the New Yorker. "Hardly," responded the Briton, "but I like a spice of danger in my hunting. If that's the case," answered the other with a grin, "I'm your man, all right. The last time I went out I shot my brother-in-law in the leg."

THE GREAT TAKU GLACIER

There are many notable sights to be seen by the tourist who has the opportunity to visit Alaska, but none more impressive than the famous Taku Glacier, which lies between Wrangell and Juneau. This is one of the largest ice fields in the world, where the ice breaks off in great bergs that fall into the sea with a roar like a peal of thunder. The glacier is one mile wide and from there it extends ninety miles back into the heart of the mountains that girdle this rich and beautiful land. It is one of the few great advancing glaciers left in North America and it is a sight which impresses itself deeply upon those who are privileged to view it. That number will be greatly increased by the inauguration of steamship service by the Canadian National Railways from Vancouver and Prince Rupert, as far north as Skagway, Alaska, with ports of call en route at Ketchikan, a typical Alaskan town built at the foot of the mountains; Wrangell, a city where bejewelled ladies of the Russian Court danced in rustling silks when other belles were threading the mazes of the Minuet in towns on the Atlantic coast; Juneau, the modern and attractive capital of this northern outpost of the United States; and Skagway, the portal to the famous White Horse Pass, whose name is linked forever with the great gold-rushes where men gambled their lives for the sake of hidden gold. Illustrated literature may be had by writing the General Passenger Department of the Canadian National Railways at Moncton, N. B.

CANADA'S HIDDEN WEALTH.

When the comparatively limited area in Canada which has so far been subjected to exploration by mining prospectors and engineers is considered, and when the enormous results of the partial development in but a few fields are borne in mind, it will readily be admitted that the future contains marvellous possibilities for the discovery of new deposits far more important than those yet brought to light. The whole Northern region from Hudson Bay westward to the Pacific Ocean appears to be underlain with minerals, valuable to commerce, of the most varied kind and in almost inexhaustible quantity.

In an address at Winnipeg before the annual convention of the Canadian Institute of Mining and Metallurgy, Dr. Charles Cammell, Deputy Minister of Mines, spoke of the "unfathomed mineral deposits" of the Dominion, and declared his conviction that varieties yet unknown would be found to enrich the world. In the production of the precious metals Canada has already taken a

foremost place among the countries of the earth, but, while she has added substantially to the visible wealth of mankind, her output has taken little beyond the surface richness of her great properties. In the mountains of British Columbia she possesses a storehouse of wealth to which immediate entry is denied for lack of cheap means of treating refractory ores, but that key to the locked opulence of the hills must speedily be obtained. When it is, the flow of wealth from the almost inaccessible heights and barren spaces of her mountain ranges will vie with that from her fertile valleys and far-unglained plains.

SIXTEEN RULES OF HEALTH

There really should be no such person as the "tired business man." Even the man who expends great mental energy daily in solving important business problems should not, for that reason alone, find himself "all in" when the day's work is done.

These rules are the groundwork of a healthful living programme to be followed after any unfavorable physical factor has been eliminated from the body:

1. Ventilate every room you occupy.
2. Wear light, loose, and porous clothes.
3. Seek out-of-doors occupations and recreations.
4. Sleep out-of-doors if you can.
5. Avoid overeating and overweight.
6. Avoid excess of high protein foods, such as meat, flesh foods, eggs;

also excess of salt and highly-seasoned foods.

7. Eat some hard, some bulky, some raw foods daily.
8. Eat slowly and taste your food.
9. Use sufficient water internally and externally.
10. Secure thorough intestinal elimination daily.
11. Stand, sit and walk erect.
12. Do not allow poisons and infections to enter the body.
13. Keep the teeth, gums and tongue clean.
14. Work, play, rest, and sleep in moderation.
15. Breathe deeply; take deep-breathing exercises several times a day.
16. Keep serene and whole-hearted.

—Dr. Eugene Lyman Fisk, Medical Director of the Life Extension Institute, in Forbes Magazine, N. Y.

MEN'S TOGS

A woman in the London Spectator has been writing about men's clothing. What she says is not likely to increase male complacency or add to his conception of his own superiority. A German professor's curiosity led up to the article in the Spectator. He weighed the clothing of his assistant and his assistant's wife, and found that the man's boots alone weighed more than the entire apparel of his wife. It would surprise probably any American dressed for the winter to learn from the bathroom scales the difference in weight between his wife's and his own clothing.

What of it? The contributor to the Spectator tells us that for 20 years women have been steadily decreasing the weight of their costumes. This reform is wholly feminine. Men have not followed it. But it has enormously improved the physique of women. They no longer faint all over the place. They are not so delicate as they were. They can stand frost and cold better than men. They are not laid up with colds a dozen times during the winter. They let the air get to their skin. Indeed, they court it with bare arms and all but bare legs, necks and shoulders, and increase in health and strength under thin costumes in which the so-called stronger, and superior, sex would be a shivering shimmie.

So this feminine critic of men's clothes goes to tell about them. They are thick, heavy and constricting, and cause excessive perspiration under active exercise, exclude sunlight and air from the skin, bind the neck with tight collars and ties, discourage the very hairs on their heads with hats through which air cannot circulate. With what result? Frequent colds, bald heads and queer physiques. How many men there are whose legs, arms and bodies are simply grotesque, too thin or too thick, with flabby arms and absurd necks! A painful subject. Let us pursue it no longer, now that woman's wit has turned to show us our lack of progress in sanitary dress!

The
HOOVER
It BEATS... as it Sweeps... as it Cleans



DIRT

is master in the Hooverless home

Deeply embedded in the soft nap of rugs, it resists removal by ordinary cleaning methods. For it must be beaten out!

That's why The Hoover BEATS in addition to sweeping and air-cleaning. No wonder it outsells any other cleaner!

Would you keep your rugs and furnishings immaculate, and still have time and strength to enjoy life? Then get a Hoover complete with attachments. We know of no surer way.

Only \$6²⁵ Down!

HYDRO SHOP
J. L. McAULEY, Proprietor

You have been intending to try "Red Rose." Why not now before you forget.

RED ROSE TEA "is good tea"

The ORANGE PEKOE is extra good. Try it!