

Latest Looks On Campus

Now that the co-eds of U.N.B. have moved into on-campus accommodations, we are sure some of the less formal and more comfortable fashions for morning classes will be appearing in the halls and lecture rooms of U.N.B. These outfits are now for this spring, in keeping with a current trend towards the casual.

One of the most attractive is a shift dress by Door, of Paris. This is shown in the left-and picture above, worn with a pair of fuzzy shoes, which, because of their soft soles, are as comfortable as they look. They are very warm in this cold weather, but as yet there is no way to keep them from becoming terribly soggy in the case of a thaw. The attractive hair-do, by a Parisien stylist features the hair wound around cylindrical tubes, and held in place with a few small chrome clips. The straight and simple lines of the shift, are alleviated only by a ruffle at the neckline and frills at the wrists of the long and bloused sleeves. Our model carries one of the more popular books on campus, the old notes for English 100, of an English honours student.

Another lovely creation is the two piece suit shown in the second panel above. Made of a small flowered print flannelette, with lace about the midriff and knees, it is here worn with black accessories. The black handbag, books and cossack boots are the perfect go-togethers. The hairdo is a new and completely natural idea, originated in the prominent New York salon of Helen Rubinsburg. The outfit is designed by Ballman.

On the right is a coat with the new relaxed fit in a lovely plain coloured wool. It features a scalloped collar, and patch pockets. Worn with it is a matching shirt and slacks ensemble in a large rose patterned print. The shoes are in the new bare trend, with open toes and heels, very comfortable and not too formal for classes. Hairdo is a tousled and indoorsy style inspired by the uncombed look, sometimes found immediately after rising from a deep sleep. This entire outfit is designed by Balanceege.

All of these creations are **doubly practical**, as they require no ironing, and can, if the owner so desires, be worn as sleepwear.

Tiddley Tunes

Men who can't hold their liquor make me sick. I've been ill a lot lately. Any girl who has been in my position can appreciate how awkward it is to drive home on a three lane highway, with your date flaked out beside you. Girls nowadays must be equipped with instant coffee, driver's licence, bromo, a copy of Charles Atlas Fireman's Carry (now available in paperbacks) and a map of the back roads of New Brunswick, before they dare venture on a date. And men wonder why we carry big handbags? Meanwhile the intoxicatee travels light—sometimes sporting only a hip flask.

So girls—"Ban the Bottle" and help stamp out drunken depravity.

Rumor has it:

. . . All co-eds are going to Carnival this year.
. . . Professor Galloway has cancelled classes so as not to interfere with the preparations of the Winter Carnival festivities.
. . . In keeping with the custom established by the Fall Formal, the Spring Con will be on January 25 this year.
. . . Colin B. Mackay will be a June groom.
. . . Nowadays people are using snow blowers instead of lawn mowers.
. . . Miss Seaman has "Dunn Inn".
. . . Every room in Lady Dunn Hall is getting a private phone.
. . . A chart of Professor Chapman's progress (re mumps) can be obtained from the Nursing Department.
. . . Men are in a minority at UNB.
. . . Opening night of Carnival will be held in April this year when there is *sure* to be snow.
. . . The Queens will be modelling bikinis at the Fashion Show, in a last desperate effort to bolster ticket sales.

METROPOLITAN

by STEPAM KARONSTEAD

There is a considerable body of prerequisite knowledge, which every co-ed, as a potential homemaker, should know. Baking a cake, for example, cannot be undertaken as merely a simple enterprise. Certainly you must follow your mother's recipe. That goes without saying. But it is essential to realize that all the ingredients must come from your own cupboard! Many inexperienced homemakers, lacking sufficient supplies, rush next door to bargain with or borrow from their neighbours. As a general rule this is very dangerous. First of all, never barter or bargain in any way with neighbours, who have an odd sounding name or funny looking eyes. This would lead to suspicion among your friendly neighbours because you might find something they don't have, and thereby not bake a cake identical to theirs. Secondly, never let a friendly neighbour help produce the cake. If you must get his supplies—and this should be avoided at any cost—be sure to trade only something you have plenty of, like flour, for what you need, but only on the condition that you get the better deal. Although it might appear that you'd get a better deal with your alien neighbour, who just moved in, than you would with your neighbour who drives a hard bargain, this move will prove far more to your likings in the long run . . . eventually your alien neighbour will move away! (Since he was a poor foreigner, the value of your property will increase with his departure.)

Ideally, however, the thing to do is to make certain you have all your own ingredients. If, for some reason, you haven't, you should endeavour to make them yourself. This way you can say with personal pride, "This is completely *my* cake!"

Of course, for many, the oven presents a worrysome problem. To bake an even cake, you need a good oven, not the kind great-grandmother used. (It had its attractions, but we live in a progressive era!) This must be your very *own* oven, and most important, it has got to be as good or

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Women's Page

DAILY EXERCISES

Too much time and emphasis is placed on the same old overworked muscles. If they are not in shape now, they never will be. Below is a list of exercises which are dedicated to those small, seemingly insignificant muscles that are none the less important. These exercises require only a few minutes of your day and are very relaxing as well.

1. Lie flat on back with legs straight but relaxed and toes loosely pointed.

2. Resume the position stated above after a brief rest period as to avoid over-exertion. One arm (first your right) lies at right angles to your shoulder with palm facing floor. The left arm is then free to adjust pillows upon which you are lying. Now very slowly as you count to ten s-t-r-e-t-c-h your *right* eyebrow. Hold it there a few seconds then *quickly* lower it. Repeat with the left. Do this 5 times. This exercise allows for free movement of your eyebrows and eventually will develop a sharp ridge which will serve as an excellent guide line for your favourite eyebrow pencil.

3. Remain in prone position and breathe deeply 10 times. This exercise requires great concentration since it is directed toward the navel muscles. The umbilical muscles are extremely important for various reasons. To add breathing control an invaluable aid is the common toy arrow equipped with rubber suction cup which will serve as a plunger. This exercise gives excellent control for those belly dancers who wish to bombard a battery of rubies at offensive customers.

If you are interested in these and similar exercises, please send a self-addressed envelope and $.10 to Bonny the Prude,

c/o *The Brunswickan*

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