

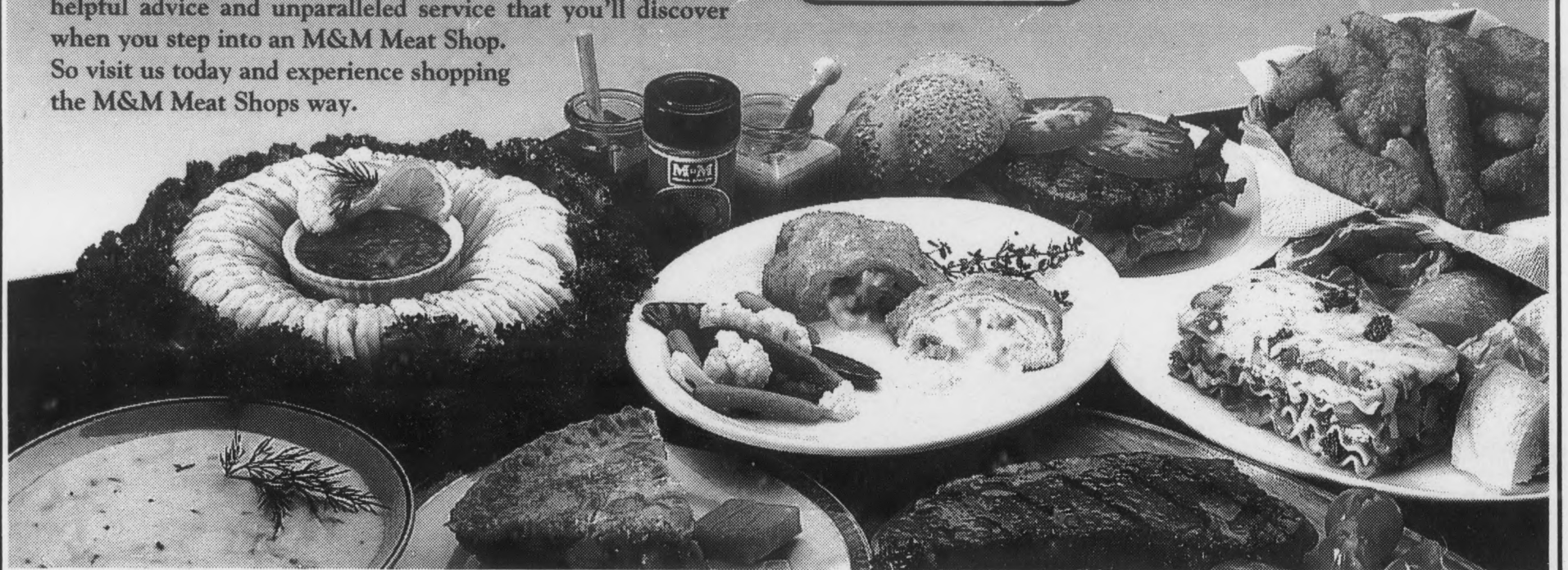
Come and Get It.

At M&M Meat Shops, we make it quick and easy for you to serve up a deliciously wholesome meal in just minutes. You see, the majority of our products are prepared and ready for the oven, microwave or BBQ, leaving you with more precious leisure time!

However, what this ad can't show you is the friendly smile, helpful advice and unparalleled service that you'll discover when you step into an M&M Meat Shop. So visit us today and experience shopping the M&M Meat Shops way.



**So Good To
Come Home To.**



100% Beef -
No salt or additives

**Pure Beef
Patties** **9⁹⁹**
18 x 3.2oz. patties 1.64kg/
3.6 lb. box



Microwave or Oven Ready

**Chicken Newburg, Kiev,
Italiano, A La Mer, or
Cordon Swiss**

Breaded boneless chicken breast
portions stuffed with
gourmet style filling.

2⁹⁹
6 oz./170 g
each



BBQ Ready

Kabobs

Teriyaki: Beef, Souvlaki, Pork or
BBQ Chicken Kabobs.
Sold Individually.

2⁹⁹
140 g each



Guaranteed Tender

Filet Mignon

Beef tenderloin aged for optimum
tenderness and taste

14⁹⁹
6 x 113g/ 4 oz. portions

Bacon Wrapped
6⁶⁹
Each
284 g/10 oz.
portions



Fresh Refrigerated

Wieners

Quality wieners. Produced exclusively for
M & M Meat Shops by J.M. Schneider.
450 g pkg. of 12.

1⁹⁹
pkg.

**Student Saver Cards
accepted on Mondays
for Regular and Sale
priced items.**



Thaw n' Serve

**New York Style
Cheesecake**

Choose from:
**Amaretto,
Black Forest
or Chocolate Swirl**

4⁹⁹
6 x 285 g/
4 oz.

Hours

**MON. 9-7
TUE. 9-7
WED. 9-9
THUR. 9-9
FRI. 9-9
SAT. 9-7
SUN. 11-6**

Prices in Effect
SEPT. 5th to SEPT. 18th.
**1111 Regent St.
Village Centre
459-5651**

