

OPINION & EDITORIAL

Editorial: Workaholicism as a lifestyle

Hello, my name is Cindy and I am a workaholic.

I just realized that I could be subject to this disease the other day as I was talking to a friend. We were discussing all of the things we had to do. I hardly have time to myself at all. I am not sure that I really want time to myself that much. I like to keep busy. But when is too much?

I like to think I know my limit but sometimes the offer of another job which isn't that much work and would supplement your income so nicely...is just too hard to resist. I almost stuck my resumé in for that kind of a job this summer but when I started hyperventilating just thinking about it, I knew I was about to cross the line. So, as much as I could have used the extra income, I passed the offer by.

Now, I am glad I did - I certainly have enough on my plate this year.

I wasn't always a workaholic - even though I think I was always meant to be. I can remember my first year of university I only went to school full time (with no extra jobs). My grades went down and I felt lazy.

I gained about 15 pounds. At first I thought it was just the freshman 15 hitting but I wasn't eating that much because Beaver food really made me sick. I mean, I often supplemented my diet with pizza, chips and pop (and the occasional alcoholic beverage) in my dorm room or at the bar - but that is pretty much all I ate.

After my first year, I moved out of residence and into an apartment (finally, real food on a regular basis). In order to survive, I got a job at a grocery store. Once school started again, I added being the Sports Editor for the *Brunswickan* to my list of things to do. And, you can't forget the fact I was still going to school full time. People often asked how I juggled

everything and I just shrugged my shoulders or mumbled something about structure - you know time management.

No one could understand how I could handle all the things at once but my grades went up and I was happy. I was able to juggle a personal life along with all that as well - my fiancé still tolerates me.

I believe workaholicism could be bad thing however, I get a lot done now and I am pretty happy but I find my stress level is quite high at times. But, I am only 21 and have a lot of endurance - I am wondering how long it will take before I totally burn out. I am not sure I want to find out. I really don't like the prospect of being a 30-year-old heart attack victim.

So, now I go to the gym on a regular basis and I feel much better. To all you workaholics out there - I suggest you do the same. Blow off steam some how or else your shoulders will be connected to your chin permanently.

I think next year I may take it a little bit easier. If I can handle it.

• Cindy Brown
Editor-in-Chief

Mugwump: Canada's "Oldest Official Student Publication" may go under if referendum unsuccessful

The Brunswickan will go broke if a referendum to raise the amount of money it gets from students by \$3.00 is unsuccessful.

This verdict was delivered to the Brunswickan Publishing Inc.'s board of directors in July, 2001. Ash, Casey, and Thornton, Chartered Accountants formulated a business plan which predicts a future of financial security for the newspaper given that the *media fee* paid by undergraduate students once a year is raised from \$7.00 to \$10.00. But this won't happen unless a "super majority" of 66% + 1 of votes cast in an October 10, 2001, referendum to be held along with Student Union bi-elections, say yes to the proposal. So we need your help. And here's why.

UNB undergraduates contribute far less to the revenue of their student paper through student fees than average, according to a simple nation-wide survey of Canadian university newspapers conducted by The Brunswickan in September. The media fee only makes up approximately 24% of The Brunswickan's annual revenue, where the national average is found by the survey to be about 41.2%.

The publication's primary source of revenue —aside from the donations of a

number of key institutions—is advertising. However, The Brunswickan will lose approximately \$15,000 in revenue next year because cigarette ads will no longer be allowed. The current North American economic slowdown predicts that fewer ads will be bought for an indeterminate amount of time, while the cost of . . . everything, especially printing, continues to rise. The Brunswickan will have to buy a significant number of capital assets in the near future —things like computer equipment, software, and tape recorders. To remain current and maintain industry standards, a newspaper must be relatively up-to-date with publishing technology.

But let's not forget the worth of The Brunswickan to the UNB community. It's a not-for-profit organization, run and directed by the students and volunteers that contribute to its content under the advisory guidance of representatives of the UNB community that sit on its Board of Directors. And The Brunswickan is autonomous, meaning that it has NO direct administrative ties to the student union, the university administration, or any corporation, maximizing freedom of the press.

More importantly, The Brunswickan is open to contributions from everyone in the UNB community. You don't have to

already be a newspaper geek to join. The Brunswickan gives the student a chance to get her word in, say what he thinks, make sure things are covered and that people know what they should.

In the words of Don Iveson, Canadian University Press President, "Established, credible papers add so much to the campuses they serve. They help form the community."

And it is you, the student who makes up that community. So vote, and vote "YES"!

Just as a reminder, 38 cents per issue of the paper is what UNB undergrads will each pay if the fee is raised (as opposed to 27 cents per issue). Put another way, giving up three dollars a year is just one less Archie comic in 52 weekends.

The Brunswickan does not feel that it is asking a lot of the average student by appealing for \$10.00 instead of \$7.00. We hope that you will help us save this vital institution.

Any student wishing to obtain additional information about the financial situation of The Brunswickan is welcome to contact us. Your interest is always appreciated.

• Patryk Reid
Managing Editor

Cold clam chowder gruel for the UNB soul

The only reason Alanis recommends walking naked in the living room is because she's Canadian and it saves on Gold Bond. I myself, am pasty and British therefore my delicate epidermis is assaulted every autumn/winter by the perverse twist of nature that hoovers half the moisture out of North America. No one tells you this abroad - "Get itchy! Come to Canada!, hardly "New Brunswick - Wow". No one tells you that in November, every item of clothing you own will feel like hessian. International students beware. I'm a

landed immigrant now but I feel it's my duty as 'one of them foreign students eh' to inform my international peers of such. I've survived two winters so I look about 75 years old. Just saying. The tragic tale of my baby smooth skin aside (I was once an English rose I'll have you know), I'll move on to some awkward observations of the last two weeks.

("and now, over to our studio for something controversial, it's what you all tuned in for afterall . . .") . . .

. . . here goes, UNB - open to all?

'WHAT-ever'. You don't have to be a heterosexual, white male Canadian to be at UNB but it helps. Well okay, I'll clarify, two weeks here - I'm getting that vibe. Strangely it is the Professors who seem more apt to that than students which makes me tremble with an aggravation I can scarcely articulate. Ah, what the heck dahhhhhlinks, do let me try . . . every reading bar one I've been assigned has been written by a guy for example, 'n so help me Oprah, I've been reading for 14 days straight. That's just the start of my rant. Gather round me

soap box kids.

I suspect anyone who is in a minority, visible and not visible, has had their share of these experiences. Maybe something makes you 'other', sets you aside from most common denominators amongst UNB students. Maybe age or religion? Omitting a wonderful Women's Studies program, student diversity does not seem to be respected here. Isn't university a place where marginalised groups are welcomed?

Continued on Page 6

THE CELLAR EST. 1994 Pub & Grill THIS WEEK

Friday Sept 28
Gummi Dimilo

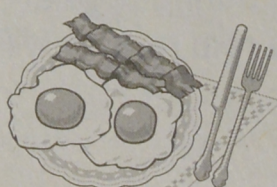
Saturday Sept 29

Rock Ranger

NEXT WEEK

Wed Oct 3 Mahones "Only \$5.00"
Thur Oct 4 Zubot and Dawson(.com)
Fri Oct 5 Orjazzm
Sat Oct 6 Interstellar Root Cellar

Starting Oct 6



"SATURDAY ONLY"

Hangover breakfast here at The Cellar

Kingswood Fitness

Student Special

**8 Month or 1 Year
Memberships
ONLY**

\$29/month plus taxes

Pay UPFRONT & SAVE!!!

8 Months ~ \$199 + HST

1 Year ~ \$299 + HST

Kingswood Fitness

FREE

7 Day Pass

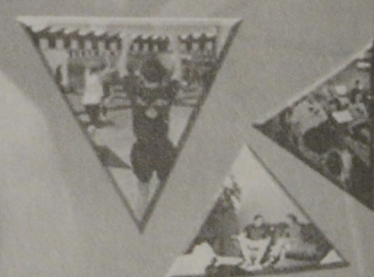
1 Coupon per Customer
Expires Oct 31, 2001

31 Kingswood Park
Hanwell Road
444-9500

Offer Expires

Oct 31, 2001

Were on the City Transit Route



**KINGSWOOD
FITNESS**

444-9500

Hanwell Road