

Surviving residence life

A few tips to help things go smoothly

Marianne Moore

The Brunswickan

Living in a dorm room is not the easiest thing: it's small, it's cramped and there are two of you in it. More than likely you're living with someone that you only met this week, but even living with a friend is difficult. Following a few simple rules will make the experience tolerable, if not one of the best experiences of your life.

• **The Cardinal Rule** – If you have someone staying for a "sleepover" just let your roommate know. Wake them up, kick them out of the room, or have some kind of designated signal on the door (such as the legendary sock) if they will be arriving home later. They do not want

to see it or hear it. Turn up your stereo if you can't keep it down!

• **Borrowing** – Get this straightened out the first week. What are you sharing? How much are you willing to share? It will get annoying seeing your roommate in your clothes all the time, especially if he/she is not washing it before returning it. Remember laundry now costs money and you're the one doing it; Mom isn't around.

• **Mutual Space** – Midterm tomorrow morning, or a last minute essay due? Give each other some space. If the stressed roomie needs to freak out, the most likely person to spaz at is you! Don't be there, there's always somewhere else you can hang out.

• **Drunkenness** – Will there be

drinking? For sure! Will you come crashing into the room at 4 am when they have an 8:30 am lecture they can't miss? More than likely. This is fine now and then, but don't make a habit of waking your roommate up in the middle of the night because you've been spending a little too much time with Alexander Keith.

• **Neatness** – Only be as messy as your roommate. They tidy up their side you do the same, and vice versa. And don't let your overflow go onto their side of the room. They might not say anything, but they are silently plotting your slow and painful demise if they trip over your puppy dog slippers again.



John Macomb/The Brunswickan

Would you really want to offend these lovely people?



Sharkey



Learn what The Bruns is all about

Staff Meetings - Fridays at 12:30 - SUB Room 35

Monsters under your bed?

Check out the available Student Services at UNB

Bruns Staff

The Brunswickan

Well, you're here. Moving in was ok, getting settled wasn't too bad (except for that roommate with all the potatoes), and so far you've managed to survive those goons from Orientation.

Of course, disaster strikes once you've settled in. You sprain a leg. Your bank account is empty. You've been fired from your job. Your friends have deserted you. To top it all off, you're convinced there's a monster under your bed.

Luckily, UNB Student Services can help.

Injured playing rugby on the weekend? Need a physical for a job? Can't beat that cold? The Student Health Centre, located at the back of Tibbits Hall, offers a variety of health services for students. Counseling, immunizations, and health information are available at this fully staffed centre. Contact 453-4837 or email shc@unb.ca.

The pressures of university life can sometimes seem to be more than students can handle. If you need someone to talk to and don't know where to turn, Counselling Services offers on-site professional and confidential help. Support groups and workshops are also available issues such as, eating disorders, sexual aggression, and learning disabilities. Career counseling is also offered for students seeking direction for the future. Contact Dr. Reg Craft at 453-4820, or email counsel@unb.ca.

How are your finances? Need a loan or some advice on your debt? Visit the Financial Aid Office in the Alumni Memorial Building for advice, counseling and information about financial managing for students. Contact 453-4976 or email finaid@unb.ca.

Guidance, information and support for students with disabilities are available at the office of the Coordinator for Services for Students with Disabilities. Contact Prof. Sandra Latchford at 453-3513 or email sandral@unb.ca.

The Campus Ministry Office, located in Room 3 of the Alumni Memorial Building, offers a variety of services for both Protestants and Catholics. Regular Bible study

groups, Varsity Christian Fellowship, Anglican Eucharist in the Edwin Jacob Chapel-Old Arts Building and the September convocation worship service are all part of Campus Ministry. For more information or for spiritual counseling and advice, contact the office at 453-5089.

A variety of services are available for those struggling with their academic programs or in making the transition to university studies. The Writing and Study Skills Lab at the Wu Conference Centre offers Academic Help Services, including free tutoring, editing, as well as help with library research, presentations and exam preparation. Contact Richard Spacek at 453-4646 or email rspacek@unb.ca for more information.

The Math Help Centre provides free tutoring to anyone in first year math courses, both privately and in a group context. You can make regular appointments with tutors to work on assignments, study for those weekly quizzes and to prepare for exams. Contact 453-4646, ext. 7156.

Students arriving at UNB from abroad or planning to go study abroad themselves will find valuable help and advice from the International Student Advisor. This office acts as a liaison for international students requiring help with visas, paperwork, academic, financial or cultural issues. For students planning to go abroad this office provides information regarding work permits, visas, exchange programs, and scholarship opportunities. Call 453-4860 or email isao@unb.ca.

Does the prospect of graduating and entering the 'real world' terrify you? Help can be found at the Neville Homestead, which houses the UNB Student Placement Centre. The centre provides services to students requiring full-time, part-time or summer employment. Call 453-4610 or email sps@unb.ca.

For parents returning to school, the College Hill Daycare has 60 spaces for children 3 months to 12 years of age. The play-based program services UNB and STU staff, students, and faculty. Call 458-2883 or email cdhc@unb.ca.

Top Ten reasons to live at home instead of residence:

10. 4 or 5 more years of dependency.
9. No being marched out of your rooms for humiliating traditions.
8. No paying for a place to stay (unless your parents make you do that. Poor sap.)
7. More likely to find love and respect (Unless your parents don't love or respect you. Poor sap)
6. Parents are better at getting whites whiter.
5. There are no actual animal houses to do battle with the snooty rich students. Better to stay out of their way by staying at home.
4. No having to ask for money... from long distances.
3. Less likely your parents will rent out your room.
2. Less time spent having to deal with Frosh councilors shouting pleasantries in your face.
1. No defined allegiance

• Stefan Robak

Frosh Shopping List

(we're only half-serious)

- 12 Dozen Easy 'Queasy' Mac
- 12 Dozen Ketchup
- 1 Gal KY Jelly
- 493 Flavored Condoms
- 1 Velvet Elvis Painting
- 1 Copy "Barnyard Fun"
- 1 Really Ugly Couch
- 1 Decision Cube
- 1 Case X-tra Strength Tylenol or Louisville Slugger
- 3 Boxes Polyfill
- 1 Dish Nose Candy
- 1 Set Jumper Cables (you never know)
- 2 Dozen Boxes Frozen Waffles (Say waffle - that's funny - 'waffle')
- WD 40 to make it go and Duct-tape to make it stop
- 1 Book of purchase Orders for Fredericton Mounties
- 1 Book of Guinness World Records - everyone needs goals
- 30 Cinderblocks + 15 boards: Furniture of Champions

• Mark McGinnis

As-tu confirmé ton statut d'étudiant ?

Évite un remboursement hâtif !

Si tu as déjà un prêt étudiant, il est important de confirmer ton statut d'étudiant auprès de ton institution financière.

Consulte le site
www.cibletudes.ca,
le Centre de service national de prêts aux étudiants, au
1 888 815-4514,
ou le bureau d'aide financière de ton établissement d'enseignement.

PROGRAMME CANADIEN DE PRÊTS AUX ÉTUDIANTS

Canada