

Campus Recreation

Ruggers take to the turf

Stephanie Smith
and Meg MacAfee

The Brunswickan

The UNB women's rugby team has a busy weekend coming up.

The first game of the season is on Saturday against the Fredericton Loyalists at 3 pm at Loyalist Field. UNB returns to the pitch on Sunday at they host the Saint John Trojans at 1 pm at Buchanan Field.

The A-side captured the New Brunswick Women's title three times in the past four years.

Come support the team and cheer us on (this one goes out especially to the UNB Ironmen. . . you know who you are!). See you all there!

Anyone who is still interested in playing is welcome to come out to practice or contact the Campus Rec office for the Club's contact person. The practices are Mondays and Wednesdays at 5 pm and Fridays at 7 pm.

Check out a new way to stay in shape

Modern Dance and Creative Movement

Zita Nyarady

The Brunswickan

Looking for a new way of staying in shape this year? Or do you just want a fun and entertaining activity? If you answered yes to either of these questions, Modern Dance may just be for you.

Modern Dance was born over a hundred years ago as an alternative to classical ballet. A typical class consists of exercises and movements to strengthen, stretch, and tone the various parts of the body. Movement improvisations are also a part of the program.

Instructor Dr. Zsuzsa Szabo-Nyarady is a part-time professor in the faculties of Education and Kinesiology. She describes her Modern Dance classes as "an intelligent way to exercise. I focus on the quality of movement and make sure that the students in my classes perform the movements correctly. This builds body awareness, core strength and flexibility."

Beginner and Intermediate classes are open to men and women 13 years of age

and older. No previous dance experience is required. Classes are held Sundays at the Lady Beaverbrook Gym from both 5:30 pm to 7:00 pm and 7:00 pm to 8:30 pm. Wear comfortable clothing and bring your dancing feet.

If you still have questions about Modern Dance, a free introductory class will be held on Sunday, September 16th from 5:30 pm to 6:30 pm.

In addition, there are dance opportunities for three-to-nine-year-olds. These fun and joyful classes take place on Saturday mornings, with Dr. Szabo-Nyarady and Zita Nyarady as the instructors.



Creative Movement, a non-threatening, first step into dance, is offered for four and five year olds and six and nine year olds. The emphasis is on imagination

while developing coordination, balance, body-awareness and musicality. And, it is lots of fun!"

Registration ends at noon, September 21st. Limited spaces are available so register quickly at the Recreation Office in the LB gym. Modern Dance is \$50 for UNB/STU students and Campus Recreation members and \$65 for non-members. Creative movement and Parent & Tot is \$35 for UNB/STU students and recreation members and \$45 for non-members.



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Seats are still available for the January 2002 intake.

Apply to:
Admissions Office
University of New Brunswick
PO Box 4400
Fredericton, NB E3B 5A3
Tel: 506-453-4865
Fax: 506-453-5016
Email: regstrar@unb.ca

Want more information?
Office of the Assistant Dean
UNB Faculty of Nursing
PO Box 4400
Fredericton, NB, E3B 5A3
Tel: 506-458-7670
Email: lbujold@unb.ca



Campus Rec Registration

Men's Sport Deadlines

Golf - Wed., Sept. 19
Touch Football - Mon., Sept. 17
Soccer - Mon., Sept. 17
Softball - Mon., Sept. 17

Women's Sport Deadlines

Golf - Wed., Sept. 19
Soccer - Mon., Sept. 17
Softball - Mon., Sept. 17

Co-ed's Sport Deadlines

Ultimate Disc - Mon., Sept. 17
Softball - Tues., Sept. 25

For more information contact the Campus Rec. office

TRY OUT'S FOR NOVICE WOMEN'S EIGHT, ROWING

WHERE: FREDERICTON ROWING CLUB

WHEN: SEPTEMBER 15
10 A.M. /ERG PULL
FREDERICTON ROWING CLUB
TOP 9 ERGS SCORES MAKE THE TEAM.

NO EXPERIENCE NECESSARY
COXSWAIN NEEDED CALL 453-4991

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necessary

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Rm. 35 SUB
Staff meetings
Fri 12:30 pm

YMCA
OF FREDERICTON

EMPLOYMENT
OPPORTUNITY

LIFEGUARD

The Fredericton YMCA is currently seeking a responsible part-time lifeguard/swim instructor.

Qualifications:

NLS and CPR preferred. Applicants must be at least 17 years of age.

Hours of Employment

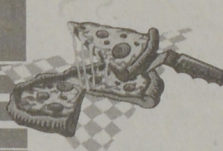
Mondays and Wednesdays.....9:15 am-1:30pm

Please submit resumes immediately to:

YMCA of Fredericton
28 Saunders Street
Fredericton, NB E3B 1N1
Attn: Lisa Liston
Aquatic Co-ordinator
462-3020



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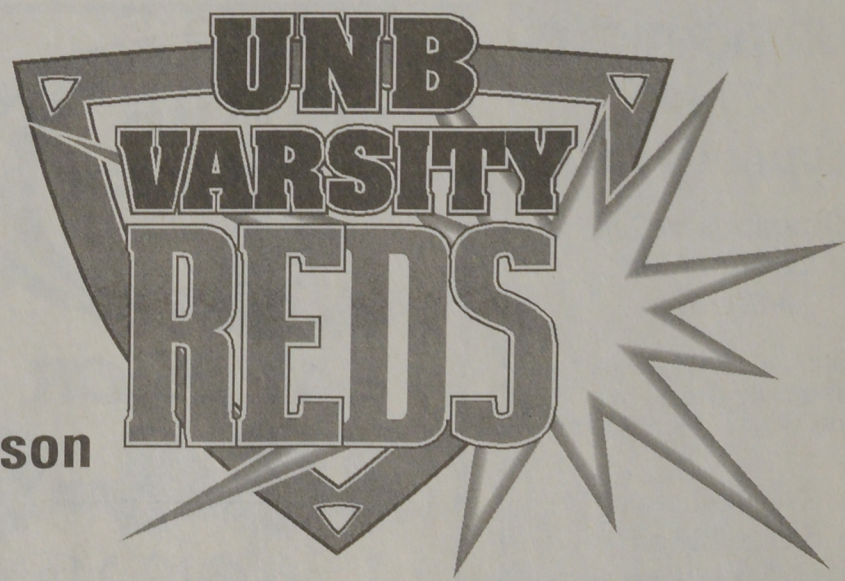
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Call
Vicky Melanson
453-5054

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