

UNIVERSITY OF NEW BRUNSWICK STUDENT UNION

STUDENT
UNION
BUILDING



Happy Holidays From Student Council



Union Executives wish everyone - "Good Luck On Exams!"

8 Simple Steps to Exam Success By Jeff Brewer

Yep. It's almost that time again. Exam time! But not only exams come our way at the end of term; we usually have lots of term papers due immediately prior to exams. Ah, the life of a student. But wait, that's not all. Many students also work part-time, and sometimes even full-time, jobs on top of their course load, not to mention extracurricular activities and family obligations. That's why the old cheesy saying, "If you fail to plan, you plan to fail," rings especially true for most University students.

We here at the Student Union recognize the crucial importance of time management skills, so we've done a little research to come up with 8 solid tips to help you through this difficult time of year, and hopefully keep you steady through next term as well.

1. PLAN ENOUGH TIME FOR STUDY.

The University expects a student to average about two hours in studying (including library work, term papers, themes, etc.) for each hour spent in the classroom. This is an appropriate and

realistic guideline. Most students would do well to plan for somewhat more than the two-for-one ratio.

2. STUDY AT THE SAME TIME EVERY DAY.

If at all possible, a student should schedule certain hours which are used for studying almost every day in a habitual, systematic way. Having regular hours at least five days a week will make it easier to habitually follow the schedule and to maintain an active approach to study.

3. MAKE USE OF THE FREE HOURS DURING THE SCHOOL DAY.

The hours between classes are perhaps a student's most valuable study time yet, ironically, the most frequently misused. A student may effectively utilize these hours reviewing the material and editing the notes of the preceding class and/or studying the material to be discussed in the following class.

4. PLAN STUDY PERIODS TO FOLLOW CLASS PERIODS.

This should be done whenever possible. The next best procedure is to schedule the period for study immediately preceding the class. A student

should specify the particular course he will study rather than just marking "study" on his schedule.

5. SPACE STUDY PERIODS.

Fifty to ninety minutes of study at a time for each course works best. Relaxation periods of ten or fifteen minutes should be scheduled between study periods. It is more efficient to study hard for a definite period of time, and then stop for a few minutes, than attempt to study on indefinitely.

6. PLAN FOR WEEKLY REVIEWS.

At least one hour each week for each class (distinct from study time) should be scheduled. The weekend is a good time for review.

7. LEAVE SOME UNSCHEDULED TIME FOR FLEXIBILITY.

This is important! Lack of flexibility is the major reason why schedules fail. Students tend to over-schedule themselves.

8. ALLOT TIME FOR PLANNED RECREATION, CAMPUS AND OTHER ACTIVITIES.

When a student plans his schedule, he should begin by listing the activities that come at fixed hours and cannot be changed. Classes and labs, eating in the meal hall, sleep, and job are examples of time uses which the student typically cannot alter. Next, she can schedule her flexible time commitments. These hours can be interchanged with other hours if she finds that her schedule must be changed during the week. Recreational activities are planned last.

When forced to deviate from his planned schedule (and that will invariably occur), the student should trade time rather than steal it from his schedule. Thus, if he has an unexpected visitor at a time he has reserved for study, he can substitute an equal amount of study time for the period he had set aside for recreation.

Good luck on your exams!

Have Something To Say About Recycling at UNB?

By Caroline Lee

A waste audit of UNB was recently conducted, and a report of results and recommendations is being written, based on the information collected. This report will be submitted to the university administration, calling for improvement in solid waste management on campus, namely improving our recycling opportunities and looking at implementing a composting system.

Comments from students and staff of UNB are being compiled, in order to reflect the desire of UNB's community for an improved waste management system. Comments will be collected and compiled into the final report to be submitted to the administration. Let us know what you think about our current system and why you want it improved.

Comments can be submitted to Caroline at caroline.lee@unb.ca. For students: please provide your name, year, program, any campus organizations you are affiliated with, and any positions you hold. For staff and faculty: please provide your name, position, and associated department.

Make your voice heard about this important issue on campus - we look forward to hearing from you!

Want to see where your tuition money goes?
How we compare fiscally to other Universities in Canada?
Check out the University of New Brunswick budget breakdown
www.unb.ca/vpfin/index.html

THE
CELLAR
EST. 1994

Pub & Grill

Thurs Dec 2
Melonworks

grand theft buses

grand theft buses

last class bash

fri. dec. 3 the cellar pub
members and guests only

Must be 19 yrs+

THE PAPER TRAIL

Located in the main lobby of the Student Union Building

Cold weather making you sick? Don't have time to leave campus to pick-up your prescription?

Drop off your prescription & **THE PAPER TRAIL** will take care of the rest by sending it off and delivering it to you

We also refill printer cartridges at about half the cost of buying a new one.

Canada Post Contest! Send your package Xpresspost & scratch to win.

Xpresspost provides a faster delivery time & a tracking Number.

New Extended Hours
Mon- Thur 8:30am-8:30pm
Friday 8:30am-4:30pm

CASA • ACAE

Wall of Debt

As some of you may or may not remember, your Student Union was heavily involved in getting postcards signed for the Canadian Alliance of Student Association's (CASA) "Wall of Debt," to the extent that we got more cards signed than any of the other member schools in Canada! Our 800 postcards were added to the 8 foot high, 120 foot long wall that was erected on Parliament hill, and contained the names of 10,000 students with a collective debt of over 250 million dollars! We received some great publicity and many Members of Parliament came over to ask about the wall. This is a testament to the fact that student debt is a real problem and that students across Canada are voicing their opinion on the high cost of getting an education. All in all it was a great success, and we couldn't have done it without our great volunteers and with your participation. Thank you students of UNB for helping to make our "Wall of Debt" a resounding success.

Are you Dissatisfied With One of Your Courses?

By Jeff Brewer

If you answered YES to the above question, then we have a question for YOU. If you're dissatisfied with your course, have you approached your professor with suggestions? If not, why not? Teacher evaluations are great and all, but expressing your opinions after the course is already over doesn't help you out in the present.

That's why the Student Union is taking a poll on our new website - su.unbf.ca - to find out what is preventing students from talking to their professors about possible ideas for improving the course. Remember that most professors are not trained in pedagogy, and that's why it's important for students to provide feedback. Different students learn in different ways, and a lot of professors may not use techniques that cater to these varied needs.

If you have had a negative experience with a course, but have not voiced your concerns to your professor, please to go su.unbf.ca and take 2 seconds - literally! - to take our poll. If your professor isn't approachable, or if you feel that your marks might be jeopardized if you voice your concerns, or if you feel that your prof just won't listen anyway... we want to know, so we can try to find a solution to the problem.

Request for Proposals
for Student Technology Fee-Funded Projects

The Student Technology Fee Committee is requesting proposals for projects to be funded by the Tech Fee. Proposed projects must support the mandate of the fee to improve UNB's information technology services for students. Projects funded by the fee over the last three years may be viewed at:

www.unbf.ca/its/faculty/techfee

Work will begin on approved projects in the 2005-2006 budget year.

Project submission may be made through a form provided at:

www.unb.ca/its/facstaff/forms/techfee/

The submission deadline is Jan. 19, 2005. If you have any questions regarding the fee or need help determining project costs, please contact Bill Hamilton at billh@unb.ca or Janice El-Bayoumi at jgb@unb.ca.

THE CELLAR Happy Holidays
PUB & GRILL

The Management and Staff of the Cellar would like to take this opportunity to thank all of our customers for your continuing patronage through the year. We would also like to wish everyone the best of luck on your exams, and hope that you all have an enjoyable holiday season and break from your classes.

Nachos & Jug-o-Beer \$9.99 7-10 pm Mon-Fri

Have you seen the new UNB Student Union Website?

SU.UNBF.CA

New Year's Formal

Friday January 14th, 2005
9pm - 2am

•**Where:** SUB Atrium

•**Admission:** Tickets available at Paper Trail (located in SUB) in January 2005.

•\$5 - Student Union members (full time undergraduates).

•\$10 - for sign-ins (graduate and part-time students).

•Semi-Formal to Formal attire

•Wet/Dry event